

HOUSTON RESOURCE GUIDE

The "Blue Book"

HOUSTON GUÍA DE RECURSOS

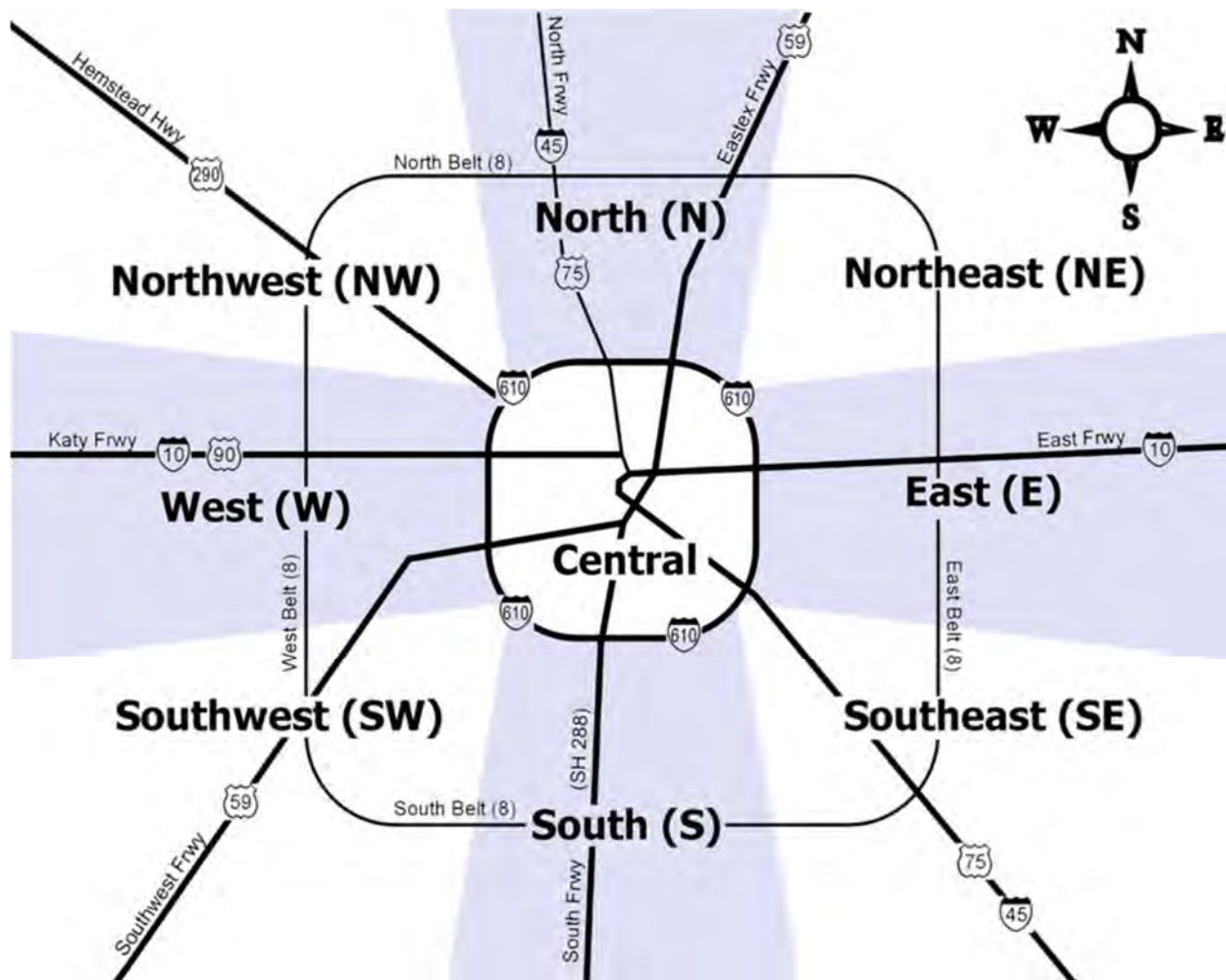
The "Blue Book"



2021 - 2022
free / gratis

Houston Area Map

Mapa del Área de Houston



About the Blue Book...

The Houston area HIV Resource Guide is a convenient source of information about services in the Greater Houston Area available to persons living with HIV. This guide is not intended to be a directory of all agencies serving persons living with HIV. Inclusion in the guide does not imply endorsement by the Ryan White Planning Council.

In preparing this guide, we have relied upon the agencies themselves to provide us with information about their programs and services. Although we have done our best to provide accurate information, changes do occur, and what was correct when we went to print may no longer be correct at the time you are reading the guide.

We ask that you contact us at (832) 927-7926 or by e-mail at feedbackRWPC@hctx.net if you have comments or suggestions for improving future editions. Be sure to check our website for updated information: www.rwpchouston.org.

Acerca del Libro Azul...

La Guía de Recursos VIH de Houston es una conveniente fuente de información que refiere a los servicios en el área de Houston disponibles a las personas viviendo con el VIH. Sin embargo, no se pretende que sea un directorio de todas las agencias sirviendo a las personas que viven con el VIH y las inclusiones no implican endoso por parte del Concilio de Planificación Ryan White.

En la preparación de esta publicación hemos confiado en que las agencias mismas nos proveyeran de los datos concernientes a sus programas y servicios. Aunque nuestra intención es el de ofrecer al lector información precisa, algunos cambios ocurren frecuentemente. Por lo tanto, lo que fue correcto durante la impresión del libro puede que no lo sea posteriormente.

Le solicitamos que nos llame al (832) 927-7926, o se comunique con nosotros a través de nuestro correo electrónico: feedbackRWPC@hctx.net con sus comentarios o sugerencias a efecto de mejorar nuestras futuras ediciones. Visítenos a nuestro sitio del internet www.rwpchouston.org para la información más actualizada.

New for 2021

This edition of the Blue Book includes information about the ongoing COVID-19 pandemic.

In light of current restrictions, many providers are working from home and providing services virtually. You are encouraged to call before going to an agency to ask about current restrictions and to make sure they are in the office and accepting visitors.

See page 5 for COVID-19 information and resources.

Nuevo para 2021

Esta edición del Libro azul incluye información sobre la pandemia de COVID-19 en curso.

A la luz de las restricciones actuales, muchos proveedores trabajan desde casa y prestan servicios de manera virtual. Le recomendamos que llame antes de ir a una agencia para preguntar sobre las restricciones actuales y para asegurarse de que estén en la oficina y acepten visitantes.

Consulte la página 5 para obtener información y recursos sobre COVID-19.

How To Use This Guide

The legend below applies to the legend codes used for many services in this book. Additional codes may be used occasionally and are self-explanatory.

When looking for a particular service, use the TABLE OF CONTENTS on page 4. If you don't find the exact service, scan the table of contents to see if it might be included in another category.

The SERVICE CATEGORY sections list the agencies that provide each service. The Service Category sections list the agency name, phone number and legend codes. Use the HOUSTON AREA MAP (opposite page) to find the general area (North, South, East, etc) where the agency is located.

If you know the name of the agency you are looking for, refer to the ALPHABETICAL LISTING on page 91.

The PULL OUT PHONE DIRECTORY on the last page is perforated and can be removed for easy reference.

Como Usar Esta Guía

La tabla debajo indica a los códigos de la leyenda que son utilizados en la mayoría de los servicios incluidos en este libro. Asimismo, otros códigos obvios pueden que sean esporádicamente usados.

Cuando necesite buscar un tipo de servicio, refiérase a la TABLA DE CONTENIDO en la página 4. Si no encuentra el servicio exacto, indague en la tabla para ver si está incluido en una categoría diferente.

Las secciones de CATEGORÍA DE SERVICIOS clasifican las agencias que proporcionan cada servicio. Esta lista incluye el nombre de la agencia, el número telefónico y los códigos. Use el MAPA DEL ÁREA DE HOUSTON (en la página opuesta) para encontrar el área general (norte, sur, este, etc.) donde la agencia está ubicada.

Si sabe el nombre de la agencia que necesita y quiere saber el número telefónico o la dirección, diríjase al LISTADO ALFABÉTICO en la página 91.

La GUÍA TELEFÓNICA ubicada en la última página, está perforado y se puede ser removida del libro para uso portátil y de referencia fácil.

LEGEND

M	Program for Men.
W	Program for Women.
C	Program for children, ages 0–12 (or age as specified).
Y	Program for youth, ages 13 – 24 (or age as specified).
Fam	Program for families with at least one child.
All	Program for persons of all ages.
Esp	Spanish speaking personnel available.
Free	At least one service provided free of charge.
HIV+ only ..	Program for persons living with HIV.
Ins	Accepts private medical insurance.
IRR	Services for those recently released from jail or prison.
Med	Accepts Medicare and/or Medicaid.
S\$	Sliding scale used to determine fee.
CD	Program for chemical dependency.
Walk-ins ...	No appointment needed.
Appt req ...	Appointment required.

TABLA

M	Programa para hombres.
W	Programa para mujeres.
C	Programa para niños, 0 – 12 años (o edad como se especifica).
Y	Programa para adolescentes, 13 – 24 años (o edad como se especifica).
Fam	Se atienden a las familias con niños.
All	Servicios para toda persona.
Esp	Personal que habla español disponible.
Free	Al menos un servicio proporcionado es gratis.
HIV+ only ..	Programa para las personas que viven el VIH.
Ins	Aceptan seguro médico privado.
IRR	Servicios para personas que se han dado de alta de la cárcel o prisión.
Med	Se acepta Medicare y/o Medicaid.
S\$	Escala móvil utilizada para determinar costo.
CD	Programa para el abuso de sustancias.
Walk-ins	No Se Requiere Cita.
Appt req	Se requiere cita previa.

About the Artwork...

The artwork for the 2021-22 Houston Area HIV Resource Guide has been generously provided to us over the years by participants of the Healing Art Class from the Art League Houston and by participants of the Day Treatment Program at Avenue 360 Health and Wellness (formerly Bering Omega Community Services).

Those who have given us permission to use their artwork are Arturo Salazar-Correa, Marcus D. Carter, Earnestine Johnson, Brenda Williams, Hilton Williams, Raphael Ríos, Gary, Kenneth Willet, Kevin White and Tammy Garrison (front cover).

We are very grateful to Day Treatment Program, the Art League Houston and the artists listed above for sharing their images and feelings with us for this publication.

Acerca de la Gráfica...

El material gráfico para la Guía de Recursos para el VIH 2021-22 del Área de Houston nos ha sido proporcionado generosamente durante varios años por participantes de la Clase de Arte de Sanación [Healing Art Class] de la Art League Houston y por participantes del Programa de Tratamiento Diurno en Avenue 360 Health and Wellness (anteriormente Bering Omega Community Services).

Entre los que permitieron la publicación de sus trabajos se encuentran Arturo Salazar Correa, Marcus D. Carter, Earnestine Johnson, Brenda Williams, Hilton Williams, Raphael Ríos, Gary, Kenneth Willet, Kevin White y Tammy Garrison (portada).

Estamos agradecidos al Programa de Tratamiento Diurno, a la Liga de Arte Houston y a los artistas previamente mencionados por compartir con nosotros en esta publicación las imágenes y los sentimientos expresados a través del arte.

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Esta información o contenido y conclusiones son las del autor y no debe interpretarse como la posición oficial o política oficial, ni debe inferirse ninguna aprobación por HRSA, el HHS o del Gobierno de EE.UU..

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Dear Friends,

Welcome to the 2021-22 edition of the Houston Area HIV Resource Guide (the "Blue Book"), published by the Ryan White Planning Council. During this uncertain time, we are grateful for those who are steadfast in continuing to provide services to our community. Due to social distancing restrictions, many providers are working from home and providing services virtually.

For many years, the Office of Support for the Ryan White Planning Council has been responsible for producing this book. In spite of the challenges, we are pleased to bring you the most up-to-date information available about HIV services in Harris and the surrounding counties.

As always, we encourage you to work with us to provide accurate information and useful tips so that this resource guide is effective and easy to use. Please write, fax or give us a call and share your thoughts. We also encourage comments at Ryan White Planning Council meetings. The meetings are open to the public and all who wish to participate in our process are welcome. To learn more, contact the Office of Support or check our website calendar for meeting information.

Please join us in working toward the day when this resource guide will no longer be necessary and this new pandemic is behind us. In the meantime, we hope you are staying healthy and safe.

With best wishes,

Estimados Amigos,

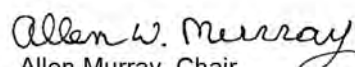
Bienvenido a la edición 2021-22 de la Guía de recursos sobre el VIH del Área de Houston (el "Libro azul"), publicada por el Consejo de Planificación del Programa Ryan White. Durante estos tiempos de incertidumbre, estamos agradecidos por aquellos que se mantienen firmes en continuar prestando servicios a nuestra comunidad. Debido a las restricciones de distanciamiento social, muchos proveedores trabajan desde casa y prestan servicios de manera virtual.


Durante muchos años, la Oficina de Apoyo del Consejo de Planificación del Programa Ryan White se ha encargado de producir este libro. A pesar de las dificultades, nos complace brindarle la información más actualizada disponible sobre los servicios para el VIH en Harris y los condados circundantes.

Como siempre, le recomendamos que trabaje con nosotros para proporcionar información fidedigna y consejos útiles para que esta guía de recursos sea eficaz y fácil de usar. Por favor, escríbanos, envíenos un fax o llámenos y comparta sus opiniones. También alentamos la formulación de comentarios en las reuniones del Consejo de Planificación del Programa Ryan White. Las reuniones están abiertas al público y todos los que deseen participar en nuestro proceso son bienvenidos. Para obtener más información, comuníquese con la Oficina de Apoyo o consulte el calendario de nuestro sitio web para mayor información sobre las reuniones.

Únase a nosotros para trabajar hacia el día en que esta guía de recursos ya no sea necesaria y esta nueva pandemia haya quedado atrás. Mientras tanto, esperamos que se mantenga saludable y seguro.

Saludos cordiales,


Allen Murray, Chair
Ryan White Planning Council


Tori Williams
Director, Office of Support


Diane Beck
Blue Book Editor

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Important Resources Everybody Should Know About *Los Recursos Importantes Que Todos Deben Saber*

This guide contains many great resources. The ones listed below have been singled out either because they offer a unique and especially valuable service, or because many people who could benefit from them do not know about them, or both.

As with all listings in this guide, services and programs change, and only the agencies themselves, or a case manager, can tell you whether or not you qualify.

Esta guía contiene una lista de muchos recursos importantes. Los de esta sección han sido seleccionados porque ofrecen un servicio único y especialmente valioso, porque muchas personas que pueden obtener beneficios no lo saben, o por ambas razones.

Como todos los recursos en esta guía, los servicios y programas cambian y solo las agencias, o su administrador de casos, pueden decirle si califica.

COVID-19 Resources / Recursos de COVID-19

Many individuals and families need help and advice dealing with COVID-19 (coronavirus). There are local, state, and federal programs in place to provide assistance with basic needs including housing, food, and healthcare.

The best way to start any search for help is by dialing 2-1-1 or by searching their online database at 211texas.org. The experts there can help link you to the programs that meet your needs and answer questions about resources available.

Muchas personas y familias necesitan ayuda y consejos para lidiar con COVID-19 (coronavirus). Hay programas locales, estatales y federales disponibles para brindar asistencia con las necesidades básicas que incluyen vivienda, alimentos y atención médica.

La mejor manera de comenzar cualquier búsqueda de ayuda es marcando 2-1-1 o buscando en su base de datos en línea en 211texas.org. Los expertos allí pueden ayudarlo a conectarse con los programas que satisfacen sus necesidades y responder preguntas sobre los recursos disponibles.

CITY OF HOUSTON: Information about COVID-19 testing and vaccine availability*, as well as current threat level, guidance, and local data: houstonemergency.org/covid19/

To get tested: Visit houstonemergency.org/covid-19-testing/ or call 832-393-4220. It's FREE, safe, confidential and does not require proof of residency, citizenship or insurance.

To register for the vaccination waitlist: Visit houstonemergency.org/covid-19-vaccines/ or call 832-393-4220.

HARRIS COUNTY: Information about COVID-19 testing and vaccine availability*, as well as current threat level, guidance, and local data: www.readyharris.org and publichealth.harriscountytexas.gov/Resources/2019-Novel-Coronavirus

To get tested: Visit covcheck.hctx.net/map, or call 832-927-7575.

To register for the vaccination waitlist: Visit vacstrac.hctx.net, or call 832-927-8787.

* As vaccine availability increases, people will be able to get vaccinated at doctor's offices, pharmacies, hospitals and other "usual" sites.

CIUDAD DE HOUSTON: Información sobre las pruebas de COVID-19 y la disponibilidad de vacunas*, así como el nivel actual de amenaza, la orientación y los datos locales: houstonemergency.org/todos-juntos-mejor/

Para hacerse la prueba: Visite houstonemergency.org/covid-19-testing/ o llame al 832-393-4220 para obtener información sobre cómo hacerse la prueba y para programar una cita. Es GRATIS, seguro, confidencial y no necesita prueba de residencia, seguro o ciudadanía.

Para inscribirse en la lista de espera de vacunación: Visite houstonemergency.org/covid-19-vaccines/, o llame al 832-393-4220.

CONDADO DE HARRIS: Información sobre las pruebas de COVID-19 y la disponibilidad de vacunas*, así como el nivel actual de amenaza, la orientación y los datos locales: www.readyharris.org y publichealth.harriscountytexas.gov/Resources/2019-Novel-Coronavirus

Para hacerse la prueba: Visite covcheck.hctx.net/map, o llame al 832-927-7575.

Para inscribirse en la lista de espera de vacunación: Visite vacstrac.hctx.net, o llame al 832-927-8787.

* A medida que aumente la disponibilidad de vacunas, las personas podrán vacunarse en los consultorios médicos, farmacias, hospitales y otros lugares "habituales".

Important Resources / Los Recursos Importantes

Agency / Agencia	Phone / Teléfono	Location / Ubicación	Legend / Tabla
ADAP - Texas HIV Medication Program	1-800-255-1090	Statewide	Free, Esp
<p>Available to low-income persons living with HIV, this program covers the cost of many often-prescribed HIV medications. You will need a doctor or case managers help to apply.</p> <p>See page 144 for more information.</p>			<p><i>Disponible para personas de bajos ingresos que viven con el VIH, este programa cubre el costo de muchos medicamentos para el VIH prescritos con frecuencia. Usted necesitará un médico o administradores de caso para que lo ayuden a realizar la solicitud.</i></p> <p><i>Ver página XX para más información.</i></p>
Harris County Housing and Community Resource Center	(832) 927-4955	Harris County	All, Free, Esp
<p>A one-stop shop for finding apartments or rental property, opportunities for first time home buyers, financial assistance, emergency shelters and a variety of other services offered by the community.</p> <p>Anyone can access these resources by calling the information line or by visiting their website.</p> <p>See page 118 for more information.</p>			<p><i>Una tienda de ventanilla única para encontrar apartamentos o propiedad de alquiler, oportunidades para compradores de vivienda por primera vez, asistencia financiera, refugios de emergencia y una variedad de otros servicios ofrecidos por la comunidad.</i></p> <p><i>Cualquiera puede acceder a estos recursos llamando a la línea de información o visitando el sitio web.</i></p> <p><i>Ver página 118 para más información.</i></p>
Health Insurance Co-Pay and Premium Assistance	(832) 548-5120	C (Montrose)	Free, Esp
<p>This program offers assistance with HIV and non-HIV medication costs, ADAP co-pays as well as health insurance premiums, co-pays and deductibles.</p> <p>Located at Legacy Montrose Campus, the program is open to area residents living with HIV who meet eligibility requirements.</p>			<p><i>Este programa ofrece asistencia con los costos de medicamentos relacionados o no con el VIH, copagos ADAP, así como primas de seguro médico, copagos y deducibles.</i></p> <p><i>Ubicado en la Clínica Legacy Montrose, el programa está abierto a los residentes del área que viven con el VIH que cumplen con los requisitos de elegibilidad.</i></p>
Operation I.D.	(281) 833-3508	(C) Med Center	Referral req, Esp
<p>Assistance with obtaining a photo ID; you must have an agency referral letter and co-pay (from agency or self-paid).</p> <p>Please leave a voicemail and your call will be returned on the next working day.</p>			<p><i>Asistencia para obtener una ID con foto; usted debe tener una carta de referencia de la agencia y un copago (de la agencia o un pago por usted mismo).</i></p> <p><i>Por favor deje un correo de voz y su llamada será devuelta nuestro próximo día hábil.</i></p>
PrEP (Pre-Exposure Prophylaxis)	Various	Various	Various
<p>Pre-Exposure Prophylaxis, commonly known as PrEP, can help prevent an HIV-negative person from getting HIV from a sexual or injection drug using partner who is positive.</p> <p>Studies have shown that PrEP is highly effective for preventing HIV if it is taken as prescribed. PrEP is much less effective when it is not taken consistently.</p> <p>See page 68 for more information and a list of providers.</p>			<p><i>La profilaxis pre-exposición, conocida comúnmente como PrEP, puede ayudar a prevenir que una persona VIH-negativa contraiga el VIH a partir de un positivo.</i></p> <p><i>Los estudios han demostrado que la PrEP es altamente eficaz para prevenir el VIH si se toma según lo prescrito. La PrEP es mucho menos efectiva cuando no se toma de forma consistente.</i></p> <p><i>Vea la página 68 para más información y una lista de proveedores.</i></p>

Harris County Public Health Services Ryan White Grant Administration

CPCDMS Client Registration Process

All clients are required to register in the CPCDMS in order to be eligible for Ryan White services. Listed below are the steps required to complete the registration. **Registration information is confidential; no personal information (name, street address, phone number, etc.) is stored in the database.**

1. Client signs completed **Consent for Services** form.
2. Agency staff completes registration form with the client.
3. Agency staff screens the client for **Ryan White eligibility** (see below).
4. If the client provides **all necessary eligibility documentation** (HIV diagnosis, identity, residency, income, and health insurance verification), the agency serves client.

NOTE: Primary care providers can only register/update clients receiving primary care from their primary care site.

Eligibility Requirements

All persons seeking services must provide the documentation below in order to be eligible for services. All documentation presented during eligibility verification must be current - no greater than one year of the pre-printed date on the document or the date of original signature.

Required Documentation

Acceptable Forms of Documentation

HIV diagnosis¹

Acceptable signatories

- A licensed physician
- A licensed physician assistant
- A licensed nurse practitioner
- A registered nurse working under the supervision of a physician
- A licensed Master's level social worker (LMSW) working under the supervision of a physician **(only acceptable by Harris County Ryan White Grant Administration)**
- An Advanced Practice Nurse

- A computer-generated HIV laboratory test (with confirmatory Western Blot or detectable viral load) with the individual's name pre-printed. Examples are:
 1. Antibody screening test {e.g. Reactive Enzyme Immunoassay (EIA) with confirmatory western blot or Indirect Immunofluorescence Assay test (IFA)}, or
 2. HIV Nucleic Acid (DNA or RNA) detection test {e.g. Polymerase Chain reaction (PCR), HIV p24 Antigen test, HIV Isolation (viral culture)}, or
 3. HIV Testing Medical Report on HHD letterhead.
- A statement or letter signed by a medical professional indicating that the individual is living with HIV, including the individual's name and the phone number of the medical professional.
- A medical progress note, hospital discharge paperwork, or other document signed by a medical professional indicating that the individual is living with HIV, including the individual's name and the phone number of the medical professional.
- An anonymous HIV test result containing identifying information sufficient to ensure a reasonable certainty as to the identity of the test subject, e.g. gender and date of birth **(valid for only 60 days from the start of services at the agency)**.
- A Texas Department of Criminal Justice (TDCJ) physician-completed Medical Certification form.

NOTE: Proof of HIV diagnosis does NOT have an expiration date and does NOT need to be updated annually. Proof of HIV diagnosis must be presented at all agencies where services are accessed.

¹ For services available to persons not living with HIV, documentation of the client's relationship to a person living with HIV and their diagnosis must be provided.

Harris County Public Health Services Ryan White Grant Administration

CPCDMS Client Registration Process

Required Documentation

Acceptable Forms of Documentation

Verification of identity

- Texas Driver's License (Primary & Preferred ID)
- Texas Identification Card
- Texas Department of Corrections identification card
- Employment badge with picture
- Student ID with picture
- U.S. immigration documents with picture
- Credit card with picture
- Metro picture ID
- U.S. naturalization, citizenship, passport or other Federal documents with picture
- Driver's license or identification card issued by another US state
- A government-issued ID from a country other than the US
- Birth certificate (cannot be used by married women)
- Social Security card
- Medicaid/Medicare card
- Letter on letterhead from another Social Service Agency (homeless or undocumented only)
- Veterans Administration ID Card
- Letter on company letterhead from the Harris County Jail (homeless or undocumented only)

Verification of residency within funding source's catchment area

- Residency documentation for minors is required for a parent or guardian with whom the minor resides. Acceptable residency documentation:
- Client self-attestation (acceptable at every 6 month reassessment) of no change or self-attestation of change with acceptable documentation
 - Valid copy of "CPCDMS Client Verification" form (agencies online who are NOT record owners)
 - Current lease in the name of the client or listing the client as an occupant
 - Property tax documents
 - Utility/phone/cable/credit card bill in the name of the client
 - Letter on company letterhead signed by the director of a recognized group home, care home or transitional living facility
 - Business correspondence with the client's name and address pre-printed, e.g. auto registration, insurance, bank/brokerage statement, food stamp letter, Social Security letter, Medicaid letter
 - Temporary agency affidavit signed and dated by client (valid for only 60 days from initial service date) (homeless or undocumented only)
 - Letter on Letterhead from a social service agency (homeless or undocumented only)
 - Supporter Statement with address and valid signature of client's supporter
 - Payroll stub/copy of payroll check/bank statement - showing address
 - P.O. Box, along with another means to verify the address such as current utility bill or case manager's verification letter

An approved Request for Waiver is required for clients outside the Houston EMA.

CPCDMS Client Registration Process

Required Documentation

Acceptable Forms of Documentation

Verification of household income

All clients must be screened for financial eligibility for Ryan White funded services. Services should not be provided to clients whose household income exceeds the cap established by the Ryan White Planning Council for each service category.²

Documentation of income must be provided for all members of the client's household.³ Income documentation for minors is required for the parent(s) or guardian(s) with whom the minor resides.

Acceptable income documentation:

- Client self-attestation (acceptable at every 6 month reassessment) of no change or self-attestation of change with acceptable documentation
- Valid copy of "CPCDMS Client Verification" form (Agencies Online who are NOT Record Owners)
- Payroll stub/copy of payroll check/bank statement showing direct payroll deposit
- Letter from employer on company letterhead indicating weekly or monthly wages
- Unemployment benefits letter/copy of check
- IRS 1040 form (tax return)/W-2 form/1099 form (preferred)
- Social Security award letter
- VA benefits letter
- Private disability/pension letter on company letterhead
- Medicaid letter
- Child or spousal support order with judge's signature and date
- Food stamp award letter (TANF: Temporary Aid to Needy Families)

The following documentation is acceptable only for clients claiming no income:

- Agency temporary affidavit signed and dated by the client (valid for only 60 days from initial service date)
- Proof of application for Social Security (valid for 6 months only)
- Client living off savings: bank/investment account statements from 3 consecutive months showing withdrawals for living expenses
- Client being supported by someone else: statement signed and dated by the supporter, which includes the amount and type (room only, room and board, cash assistance, etc.) of support and the supporter's phone number for verification
- Homeless client: Verification letter on company letterhead from homeless services

² See the US Dept. of Health & Human Services Poverty Guidelines for the current year and the "Ryan White Financial Eligibility" table.

³ Refer to P&P for determining household income.

CPCDMS Client Registration Process

Required Documentation

Acceptable Forms of Documentation

Verification of Health Insurance Coverage: Medicaid/Medicare or Third Party Eligibility Verification

The following service categories must provide verification of client ineligibility for Medicaid/Medicare or third party coverage (to assure that Ryan White Part A is payer of last resort) at every visit or monthly (whichever is less frequent).

Medicaid/Medicare or Third Party Reimbursable Service Categories:

- Primary Medical Care (including pediatric and women’s services)
- Psychiatry
- Local Pharmacy Assistance Program (LPAP)
- Dental
- Substance Abuse Treatment
- Vision Services
- Transportation (Medicaid only)
- Case Management (children up to 20 years old and pregnant women)

Acceptable documentation to verify Medicaid/Medicare or third party eligibility status:

- Client self-attestation (acceptable at every 6 month reassessment) of no change or self-attestation of change with acceptable documentation
- The preferred method for documenting insurance verification is printing the results and filing in client record or electronically in an organized and identifiable manner
- Verification of employment, i.e. payroll stub, copy of payroll check, bank statement showing direct payroll deposit, letter from employer on company letterhead indicating weekly or monthly wages no greater than 6 months old (to demonstrate Medicaid/Medicare or third party eligibility status)
- Medicaid/Medicare or third party rejection/denial letter covering the dates of service
- Medifax slips or other automated system (must be done at least monthly)

The following documentation is acceptable only for undocumented and/or homeless clients:

- Letter on company letterhead from a case manager, social worker, counselor or other professional (certifying Medicaid/Medicare or third party eligibility status) from another agency who has personally provided services to the client, stating that the client is undocumented and/or homeless.

Servicios de Salud Pública del Condado Harris Administración de Subsidios Ryan White

Procedimiento de Registración del Cliente en el CPCDMS

Todos los clientes están requeridos a registrarse en el CPCDMS para demostrar elegibilidad a fin de recibir servicios de Ryan White. A continuación están los pasos a seguir para completar la registración. **La información solicitada para la registración es confidencial; ninguna información personal (nombre, dirección, número telefónico, etc.) es almacenada en la base de datos.**

1. El cliente firma el formulario del consentimiento para recibir servicios.
2. El personal de la agencia completa el formulario de registración con el cliente.
3. El personal de la agencia asesora al cliente para su elegibilidad a la **Ryan White** (vea a continuación).
4. Si el cliente provee **toda la documentación necesaria para la elegibilidad** (confirmación de diagnóstico del VIH, identidad, residencia, ingreso, y verificación de seguro de salud), la agencia ofrece servicio al cliente.

AVISO: Los proveedores del cuidado primario de la *Ryan White* pueden registrar/poner al corriente solamente a los clientes recibiendo cuidado primario en su localidad primaria.

Requerimientos de elegibilidad de la Ryan White

Toda persona buscando servicios debe proveer la documentación mencionada a continuación para ser elegible a recibir servicios. Toda documentación presentada durante la verificación para elegibilidad debe estar al corriente – no mayor de un año de la fecha impresa en el documento o de la fecha de la firma original.

Documentación requerida

Tipos de documentación aceptables

Diagnóstico del VIH+¹

Firmas aceptables

- Un médico licenciado
- Asistente de médico licenciado
- Una enfermera licenciada
- Una enfermera bajo la supervisión de un médico
- Un trabajador social con nivel de Maestría (LMSW) quien trabaja bajo la supervisión de un médico (**aceptado solamente por el Condado Harris Administración de Subsidios Ryan White**)
- Una enfermera de práctica avanzada

- Un análisis de laboratorio del VIH+ elaborado por computación (con confirmatorio “Western Blot” o carga viral detectable) con el nombre del individuo impreso. Ejemplos:
 1. Análisis del anticuerpo, por ejemplo, Inmunoanálisis de Enzima Reactiva (EIA) con “Western blot” confirmatorio o Análisis de Inmunofluorescencia Indirecta (IFA); o
 2. Análisis de detección del Acido Nucleico del VIH (DNA o RNA) {por ejemplo, Reacción de Cadena Polimerase (PCR), Análisis de Antígeno VIH p24, Aislamiento del VIH (cultivo viral); o
 3. Reporte médico de la prueba del VIH en hoja membretado con HHD.
- Una carta o declaración firmada por un profesional médico estableciendo que el individuo es VIH+, incluyendo el nombre del paciente y el número telefónico del médico profesional.
- Anotaciones médicas, documentos de dada de alta de un hospital, u otro documento firmado por un médico profesional indicando que el paciente es VIH+, el nombre del paciente y el número telefónico del médico profesional.
- Un resultado de análisis del VIH anónimo que incluya información suficiente que asegure con certeza la identidad del sujeto, e.g. sexo y fecha de nacimiento (**válido solamente por 60 días del inicio del servicio en la agencia**).
- Un médico del Departamento de Justicia Criminal de Texas (TDCJ) formulario de Certificación médica completada.

AVISO: La confirmación del diagnóstico del VIH NO tiene fecha de vencimiento y no debe ser puesto al día anualmente. La confirmación del diagnóstico del VIH debe ser presentada en todas las agencias donde se solicite servicios.

¹ Para los servicios disponibles a personas sin VIH, se debe proveer documentación que verifique la relación con la persona VIH+ y el diagnóstico de dicha persona.

Procedimiento de Registración del Cliente en el CPCDMS

Documentación requerida

Tipos de documentación aceptables

Verificación de identidad

- Licencia de conducir de Texas (Identificación primaria y preferida)
- Cédula de identidad de Texas
- Tarjeta de identidad del Departamento de Corrección de Texas
- Tarjeta laboral con fotografía de identidad
- Tarjeta estudiantil con fotografía
- Documentos de inmigración de EEUU con fotografía
- Tarjeta de crédito con fotografía
- Tarjeta del Metro con fotografía
- Documento de naturalización, ciudadanía, pasaporte u otro documento federal con fotografía
- Licencia de conducir o tarjeta de identidad de otro estado de EEUU
- Identificación gubernamental producida por otro país que no sea de EEUU
- Certificado de nacimiento (no aceptable de mujeres casadas)
- Tarjeta del Seguro Social
- Tarjeta de Medicaid/Medicare
- Carta con logo de otra agencia de servicios sociales (sin hogar o indocumentados solamente)
- Tarjeta de identidad de la Administración de Veteranos
- Carta en el membrete de la compañía de la cárcel del condado de Harris (sin hogar o indocumentados solamente)

Verificación residencial dentro de la zona de captación de los fondos

Documentación de residencia de menores de edad es requerida de un padre, madre o guardián con quien reside el menor. Documentación residencial aceptable:

- Testimonio del cliente (aceptable cada 6 meses de reevaluación) afirmando que no hay cambio o testimonio del cliente de que hay cambio pero con documentación aceptable
- Una copia valida y oficial de "verificación del sistema de CPCDMS" (solamente agencias que NO son poseedoras de registro del cliente)
- Contrato de renta al día en nombre del cliente o que incluya al cliente como residente
- Documentos de impuesto a la propiedad
- Factura de electricidad/cable/tarjeta de crédito en nombre del cliente
- Facturas de tarjeta de crédito en nombre del cliente
- Carta con logo y firmada por el director de una reconocida compañía de vivienda colectiva, vivienda para el cuidado del residente o vivienda transitoria
- Correspondencia de negocio con el nombre del cliente, e.g. registración o seguro del vehículo, declaración bancaria, carta de beneficio de estampillas para alimentos, carta del Seguro Social, carta de Medicaid
- Afidávit temporal de agencia firmada y fechada por el cliente (válido solamente por 60 días de la fecha de inicio del servicio)
- Carta con logo de una agencia de servicios sociales
- Declaración por escrito de persona que sostiene al cliente, con dirección y firma de tal
- Pago salarial/copia del cheque salarial/cuenta bancaria con dirección del cliente
- Casilla de correo, adjunto con otro medio para verificar la dirección, así como la cuenta corriente de su servicio de electricidad, o carta de verificación de su administrador/a de casos

Se requiere una Solicitud de Renuncia aprobada para clientes fuera de la EMA de Houston.

Procedimiento de Registración del Cliente en el CPCDMS

Documentación requerida

Tipos de documentación aceptables

Verificación del ingreso familiar

Todo cliente debe ser verificado de elegibilidad financiera para recibir servicios de Ryan White. No se debe proveer servicios a cliente cuyo ingreso familiar sobrepasa el máximo establecido por el Concilio de Planeamiento Ryan White para cada categoría de servicio.²

La verificación de ingreso debe ser proveída por todos los miembros del círculo familiar del cliente.³ La verificación de ingreso para el menor de edad es requerida del padre/madre o guardián con quien el menor reside.

Documentación de ingreso aceptable:

- Testimonio del cliente (aceptable cada 6 meses de reevaluación) afirmando que no hay cambio o testimonio del cliente de que hay cambio pero con documentación aceptable
- Una copia valida y oficial de “verificación del sistema de CPCDMS” (solamente agencias que NO son poseedoras de registro del cliente)
- Verificación de ingreso/declaración bancaria indicando depósito directo de ingreso
- Carta con logo escrita por el empleador indicando salario semanal o mensual
- Carta de beneficio de desempleo/copia del cheque
- Formulario del IRS 1040 (reembolso de impuesto)/W-2/1099 (preferido)
- Carta del beneficio del Seguro Social
- Carta de beneficio de la Administración de Veteranos
- Discapacidad privada/carta de pensión que incluya el logo de la compañía
- Carta de Medicaid
- Orden de apoyo financiero para el niño o cónyuge, firmada y fechada por un juez
- Carta de beneficio de estampillas para alimentos (TANF: Ayuda temporal a familias)

La siguiente documentación es aceptable cuando el cliente declara no tener ingreso:

- Declaración temporal de una agencia, firmada y fechada por el cliente (válido solamente por 60 días de la fecha de inicio del servicio)
- Comprobante que el cliente solicitó beneficios del Seguro Social (válido solamente por 6 meses)
- Carta de beneficios de estampillas para alimentos
- Clientes que viven de sus ahorros: cuenta bancaria/inversión de 3 meses consecutivos que verifique retiro para gastos de subsistencia
- Cliente siendo mantenido por otra persona: declaración firmada y fechada por la persona que lo mantiene, incluyendo cantidad y tipo de sustento (alojamiento, alojamiento y alimentos, asistencia monetaria, etc.) y el número telefónico de la persona que lo mantiene
- Cliente sin lugar donde vivir: Carta de verificación con logo del refugio/agencia para el desamparado

² Ver la guía de indigencia del año actual del Departamento de Salud y Servicios Humanitarios de EEUU y la tabla “Ryan White Federal Poverty Guidelines.”

³ Refiérase a los Reglamentos y Procedimientos para determinar el ingreso familiar.

Procedimiento de Registración del Cliente en el CPCDMS

Documentación requerida

Tipos de documentación aceptables

Verificación de la Cobertura del Seguro de Salud: Medicaid/Medicare o Verificación de Elegibilidad de un Tercer Partido

Las siguientes categorías de servicios deben proveer verificación de la elegibilidad del cliente para Medicaid/Medicare o la cobertura de un tercer partido (para asegurar que la Parte A de Ryan White pagara como último recurso) a todas las visitas o mensualmente (cual fuera menos frecuente).

Categorías de Servicio Reembolsable por Medicaid/Medicare o un Tercer Partido:

- Cuidado Médico Primario (incluye pediatría y servicios para mujeres)
- Psiquiatría
- Programa Local de Asistencia Farmacéutica (LPAP)
- Dental
- Tratamiento de Abuso de Sustancias
- Servicios de Visión
- Transportación (Medicaid solamente)
- Administración de Casos (niños/niñas hasta los 20 años de edad y mujeres embarazadas)
- Documentación aceptable que verifique elegibilidad con Medicaid/Medicare o un tercer partido:
- Testimonio del cliente (aceptable cada 6 meses de reevaluación) de que no hay cambio o testimonio del cliente de que hay cambio pero con documentación aceptable
- El método preferido para documentar verificación de seguros es imprimiendo los resultados y registrándose en el archivo del cliente o electrónicamente de una manera identificable y organizada
- Verificación de empleo, por ejemplo, planilla de pago, copia del cheque salarial, documento de cuenta bancaria que demuestra depósito directo del pago salarial, carta con membrete de la compañía del empleador indicando salario semanal o mensual fechado un máximo de seis meses de la fecha de presentación del documento (para demostrar estado de elegibilidad con Medicaid/Medicare o un tercer partido)
- Una carta de rechazo/negación durante las fechas de servicio de Medicaid/Medicare o un tercer partido
- Planillas de Medifax u otro sistema automatizado (debe hacerse por lo menos mensualmente)

Las siguientes documentaciones son aceptables sólo para clientes indocumentados y/o sin vivienda:

- Carta con membrete de la compañía de un administrador/a de casos, trabajador/a social, consejero/a u otro profesional (certificando el estado de elegibilidad con Medicaid/Medicare o un tercer partido) de otra agencia quien ha proveído personalmente servicios al cliente, afirmando que el cliente es indocumentado y/o sin vivienda.

SITIOS DE REGISTRACIÓN RYAN WHITE

AGENCIA	TELÉFONO
AccessHealth	(281) 633-3138
AIDS Foundation Houston (nuevo y fuera de cuidado solamente)	(713) 623-6796, Ext. 223
AIDS Healthcare Foundation - Binz	(713) 524-8700
AIDS Healthcare Foundation - Fannin	(713) 799-8994
City of Houston (nuevo y fuera de cuidado solamente)	(832) 393-4258
Harris Health System – HIV Services	(713) 873-4011
Avenue 360 Health and Wellness	(713) 426-0027, Ext 399
Legacy Community Health Services	(832) 548-5087
The Montrose Center	(713) 529-0037, Ext. 350
Saint Hope Foundation	(713) 778-1300
UT Health Science Center (pediátricos)	(713) 500-6443
Veteran's Administration	(713) 791-1414, Ext. 5292

<i>Notas</i>

Client Rights

Derechos del Cliente

As a client at an agency receiving services funded by the Ryan White Program, you have the following rights:

- ♦ To be served without regard to age, gender, race, color, religion, national origin, sexual orientation, political affiliation or disability.
- ♦ To services that are considerate and respectful and free from abuse, neglect and exploitation.
- ♦ To privacy. No information that would directly or indirectly reveal your health status may be disclosed to anyone outside the agency without your informed, written consent as governed by local, state and federal law.
- ♦ To communicate about your services in a language and format that you understand.
- ♦ To be informed of all agency rules and regulations related to your services.
- ♦ To initiate a complaint about your services and to be informed of the agency's grievance procedure.
- ♦ To withdraw your consent for services and/or seek services at another agency, and to do so without pressure or intimidation.
- ♦ To know the qualifications of the staff providing you with services.

Como cliente de esta agencia que recibe fondos del Programa "Ryan White", Ud. tiene los siguientes derechos:

- ♦ A ser atendido sin considerarse edad, sexo, raza, color, religión, nacionalidad, orientación sexual, afiliación política o minusvalía.
- ♦ A recibir servicios con respeto, libre de abuso, negligencia y explotación.
- ♦ A la privacidad. Ninguna información acerca de su estado de salud podrá ser revelado fuera de esta agencia sin su consentimiento por escrito.
- ♦ A recibir los servicios en el lenguaje y formato que Ud. comprenda.
- ♦ A ser informado/a sobre todos los reglamentos relacionados con los servicios que recibe en esta agencia.
- ♦ A iniciar un reclamo sobre los servicios y a ser informado/a del procedimiento de quejas de esta agencia.
- ♦ A retirar su autorización para recibir servicios y/o buscar servicios en otra agencia sin ser presionado o intimidado.
- ♦ A saber la calificación del personal que está ofreciéndole el servicio.

Complaint Procedures

Procedimiento para Reclamos

Certain services are funded by Ryan White Program funds which are administered by one of the entities listed below.

By contract, the agency providing the service is required to have a client complaint procedure. If you have questions on how to file a complaint regarding a Ryan White funded service, please call one of these two agencies:

Project Monitor
832-927-7560
Se habla español

Or write to: *O escriba a:*
Harris County Public Health
Ryan White Grant Administration
2223 West Loop South, Suite 417
Houston, TX 77027

Reachelian Ellison,
Consumer Relations Coordinator
713 526-1016, Extension 104
rellison@hivtrg.org

Or write to: *O escriba a:*
Houston Regional HIV/AIDS Resource Group
500 Lovett Boulevard, Suite 100
Houston, TX 77006

If your complaint remains unresolved after you have followed all procedures with the agency, you will be informed on how to file a formal grievance.

Si su queja no se ha resuelto después de haber tomado los pasos del procedimiento con la agencia, usted será informado de cómo registrar un agravio formal.

Harris Health System Eligibility *Elegibilidad del Harris Health System*

The Harris Health System's mission is to improve our community's health by delivering high-quality healthcare to Harris County residents.

While medical care is not free at our facilities, there is financial assistance for those who qualify. Based on your household income, you may qualify for partial financial assistance on a sliding scale.

All Harris Health System patients are asked to make a minimum payment at the time of their hospital or clinic visit, except for pediatric and prenatal care visits. Service fees do not apply to patients in the Healthcare for the Homeless Program or other insurance plans. Insurance plan co-pays will be collected according to plan requirements.

La misión del Harris Health System es mejorar la salud de nuestra comunidad entregando la asistencia médica de alta calidad a residentes de Condado Harris.

Mientras la asistencia médica no es libre en nuestras instalaciones, hay ayuda financiera para aquellos que se licencian. Basado en sus ingresos de unidad familiar, usted puede tener derecho a la ayuda financiera parcial en una escala móvil.

A Todos los pacientes Harris Health les piden hacer un pago mínimo en el momento de su visita de clínica o hospital, excepto visitas de cuidado pediátricas y prenatales. Los honorarios de servicio no se aplican a pacientes en la Asistencia médica para el Programa sin Hogar u otros proyectos de seguros. Las co-pagas de plan de seguros serán coleccionadas según exigencias de plan.

How to Apply for Assistance

Fill out the application:

www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/application-instructions-english.pdf

Review the **What to Submit with Your Application** section (on the next page) and attach copies of the requested documents.

You can mail your application to the address below, or drop it off in the eligibility drop box located at the front door of each eligibility center:

**Harris Health Financial Assistance Program
PO Box 300488
Houston, TX 77230**

If you need assistance, please call the Eligibility Information Line at 713-566-6509.

Cómo Solicitar Asistencia

Llene la solicitud:

www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/application-instructions-spanish.pdf

*Repase la sección (en la página siguiente) **Qué debe presentar con su solicitud** y adjunte copias de los documentos solicitados.*

Puede enviar su solicitud por correspondencia a la siguiente dirección o bien dejarla en el buzón de elegibilidad ubicado en la puerta principal de cada centro de elegibilidad:

**Harris Health Financial Assistance Program
PO Box 300488
Houston, TX 77230**

Si necesita asistencia, por favor llame a la línea de información de elegibilidad al 713-566-6509.

Eligibility Centers / *Centros de Elegibilidad*

Acres Home Health Center	818 Ringold St. Houston, TX 77088	Mon-Fri, 7am - 4pm 4th Thurs, 7am - 11am
El Franco Lee Health Center	8901 Boone Rd. Houston, TX 77099	Mon-Fri, 8am - 5pm 2nd Wed, 8am - 12noon
Eligibility Service Center	3550-A Swingle Rd. Houston, TX 77047	Mon-Fri, 7am - 4pm 4th Thurs, 7am - 12noon
Strawberry Health Center	927 Shaw Rd. Pasadena, TX 77506	Mon-Fri, 7:30am - 5pm 3rd Wed, 7:30am - 11am

Harris Health System Eligibility *Elegibilidad del Harris Health System*

What to Submit with Your Application

Please make and provide copies of the following papers with your application:

Identification (ID) (self and spouse)

State issued driver's license, state issued ID card, current student ID with picture, current employee job badge with picture, passport with picture, U.S. Immigration documents with picture, or foreign consulate ID card with picture. If a picture ID is not available, two of the following proofs may be used: birth certificate (not for married women), marriage license, social security card, other federal documents showing identity and residency in Harris County, hospital or birth records, adoption papers or records, voter's registration card, current wage stubs, Medicare card or Medicaid card.

Proof of address

One of the items below showing proof of address that includes your name or your spouse's name dated within the last 60 days: Utility bill; current check stub; school record for children under the age of 18; mortgage coupon; credit card statement; printout from IRS of most current year's tax filing; certification documents or benefit checks from Social Security Administration or Texas Workforce Commission; certification documents from Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamp program), Medicaid or Medicare; letter from recognized social services agency; business mail; statement from a licensed child care provider; or Harris Health System Residence Verification Form (the form is available here: www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/residence-verification-english.pdf) completed by a non-related person not living in the same household.

-OR-

Proof of address that includes your name or your spouse's name dated within the last year: Current lease agreement, department of motor vehicles record, property tax documents, current automobile insurance documents, current automobile registration, or voter's registration card for current year.

Proof of income for the past 30 days for each household member 18 or older

Cash contributions, dividends and royalties, rental property, alimony, workmen's compensation, military pay and allowances, current check stubs, child support documents, current IRS 1040/1040A tax return (all pages) if self-employed, Harris Health System Statement of Self Employment Income Form

Qué debe presentar con su solicitud

Le solicitamos que haga y suministre copias de la siguiente documentación junto con su solicitud:

Identificación (documento de identidad, suyo y de su cónyuge)

Licencia de conducir emitida por el estado, tarjeta de identificación emitida por el estado, tarjeta de identificación de alumno con foto actual, tarjeta del trabajo actual con foto, pasaporte con foto, documentos de inmigración de los Estados Unidos con foto, tarjeta de crédito con foto, tarjeta de identificación de un consulado extranjero con foto. Si la identificación con foto no se encontrara disponible, se podrán utilizar dos de los medios de prueba que se detallan a continuación: partida de nacimiento (excepto para mujeres casadas), licencia de matrimonio, tarjeta de seguro social, otros documentos federales que prueben la identidad, registros hospitalarios o de nacimiento, documentos o acta de adopción, tarjeta de registro de elector, recibos de sueldo actuales, tarjeta de Medicare o Medicaid actuales.

Prueba de domicilio

Un comprobante de domicilio que tenga su nombre o el de su cónyuge con fecha dentro de los últimos 60 días: Recibos de servicios, registro escolar para niños menores de 18 años, recibo de hipoteca, resumen de tarjeta de crédito, impresión del IRS o de la declaración jurada impositiva más reciente, documentos de certificación o cheques de subsidio emitidos por la Administración del Seguro Social (SSA) o de la Comisión de Fuerza de Trabajo de Texas (TWC), documentos de certificación del Programa de Asistencia de Nutrición Suplementaria (SNAP, anteriormente conocido como cupones de alimentos), Medicaid o Medicare, carta de agencia reconocida de servicios sociales, correspondencia de negocios, declaración de un proveedor de cuidado infantil con licencia, formulario de verificación de residencia del Harris Health System (en www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/residence-verification-spanish.pdf) completado por una persona sin vínculo familiar que no viva en la misma casa.

-O BIEN-

Un comprobante de domicilio que tenga su nombre o el de su cónyuge con fecha dentro del último año: Contratos de alquiler actuales, registro de vehículos automotores, documentos de impuestos a la propiedad, documentos de seguro de automotor (en vigencia), registro del automotor, o tarjeta de registro de elector para el año en curso.

Comprobante de ingreso de los últimos 30 días para cada miembro de la familia que tenga 18 años de edad o más

Contribuciones de dinero en efectivo, dividendos y regalías, renta de propiedades, pensión alimenticia, indemnización por accidentes del trabajo, salario militar y contribuciones,

Harris Health System Eligibility *Elegibilidad del Harris Health System*

(the form is available here: www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/self-employment-income-statement-english.pdf) if no tax return is filed, Harris Health System Wage Verification Form (the form is available here: www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/wage-verification-english.pdf) (for cash and personal check wages only), Social Security award letter, Retirement award letter, Veteran Affairs letter or check, unemployment benefit records or Harris Health System Statement of Support Form (available here: www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/English/support-statement-english.pdf) if no income.

Dependent proof for household members

Birth certificate, baptismal record, proof of full time school enrollment for students ages 18 to 26, Social Security award letter with dependents names, school documents or insurance documents showing names of both parent and child, U.S. Immigration applications with dependents names, divorce decree or child support documents, baby's Popras form, birth fact record or hospital armband for infants less than 90 days old, or death certificate for previous household members, or U.S. Department of Health and Human Services Office of Refugee Resettlement-Verification of Release Form (ORR UAC/R-1) for unaccompanied alien child.

Immigration status for each household member

You must bring current or expired documents from the U.S. Citizenship and Immigration Services.

Health care coverage for you, your spouse and all dependent children

Please show current proof of Medicaid, CHIP, CHIP Perinatal, Medicare or health insurance.

Resources for Medicare patients

You must fill out a Medicare Asset Form and show proof of your current resources and liabilities (all pages of bank statements, credit card bills, loans, etc.).

You must fill out applications for programs such as but not limited to CHIP, CHIP Perinatal, Medicaid, TANF (Temporary Assistance for Needy Families), SSI (Supplemental Security Income), Title V or Healthy Texas Women Program (HTWP) if you can have these programs.

talones de cheques actuales, manutención de niños, declaración jurada actual 1040/1040A del IRS (todas las páginas) si fuera autónomo, formulario de ingresos como trabajador independiente del Harris Health System (en www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/self-employment-income-statement-spanish.pdf) para clientes que no presentan declaración jurada del impuesto a las ganancias, formulario de verificación de salario del Harris Health System (en www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/wage-verification-spanish.pdf) (solo para sueldos en efectivo o con cheque personal), seguro social, jubilación, carta o cheque de Veteran Affairs, registros de seguro de desempleo o formulario de declaración de ayuda financiera del Harris Health System (en www.harrishealth.org/SiteCollectionDocuments/eligibility/applicant-forms/Spanish/support-statement-spanish.pdf) si no posee ingresos.

Constancias para personas a cargo

Partida de nacimiento, registro de bautismo, comprobante de inscripción escolar a tiempo completo para estudiantes de 18 a 26 años, carta de asignación del seguro social con el nombre de las personas a cargo, documentos escolares o documentos de seguro que muestren los nombres del padre y del hijo, solicitudes de inmigración de los Estados Unidos con los nombres de las personas a cargo, sentencia de divorcio o de manutención de menores, formulario Popras del bebé (Evaluación de Riesgo Orientado a Problemas Perinatales), registro de datos del nacimiento o brazalete infantil de hospital de menos de 90 días, certificado de defunción de anteriores miembros del hogar, o Forma U.S. Department of Health and Human Services Office of Refugee Resettlement-Verification of Release (ORR UAC/R-1) niño extranjero no acompañado.

Condición migratoria de usted, su cónyuge y sus hijos dependientes

Debe mostrar documentos vigentes o vencidos de los Servicios de Ciudadanía e Inmigración de Estados Unidos.

Cobertura de salud para cada miembro de la familia

Traiga un comprobante vigente de Medicaid, CHIP, CHIP Perinatal, Medicare u otro seguro de salud.

Si tiene Medicare

Debe completar un formulario de activos de Medicare y mostrar un comprobante de sus recursos y pasivos actuales (todas las páginas de extractos bancarios, facturas de tarjetas de crédito, préstamos, etc.).

Debe completar las solicitudes para programas tales como, entre otros, CHIP, CHIP Perinatal, Medicaid, TANF (Asistencia Temporal para Familias Necesitadas), SSI (Seguridad de Ingreso Suplementario), Título V o Programa de Mujeres Saludables de Texas (HTWP) si puede tener estos programas.

Case Management / Administración de casos

Community case management, medical case management and service linkage are available free to individuals living with HIV to make them aware of the services that are available to them. Case managers can link their clients to appropriate services and help them develop the skills and resources they need to access services on their own. If you think you need a case manager, call the agencies listed below.

La administración comunitaria de casos, la administración de casos médicos y la vinculación de los servicios están disponibles de forma gratuita para las personas que viven con el VIH para ponerlos al tanto de los servicios disponibles. Los administradores de casos pueden vincular a sus clientes con los servicios apropiados y ayudarles a desarrollar las habilidades y los recursos que necesitan para acceder a los servicios por su propia cuenta. Si cree que necesita un administrador de casos, llame a las agencias que se indican a continuación.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp	92
AccessHealth - Missouri City	(281) 342-4530	(SW) Missouri City	All, Walk-ins, S\$, Med, Ins, CHIP, Esp.....	92
AIDS Foundation Houston	(713) 623-6796	(SW) Mid West	M, W, Y, Fam, IRR, Homeless, Immigrants, CD, Free.....	93
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp.....	96
Avenue 360 Health & Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp.....	97
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Cash/Credit, Financing, Esp.	103
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins.....	111
Catholic Charities	(713) 526-4611	(C) Midtown	All, Free, Appt req, HIV+ only , Esp.	106
Change Happens!	(713) 374-1200	(C) Third Ward	All	108
COH Community Re-Entry Network Program	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, IRR, CD, Free, Appt/Walk-ins, Esp.....	111
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (ages 18-24), Free, Walk-ins, Parenting/pregnant moms, Esp	112
Ft. Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins.....	112
Goodwill HOPWA Project Good Hope	(713) 699-6317	(C) Montrose	M, W, HIV+ only, IRR, Homeless, Immigrants, Appt req, Free, Esp.....	116
Goodwill HOPWA Project Good Hope	(713) 699-6317	(C) Montrose	All, Free (income guidelines), Appt req, Esp.....	117
Gulf Coast Community Svcs Assoc.	(713) 393-4700	(S) South Main	M, W, Free, Med, Appt/Walk-ins,	
HHS Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	HIV+ only	121
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, Ins, Med, HIV+ only , Appt/Walk-ins, Esp.....	121
Healthways Services	(888) 340-1116	(C) Greater Heights	All, Free, S\$, Flat fee, Appt req	122
Hope and Healing Center & Institute (HHCI)	(713) 871-1004	(W) Greater Uptown	Adults w/serious mental illness, Free	122
Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins.....	112
Houston VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, Income-based eligibility, CD.....	130
Jewish Family Service	(713) 667-9336	(C) Meyerland	All, Free, Flat fee, S\$, Appt req	125
Legacy Montrose Campus	(832) 548-5100	(E) Beaumont	All, S\$, Ins, Med, Esp.....	126
Montrose Center, The	(713) 529-0037	(C) Montrose	M, W, Y, IRR, CD, Homeless, Immigrants, Esp	130

Case Management / *Administración de casos*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
NestQuest Houston	(832) 232-8715	(C) Washington Ave.	HCV participants, Security deposit	132
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free, Appt req, Esp.....	132
Recenter Houston	(832) 649-6696	(C) Downtown	M, W, CD, Homeless, Esp	135
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	M, W, Fam, Free, IRR, Walk-ins, CD, Homeless only, Esp.....	138
SERJobs	(713) 773-6000	(C) Lawndale	Adults, Veterans, Homeless, IRR, Immigrants, Free, Esp	138
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake	139
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp	141
SHF Dickinson Health Center	(832) 431-5162	(SE) Galveston Co.	M, W, CD, IRR, S\$, Med, Ins	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins	142
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 & up), Free, S\$, Med, Ins, Financing, Appt/Walk-ins, Esp	144
UT Houston Health Science Center Pediatrics	(713) 232-6516	(C) Medical Center	Fam, Immigrants, Free, Med, Ryan White, Appt req, HIV+ only , Esp	147

Medical Case Management / *Administración de casos médicos*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AccessHealth HIV Program	(281) 342-4530	(SW) Richmond	Adults, HIV+ only , S\$, Med, Ins, CHIP, Ryan White, Esp	92
AHF Binz Street	(713) 524-8700	(C) Medical Center	Adults, HIV+ only , IRR, Immigrants, Homeless, Appt req, Esp	94
AHF Fannin Street	(713) 799-8994	(C) Astrodome Area	W, Transgender, HIV+ only , IRR, Appt req, CHIP, S\$, Med, Ins, Esp	94
Avenue 360 Health & Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/Walk- ins, Esp	97
HHS Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-ins, HIV+ only	121
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt/Walk-ins, Esp	121
Houston VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, Income- based eligibility, CD	130
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	126
Montrose Center	(713) 529-0037	(C) Montrose	All, IRR, Free, HIV+ only , CD.....	130
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp	141
SHF Dickinson Health Center	(832) 431-5162	(SE) Galveston Co.	M, W, CD, IRR, S\$, Med, Ins	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	M, W, CD, I/RR, S\$, Med, Ins	142
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 & up), Free, S\$, Med, Ins, Financing, Appt/Walk-ins, Esp	144

Chemical Dependency Treatment *Tratamiento de la Dependencia de Sustancias*

For people living with HIV, the use of alcohol, recreational drugs and nicotine can weaken the body. Luckily, there is help for anyone who wants to become or stay alcohol or drug free. If you would like to cut back on your use of alcohol or other drugs, talk to your doctor or case manager about getting help and finding the treatment you need, or call an agency listed below to find out about treatment options.

Para las personas que viven con VIH, el uso de alcohol, drogas recreativas y nicotina puede debilitar el cuerpo. Afortunadamente, existe ayuda para quien desee liberarse o permanecer libre de alcohol o drogas. Si desea reducir su consumo de alcohol u otras drogas, hable con su médico o administrador de casos sobre cómo obtener ayuda y encontrar el tratamiento que necesita, o llame a una agencia que se menciona a continuación para informarse sobre las opciones de tratamiento.

12-Step Programs & Support Groups | *Programas "12-step" y de grupos de apoyo*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Walk-ins, Esp	96
Career and Recovery Resources	(713) 754-7010	(C) Midtown	Adults, IRR, S\$, Med, Financing available.....	105
Cenikor Houston Treatment Center	(888) 236-4567	(SE) Deer Park	M, W, IRR, S\$, Med, Flat fee, Scholarships, Appt req	106
COH Community Re-Entry Network Program	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, Free, Appt/ Walk-ins, Esp.....	111
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins	116
Healthways Services	(832) 722-2085	(NW) Fairbanks/ NW Crossing	All, Free, S\$, Flat fee, Ins, Appt req...	122
Montrose Center, The	(713) 529-0037	(NW) Spring Shadows	All, S\$, IRR, Immigrants, Esp	130
Open Door Mission	(832) 962-4249	(C) East End	M, Homeless, Appt/Walk-ins, Free	133
Recenter Houston	(832) 649-6696	(C) Downtown	M, W, Homeless, Flat fee, Cash/ Credit, Esp	135
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Appt/Walk-ins.....	144
Unlimited Visions Aftercare, Inc.	(713) 923-1786	(C) Lawndale	All, Fam, Homeless, IRR, Free	146

Detox / Desintoxicación

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Cenikor Deer Park Detox Inpatient/Ambulatory	(281) 946-4349	(SE) Deer Park	M, W, IRR, S\$, Med, Ins, S\$, Flat fee, Scholarships, Appt req,	106
Recenter Houston	(832) 649-6696	(C) Downtown	M, W, Homeless, Flat fee, Cash/ Credit, Esp	135

Inpatient / Paciente interno

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Cenikor Adolescent Residential Treatment	(888) 236-4567	(SW) Central SW	Y, S\$, Med, Ins, Financing, Appt req, Esp	106
Cenikor Houston Treatment Center	(888) 236-4567	(SE) Deer Park	M, W, IRR, S\$, Med, Flat fee, Scholarships, Appt req	106
Open Door Mission	(832) 962-4249	(C) East End	Men, Homeless, IRR, Free, Appt/ Walk-ins	133

Chemical Dependency Treatment / *Tratamiento de la Dependencia de Sustancias*

Outpatient / *Paciente externo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
1 Stop Recovery Methadone Tmnt	(713) 842-7129	(N) Northline	Adults, CD, Appt req.....	91
Adult Rehabilitation Services	(713) 541-4422	(SW) Sharpstown	Adults	93
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Esp	96
Avenue 360 Health & Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	97
BACODA Counseling & Classes	(800) 510-3111	(SE) Clear Lake	All	100
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Cash, Financing, Esp	97
Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/Walk-ins, Esp	104
Career and Recovery Resources	(713) 754-7010	(C) Midtown	Adults, IRR, S\$, Med, Financing.....	105
Cenikor Houston Treatment Center	(888) 236-4567	(SE) Deer Park	M, W, IRR, S\$, Med, Flat fee, Scholarships, Appt req	106
FLAS, Inc.	(713) 772-2366	(SW) Sharpstown	Adults, IRR, Flat fee, Walk-ins, Esp...	115
HHS Northwest Community Health Center	(713) 867-8258	(NW) Oak Forest/Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-ins, HIV+ only	121
HHS Thomas Street Health Center	(713) 566-6400	(C) Near Northside	Adults, HIV+ only , S\$, Ins, Med, Esp	121
Houston VA Medical Center	(713) 791-1414	(C) Medical Center (N) Kashmere Gardens	M, W, Veteran, Walk-ins, eligibility based on income	130
L-H Transitional Center	(713) 239 3866	(C) Montrose	Adults, IRR, S\$, Appt/Walk-ins	127
Montrose Center	(713) 529-0037	(C) Montrose	M, W, IRR, Free, HIV+ only , Esp	130
Montrose Center Recovery Coaching	(713) 529-0037	(C) Montrose	All, Free, Walk-ins accepted	130
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, IRR, Ins, Appt req, Esp	132
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W/C, IRR, Free, Appt req	137
Second Chance Consulting and Outreach	(713) 623-1811	(N) Acres Home	M, W, Y, S\$, IRR, Appt/Walk-ins, Free.....	138
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Appt/Walk-ins.....	144
Unlimited Visions Aftercare, Inc.	(281) 427-8786	(SE) Baytown	Adults, Homeless, IRR, S\$, Med, Ins, Esp	146
Unlimited Visions Aftercare, Inc.	(713) 921-9185	(C) Lawndale	Adults, Homeless, IRR, Esp.....	146
Unlimited Visions Aftercare, Inc. Adolescent Residential	(713) 534-8191	(SE) Pasadena	Y, S\$, Med, Ins, Esp.....	146
UT Health-Houston CNRA	(713) 486-2800	(C) Medical Center	Adults, Free, Appt/Walk-ins, IRR	147

Residential / *Residencial*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, Appt req, HIV+ only , IRR.....	91
AAMA - Casa Phoenix	(713) 967-6700	(C) Lawndale	M, W, Y (ages 13-24), Free, Walk-ins, Esp	96
Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/Walk-ins, Waiting list, Esp.....	104
Cenikor Adolescent Residential Treatment	(888) 236-4567	(SW) Central SW	Y, S\$, Med, Ins, Financing, Appt req, Esp.....	106

Chemical Dependency Treatment / *Tratamiento de la Dependencia de Sustancias*

Residential / *Residencial*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
Cenikor Houston Treatment Center	(888) 236-4567	(SE) Deer Park	M, W, IRR, S\$, Med, Flat fee, Scholarships, Appt req	106
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins	116
Open Door Mission	(713) 921-7520	(C) East End	M, Homeless, IRR, Free, Appt/ Walk-ins	133
Recenter Houston	(832) 649-6696	(C) Downtown	M, W, Homeless, Flat fee, Cash/ Credit, Esp	135
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W/C, IRR, Free, Appt req	137
Star of Hope Doris and Carloss Morris Men's Development Center	(713) 748-0700	(C) Downtown	M, Walk-ins, Homeless, Lim, Free	142
Star of Hope Women & Family Development Center	(713) 222-2220	(S) Sunnyside	W, Fam, Lim, Free, Esp	142
Unlimited Visions Aftercare Adolescent Residential	(713) 534-8191	(SE) Pasadena	Y, S\$, Med, Ins, Esp	146

Children's Services / *Servicios para Niños*

Children with HIV have special health care needs. The Houston area offers low-cost or free medical and support services for these children and their families. Although many of the agencies in this book can be of help, the agencies listed below have special programs for children.

Los niños con VIH tienen necesidades especiales de atención de la salud. El área de Houston ofrece servicios médicos y de apoyo de bajo costo o gratuitos para estos niños y sus familias. Aunque muchas de las agencias en este libro pueden ser de ayuda, las agencias indicadas a continuación tienen programas especiales para niños

Child Care / *Cuidado de niños*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
AAMA	(713) 926-9491	(C) East End	All, Free, S\$, Walk-ins, Esp	96
SEARCH House of Tiny Treasures Childcare Center	(713) 739-7792	(C) East End	C (2 to 5 yrs), Free	138

Medical Services / *Servicios médicos*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
AccessHealth Medical Services	(281) 342-4530	(SW) Fort Bend & Waller Counties	All, Walk-ins, S\$, Med, Ins, CHIP, Esp	92
Avenue 360 Health and Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	97
Avenue 360 Humble	(281) 570-2525	(NE) Humble	M, W, C, Y, S\$, Ins, Med, Esp	98
Avenue 360 Memorial City	(713) 827-8266	(W) Memorial	C, Y, S\$, Ins, Med, CHIP, Esp	98
Avenue 360 South Central	(832) 962-4111	(S) OST/S. Union	M, W, C, Y, S\$, Ins, Med, Esp	99
Avenue 360 Southwest	(832) 830-8345	(SW) Fondren SW	M, W, C, Y, S\$, Ins, Med, Esp	99
Avenue 360 Spring Cypress	(281) 537-8627	(N) Ponderosa Forest	M, W, C, Y, S\$, Ins, Med, Esp	99
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Financing, Cash/Credit, Esp ...	103
Colby D Pediatric Home Health	(832) 563-4970	(SW) Westwood	C, Ins, Med, Superior, Private pay	112
Legacy Bissonnet Clinic	(281) 498-6100	(SW) Alief	All, S\$, Ins, Med, CHIP, Esp	126

Children's Services / *Servicios para niños*

Medical Services / *Servicios médicos*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
Legacy Central Beaumont Clinic	(409) 242-2577	(E) Beaumont	All, S\$, Ins, Med, HIV+ only , Esp.....	126
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy Mapleridge Clinic	(713) 779-7200	(SW) Gulfton	All, S\$, Ins, Med, CHIP, Esp.....	126
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy San Jacinto Clinic	(281) 420-8400	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp.....	127
Legacy South Park Campus	(409) 242-2525	(E) Beaumont	All, S\$, Ins, Med, CHIP, Esp.....	127
Legacy Southwest Campus	(713) 548-5300	(SW) Gulfton	W, C, S\$, Med, Ins, Esp.....	127
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req.....	132
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp.....	142
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	M, W, CD, IRR, S\$, Med, Ins.....	142
Texas Children's Hospital Baylor Int'l Pediatric AIDS Initiative	(832) 822-1038	(C) Medical Center	C (ages 0-18), S\$, Medicaid, HIV+ only , Esp.....	143
Texas Children's Hospital Retrovirology Clinic	(832) 822-1038	(C) Medical Center	C (ages 0-18), S\$, Medicaid, HIV+ only , Esp.....	143
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	Ages 5 & up, Free, S\$, Med, Ins, Financing, Appt/Walk-ins, Esp.....	144
UT Houston Health Science Center	(832) 325-6516	(C) Medical Center	All, Immigrants, Free, Med, Appt Req, HIV+ only , Esp.....	147

Support Services / *Servicios de apoyo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
AAMA	(713) 926-9491	(C) East End (SW) Fort Bend & Waller Counties	All, Free, S\$, Walk-ins, Esp.....	96
AccessHealth Medical Services	(281) 342-4530	(SW) Fort Bend & Waller Counties	All, Walk-ins, S\$, Med, Ins, CHIP, Esp.....	92
Bee Busy Wellness Center	713 7712292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Financing, Cash/Credit, Esp...	103
Casa de Esperanza de los Niños Change Happens! Case Management & Outreach	(713) 529-0639	(C) Medical Center	C, Free, Esp.....	106
Change Happens! Mentoring Plus	(713) 374-1200	(C) Third Ward	All.....	108
Change Happens! Rescue Youth Program	(713) 374-1200	(C) Third Ward	C and Y (ages 6-17).....	108
Change Happens! Rescue Youth Program	(713) 374-1252	(C) Third Ward	Y (ages 12-19), Appt req, Free, CD... Students entering Pre K through Grade 12, Esp.....	109
CCSC-Back to School	(713) 961-3993	Various	Grade 12, Esp.....	110
God's Lovely Butterflies Maternity Home	(832) 264-7491	Confidential	W, Y, C, Homeless, Free, S\$, Med ...	116
Gulf Coast Community Services	(713) 393-4700	(S) South Main	All, Free (income guidelines), Appt req, Lim, Esp.....	117
Harris County WIC Program	(713) 407-5800	Various	C (0-5 yrs), Pregnant, postpartum & breastfeeding women, Free (based on income), Esp.....	119
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	123
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free.....	124
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, CD, Esp.....	132

Children's Services / Servicios para niños

Support Services / Servicios de apoyo

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake	139
U of H Healthy Start Program	(713) 743-5500	(C) Third Ward	African American W & M, Free, Lim ..	145
University Speech-Language-Hearing Clinic	(713) 743-0915	(C) Third Ward	All (age 3 & up), S\$, Appt req, Esp	146
UT Houston Health Science Center	(832) 325-6516	(C) Medical Center	All, Immigrants, Free, Med, Appt Req, HIV+ only , Esp	147

Clinics / Clínicas

Access to quality medical care is very important. For Harris County residents with no insurance or limited resources, HIV care may be obtained through one of the clinics that receive Ryan White funding (see page 7 for eligibility and a list of clinics) or through the Harris Health System at the Northwest Community Health Center or Thomas Street Health Center. New Harris Health patients must go through an eligibility process before seeing a doctor (see page 18 for information on how to apply). The Michael E. DeBakey VA Medical Center offers HIV care to veterans. There are clinics located in Fort Bend and Montgomery County for those living outside Harris County.

El acceso a una atención médica de calidad es muy importante. Para los residentes del Condado de Harris sin seguro o con recursos limitados, el cuidado del VIH se puede obtener a través de una de las clínicas que reciben fondos de Ryan White (ver página 12 para elegibilidad y una lista de clínicas) o a través del Sistema de Salud de Harris en la Comunidad Noroeste o en los Centros de Salud de Thomas Street. Los nuevos pacientes de Harris Health deben pasar por un proceso de elegibilidad antes de ver a un médico (ver página 18 para información sobre cómo realizar la solicitud). El Centro Médico Michael E. DeBakey VA ofrece cuidado del VIH a los veteranos. Hay clínicas ubicadas en los condados de Fort Bend y Montgomery para aquellos que viven fuera del Condado de Harris.

HIV Clinics / Clínicas del VIH

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AccessHealth	(281) 342-4530	(SW) Missouri City	Adults, HIV+ only , Walk-ins, S\$, Med, Ins, RW Part B, Esp	92
AccessHealth - HIV Program	(281) 342-4530	(SW) Richmond	Adults, HIV+ only , Walk-ins, S\$, Med, Ins, RW Part B, Esp	92
AHF Binz Street	(713) 524-8700	(C) Medical Center	Adults, HIV+ only , IRR, Immigrants, Homeless, Appt req, Esp	94
AHF Fannin Street	(713) 799-8994	(C) Astrodome Area	W, Transgender, HIV+ only , IRR, Appt req, CHIP, S\$, Med, Ins, Esp	94
Avenue 360 Health & Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/Walk-ins, Esp	97
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Cash/Credit, Financing, Esp ...	103
Harris Co. Jail Early Intervention Svcs	(713) 755-9252	(C) Downtown	M, W, Free, Incarcerated, Esp	120
HHS Northwest Community Health Center	(713) 867-8257	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Ins, Appt/Walk-ins, HIV+ only	121
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, Ins, HIV+ only , Appt/Walk-ins, Esp	121
Houston VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, Income-based eligibility, CD	130
Legacy Beaumont Clinic	(409) 242-2577	(E) Beaumont	All, S\$, Ins, Med, HIV+ only , Esp	126

Clinics / Clínicas

HIV Clinics / Clínicas del VIH

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	126
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp	141
SHF Dickinson Health Center	(832) 431-5162	(SE) Galveston Co.	All, S\$, Med, Ins, Appt req, Esp	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	All, S\$, Med, Ins, Appt req, Esp	142
Texas Children's Hospital Baylor Int'l Pediatric AIDS Initiative	(832) 822-1038	(C) Medical Center	C (ages 0-18), S\$, Medicaid, HIV+ only , Esp	143
Texas Children's Hospital Retrovirology Clinic	(832) 822-1038	(C) Medical Center	C (ages 0-18), S\$, Medicaid, HIV+ only , Esp	143
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	M, W, Fam, IRR, HIV+ only , Free, S\$, Med, Ins, Appt/Walk-ins, Esp	144
UT Houston Health Science Center	(832) 325-6516	(C) Medical Center	Fam, Free, Medicaid, Appt req, HIV+ only , Esp	147

Other Clinics / Otras Clínicas

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AccessHealth Medical Services	(281) 342-4530	(SW) Fort Bend & Waller Counties	All, S\$, Med, Ins, CHIP, Esp	92
AFH-Prevention Svcs & PrEP	(713) 623-6796	(SW) Sharpstown	All, Free.....	93
Avenue 360 Health and Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	97
Avenue 360 Humble	(281) 570-2525	(NE) Humble	M, W, C, Y, S\$, Ins, Med, Esp	98
Avenue 360 Memorial City	(713) 827-8266	(W) Memorial	C, Y, S\$, Ins, Med, CHIP, Esp	98
Avenue 360 South Central	(832) 962-4111	(S) OST/S. Union	M, W, C, Y, S\$, Ins, Med, Esp	99
Avenue 360 Southwest	(832) 830-8345	(SW) Fondren SW	M, W, C, Y, S\$, Ins, Med, Esp	99
Avenue 360 Spring Cypress	(281) 537-8627	(N) Ponderosa Forest	M, W, C, Y, S\$, Ins, Med, Esp	99
Baylor Teen Health Clinic - Ben Taub	(713) 873-3601	(C) Medical Center	Y (ages 13-24), Free, Appt req, Esp	101
Baylor Teen Health Clinic - Cavalcade	(713) 673-1655	(NE) Kashmere Gardens	Y (ages 13-24), Free, Appt req, Esp	101
Baylor Teen Health Clinic - Cullen	(713) 440-7313	(C) MacGregor	Y (ages 13-24), Free, Appt req, Esp	102
Baylor Teen Health Clinic - Lawn	(281) 847-9970	(N) Acres Home	Y (ages 13-24), Free, Appt req, Esp	102
Baylor Teen Health Clinic - LBJ	(713) 566-5612	(SE) Trinity/Houston Gardens	Y (ages 13-24), Free, Appt req, Esp	102
Baylor Teen Health Clinic - Milby High School	(713) 556-5766	(SE) East End	Y (ages 13-24), Free, Appt req, Esp	102
Baylor Teen Health Clinic - Tejano Center	(713) 640-3730	(SE) Park Place	Y (ages 13-24), Free, Appt req, Esp..	102
Baylor Teen Health Clinic - Wisdom High School	(713) 556-5705	(SW) Gulfton	Y (ages 13-24), Free, Appt req, Esp	103
Baylor Teen Health Clinic - Worthing High School	(713) 556-5348	(SE) Sunnyside	Y (ages 13-24), Free, Appt req, Esp	103
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Cash/Credit, Financing, Esp ...	103

Clinics / Clínicas

Other Clinics / Otras Clínicas

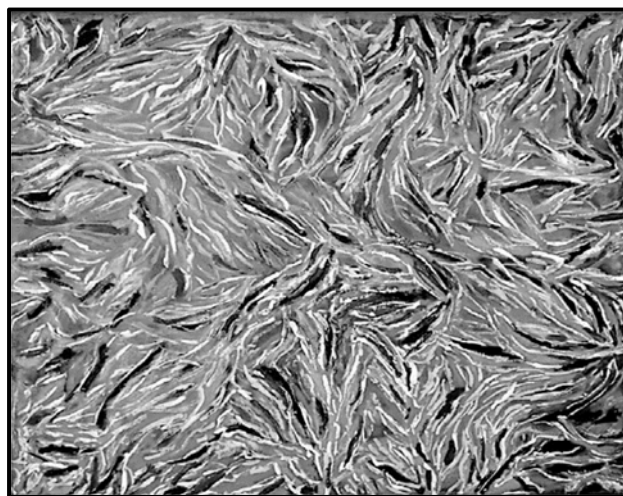
Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Christ Clinic	(281) 391-0190	(W) Katy	Adults, Homeless, IRR, Flat fee, Appt/Walk-ins, Esp	109
Ft. Bend County Clinical Health Services	(832) 520-6635	(SW) Missouri City	Appt req, Esp	115
Harris County Humble Health Clinic	(832) 927-1330	(N) Humble	All, S\$, Ins, Med, Appt req, Esp	119
Harris County Southeast Health Clinic	(713) 274-9440	(SE) Pasadena	All, S\$, Ins, Med, Appt req, Esp	119
Healthcare for the Homeless-Caroline Street Clinic	(713) 286-6050	(C) Downtown	All, Homeless, Free, Walk-in, Med	121
Healthcare for the Homeless-Cathedral Clinic	(713) 220-9730	(C) Downtown	All, Homeless, Free, Walk-in, Med	121
Legacy Baker-Ripley Clinic	(713) 351-7350	(SW) Gulfton	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy Bissonnet Clinic	(281) 498-6100	(SW) Alief	All, S\$, Ins, Med, CHIP, Esp	126
Legacy Central Beaumont Clinic	(409) 242-2577	(E) Beaumont	All, S\$, Ins, Med, HIV+ only , Esp	126
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy Mapleridge Clinic	(713) 779-7200	(SW) Gulfton	All, S\$, Ins, Med, CHIP, Esp	126
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy San Jacinto Clinic	(281) 420-8400	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp	127
Legacy South Park Campus	(409) 242-2525	(E) Beaumont	All, S\$, Ins, Med, CHIP, Esp	127
Legacy Southwest Campus	(713) 548-5300	(SW) Gulfton	W, C, S\$, Med, Ins, Esp.....	127
Planned Parenthood Gulf Coast	(800) 230-7526	Various	M, W, Y, S\$, Free, Ins, Appt req (same day available), Esp.....	134
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp	141
SHF Dickinson Health Center	(832) 431-5162	(SE) Galveston Co.	All, S\$, Med, Ins, Appt req, Esp	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	All, S\$, Med, Ins, Appt req, Esp	142
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 & up), Free, S\$, Med, Ins, Financing, Appt/Walk-ins, Esp	144
University Speech-Language-Hearing Clinic	(713) 743-0915	(C) Third Ward	All (age 3 & up), S\$, Appt req	146
UT Health-Houston Center for Neurobehavioral Research on Addictions	(713) 486-2800	(C) Medical Center	Adults, Free, Appt/Walk-ins, CD, IRR.....	147

Clothing & Household Items / *Vestimenta y artículos para la casa*

Affording enough clothing and household items can be difficult for persons living with HIV, many of whom are living on low and/or fixed incomes. Some agencies in the Houston area may be able to give you clothing, furniture and other household items at low cost or no charge.

Poder comprar ropa y artículos para el hogar puede ser difícil para las personas que viven con el VIH, muchas de las cuales viven con ingresos bajos y/o fijos. Algunas agencias en el área de Houston pueden darle ropa, muebles y otros artículos del hogar a bajo costo o sin cargo alguno. Para opciones adicionales, llame al 2-1-1.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AHF Out of the Closet Thrift Store	(713) 391-8990	(C) Montrose	All, Walk-ins, Pharmacy on-site	94
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Esp	103
CCSC - Central	(713) 871-9741	(C) Greenway Plaza	All, Free, Walk-ins, Appt req for financial asst, Esp.....	110
CCSC - Southwest	(713) 871-9741	(SW) Sharpstown	All, Free, Walk-ins, Appt req for financial asst, Esp.....	110
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy Fair	M, W, Fam, Appt req, I/RR.....	113
East Ft. Bend Human Needs Ministry, Inc.	(281) 261-1006	(SW) Stafford	All, Free, Walk-ins	114
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/S\$, Walk-ins, CD	116
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free	124
Love INC (In the Name of Christ)	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers.....	127
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free.....	129
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req.....	132
Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins	136
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake.....	139
Southeast Area Ministries	(713) 944-0093	(SE) South Houston	All, Fam, Walk-ins, Free	140
West Houston Assistance Ministries	(713) 780-2727	(W) Westchase	M, W, Fam, Free, Appt/Walk-ins, Esp.....	147
WoodsEdge - Threads of Nissi Food & Clothing Pantry	(281) 364-0415	(N) Spring	All, Flat fee, Walk-ins, Lim.....	148



Art by Mark

Day Programs and Respite Care *Programas diurnos y Asistencia para los cuidadores*

HIV can cause fatigue and stress whether you are living with HIV or caring for someone who is. Day programs and respite care allow caretakers to take a break while the HIV+ family member or partner receives care, and provide the person living with HIV with the extra attention he or she needs.

El VIH puede causar fatiga y estrés, ya sea que viva con VIH o que cuide a alguien que lo esté. Los programas de día y los cuidados de alivio permiten a los cuidadores tomarse un descanso mientras que el miembro de la familia con VIH+ o su pareja recibe cuidado y proveen a la persona que vive con VIH la atención adicional que él o ella necesitan.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Avenue 360 Adult Day Activity Program	(713) 341-3750	(NE)	All, Medicaid, Ins, Private pay, Walk-ins, Esp.....	98
Avenue 360 Omega House Medical Respite	(713) 523-7110	(C) Montrose	Adults, \$20 co-pay/mo if above 100% FPL, Esp.....	99
Harmony Health Recovery Center	(713) 221-6200	(C) Downtown	Men only, Free, Lim, Documented homeless & TB	118
Harmony House	(713) 221-6200	(C) Downtown	Men only, Free, Limited availability....	118
Open Door Mission	(832) 962-4249	(C) East End	Men only, CD, Homeless, IRR, Free, Appt/Walk-ins.....	133

Deaf and Hard of Hearing Services / *Servicios para Sordos*

In the Houston area, there are agencies that serve deaf and hard of hearing persons living with HIV. All agencies in this book can serve the Deaf or hard of hearing, but the ones listed below specialize in serving this group.

En el área de Houston, hay agencias que atienden a las personas sordas y con dificultades auditivas que viven con VIH. Todas las agencias en este libro pueden atender a personas sordas o personas con problemas auditivos, pero las que se indican a continuación se especializan en atender a este grupo.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins	111
Career and Recovery Resources	(713) 754-7010	(C) Midtown	M, W, Free, IRR, S\$, CD.....	105
Ft Bend Center for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	112
Houston Center for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins	112
Sign Shares	(713) 869-4373	All	All, Flat fee, DARS DHHS funding available, Esp	140
University Speech-Language-Hearing Clinic	(713) 743-0915	(C) Third Ward	All (age 3 & up), S\$, Appt req, Esp....	146

Dental Services / *Cuidado dental*

Don't neglect your teeth! People living with HIV must get routine oral health care to stay healthy, especially when experiencing more frequent and more serious oral health issues. A neglected mouth can lead to more than tooth pain, tooth and gum infections can spread to other parts of the body and mouth pain can cause people to go without necessary nutrition - and even forgo their HIV medications.

Call one of the clinics listed below if you haven't seen a dentist in the past six months.

¡No descuide sus dientes! Las personas que viven con el VIH deben recibir atención de salud oral rutinaria para mantenerse sanas, especialmente cuando experimentan problemas de salud oral más frecuentes y más graves. Una boca descuidada puede conducir a más que un dolor de dientes, las infecciones de dientes y encías pueden propagarse a otras partes del cuerpo y el dolor en la boca puede hacer que la gente se quede sin la nutrición necesaria - e incluso renunciar a sus medicamentos contra el VIH.

Llame a una de las clínicas que se indican a continuación si no ha visto a un dentista en los últimos seis meses.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AccessHealth	(281) 342-4530	(SE) Stafford	All, S\$, Med, Ins, CHIP, Esp	92
Avenue360 Dental Clinic	(713) 341-3790	(C) Montrose	Adults, \$20 co-pay/visit if above 100% FPL, HIV+ only , Esp	97
Bee Busy Wellness Center	(713) 7712292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Financing, Cash/Credit, Esp ...	103
Harris Co. Humble Health Clinic	(832) 927-1330	(N) Humble	All, S\$, Ins, Med, Appt req, Esp	119
Harris Co. Southeast Health Clinic	(713) 274-9440	(SE) Pasadena	All, S\$, Ins, Med, Appt req, Esp	119
Healthcare for the Homeless- Caroline Street Clinic	(713) 286-6000	(C) Downtown	All, Homeless, Free, Walk-ins, Med	121
Legacy Baker-Ripley Clinic	(713) 351-7350	(SW) Gulfton	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy San Jacinto Clinic	(281) 420-8400	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp	127
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	M, W, CD, IRR, S\$, Med, Ins	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	M, W, CD, IRR, S\$, Med, Ins	141
SHF Dickinson Health Center	(832) 431-5162	(SE) Galveston Co.	All, S\$, Med, Ins, Appt req, Esp	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	M, W, CD, IRR, S\$, Med, Ins	142
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 & up), Free, S\$, Med, Ins, Financing, Appt/Walk-ins, Esp	144

Education Programs / Programas educativos

The following agencies provide education about health-related and other topics (such as GED or ESL). Some employ professional and/or volunteer educators to give group presentations. Health-related topics can range from basic HIV and STD awareness and risk reduction to information about advanced treatments. Other educational programs offer a variety of topics that may be useful to you.

Las siguientes agencias proveen educación sobre temas relacionados con la salud y otros (como GED o ESL). Algunos emplean a educadores profesionales y/o voluntarios para dar presentaciones en grupo. Los temas relacionados con la salud pueden abarcar desde la conciencia básica sobre el VIH y las ETS y la reducción del riesgo hasta información sobre tratamientos avanzados. Otros programas educativos ofrecen una variedad de temas que pueden ser útiles para usted.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Esp	96
AAMA	(713) 967-6700	(C) Lawndale	M, W, Y, Free, Walk-ins, CD, Esp	96
AFH Prevention Services	(713) 623-6796	(SW) Sharpstown	M, W, Y, Lim, Appt req	93
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, Fam, S\$	94
Ambassadors for Christ Youth Ministries	(281) 536-5475	(W) Greater Uptown	Y, Homeless, Appt/Walk-ins, Esp	95
BACODA Counseling & Classes	(800) 510-3111	(SE) Clear Lake	All, CD	100
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins	111
Bridge Over Troubled Waters, Inc.	(281) 420-5600	(SE) Baytown	All, Fam, Appt req, Free, Esp	104
Change Happens!	(713) 374-1252	(C) Third Ward	All, Free	108
City of Houston Community Re-Entry Network Program	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, CD, Free, Walk-ins/Appt, Esp	111
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-24), Parenting/pregnant, Free, Walk-ins, Esp	112
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy Fair	M, W, Fam, Appt req, IRR, Esp	113
FLAS, Inc.	(713) 772-2366	(SW) Sharpstown	Adults, IRR, CD, Walk-ins, Esp	115
Ft. Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	112
Gulf Coast Community Services	(713) 393-4700	(S) South Main	All, Free (income guidelines), Appt req, Lim, Esp	117
HHS Thomas Street Health Center	(713) 566-6400	(C) Near Northside	Adults, HIV+ only , Esp	121
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp	121
Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins	112
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free	124
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free	129
National Alliance on Mental Illness	(713) 970-4419	(SW) Sharpstown	All, Free, Lim, Esp	131
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Appt req, IRR, CD, Esp	132
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req	132
Open Door Mission	(832) 962-4249	(C) East End	M, Walk-ins, Free	133
Ryan White Planning Council	(832) 927-7926	(C) Galleria/Post Oak	All, Free, Esp	136
Office of Support	(832) 927-7926	(C) Galleria/Post Oak	All, Free, Esp	136
Second Chance Consulting and Outreach	(713) 623-1811	(N) Acres Home	M, W, Y, S\$, IRR, Appt/Walk-ins, Free	138
SERJobs	(713) 773-6000	(C) Second Ward	All, IRR Free, Esp	138

Education Programs / *Programas Educación*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake.....	139
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Ins, Appt/Walk-ins, Call for intake.....	144
U of H Healthy Start Program	(713) 743-5500	(C) Third Ward	African American W & M, Free, Lim..	145
West Houston Assistance Ministries	(713) 780-2727	(W) Westchase	M, W, Free, Appt/Walk-ins, Esp.....	147

Health Education / *Educación de salud*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Esp	96
Avenue 360 Health and Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	97
Baylor Teen Health Clinic - Milby High School	(713) 556-5766	(SE) East End	Y (ages 13-24), Free, Appt req, Esp..	102
Baylor Teen Health Clinic - Tejano Center	(713) 640-3730	(SE) Park Place	Y (ages 13-24), Free, Appt req, Esp..	102
Baylor Teen Health Clinic - Wisdom High School	(713) 556-5705	(SW) Gulfton	Y (ages 13-24), Free, Appt req, Esp..	103
Baylor Teen Health Clinic - Worthing High School	(713) 556-5348	(SE) Sunnyside	Y (ages 13-24), Free, Appt req, Esp..	103
Bee Busy Inc.	(713) 774-8800	(SW) Westwood	M, W, Y, IRR, CD, Homeless, Immigrants, Free, Walk-ins, Esp.....	103
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Esp	103
Change Happens! Project F.O.R.C.E.	(713) 374-1236	(C) Third Ward	M (18 & up), Free, I/RR, CD	108
Christ Clinic	(281) 391-0190	(W) Katy	Adults, homeless, IRR, Flat fee, Appt/Walk-ins, Esp	109
FLAS, Inc.	(713) 772-2366	(SW) Sharpstown	Adults, IRR, CD, Flat, Walk-ins, Esp .	115
Ft. Bend County Clinical Health Services	(832) 520-6635	(SW) Missouri City	M, W, Y, Free, Appt req, Esp	115
Healthways Services	(888) 340-1116	(C) Greater Heights	All, Free, S\$, Flat fee, Ins, Appt req...	122
Legacy Southwest Campus	(713) 548-5300	(SW) Gulfton	W, C, S\$, Med, Ins, Esp	127
Planned Parenthood Gulf Coast	(800) 230-7526	Various	M, W, Y, S\$, Free, Ins, Appt req (same day available), Esp.....	134
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp	141
SHF Dickinson Health Center	(832) 431-5162	(SE) Galveston Co.	All, S\$, Med, Ins, Appt req, Esp	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	All, S\$, Med, Ins, Appt req, Esp	142
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 & up), Free, S\$, Med, Ins, Financing, Appt/Walk-ins, Esp	144

Employment & Training / Ayuda para empleo y entrenamiento

For someone living with HIV, staying productive and active is important for both financial and emotional reasons. Several agencies in the Houston area have programs that will train, counsel, and refer people looking for jobs. If able to work, a person with HIV can benefit from a steady paycheck, possible health insurance and more choices.

Para alguien que vive con VIH, mantenerse productivo y activo es importante por razones tanto económicas como emocionales. Varias agencias en el área de Houston tienen programas que capacitarán, aconsejarán, y referirán a la gente que busca trabajos. Si es capaz de trabajar, una persona con VIH puede beneficiarse de un cheque de pago constante, un posible seguro de salud y más opciones.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Walk-ins, Esp	96
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins	111
Career and Recovery Resources	(713) 754-7095	(C) Midtown	M, W, Free, Appt/Walk-ins, CD.....	105
CCSC JobNet	(713) 626-8320	(C) Greenway Plaza	Adults, Free	110
CCSC Martha's Way	(281) 906-8421	(C) Greenway Plaza	Adults, Free, Esp	110
City of Houston Community Re-Entry Network Program	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, CD, Free, Appt/Walk-ins, Esp.....	111
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (ages 18-24), Parenting/pregnant, Free, Walk-ins, Esp	112
Cypress Assistance Ministries Operation Jobs	(281) 955-5895	(NW) Cy Fair	Free, Adults, IRR	113
Ft. Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	112
Goodwill HOPWA Project Good Hope	(713) 699-6317	(C) Montrose	M, W, HIV+ only , IRR, Homeless, Immigrants, Appt req, Free, Esp	116
Gulf Coast Community Svcs Assoc.	(713) 393-4700	(C) Greenway Plaza	All, Free (income guidelines), Appt req, Lim, Esp	117
Healthways Services	(832) 722-2085	(C) Greater Heights	Appt req, Lim, Esp	117
Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Free, S\$, Flat fee, Appt req.....	122
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Disabled, Free, Walk-ins	112
Jewish Family Service	(281) 446-3663	(N) Humble	All, Fam, Free	124
Jewish Family Service	(713) 667-9336	(C) Meyerland	All, Free, S\$, Appt req	125
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free.....	129
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	M, W, Fam, Free, IRR, Homeless only, Walk-ins, CD, Esp	138
Second Chance Consulting and Outreach	(713) 623-1811	(N) Acres Home	M, W, Y, S\$, IRR, Appt/Walk-ins, Free.....	138
SERJobs	(713) 773-6000	(C) Lawndale	Adults, Veterans, Homeless, IRR, Immigrants, Free, Walk-ins, Esp.....	138
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Ins, Appt/Walk-ins, Call for intake	144
West Houston Assistance Ministries	(713) 780-2727	(W) Westchase	M, W, Free, Appt/Walk-ins, Esp.....	147
WorkFaith Connection	(713) 984-9611	(NW) Lazybrook	Adults, Free, Walk-ins	148
WorkFaith Connection	(281) 674-7383	(S) Sunnyside	Adults, Free, Walk-ins	148
WorkFaith Connection	(281) 833-3435	(C) Third Ward	Adults, Free, Walk-ins	148

Eye Care / Cuidado de la vista

Certain illnesses associated with HIV can cause vision problems. If you are having trouble with your eyesight, discuss this with your doctor or call one of the agencies listed below. You may be able to receive treatment and/or eyeglasses at no charge or at very low cost.

Ciertas enfermedades asociadas con el VIH pueden causar problemas de la vista. Si Ud. está teniendo problemas con la vista, consulte con su médico o llame a una de las agencias mencionadas aquí. Ud. podrá recibir tratamiento y/o anteojos gratuitos o a muy bajo costo.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Houston VA Medical Center	(713) 791-1414	(C) Medical Center	Veterans, Income-based eligibility	130
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	125
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	All, S\$, Med, Ins, Appt req, Esp	142
University Eye Institute	(713) 743-2020	(C) Third Ward	All, S\$, Med, Ins, CHIP, Appt req, Esp	145

Financial Assistance / Asistencia financiera

Financial assistance for individuals living with HIV is available through both public agencies and private organizations. Usually the help is specifically for rent, mortgage payments and utility bills, but certain agencies also help with prescription drugs (see page 72), medical supplies, insurance premiums (see page 46) and other vital needs. Funds are usually limited and are not available at all agencies all the time. Also, different agencies have different guidelines to determine who qualifies for assistance and how much they will receive. Call for details.

Se dispone de asistencia financiera para las personas con el VIH por medio de agencias públicas y privadas. Generalmente, la ayuda es específicamente para la renta, pagos de hipoteca y utilidades, pero ciertas agencias también ayudan con el costo de medicamentos (ver página 72), equipo médico, prima de seguro (ver página 46) y otras necesidades importantes. Usualmente, los fondos son limitados y no se obtienen en todas las agencias a todo momento. También, diferentes agencias tienen diferentes requisitos para determinar quien califica y cuanto recibirán. Llame para más detalles.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.....	92
AFH Bridge Re-Entry Initiative	(713) 623-6796	(SW) Sharpstown	Adults, HIV+ only , IRR, Free, S\$	93
Avenue 360 Housing Assistance	(713) 426-0027	(C) Montrose	Free, Appt req, HIV+ only , Esp, Call for intake	98
Brentwood Project WAITT	(713) 852-2551	(S) Central SW	All, Appt/Walk-ins, HIV+ only , Free, CD	104
Catholic Charities	(713) 526-4611	(C) Midtown	All, Free, Appt req, HIV+ only , Esp ...	106
CCSC Emergency Services - Central	(713) 871-9741	(C) Greenway Plaza	All, Free, Walk-ins, Appt req for financial asst, Esp.....	110
CCSC Emergency Services - Southwest	(713) 871-9741	(SW) Sharpstown	All, Free, Walk-ins, Appt req for financial asst, Esp.....	110
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy Fair	M, W, Fam, Appt req, I/RR.....	113
East Ft. Bend Human Needs Ministry	(281) 261-1006	(SW) Stafford	All, Free, Walk-ins	114
FLAS, Inc.	(713) 772-2366	(SW) Sharpstown	All, Free, Appt req, Esp	115

Financial Assistance / *Asistencia financiera*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Gulf Coast Community Services	(713) 393-4700	(S) South Main	All, Free (income guidelines), Appt req, Lim, Esp.....	117
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	123
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free	124
Jewish Family Service	(713) 667-9336	(C) Meyerland	All, Appt req	125
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free.....	129
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req.....	132
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake	139
Southeast Area Ministries	(713) 944-0093	(SE) South Houston	All, Fam, Walk-ins, Free	140
West Houston Assistance Ministries	(713) 780-2727	(W) Westchase	M, W, Fam, Free, Appt req, Esp	147

Food / *Alimentos*

Affording enough food can be difficult for persons with HIV, many of whom are living on low or fixed incomes. Eating a variety of healthful foods is especially important. There are many food pantries and soup kitchens are available in the Houston area. All those listed below are free. Restrictions may apply. For additional options, call 2-1-1.

Poder comprar alimentos suficientes puede ser difícil para las personas con VIH, muchas de las cuales viven con ingresos bajos o fijos. Comer una variedad de alimentos saludables es especialmente importante. Hay muchas despensas de alimentos y cocinas públicas disponibles en el área de Houston. Todos los listados a continuación son gratuitos. Pueden aplicar algunas restricciones. Para opciones adicionales, llame al 2-1-1.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.....	92
AFH Housing and Supportive Services	(713) 623-6796	(SW) Sharpstown	M, W, Y, Fam, IRR, Homeless, Immigrants, CD, Free	93
Brentwood Project WAITT	(713) 852-2551	(S) Central SW	All, Appt/Walk-ins, Free, HIV+ only , CD, Food vouchers	104
Catholic Charities	(713) 526-4611	(C) Midtown	All, Free, Appt req, HIV+ only , Esp ...	106
CCSC Emergency Services - Central	(713) 871-9741	(C) Greenway Plaza	All, Free, Walk-ins, Appt req for financial asst, Esp.....	110
CCSC Emergency Services - Southwest	(713) 871-9741	(SW) Sharpstown	All, Free, Walk-ins, Appt req for financial asst, Esp.....	110
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy Fair	M, W, Fam, Appt req, IRR.....	113
East Ft. Bend Human Needs Ministry	(281) 261-1006	(SW) Stafford	M, W, Fam, Free, Walk-ins	114
Fair Haven Food Pantry	(713) 468-3276	(W) Spring Branch	M, Free, Walk-ins	114
FLAS, Inc	(713) 772-2366	(SW) Sharpstown	All, Free, Walk-ins, Esp	115
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free/S\$, Walk-ins, CD	116
Gulf Coast Community Services	(713) 393-4700	(S) South Main	All, Free (income guidelines), Appt req, Lim, Esp.....	117
Harris County WIC Program	(713) 407-5800	Various	Free (based on income), Pregnant, postpartum & breastfeeding women, C (0-5 yrs), Esp.....	119
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free	124

Food / Alimentos

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Love INC (In the Name of Christ)	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers.....	127
Magnificat House - Loaves and Fishes	(713) 224-1373	(C) Downtown	All, Free.....	129
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req.....	132
Recenter Houston	(832) 649-6696	(C) Downtown	M, W, Homeless, Esp.....	135
Rosenberg-Richmond Helping Hands, Inc.	(281) 232-4904	(SW) Richmond	All, Free, Walk-ins	136
Saint Mary Magdalene Social Services	2815401907	(N) Humble	All, Free, Walk-ins, Lim	137
Southeast Area Ministries	(713) 944-0093	(SE) South Houston	All, Fam, Walk-ins, Free	140
West Houston Assistance Ministries	(713) 780-2727	(W) Westchase	All, Free, Appt/Walk-ins, Esp	147
WoodsEdge - Threads of Nissi Food & Clothing Pantry	(281) 364-0415	(N) Spring	All, Flat fee, Walk-ins, Lim.....	148

Information and Resources for the Formerly Incarcerated *Información y recursos para el previamente encarcelados*

What to do First

Qué Hacer Primero

After release, your first call should be to your case manager or a community service organization to make an appointment to meet with a case manager - be sure to let them know that you were recently released from incarceration.

A case manager will help you to get registered in the CPCDMS client database (see page 7 for more information about the CPCDMS) and together you can create a plan to continue your medical care and address other needs like getting an ID, finding shelter, accessing food and transportation.

If circumstances beyond your control keep you from going to your first appointment, call as soon as possible to discuss your situation and reschedule the appointment. Don't wait until the last minute to call your case manager for assistance, they are there to answer questions and help you make the transition into your new life; if your needs change, let your case manager know right away!

Al ser liberado llame a su supervisor. También llame a su administrador/a de casos o solicite uno/a de una agencia comunitaria - asegúrese de informarle que fue recientemente liberado de encarcelamiento.

Dicha persona le inscribirá al sistema de base de datos (ver página 12 para más información sobre el sistema CPCDMS). Juntos desarrollarán un plan con el propósito de continuar recibiendo cuidado médico y determinar cuáles otras necesidades tenga, así como el obtener cédula de identidad, refugio/hospedaje, comida y transporte.

Si existen circunstancias fuera de su control que no le permita asistir a su primera cita, llame lo antes posible para informar su situación y hacer una nueva cita. No espere hasta el último momento en llamar a su administrador/a de casos para recibir la asistencia que necesite. Ellos están disponible para contestar sus preguntas y facilitarle la transición a una nueva vida; si sus necesidades cambian, asegúrese de informárselo a su administrador/a de casos inmediatamente.

Harris County Sheriff's Office

If you have questions about the medical care, referrals or other health related information that you received while in the county jail, please contact:

Harris County Sheriff's Office
I.D. Clinic - Counselors office
(364) 286-2665 or (346) 286-2458

Oficina del sheriff del Condado de Harris

Si usted tiene preguntas acerca del cuidado médico, referencias u otra información servicios de la salud que recibió durante su estadía en la cárcel del condado, por favor póngase en contacto con:

*Oficina del sheriff del Condado de Harris
Clínica de I.D. – Oficina de consejeros
(364) 286-2665 ó (346) 286-2458*

Information and Resources for the Formerly Incarcerated *Información y recursos para el previamente encarcelados*

ADAP Drug Assistance Program

Programa de Asistencia de Medicamentos ADAP

TOLL FREE: (800) 255-1090

HOURS: Monday - Friday, 8am-5pm
(except holidays)

Once you have been released, call ADAP to let them know. It can take several days to get your meds so it's important to call as soon as possible. When you call, an eligibility worker will assign you to a pharmacy (see page 65 for a list of ADAP pharmacies).

Sometimes they will need additional information or ask you to fill out a new application. If necessary, your case manager can help you complete the application and make sure it is correct.

Once enrolled, your assigned pharmacy will need prescriptions and your ADAP ID number to order your meds. It will take a few days for your meds to be ready for pick up. If you have any questions call ADAP or your case manager for assistance.

LLAME GRATIS: (800) 255-1090

HORAS: Lunes a viernes, 8am-5pm
(sin incluir feriados)

Al ser liberado, llame a ADAP para informarles de su liberación. Puede que tome varios días antes que reciba sus medicamentos, por lo tanto, es muy importante que llame lo antes posible. Cuando llame, se le asignará una farmacia (vea pagina 65 para una lista de las farmacias que participan en ADAP).

A veces necesitarán más información sobre usted, o le pedirán que complete una nueva aplicación Si lo necesita, su administrador/a de casos le puede asistir a completar la aplicación y asegurar que todo esté en orden.

Una vez inscrito, su farmacia asignada necesitará recetas médicas y su número de identificación de ADAP para ordenar sus medicinas. Luego, tomará unos días para que estén listos para ir por ellas. Si tiene alguna pregunta favor de llamar a ADAP o a su administrador/a de casos.

Emergency Homeless Services / *Hospedaje de emergencia*

If you have nowhere to go when you are released, the agencies below are in the downtown area not far from the bus station and can help with basic needs like food, clothing and shelter.

Si no tiene dónde hospedarse al ser liberado, las siguientes agencias en el centro de la ciudad se encuentran no muy lejos de las estaciones de bus y pueden asistirle con necesidades básicas: comida, ropa y refugio.

Coalition for the Homeless

www.homelesshouston.org

713 739-7514

Homeless resource information (Help Card and Street Guide) and referrals.

Información para personas sin vivienda (Tarjeta de Ayuda y Guia de Calles) y referencias.

The Beacon (Houston Compass)

1212 Prairie St.; Houston, TX 77002

713 229-8319

Day shelter: meals, showers, laundry, referrals and more. Available Thurs-Mon. See page 123 for more information.

Refugio diurno: comida, ducha, lavandería, ropa, información, referencia y más. Disponible de jueves a lunes. Vea página 123 para más información.

Magnificat House

2009 Congress Street; Houston, TX 77002

713 224-1373

Offers a three-night stay and the opportunity to apply for longer term residency. Admission is on a first-come, first served basis and beds are limited. See page 127 for more information.

Ofrece una estadía de tres noches y la oportunidad de solicitar una residencia a largo plazo. La admisión se realiza por orden de llegada y las camas son limitadas. Vea página 127 para más información.

Salvation Army Center of Hope

1717 Congress Street; Houston, TX 77002

713 223-8889

Men's shelter: meals, showers, laundry and more.

Refugio para hombres: comida, ducha, lavandería y más.

Emergency Homeless Services | *Hospedaje de emergencia*

Salvation Army Family Residence	1603 McGowen Street; Houston, TX 77004	713 650-6530
Shelter for women and families needing temporary emergency shelter or transitional living. <i>Refugio para mujeres y familias que necesitan refugio temporal de emergencia o vivienda transitoria.</i>		
Star of Hope	1811 Ruiz Street; Houston, TX 77002	713 227-8900
Men's Development Center: provides shelter, meals, showers, referrals; employment programs. See page 142 for more information. <i>Centro de desarrollo para hombres: refugio, comida, ducha, referencia, programa de empleo. Vea página 142 para más información.</i>		
Star of Hope Cornerstone Community	2525 Reed Road; Houston, TX 77051	713 222-2220
Women and Family Shelter: shelter for 30 days to 18 months provides meals, showers, referrals. See page 142 for more information. <i>Refugio para mujeres y familias: refugio para 30 días a 18 meses: comida, ducha, referencia. Vea página 142 para más información.</i>		

Helpful Phone Numbers | *Números de teléfono útiles*

2-1-1 Texas/United Way Helpline

Call 2-1-1 or search the online database:
<http://referral.unitedwayhouston.org>

Free, confidential information and referrals for food, housing, employment, counseling and much more. Just dial 2-1-1 from anywhere in the state, 24 hours a day.

EMPLOYMENT ASSISTANCE:

Career and Recovery Resources	713 754-7000
Cypress Assistance Ministries	281 955-5895
Goodwill Job Connection Center	713 699-6317
Humble Area Assistance Ministries	281 446-3663
Memorial Assistance Ministries	713 468-4516
SERJobs	713 773-6000
Workforce Solutions	1-888-469-5627

Harris Co. Housing Resource Center **832 927-4955**
Information on housing and emergency assistance available 24/7 in English, Spanish and Vietnamese. See page 118 for more information.

METRO **713 635-4000**
www.ridemetro.org

Michael E. DeBakey VA Medical Center **713 791-1414**
Medical care for Veterans; bus passes available for clients of the HIV Clinic. See page 130 for more information.

Cuidado médico para veteranos; pase de bus disponible en la clínica del VIH. Vea página 130 para más información.

NeuroPsychiatric Center (NPC) **713 970-7070**
24 hour mental health crisis and emergency center. The NPC can serve anyone with an urgent psychiatric condition. Call for information or support.

Centro de crisis de salud mental y de emergencia las 24 horas. El NPC puede atender a cualquiera con una condición psiquiátrica urgente. Llame para más información o apoyo.

La Línea de Ayuda 2-1-1 Texas/United Way

*Llame al 2-1-1 o busque en la base de datos en línea:
<http://referral.unitedwayhouston.org>*

Información gratis y confidencial, y referencias para comida, vivienda, empleo, consejería y más. Marque el 2-1-1 de cualquier lugar dentro del estado de Texas, 24 horas del día.

SUBSTANCE USE TREATMENT & SUPPORT:

Alcoholics Anonymous	713 686-6300
Cocaine Anonymous	713 668-6822
Narcotics Anonymous	713 661-4200

TX Attorney General Child Support **800 252-8014**

The AGs office can assist with establishing paternity, establishing, enforcing and modifying child and medical support orders and collecting and distributing child support payments.

For assistance with access and visitation, call the hotline Monday-Friday, 1pm-5pm: 866 292-4636 or go to www.txaccess.org.

Procurador General de Texas apoyo a niños

La oficina del PG puede asistir en establecer paternidad, establecer, aplicar y modificar órdenes de apoyo a los niños/niñas y apoyo médico, y coleccionar y distribuir pagos de apoyo para los niños/niñas.

Para asistencia con acceso y las visitas, llame a la línea de ayuda de lunes-viernes, 1pm-5pm al 866 292-4636 o visite el internet al www.txaccess.org.

Texas Criminal Justice Coalition **512 441-8123**
1714 Fortview Road, Suite 104; Austin, TX 78704

The TCJC advocates for a just and accountable judicial system. Publishes an online resource guide for people re-entering the world following incarceration.

El TCJC aboga por un sistema judicial justo y responsable. Publica una guía de recursos en línea para personas que reingresen a la sociedad después de estar encarcelados.

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The agencies listed below are affiliated with the Serving the Incarcerated and Recently Released (SIRR) Partnership of Greater Houston and have a special interest in serving the needs of formerly incarcerated individuals. Contact the agencies directly for more information.

Las agencias mencionadas abajo están afiliadas con SIRR (Servicio a los encarcelados y recientemente liberados) y tienen un especial interés en asistir a las necesidades de los individuos previamente encarcelados. Póngase en contacto directo para más información sobre los servicios disponibles y los requisitos de elegibilidad.

AccessHealth - Richmond Center (281) 342-4530

Case management and CPCDMS registration, gas cards, medical clinic, pharmacy, mental health services, dental care, eye care and other services. AccessHealth provides HIV primary care to residents of Ft Bend, Waller, Wharton, Austin and Colorado counties. See page 92 for more information.

Administración de casos y registro en CPCDMS, tarjetas de gasolina, clínica médica y farmacia, servicios de salud mental, cuidado dental, visión y otros servicios. Accesshealth provee cuidado primario del VIH a residentes de los condados Fort Bend, Waller, Wharton, Austin y Colorado. Vea página 92 para más información.

AIDS Foundation Houston (713) 623-6796

AFH provides housing and supportive services to individuals living with HIV and their families. Housing programs include housing in the community and housing facilities for low-income and homeless individuals and families that also have mental health and substance abuse issues. Supportive services include basic needs such as food, support in accessing services, re-engaging in health care.

education. Sliding fee scale for the uninsured. Other services include a day program for HIV+ adults that require nursing care during the day, a full service dental clinic for people living with HIV, housing assistance through HOPWA and a residential HIV hospice. Avenue 360 has additional clinic locations, see page 97 for more information.

Provee cuidado médico, farmacia, tratamiento de abuso de sustancias, servicios de salud mental, administración de casos y registro en CPCDMS, análisis del VIH y educación preventiva sobre el VIH/ETS. Honorario de escala móvil para las personas sin seguro. Otros servicios incluyen programa de tratamiento de día para adultos con VIH que requieren cuidado durante el día, dental clinic ofrece una variedad de servicios dentales a las personas que viven con el VIH, asistencia para la vivienda por medio de HOPWA (Oportunidades de Vivienda para Personas con SIDA) y hospicio para personas que viven con el VIH. Avenue 360 tiene ubicaciones adicionales, vea página 97 para más información.

Association for the Advancement of Mexican Americans (AAMA) (713) 926-9491

Minorities Action Program – substance abuse treatment services, HIV, Hep C and TB testing, HIV related case management and also helps Spanish speaking individuals to access services. AAMA can connect you to medical care, transportation, housing and many other services. Also offers free GED, ESL and computer classes. See page 96 for more information.

AAMA ofrece ayuda en Español con acceso a servicios de transportación, tratamiento médico, ayuda para parar el uso de drogas, y con pruebas del VIH, Hepatitis C y tuberculosis. AAMA también ofrece clases gratuitas de ESL, GED y computador. Vea página 96 para más información.

Avenue 360 Health and Wellness (713) 426-0027

Provides medical care, pharmacy, substance abuse treatment, mental health services, case management and CPCDMS registration, HIV testing and prevention

Bee Busy Wellness Center (713) 771-2292

Medical care for men, women and children. Referrals are made for services not offered. Eligibility is open to all who need care, regardless of your current health status - all uninsured, underinsured, self-employed, business owners and low-income families are welcome.

Cuidado médico para hombres, mujeres, y niños/niñas. Se da referencias a servicios no ofrecidos. Se ofrece servicios a toda persona que necesite cuidado, sin importar el estado de salud actual-toda persona sin seguro médico o seguro médico limitado, persona que trabaja por cuenta propia, dueños de negocio, y familias de bajos ingresos.

Dispute Resolution Ctr of Harris Co. (713) 274-7100

49 San Jacinto, Suite 220; Houston, TX 77002

<https://drc.harriscountytexas.gov/>

HOURS/HORAS: Monday-Friday, 8am-5pm

BUS ROUTES/RUTA DEL BUS: 11, 20, 30, 48, 151

Provides free mediation services to help people resolve their disputes outside of court for matters that are in or out of court such as landlord/tenant, consumer/merchant,

Information and Resources for the Formerly Incarcerated *Información y recursos para el previamente encarcelados*

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divorce and much more for residents of Harris, Brazoria, Galveston or any county that does not have a Dispute Resolution Center. You must have the contact information for both parties. Does not provide legal advice or resolve criminal matters.

Provee servicios gratis de mediación para ayudar a que las personas resuelvan sus disputas fuera del tribunal en cuestiones fuera o dentro de la corte, así como arrendador/ arrendatario, consumidor/ mercader, divorcio y otros asuntos de los residentes del Condado Harris, Brazoria, Galveston y cualquier otro condado que no tenga un centro de resoluciones de disputas. Usted debe tener información de contacto de ambos partidos. No se provee consejo legal, no se resuelven asuntos criminales.

Goodwill Industries of Houston Job Connection Center (713) 590-3123

Goodwill Industries of Houston provides education, training and job opportunities to people with disabilities and other barriers to employment (including, but not limited to, physical and mental disabilities, homelessness, criminal records and addictive diseases), improving the lives of individuals, families and communities.

Proporcionamos la educación, la formación y las oportunidades de empleo para las personas con discapacidades y otras barreras al empleo (incluyendo, pero no limitado a, las discapacidades físicas y mentales, la falta de vivienda, antecedentes penales y enfermedades adictivas) la mejora de las vidas de las personas, familias y comunidades.

Houston Volunteer Lawyers Program (713) 228-0735

Provides free legal services to residents of Harris and surrounding counties who meet eligibility requirements. Civil matters only, no criminal or employment matters or fee generating cases.

Provee servicios legales gratuitos a los residentes de Harris y condados circundantes que se reúnen los requisitos de elegibilidad. Materia civil sólo, no se aceptan pleitos que requieren ganancia monetaria.

Legacy Community Health (832) 548-5100

Offers case management and CPCDMS registration, primary health care, HIV testing and counseling, STD testing, family planning, GLBT healthcare, dental care, prevention education, counseling, psychiatry, eye care, nutritional counseling, wellness services, social services and pharmacy. Sliding fee scale for the uninsured. Legacy has additional clinic locations, see page 125 for more information.

Ofrece administración de casos y registro en CPCDMS, cuidado primario de la salud, análisis y consejería del VIH, análisis de ETS, planificación familiar, cuidado de la salud para las personas GLBT, cuidado dental, educación

preventiva, consejería, psiquiatría, cuidado de la vista, consejería nutricional, servicios del bienestar, servicios sociales y farmacia. Honorario de escala móvil para las personas sin seguro. Legacy tiene ubicaciones adicionales, vea página 125 para más información.

Montrose Center (713) 529-0037

Services include case management and CPCDMS registration, education and prevention services, HIV Testing, mental health counseling for individuals, couples, families and groups (sliding fee), outpatient substance abuse treatment and a variety of support groups. No sex offenders. See page 130 for more information.

Servicios incluyen administración de casos, educación de la salud y servicios de prevención, prueba del VIH, consejería de salud mental para individuales, parejas, familiares y grupos (honorario de escala móvil), tratamiento por abuso de sustancias para pacientes externos y varios grupos de apoyo. No hay delincuentes sexuales. Vea página 130 para más información.

St. Hope Foundation (713) 778-1300

Offers primary medical care and pharmacy, mental health, service linkage and case management, CPCDMS registration, dental care, eye care, support groups, clinical research, Hep C treatment, prevention services, health screenings and transportation. SHF has additional clinic locations, see page 141 for more information.

Ofrece cuidado médico primario y farmacia, salud mental, servicio de enlace y administración de casos, registro en CPCDMS, cuidado dental, cuidado de vista, grupos de apoyo, investigación clínica, tratamiento de la hepatitis C, servicios preventivos, asesoramiento de la salud y transportación. SHF tiene ubicaciones adicionales, vea página 141 para más información.

TDCJ - PAROLE DIVISION www.tdcj.texas.gov/divisions/pd

Houston Region I Reentry Center (713) 956-1478 4949 W. 34th Street, Suite 115; Houston, TX 77092

HOURS/HORAS: Monday- Friday 8am-5pm
BUS ROUTES/RUTA DEL BUS: 36

Provides education programs including anger management, cognitive skills, domestic violence, faith-based AA/NA groups, clothes closet (men and women), job placement and job counseling services for parolees in Harris and the surrounding counties.

Provee programas educacionales incluyendo manejo de la ira, habilidades cognitivas, violencia doméstica, grupos de AA/NA basados en fe, ropa (para hombres y mujeres), servicios de consejería y ubicación de empleo para prisioneros en libertad condicional en Harris y los condados que le rodean.

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Chaplaincy Program (713) 685-3188

10110 Northwest Freeway; Houston, TX 77092
HOURS/HORAS: Monday-Friday 8am-5pm

Parole Chaplains provide pastoral counseling, pastoral care, crisis intervention support and faith-based programming to offenders on parole and their families.

Parole Chaplains work with TDCJ Unit Chaplains to expand their community-based resources. Offenders are offered numerous programs while incarcerated, but services are limited once paroled. Continuing programs once on parole is critical to the offender's successful reentry.

Los capellanes de libertad condicional proveen consejería pastoral, cuidado pastoral, apoyo e intervención de crisis y programas basados en fe a los ex-delinquentes en libertad condicional y a sus familiares.

Los capellanes de dicha unidad colaboran con los capellanes de la unidad del TDCJ con el propósito de expandir los recursos de base comunitaria. Durante encarcelamiento existen numerosos programas para los prisioneros, sin embargo los servicios son limitados una vez en libertad condicional. La continuación de programas es crítica para que así el prisionero en libertad condicional tenga un exitoso reingreso a la sociedad.

Thomas Street Health Center (713) 873-4000

Offers primary health care, case management, CPCDMS registration, access to clinical trials, health education, Hep

C and HIV dual diagnosis treatment, HIV testing and counseling, specialty clinics and well woman care, pharmacy, psychiatry and support groups.

Ofrece cuidado primario de salud, administración de casos, registro en CPCDMS, acceso a pruebas clínicas, educación de la salud, tratamiento de dúo diagnóstico (Hep C y VIH), prueba y consejería de VIH, clínicas de especialidades y cuidado médico para la mujer, farmacia, psiquiatría y grupos de apoyo.

TAN Healthcare (409) 832-8338

Services include primary health care services, HIV/STD and Hepatitis education, prevention services, screening and treatment services. Other services include housing assistance, referrals, patient navigation services and transportation for all clients accessing and utilizing the community health care system. See page 144 for more information.

Nuestros servicios proporcionan cuidado de salud básica, educación sobre infecciones virales como el VIH/ITS y Hepatitis, servicios de prevención, pruebas y tratamiento médico. Contamos con servicios adicionales los cuales incluyen asistencia de vivienda, programa de referencias, asesoramiento al paciente y servicios de transporte para todos los clientes que acceso y utilizan nuestro sistema de salud comunitario. Vea página 144 para más información.

Service Providers | *Proveedores de servicios*

The following agencies also provide at least one service to assist formerly incarcerated individuals with their re-entry needs. Check the agency description in the ALPHABETICAL LISTING or contact them directly for more information.

Las siguientes agencias también proporcionan por lo menos un servicio para ayudar a individuos ex-convictos con sus necesidades de reingreso a la sociedad. Revise la descripción de la agencia en el LISTADO ALFABÉTICO o póngase en contacto con ellos directamente respecto a información adicional.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M (18+), Homeless, Appt req, HIV+ only , CD, Esp	91
AFH Bridge Re-Entry Initiative	(713) 623-4736	(SW) Sharpstown	Adults, HIV+ only , Free, S\$	93
AFH Housing and Supportive Services	(713) 623-4736	(SW) Sharpstown	M, W, Y, Fam, Homeless, Immigrants, CD, Free	93
AVDA (BIPP)	(713) 224-9911	(C) Downtown	Adults, S\$, Appt req.....	97
Bee Busy, Inc.	(713) 774-8800	(SW) Westwood	M, W, Y, Homeless, Immigrants, Free, Walk-ins, Esp	103
Career and Recovery Alternative Substance Abuse Treatment	(713) 754-7010	(C) Midtown	Adults, CD, S\$, Med, Financing available.....	105

Information and Resources for the Formerly Incarcerated *Información y recursos para el previamente encarcelados*

Service Providers / *Proveedores de servicios*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
Career and Recovery Employment Services	(713) 754-7095	(C) Midtown	M, W, Y, Free, Walk-ins	105
Catholic Charities	(713) 874-6627	(C) Midtown	All, Free, Appt/Walk-ins, HIV+ only , I/RR, Immigrants, Esp	106
Cenikor Foundation	(281) 476-0088	(SE) Deer Park	M, W, IRR, CD, S\$, Med, Flat, Scholarships, Appt req	106
Change Happens! Project F.O.R.C.E.	(713) 374-1236	(C) Third Ward	M (18 & up), Free, CD	108
City of Houston Community Re-Entry Network Program	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, CD, Free, Appt/Walk-ins, Esp	111
Cypress Assistance Ministries Cypress Assistance Ministries Operation Jobs	(281) 955-7684 (281) 955-5895	(NW) Cy Fair (NW) Cy Fair	M, W, Fam, Appt req, Esp..... Free, Adults	113 113
FLAS, Inc. Court Mandated Services	(713) 7722366	(SW) Sharpstown	Adults, CD, Flat fee, Walk-ins, Esp....	115
Goodwill HOPWA Project Good Hope	(713) 699-6317	(C) Montrose	M, W, HIV+ only , Free, Homeless, Immigrants, Appt req, Esp.....	116
Harris Co. Housing Resource Center Houston Volunteer Lawyers Program AIDS Project	(832) 927-4955 (713) 228-0735	(C) Astrodome (C) Downtown (N) Kashmere Gardens	All, Free, Appt req, Esp	118
L-H Transitional Center	(713) 239-3866	(C) Downtown	M, W, Fam, Free, Esp, HIV+ only , Filing fees if required by court.....	124
Magnificat House Homeless Shelter	(713) 529-4231	(C) Downtown	Adults, CD, S\$, Appt/Walk-ins	127
Montrose Center National Alliance on Mental Illness (NAMI)	(713) 529-0037 (713) 970-4419	(C) Montrose (SW) Sharpstown	All, Homeless, CD, Appt req	127
Northshore Counseling Center	(713) 637-6000	(E) Northshore	M, W, Y, CD, IRR, Homeless, Immigrants, Esp.....	130
Open Door Mission re:mind Depression and Bipolar Support	(832) 962-4249 (713) 6001131	(C) East End (C) River Oaks	M, W, Y, Fam, Homeless, CD, Free, Esp	131
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	All, Med, CHIP, Ins, Flat fee, Appt req, CD, Esp.....	132
SEARCH Homeless Services Second Chance Consulting and Outreach	(713) 739-7752 (713) 623-1811	(C) Midtown (N) Acres Home	Adult Men only, CD, Homeless, Free, Appt/Walk-ins	133 136
SERJobs	(713) 773-6000	(C) Lawndale	M, W, Homeless, Immigrants, CD, Free, Walk-ins.....	136
Unlimited Visions Aftercare, Inc.	(713) 921-2276	(C) Lawndale	W, W/C, CD, Free, Appt req	137
UT Health-Houston CNRA	(713) 486-2800	(C) Medical Center	M, W, Fam, Free, Walk-ins, CD, Homeless only, Esp.....	138
WorkFaith Connection	(713) 984-9611	(NW) Lazybrook	M, W, Y, S\$, IRR, Appt/walk-ins, Free.....	138
WorkFaith Connection	(281) 674-7383	(S) Sunnyside	Adults, Homeless, Immigrants, Free, Walk-ins, Esp	138
WorkFaith Connection	(281) 833-3435	(C) Third Ward	Adults, CD, Homeless, S\$, Med, Ins, Esp	146
WorkFaith Connection	(713) 921-2276	(C) Lawndale	Adults, Free, Appt/Walk-ins, CD	147
WorkFaith Connection	(713) 984-9611	(NW) Lazybrook	Adults, Free, Walk-ins	148
WorkFaith Connection	(281) 674-7383	(S) Sunnyside	Adults, Free, Walk-ins	148
WorkFaith Connection	(281) 833-3435	(C) Third Ward	Adults, Free, Walk-ins	148

Funeral Services / Servicios funerarios

Nobody likes to think about burial or cremation plans when they are feeling well, but planning in advance not only helps prevent future stress and anxiety, it can also enable persons living with HIV and their families to save a great deal of money. By looking around and comparing costs and services, most people make better choices than when a crisis is at hand. Veterans may be entitled to burial benefits through the Veterans Administration; veterans can apply online for burial benefits, or go to a VA regional office and have a VA employee assist you.

A nadie le gusta pensar en planes de entierro o cremación cuando se sienten bien, pero la planificación anticipada no sólo ayuda a prevenir el estrés futuro y la ansiedad, sino que también puede permitir a las personas que viven con VIH y sus familias ahorrar mucho dinero. Al mirar alrededor y comparar los costos y servicios, la mayoría de la gente toma mejores decisiones que cuando surge una crisis. Los Veteranos pueden tener derecho a beneficios de entierro a través de la Administración de Veteranos; los veteranos pueden solicitar beneficios de entierro en línea, o ir a una oficina regional de VA para que un empleado de VA le ayude.

Funeral Assistance / Asistencia funeraria

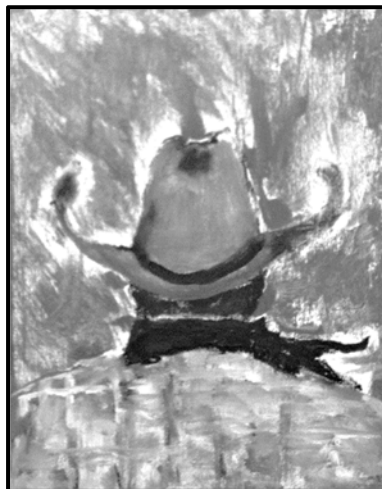
Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
3 "A" Bereavement Foundation (3ABF)	(713) 649-3232	(SE) OST/S. Union	All, Appt req, Income-based eligibility, Free, Esp.....	91
Harris Co. Burial Assistance	(713) 696-1952	(NE) Eastex/Jensen	All, Income-based eligibility	N/A
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake	139

Funeral Education & Information / Educación e Información Funeraria

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
3 "A" Bereavement Foundation (3ABF)	(713) 649-3232	(SE) OST/S. Union	All, Appt req, Income-based eligibility, Free, Esp.....	91

Funeral Services / Servicios funerarios

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
A Community Funeral Home	(713) 747-4420	(C) OST/S. Union	All	91
Harris Co. Burial Assistance	(713) 696-1952	(NE) Eastex/Jensen	All, Income-based eligibility	N/A



Art by Hilton

Health Insurance Assistance / Asistencia de Seguro Médico

Affordable Care Act: Assistance with the Health Insurance Marketplace La ley de Asistencia Asequible: Asistencia con el mercado de seguros médicos

If you are a client at a Ryan White funded agency: Speak with your case manager. If you do not have a case manager, tell the receptionist that you want to talk with someone about signing up for health insurance.

If you do not go to a Ryan White funded agency and do not have a case manager: You can go to any federally qualified health center (FQHC) and ask to speak with someone about signing up for the healthcare Marketplace. All FQHCs have staff that is trained to assist anyone who needs assistance, you do not need to be a patient at that clinic.

For locations and contact information, please see the following:

Accesshealth	Pg 92
AIDS Healthcare Foundation	Pg 94
Avenue 360 Health & Wellness	Pg 97
Bee Busy	Pg 103
Change Happens!	Pg 108
HHS Thomas Street Health Center	Pg 121
Legacy Community Health	Pg 125
St Hope Foundation	Pg 141

Official website for the Health Insurance Marketplace:
www.healthcare.gov

Si usted es un cliente con una agencia financiada por Ryan White: Hable con su administrador de casos. Si usted no tiene un administrador de casos, dígame a la recepcionista que usted quiere hablar con alguien sobre inscribirse en un seguro de salud.

Si no eres en una agencia financiada por Ryan White y no tienen un administrador de casos: Usted puede ir a cualquier centro de salud federalmente calificado (FQHC) y pida hablar con alguien en inscribirse en el mercado de la salud. Todos los FQHC tienen personal que está capacitado para ayudar a cualquier persona que necesite ayuda, no es necesario ser un paciente en la clínica.

Para ubicaciones e información de contacto, por favor vea la siguiente:

Accesshealth	Pg 92
AIDS Healthcare Foundation	Pg 94
Avenue 360 Health & Wellness	Pg 97
Bee Busy	Pg 103
Change Happens!	Pg 108
HHS Thomas Street Health Center	Pg 121
Legacy Community Health	Pg 125
St Hope Foundation	Pg 141

Sitio web oficial del Mercado de seguros medicos:
www.cuidadodesalud.gov

Premium & Copay Assistance / Prima de seguro y asistencia del copago

Many people living with HIV are not fortunate enough to have health insurance. And, sadly, many others lose their insurance coverage because they cannot afford the premiums, co-pays or deductibles. The agencies listed below may be able to help pay your insurance costs and will answer your questions about COBRA benefits and keeping your insurance.

Muchas personas que viven con el VIH no tienen la suerte de tener un seguro de salud. Y, lamentablemente, muchos otros pierden su cobertura de seguro porque no pueden pagar las primas, copagos o deducibles. Las agencias indicadas a continuación pueden ayudarle a pagar sus costos de seguro y contestarán sus preguntas sobre los beneficios de COBRA y el mantenimiento de su seguro.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Esp.....	92
AccessHealth	(281) 342-4530	(SW) Richmond	Adults, HIV+ only , Walk-ins, S\$, Med, Ins, RW Part B, Esp	92
AHF Binz Street Clinic	(713) 524-8700	(C) Medical Center	Adults, HIV+ only , IRR, Immigrants, Homeless, Appt req, Esp	94
AHF Fannin Street Clinic	(713) 799-8994	(C) Astrodome Area	W, Transgender, HIV+ only , IRR, Appt req, CHIP, S\$, Med, Ins, Esp	94
Avenue 360 Health & Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/ Walk-ins, Esp.....	97

Health Insurance Assistance / *Asistencia de Seguro Médico*

Premium & Copay Assistance / *Prima de seguro y asistencia del copago*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	M, W, Appt req, HIV+ only , Esp	125
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp	141
SHF Dickinson Health Center	(832) 431-5162	(SE) Galveston Co.	All, S\$, Med, Ins, Appt req, Esp	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	All, S\$, Med, Ins, Appt req, Esp	142
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	M, W, Fam, IRR, HIV+ only , Free, S\$, Med, Ins, Esp	144

Information and Resources for Hepatitis C *Información y recursos para la Hepatitis C*

About 25% of people living with HIV are also living with the hepatitis C virus. HIV co-infection more than triples the risk for liver disease, liver failure, and liver-related death from hepatitis C. Liver disease is one of the leading causes of non-AIDS-related deaths among people living with HIV.

Alrededor del 25% de las personas que viven con VIH también están viviendo con el virus de la hepatitis C. La co-infección por el VIH triplica el riesgo de enfermedad hepática, insuficiencia hepática y muerte hepática por hepatitis C. La enfermedad hepática es una de las principales causas de muertes no relacionadas con el SIDA entre las personas que viven con el VIH.

Treatment & Support Resources / *Tratamiento y Recursos de Apoyo*

Harris Health System

Residents of Harris County can apply for financial assistance (formerly known as the Gold Card) through the mail or at a patient eligibility center (See page 18 for information on how and where to apply).

Once approved, make an appointment with one of the Community Health Centers. At your appointment, inform the medical provider of your Hep C status to be assessed for a referral to one of the treatment centers.

Appointments: (713) 526-4243

Harris Health System

Residentes del Condado Harris pueden solicitar asistencia financiera (anteriormente denominada la tarjeta dorada) por correo o en el centro de elegibilidad del paciente (Consulte la página 18 respecto a información sobre cómo y dónde solicitar).

Una vez aprobada su solicitud, haga una cita en una de las localidades del Community Health Center. En su cita informe al proveedor médico sobre su estado de la hepatitis C para así ser referido a uno de centros de tratamientos.

Citas: (713) 526-4243

Information and Resources for Hepatitis C Información y recursos para la Hepatitis C

Treatment & Support Resources | Tratamiento y Recursos de Apoyo

St. Luke's Center for Liver Disease

Multiple locations, call for an appointment:
1-877-64-LIVER (1-877-645-4837)

www.stlukeshealth.org/services-specialties/liver-care

The Center for Liver Disease is dedicated exclusively to treating patients with all forms of liver disease - ranging from screening for abnormal liver function to medical management of disease and liver transplantation.

Free hepatitis B and C testing, clinical trials and resource information.

Ongoing clinical trials available for previously treated and first time treatment seeking patients. Often these trials provide free treatment for hepatitis C and hepatitis B.

St. Luke's Center for Liver Disease

Multiple locations, call for an appointment:
1-877-64-LIVER (1-877-645-4837)

www.stlukeshealth.org/services-specialties/liver-care

Centro para la enfermedad del hígado está dedicado exclusivamente a tratar a pacientes con todo tipos de enfermedades del hígado - de asesoramiento de la función anormal del hígado al manejo médico de la enfermedad y la trasplatación.

Análisis gratis de la hepatitis B y C, ensayos clínicos, e información de recursos.

En curso ensayos clínicos disponibles a pacientes anteriormente tratados así como también nuevos pacientes en busca de tratamientos. Con frecuencia estos ensayos ofrecen tratamientos gratis para las hepatitis B y C.

Research Specialists of Texas

(713) 794-0700

www.texasliver.com/understanding-hepatitis/

Opportunities available to participate in clinical research protocols. Patients who have previously been treated for hepatitis C and those who have never been treated are welcome. Telemedicine services available.

Resources for clinical trials:

www.clinicaltrials.gov

www.centerwatch.com

Research Specialists of Texas

(713) 794-0700

www.texasliver.com/understanding-hepatitis/

Ofrecen oportunidades a participar en protocolos de investigación clínica. Los pacientes anteriormente tratados para el hepatitis C y los pacientes nunca tratados están bienvenidos. Servicios de telemedicina disponibles.

Recursos para ensayos clínicos:

www.clinicaltrials.gov

www.centerwatch.com

Treatment & Support Resources | Tratamiento y Recursos de Apoyo

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AAMA	(713) 926-9491	(C) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp	96
Avenue 360 Health & Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	97
Bee Busy Inc.	(713) 774-8800	(SW) Westwood	M, W, Y, Free, Walk-ins, Esp	97
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Esp	97
FLAS, Inc.	(713) 772-2366	(SW) Sharpstown	Free, Latino MSM (18 & up), Esp	115
Legacy Montrose Campus	(832) 548-5221	(C) Montrose	All, S\$, Ins, Med, Esp	126
SHF Bellaire Health Care Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp	141
SHF Conroe Health Care Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp	141
SHF Dickinson Health Care Center	(832) 431-5162	(SE) Texas City	M, W, CD, IRR, S\$, Med, Ins	141
SHF Greenspoint Health Care Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Care Center	(281) 277-8571	(SW) Sugar Land	M, W, CD, IRR, S\$, Med, Ins	142

Information and Resources for Hepatitis C Información y recursos para la Hepatitis C

Prescription Assistance / Asistencia de prescripción médica

If you need help paying for your hepatitis C medications, you may be eligible for a patient assistance or cost-sharing assistance program offered through a drug company or private foundation. Restrictions may apply.

Si necesita ayuda para pagar sus medicamentos de hepatitis C, puede ser elegible para un programa de asistencia de paciente o asistencia para compartir recursos ofrecido a través de una compañía farmacéutica o fundación privada. Se pueden aplicar restricciones.

Patient Assistance Programs / Programas de asistencia al paciente

Company / Compañía	Contact / Contacto	Medication / Medicación
AbbVie	1-877-628-9738 www.abbvie.com/patients/patient-assistance.html	Mavyret
Gilead Sciences	1-855-769-7284 www.mysupportpath.com	Epclusa, Harvoni, Sovaldi, Vosevi
Merck and Co.	1-800-727-5400 www.merckhelps.com	Zepatier

Cost-Sharing Assistance Programs / Programas de Asistencia para Compartir Costos

Company / Compañía	Contact / Contacto	Medication / Medicación
AbbVie	1-877-628-9738 www.abbvie.com/patients/patient-assistance.html	Mavyret
Gilead Sciences	1-855-769-7284 www.gileadadvancingaccess.com	Epclusa, Harvoni, Sovaldi, Vosevi

Vaccines for Hepatitis A & B / Vacunas para Hepatitis A y B

Everyone with HIV and Hep C should get vaccinated against Hep A and Hep B if they have not already been exposed or vaccinated.

Toda persona que tenga el VIH y la Hepatitis C debe ser vacunada en contra de la Hep A y la Hep B si es que no ha sido expuesta o vacunada anteriormente.

While there are vaccines available for Hep A and B, there is currently no vaccine to prevent Hep C. It is important that everyone who does not have immunity to Hep A and B get the vaccines. Please contact your health care provider or one listed below for information on appointments and pricing.

Aunque hay vacunas en contra de la Hep A y la Hep B, en la actualidad no lo hay para la Hep C. Es importante que toda persona que no tenga inmunidad a la Hep A y la Hep B reciba las vacunas. Por favor póngase en contacto con su proveedor de cuidados de salud o con alguno en la lista a continuación para información acerca citas y precios.

Location / Localidad	Address / Dirección	Phone / Teléfono
CVS/pharmacy	Various locations / Varias localidades	www.cvs.com
HOPE Clinic	7001 Corporate Drive, Suite 120 Houston, TX 77036	(713) 773-0803 www.hopechc.org
International Medicine Clinic	9230 Katy Freeway, Suite 400 Houston, TX 77055	(713) 550-2000 www.traveldoc.com
Kelsey-Seybold	Various locations / Varias localidades	(713) 442-8747 www.kelsey-seybold.com
Randall's Pharmacy	Various locations / Varias localidades	www.randalls.com
Walgreens Pharmacy	Various locations / Varias localidades	www.walgreens.com

Information and Resources for Hepatitis C *Información y recursos para la Hepatitis C*

Foundations Providing Assistance | *Fundaciones que brindan asistencia*

Chronic Disease Fund

<http://goooddaysfromcdf.org/>

Provides co-pay and medication assistance to eligible individuals.

Proporciona asistencia de co-pago y medicamentos a los individuos elegibles.

HealthWell Foundation

www.healthwellfoundation.org

Provides up to \$15,000 in co-payment assistance to eligible individuals for HCV treatment. Eligible patients include those who are insured and have an annual household income of up to 500% of the federal poverty level (FPL).

Proporciona hasta USD \$15,000 en asistencia de co-pago a los individuos elegibles para tratamientos de HCV. Los pacientes elegibles incluyen a aquellos que estén asegurados y tengan un ingreso doméstico anual de hasta 500% del nivel de pobreza federal (FPL).

Help-4-Hep

www.help4hep.org

A non-profit toll-free helpline for those with concerns about HCV. Help-4-Hep can also help individuals access lower-cost testing for HCV.

A non-profit toll-free helpline for those with concerns about HCV. Help-4-Hep can also help individuals access lower-cost testing for HCV.

Needy Meds

www.needymeds.org

Offers resources that are helpful to uninsured and underinsured patients including an MRI/CAT scan discount program and medical bill mediation.

Ofrece recursos que son útiles para pacientes no asegurados o con un seguro menor incluyendo un programa de descuento de exploración MRI/CAT y mediación de facturas médicas.

Patient Access Network Foundation

www.panfoundation.org

Offers help and hope to people with chronic or life-threatening illnesses, including HIV and hepatitis, for whom cost limits access to medical treatments.

Ofrece ayuda y esperanza a personas con enfermedades crónicas o que amenazan la vida, incluyendo VIH y hepatitis, para quienes el costo limita el acceso a los tratamientos médicos.

Patient Advocate Foundation Co-Pay Relief Program

www.copays.org

Provides direct financial support to insured patients, including Medicare Part D beneficiaries, who financially and medically need assistance paying prescription medication co-payments, co-insurance and deductibles relative to their diagnosis.

They also host a "Hepatitis C Care Line" devoted to all aspects of access to care, insurance denials, etc. for patients and providers. 1-800-532-5274.

Proporciona soporte financiero directo a pacientes asegurados, incluyendo beneficiarios de la Parte D de Medicare, que necesiten asistencia financiera y médica para pagar los co-pagos de medicamentos de prescripción, co-seguro y deducibles relacionados con su diagnóstico.

También ofrece una "Línea de atención de la hepatitis C" dedicada a todos los aspectos del acceso a la atención, denegaciones de seguros, etc. para pacientes y proveedores. . 1-800-532-5274.

RxOutreach

<http://rxoutreach.org>

A mail order pharmacy for people with little to no health insurance coverage.

Una farmacia de pedido por correo para personas con poca o sin cobertura de seguro de salud.

The Treatment Action Group

www.treatmentactiongroup.org

Collaborates with activists, community members, scientists, governments, and drug companies to make safer, more effective and less toxic treatment for viral hepatitis available.

Colabora con activistas, miembros de la comunidad, científicos, entidades gubernamentales, y compañías farmacéuticas a generar tratamientos del hepatitis viral que sean más seguros, eficientes y menos tóxicos.

Wells Specialty Pharmacy

www.wellsspecialtypharmacy.com

A mail order pharmacy that provides specialty medications for HCV at affordable prices. They also offer a PAP, CAP, and can connect patients to manufacturer discount programs.

Una farmacia de pedidos por correspondencia que ofrece medicamentos especiales para el virus de la hepatitis C (VHC) a precios asequibles. También ofrece un PAP, CAP y puede vincular a pacientes con programas de descuento del fabricante.

Information and Resources for Hepatitis C *Información y recursos para la Hepatitis C*

Support Groups / *Grupos de apoyo*

Support groups can be very helpful for people with Hep C or co-infected with HIV and Hep C, especially when dealing with the emotional challenges of living with these two chronic diseases.

Grupos de apoyo pueden ser de gran ayuda para las personas con el VHC o coinfectadas con el VIH y el VHC, especialmente por ser un mayor reto emocional el de vivir con dos enfermedades crónicas.

Group Name / <i>Nombre de Grupo</i>	Time & Date / <i>Hora y Día</i>	Contact / <i>Contacto</i>
<p>AcaciaHealth Hepatitis C Be a part of these one of a kind group discussions regarding Hepatitis C therapies! Meetings are online at various times.</p>	<p>First Timers (treatment naïve patients) 1st Thurs at 8pm</p> <p>Give it Another Go (treatment experienced patients) 2nd Thurs at 11am</p> <p>One Day at a Time (patients on active treatment) 3rd Thurs at 11am</p> <p>What Can I Do About...? (patients seeking help with side effects) 4th Thurs* at 8pm</p> <p><small>*Nov. and Dec. sessions will be held on the third Thursday due to the Holidays.</small></p>	<p>Contact Barbara Morgan, RN for more information. (800) 511-5144, Ext. 1033 barbara.morgan@acariahealth.com</p>
<p>American Liver Foundation Virtual Discussion Community</p>	<p>A liver disease support and discussion community for cancer, hepatitis, cirrhosis, and hepatic encephalopathy, as well as transplants and more. Participate online or download the Inspire mobile app.</p>	<p>www.inspire.com/groups/american-liver-foundation</p>
<p>Help-4-Hep Hepatitis C Peer-to-Peer Helpline Information, support and referrals - all free of charge and completely confidential.</p> <p>The helpline is staffed by people who have experience dealing with Hep C – you talk with a real person, one-to-one, about your specific situation.</p> <p>Help-4-Hep is there to support you from deciding to get tested to talking to your doctor about treatment options and finding resources to help with payment.</p>	<p>Monday-Friday, 8am - 8pm (closed on holidays)</p> <p><i>Español por cita.</i></p>	<p>877-HELP-4-HEP (877) 435-7443 www.help4hep.org</p>
<p>Hep C Discussion Forum</p>	<p>Online discussion board, available 24/7.</p>	<p>https://hepcfriends.activeboard.com/</p>
<p>HepatitisC.net A community for people affected by hepatitis C. Learn, share, and connect with peers and healthcare professionals.</p>	<p>Facebook group, available 24/7.</p>	<p>contact@hepatitisc.net www.facebook.com/HepatitisCDotNet</p>
<p>Houston Methodist Hospital Dunn Tower - Sabine Room 6565 Fannin Street Houston, TX 77030</p>	<p>Liver transplant support group 1st and 3rd Thursday, 4pm-5pm</p>	<p>(713) 441-7788</p>

Information and Resources for Hepatitis C *Información y recursos para la Hepatitis C*

Support Groups / *Grupos de apoyo*

Group Name / <i>Nombre de Grupo</i>	Time & Date / <i>Hora y Día</i>	Contact / <i>Contacto</i>
Houston Methodist Willowbrook Hospital 18220 Tomball Parkway, 1st Fl, Rm C Houston, TX 77030	2 nd Tuesday, 7pm	(281) 820-6168
Houston VA Medical Center 2002 Holcombe Blvd NASA Clinic, Room 1A-442 Houston, TX 77030	1 st Friday, 1:30-2:30pm For VA patients and their families. <i>Primer viernes, 1:30-2:30pm Para pacientes veteranos y sus familias.</i>	(713) 791-1414, ext. 6867

Publications & Information / *Publicaciones y información*

Name / <i>Nombre</i>	Contact / <i>Contacto</i>	Description / <i>Descripción</i>
American Liver Foundation	1-800-GO-LIVER (800-465-4837) Mon-Fri, 8am-4pm www.liverfoundation.org info@liverfoundation.org	Patient support groups, information, physician referral, educational seminars for physicians, patients, their families and friends. <i>Grupos de apoyo, información, referencia a médico, seminarios educacionales sobre la hepatitis para médicos, pacientes, familiares y amistades.</i>
Centers for Disease Control and Prevention	www.cdc.gov/hepatitis/index.htm	Free comprehensive information on viral hepatitis. <i>Información amplia y gratuita sobre la hepatitis viral.</i>
CDC Foundation Viral Hepatitis Action Coalition	www.cdcfoundation.org/vhac	Provides information about advances in the prevention, screening and treatment of viral hepatitis. <i>Provee información sobre avances en prevención, asesoramiento y tratamiento de la hepatitis viral.</i>
City of Houston Bureau of HIV/STD, Viral Hepatitis Prevention	8000 North Stadium Dr. Houston, TX 77054 (832) 393-4720	Hepatitis C Task Force and service provider training. <i>Grupo de Trabajo de la hepatitis C y entrenamiento a proveedores de servicios.</i>
Hepatitis C Task Force	www.houstontx.gov/health/HIV-STD	
HIVandHepatitis.com	www.hivandhepatitis.com 584 Castro Street #272 San Francisco, CA 94114	Informational website, also publishes a newsletter. <i>Sitio web informativo, también publica un boletín.</i>
National Institute of Diabetes, Digestive and Kidney Diseases	www.niddk.nih.gov/health-information/liver-disease	Free information on many kinds of liver diseases and conditions.

Information and Resources for Hepatitis C *Información y recursos para la Hepatitis C*

Publications & Information / *Publicaciones y información*

Name / <i>Nombre</i>	Contact / <i>Contacto</i>	Description / <i>Descripción</i>
National Viral Hepatitis Roundtable (NVHR)	1612 K Street NW, Suite 1202 Washington, DC 20006 (202) 506-1980 www.nvhr.org info@nvhr.org	National networking, partnership development and capacity-building to improve viral hepatitis programs. <i>Red nacional, desarrollo y capacidad en asociación para el mejoramiento de los programas de la hepatitis viral.</i>
Texas Department of State Health Services	www.dshs.texas.gov/hivstd/info/hcv	Information and various resources for Hepatitis C. <i>Información y diversos recursos para la hepatitis C.</i>

Home Assistance & Home Health Care *Asistencia y cuidado en el hogar*

Some people living with HIV need help at home. Fortunately, several types of assistance are available. For people who only need help with light housekeeping, homemakers can come to the home for free or for a small fee. For people who need personal care (help with bathing, etc.), home health aides and nurses are available. Sometimes a doctor's order is required.

Algunas personas que viven con el VIH necesitan ayuda en casa. Afortunadamente, hay varios tipos de asistencia disponibles. Para las personas que sólo necesitan ayuda con la limpieza ligera, amas de casa pueden ir a la casa de forma gratuita o por una pequeña tarifa. Para las personas que necesitan atención personal (ayuda con el baño, etc.), hay ayudantes de salud en el hogar y enfermeras disponibles. A veces se requiere una orden médica.

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
Bee Busy Wellness Center	7137712292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Cash/Credit, Financing, Esp ...	103
Colby D Healthcare Inc.	(832) 563-4970	(SW) Westwood	M, W, C, Medicaid, Superior, Private pay	112
Metro Health Services	(713) 777-9600	(SW) Westwood	All, Ins, Med, Appt req	129
Paws with Helping Hands Charity	(832) 573-7274	All	All, Free	133
Reach Healthcare Services	(713) 500-0000	(C) Astrodome	Adults, Ins, Private Pay, Referral req.	135

Hospice Care / *Cuidado de Hospicio*

Hospice is a concept of care offered to terminally ill patients and their families. Hospice focuses on improving the quality of life when a cure is no longer possible. Hospice offers pain control, but does not take an active role in the treatment of HIV. Physician approval is needed for this service.

El hospicio es un concepto que implica el cuidado de pacientes enfermos terminales y sus familiares. El enfoque es el de proveer calidad de vida cuando una cura ya no es posible. El hospicio ofrece control del dolor, pero no toma un papel activo en el tratamiento del VIH. La aprobación de un médico es necesaria para recibir este servicio.

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
Avenue 360 Residential HIV Hospice and Medical Respite	(713) 523-7110	(C) Montrose	HIV, \$20 co-pay/day if above 100% FPL, Esp	99

Housing and Emergency Shelters *Vivienda y Refugios de Emergencia*

The Houston area offers several housing options for persons living with HIV on a fixed income, as well as for those with families or special needs. These include subsidized apartments, group residential facilities, chemical dependency treatment facilities, care homes, and transitional living centers. Such facilities are often available at very low cost. Certain agencies also provide rental and/or utility assistance in order to prevent homelessness or utility cut-offs (see FINANCIAL ASSISTANCE, page 36). As a last resort, a number of emergency shelters are located in the Houston area.

El área de Houston ofrece varias opciones de vivienda para las personas que viven con el VIH con un ingreso fijo, así como para aquellos con familias o necesidades especiales. Estos incluyen apartamentos subvencionados, instalaciones residenciales de grupo, instalaciones de tratamiento de dependencia a sustancias, hogares de cuidado y centros de transición. Estas instalaciones están a menudo disponibles a un costo muy bajo. Ciertas agencias también proveen servicios de alquiler y/o servicios públicos para prevenir la falta de vivienda o los cortes de servicios (ver también ASISTENCIA FINANCIERA, página 36). Como último recurso, una serie de refugios de emergencia se encuentran en el área de Houston.

Housing Assistance / *Asistencia para la Vivienda*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp...	145
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.....	92
AFH Bridge Re-Entry Initiative	(713) 623-6796	(SW) Sharpstown	Adults, HIV+ only , Free, S\$, IRR	93
AFH Housing and Supportive Services	(713) 623-6796	Various	M, W, Y, Fam, IRR, Homeless, Immigrants, CD, Free	93
AFH The CARE Program	(713) 623-6796	(SW) Sharpstown	Adult ex-offenders, Walk-ins, Free, CD, Homeless.....	93
Avenue 360 Health and Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	97
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, Esp	103
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins	111
Catholic Charities	(713) 526-4611	(C) Midtown	All, Free, IRR, Immigrants, Esp	106
City of Houston Community Re-Entry Program	(832) 393-5467	(NE) Kashmere Gardens	Adults, IRR, CD, Free, Walk-ins	111
Ft Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	112
God's Lovely Butterflies Maternity Home	(832) 264-7491	Confidential	W, Y, C, Homeless	116
Harris County Housing and Community Resource Center	(713) 578-2055	(C) Astrodome	All, Free, Esp	118
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	123
Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins	112
Houston VA Medical Center	(713) 791-1414	(C) Medical Center	Veterans, Walk-ins, Income-based eligibility, CD	130
Jewish Family Service	(713) 667-9336	(C) Meyerland	All, Free, Appt req.....	125
Montrose Center	(713) 529-0037	(C) Montrose	All, S\$, Esp	130
NestQuest Houston	(832) 232-8715	(C) Washington Ave.	HCV participants, Security deposit	132
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	All, Free, IRR, Walk-ins, Homeless only, Esp	138
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake	139
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All, Appt/Walk-ins, Esp	144

Housing & Emergency Shelters / *Vivienda y refugios de emergencia*

Emergency Shelters / *Refugios de Emergencia*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp ..	145
AFH Housing and Supportive Services	(713) 623-6796	Various	M, W, Y, Fam, IRR, Homeless, Immigrants, CD, Free	93
Bay Area Homeless Services	(281) 837-1654	(E) Baytown	Adults, Fam, Homeless, Free, Esp ...	100
Bay Area Turning Point Crisis Shelter	(281) 338-7600	(SE) Webster	W, Fam, Free, Appt req, Esp.....	101
Bridge Over Troubled Waters Emergency Shelter	(713) 472-0753	(SE)	W, Fam, Appt req, Free, Esp	104
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only)	114
Ft. Bend Women's Center	(281) 344-5750	(SW) Rosenberg	M, W, Y, Fam, Free, Appt/Walk-ins, Esp	115
God's Lovely Butterflies Maternity Home	(832) 264-7491	Confidential	W, Y, C, Homeless, Free, S\$, Med	116
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD.....	116
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	123
Magnificat Houses, Inc.	(713) 529-4231	(C) Midtown	M, W, Homeless, CD, IRR, Appt req, Esp	127
Northwest Assistance Ministries Star of Hope Men's Development Center	(281) 885-4555 (713) 248-0700	(N) Bammel (C) Downtown	Fam, Free or low cost, Appt req.....	132 143

Long Term Housing / *Vivienda de Largo Plazo*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M (18+), HIV+ only , Homeless, Appt req, CD.....	91
AFH Housing and Supportive Services	(713) 623-6796	Various	M, W, Y, Fam, IRR, Homeless, Immigrants, CD, Free	93
Brentwood Project WAITT (We're All In This Together)	(713) 852-2551	(S) Central SW	All, Appt/Walk-ins, Free, HIV+ only , CD, Food vouchers	104
Bridge Over Troubled Waters, Inc.	(281) 420-5600	(SE) Baytown	W, Fam, Appt req, Free, Esp	104
CEF Swehla House	(713) 528-0037	(C) Montrose	M, W, S\$, Appt req, HIV+ only , Single occupancy	112
Change Happens!	(713) 374-1222	(C) Third Ward	Adult homeless/disabled women, Appt req	108
Corder Place Apartments	(713) 741-4070	(SE) OST/S. Union	Fam, HIV+ household member , Homeless, S\$, Appt & Referral req...	112
Magnificat Houses, Inc.	(713) 529-4231	(C) Midtown	M, W, Homeless, CD, IRR, Appt req, Esp.....	127
Montrose Center, The	(713) 529-0037	(C) Montrose	All, S\$, Esp	130
San Jacinto Apartments	(713) 650-0306	(C) Downtown	Adults, HIV+ only , Disabled	137
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	All, Free, IRR, Walk-ins, CD, Homeless only, Esp.....	138
Star of Hope New Horizons Long Term Permanent Housing	(713) 748-0700	(C) Bellaire	M, W, Fam, S\$, SOH resident, Esp	143

Housing & Emergency Shelters / *Vivienda y refugios de emergencia*

Short Term Housing / *Vivienda temporal*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AFH Bridge Re-Entry Initiative	(713) 623-6796	(SW) Sharpstown	Adults, HIV+ only , Free, S\$, IRR	93
AFH Housing and Supportive Services	(713) 623-6796	Various	M, W, Y, Fam, IRR, Homeless, Immigrants, CD, Free.....	93
Brentwood Project WAITT (We're All In This Together)	(713) 852-2551	(S) Central SW	All, Appt/Walk-ins, Free, HIV+ only , CD, Food vouchers	104
Catholic Charities	(713) 526-4611	(C) Midtown	All, Free, Appt req, Esp	106
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (ages 18-24), Parenting/pregnant, Free, Walk-ins, Esp.....	112
God's Lovely Butterflies Maternity Home	(832) 264-7491	Confidential	W, Y, C, Homeless, Free, S\$, Med	116
Harmony House, Inc.	(713) 221-6200	(C) Downtown	M, Free, Lim, Homeless.....	118
Magnificat Houses, Inc.	(713) 529-4231	(C) Midtown	M, W, Homeless, CD, IRR, Appt req, Esp	127
Montrose Center, The	(713) 529-0037	(C) Montrose	All, S\$, Esp	130
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req	132
San Jacinto Apartments	(713) 650-0306	(C) Downtown	Adults, HIV+ only , Disabled.....	137
Star of Hope Transitional Living Center for Women & Families	(713) 222-2220	(S) Sunnyside	W, Fam, Lim, Free, Esp	143

Transitional Housing / *Vivienda de transición*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
A Caring Safe Place	(713) 225-5441	(C) Fifth Ward	M (18+), HIV+ only , Homeless, Appt req, CD	91
AFH Bridge Re-Entry Initiative	(713) 623-6796	(SW) Sharpstown	Adults, HIV+ only , Free, S\$, IRR	93
AFH Housing and Supportive Services	(713) 623-6796	Various	M, W, Y, Fam, IRR, Homeless, Immigrants, CD, Free.....	93
Bay Area Homeless Services	(281) 837-1654	(SE) Baytown	M, W, Fam, Homeless, Free, Esp	100
Bridge Over Troubled Waters, Inc.	(281) 420-5600	(SE) Baytown	W, Fam, Appt req, Free, Esp	104
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (ages 18-24), Parenting/pregnant, Free, Walk-ins, Esp	112
God's Lovely Butterflies Maternity Home	(832) 264-7491	Confidential	W, Y, C, Homeless, Free, S\$, Med	116
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD	116
Magnificat Houses, Inc.	(713) 529-4231	(C) Midtown	M, W, Homeless, CD, IRR, Appt req, Esp.....	127
Open Door Mission	(832) 962-4249	(C) East End	Adult Men only, CD, Homeless, IRR, Free, Appt/Walk-ins	133
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W/C only, IRR, CD, Free, Appt req	137
Star of Hope Men's Development Center	(713) 248-0700	(C) Downtown	M, Walk-ins, Homeless, Lim, Free, CD	142
Star of Hope Transitional Living Center for Women & Families	(713) 222-2220	(S) Sunnyside	W, Fam, Lim, Free, Esp	143

HOPWA (Housing Opportunities for People with AIDS) Funded Agencies

City of Houston Housing and Community Development (as of April 2019)

The Houston area offers several housing options for persons living with HIV on a fixed income, as well as for those with families or special needs. The agencies listed below receive HOPWA funds to provide the following housing and/or housing-related services:

El área de Houston ofrece varias opciones de vivienda para las personas que viven con el VIH con un ingreso fijo, así como para aquellos con familias o necesidades especiales. Las agencias indicadas a continuación reciben fondos de HOPWA para proveer los siguientes servicios de vivienda y/o relacionados con la vivienda:

STRMU: Short Term Rent, Mortgage, Utility Assistance Program

TBRA: Tenant Based Rental Assistance

SS: Supportive Services
CR: Community Residences

Search the list below to find an agency that provides the particular service that you need.

Busque en la lista a continuación la agencia que provee el servicio particular que necesita.

Agencies / Agencias

A Caring Safe Place (CR, SS)

Two community residences providing housing and supportive services for persons with chemical and/or alcohol dependency issues. (713) 225-5441

Access Care of Coastal Texas (STRMU, TBRA, SS)

Short-term rent, mortgage and utility assistance and tenant-based rental assistance with supportive services. (409) 763-2437

AIDS Foundation Houston (CR, SS)

Multiple community residences with supportive services. (713) 623-6796

AAMA (SS)

Supportive services program. *Administran programas de servicios de apoyo.* (713) 967-6700

Avenue 360 (STRMU, TBRA, SS)

Short-term rent, mortgage and utility assistance and tenant-based rental assistance with supportive services. (713) 426-0027

Brentwood Community Foundation (STRMU, CR, SS)

Short-term rent, mortgage and utility assistance program, and community residence with supportive services. (713) 852-1452

Catholic Charities of the Archdiocese of Galveston-Houston (STRMU, TBRA, SS)

Short-term rent, mortgage and utility assistance and tenant-based rental assistance program with supportive services. (713) 526-4611

Goodwill Industries of Houston (SS)

Job training program. (713) 692-6221

Houston HELP, Inc.

Corder Place Apartments (CR, SS)
Community residence with supportive services. (713) 741-4070

Houston SRO Housing Corp. (CR, SS)

Community residence for individuals and couples, and supportive services for homeless veterans. (713) 526-9470

Houston Volunteer Lawyers (SS)

Legal services program, which provides counsel and advice on civil matters including housing, family law, public benefits, disability, employment and discrimination. (713) 228-0735, Ext 121

Montrose Center (STRMU, TBRA, SS)

Short-term rent, mortgage and utility assistance and tenant-based rental assistance program with supportive services. (713) 529-0037

Recenter Houston (CR, SS)

Housing and supportive services for homeless persons with chemical and/or alcohol dependency issues. (832) 649-6696

SEARCH Homeless Services (SS)

Childcare and early childhood education to children between the ages of 12 months and six years. Provides case management and education. (713) 739-7752

The eligibility requirements for HOPWA services are very basic, but some agencies may have additional restrictions placed on them by other funding sources that are more stringent. To be eligible you must:

1. Meet the definition of low to medium income; resources of 50% or below for TBRA and CR;
2. Have an HIV diagnosis; and
3. Live in one of the following ten counties: Austin, Brazoria, Chambers, Ft Bend, Galveston, Harris, Liberty, Montgomery or Waller.

Please check with the service provider for additional eligibility requirements, restrictions and limitations.

Los requisitos para elegibilidad a los servicios HOPWA son muy básicos, pero algunas agencias puede que tengan restricciones adicionales exigidas por otras fuentes financieras que son más estrictas. Para ser elegible usted debe:

1. *Cumple la definición de ingreso bajo a medio; recursos de 50% o menos para TBRA y CR;*
2. *Estar diagnosticado con el VIH; y*
3. *Vivir en uno de los diez siguientes condados: Austin, Brazoria, Chambers, Fort Bend, Galveston, Harris, Liberty, Montgomery o Waller.*

Por favor hable con el proveedor para conocer de requisitos, restricciones y limitaciones adicionales.

Information & Hotlines / Líneas de información y ayuda

Information and referral lines provide information on specific services or answer questions about HIV and related health issues. The calls are free and anonymous and the lines usually operate only during business hours. Hotlines offer information or assistance during a crisis and usually operate 24 hours a day, seven days a week.

Las líneas de información y ayuda proporcionan información sobre servicios específicos o responden a preguntas sobre el VIH y los problemas de salud relacionados. Las llamadas son gratuitas y anónimas y las líneas normalmente funcionan sólo durante las horas de oficina. Las líneas de ayuda ofrecen información o asistencia durante una crisis y normalmente operan las 24 horas del día, los siete días de la semana.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp...	145
AIDS Foundation Houston	(713) 623-6796	(SW) Sharpstown	Adults, Homeless, CD, Free	93
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults	94
Bridge Over Troubled Waters Career and Recovery Resources - Supportive Services for Veteran Families	(281) 420-5600	(SE) Confidential	W, Fam, Free, Esp	104
Change Happens!	(713) 754-7059	(C) Downtown	Veterans, Free	105
Change Happens!	(713) 374-1200	(C) Third Ward	All	108
Crisis Intervention of Houston	(832) 416-1177	All	All, Free, Esp	113
Crisis Intervention - Teens (call)	(832) 416-1199	All	Y, Free	113
Crisis Intervention - Teens (text)	(281) 201-4430	All	Y, Free	113
Disability Rights Texas	(713) 974-7691	(C) Midtown	All, Fam, Appt req, Free	113
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free.....	114
H&A Support Services	(832) 804-6011	Not applicable	All	118
Harris County Housing Resource Center	(832) 927-4955	(C) Astrodome	All, Free, Esp	118
HIVinfo / infoVIH	(800) 448-0440	National	All, Free, Esp	122
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	123
Houston COMPASS (The Beacon)	(713) 229-8319	(C) Downtown	All, Free, Esp	123
Houston Hope Line	(832) 831-7337	All	All, Free.....	122
LGBT Switchboard of Houston	(713) 529-3211	All	All, Free.....	127
National Alliance on Mental Illness (NAMI)	(713) 970-4419	(SW) Sharpstown	All, Free, Esp	131
PFLAG Houston	(713) 467-3524	(C) Hermann Park	All, Free.....	134
re:mind Depression & Bipolar Support	(713) 600-1131	(C) River Oaks	All, Free.....	136
Ryan White Planning Council	(832) 927-7926	(C) Galleria/Post Oak	All, Free, Esp	136
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake	139
Social Security Administration	(800) 772-1213	National	All, Free, Esp	140
Texas Abuse Hotline	(800) 252-5400	Statewide	All, Free, Esp	N/A
Texas Child Care Information	(800) 862-5252	Statewide	All, Free.....	N/A
Texas Youth & Runaway Hotline	(888) 554-7481	Statewide	C, Y, Fam, Free, Esp.....	N/A

Legal Services & Advocacy | Servicios Legales y Defensa

Free or very low cost legal services are available to people living with HIV in the Houston area. One of the most important services provided is help completing legal documents such as wills, powers of attorney, directives to physicians ("living wills") and burial directives. Nobody likes to think about such documents when they are feeling well, but having them completed in advance can prevent a lot of confusion and distress. Assistance with other types of legal needs, such as family issues, obtaining disability benefits, discrimination and immigration, is also available. Civil and criminal matters generally are not.

Los servicios legales gratuitos o de muy bajo costo están disponibles para las personas que viven con el VIH en el área de Houston. Uno de los servicios más importantes es ayudar a completar documentos legales como testamentos, cartas poder, directivas a los médicos ("testamentos en vida") y directivas de entierro. A nadie le gusta pensar en esos documentos cuando se sienten bien, pero tenerlos completados de antemano puede evitar mucha confusión y angustia. También está disponible asistencia con otros tipos de necesidades legales, tales como asuntos familiares, obtención de beneficios por discapacidad, discriminación e inmigración. Generalmente, las cuestiones civiles y penales no lo están.

Legal Services | Servicios Legales

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Houston Lawyer Referral Service	(713) 237-9429	(C) Downtown	M, W, S\$, Esp.....	123
Houston Volunteer Lawyers	(713) 228-0735	(C) Downtown	M, W, Fam, Free, Esp, HIV+ only , Filing fees if required by court.....	124

Advocacy / Defensa

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AVDA Legal Advocacy Program	(713) 224-9911	(C) Downtown	All, Fam, Immigrants, Appt req, Free, (court cost if higher income), Esp	97
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins	111
Bridge Over Troubled Waters	(281) 420-5600	Southeast	All, W, Fam, Appt req, Free, Esp	104
Disability Rights Texas	(713) 974-7691	(C) Midtown	All, Fam, Appt req, Free	113
FLAS, Inc.	(713) 772-2366	(SW) Sharpstown	Adults, IRR, CD, Walk-ins, Esp	115
Ft. Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	112
Healthways Services	(888) 340-1116	(C) Greater Heights	All, Free, S\$, Flat fee, Ins, Appt req...	122
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	123
Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins	112
Northwest Assistance Ministries	(281) 885-4516	(N) Bammel	Fam, Free or low cost, Appt req.....	132
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake.....	139

Immigration | Inmigración

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Catholic Charities	(713) 874-6627	(C) Midtown	All, Free, Appt/Walk-ins, HIV+ only , IRR, Immigrants, Lim, Esp	106
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free.....	129

Medical Equipment / Equipo Médico

The agencies listed below may be able to help you get items such as wheelchairs, walkers, canes and potty chairs. These items also may be available through your home health company if you have Medicare or private insurance.

Estas agencias podrán ayudarlo a conseguir silla de rueda, andador, bastón y otros artículos. También pueden ser obtenidos por medio de la compañía que le brinda servicios de salud en la casa si tiene Medicare o un seguro privado.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.....	92
Metro Health Services	(713) 777-9600	(SW) Westwood	All, Ins, Med, Appt req	129

Mental Health Services / Servicios de Salud Mental

People living with HIV may feel alone, depressed, confused or even guilty. Sometimes professional help is needed to sort out these emotions. Individual, couple and group counseling is available for people living with HIV and their loved ones. These services are frequently free of charge, low cost or based on the client's income. Many hospitals and clinics also provide inpatient and outpatient psychiatric services.

NOTE: The Texas Department of Family and Protective Services has a 24-hour toll free hotline to report abuse, neglect or exploitation in Mental Health facilities in Texas: (800) 647-7418.

Please see page 78 for Support Group listings.

Las personas que viven con el VIH pueden sentirse solas, deprimidas, confundidas o incluso culpables. A veces se necesita ayuda profesional para resolver estas emociones. El asesoramiento individual, en pareja y en grupo está disponible para las personas que viven con el VIH y sus seres queridos. Estos servicios suelen ser gratuitos, de bajo costo o basados en los ingresos del cliente. Muchos hospitales y clínicas también ofrecen servicios psiquiátricos para pacientes hospitalizados y ambulatorios.

NOTA: El Departamento de Servicios Familiares y de Protección de Texas tiene una línea telefónica gratuita de 24 horas para reportar abuso, negligencia o explotación en establecimientos de salud mental en Texas: (800) 647-7418.

Por favor vea la página 78 para los listados de Grupos de Apoyo.

Counseling / Consejería

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
3 "A" Bereavement Foundation (3ABF)	(713) 649-3232	(SE) OST/S. Union	All, Income-based eligibility, Free, Appt req, Esp	91
AccessHealth Brookshire	(281) 342-4530	(W) Brookshire	All, Walk-ins, S\$, Med, Ins, CHIP, Esp	92
AccessHealth HIV Program	(281) 342-4530	(SW) Richmond	Adults, HIV+ only , S\$, Med, Ins, CHIP, Ryan White, Esp	92
AccessHealth Missouri City	(281) 342-4530	(SW) Missouri City	All, Walk-ins, S\$, Med, Ins, CHIP, Esp	92
AIDS Foundation Houston	(713) 623-6796	(SW) Sharpstown	M, W, Y, Fam, IRR, Homeless, Immigrants, CD, Free	93
AVDA (BIPP)	(713) 224-9911	(C) Downtown	Adults, IRR, Immigrants, S\$, Scholarships, Appt req	97
Avenue 360 Health & Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Appt/Walk-ins, Esp	98
Avenue 360 Memorial City	(713) 827-8266	(W) Memorial	C, Y, S\$, Ins, Med, CHIP, Esp	98
Avenue 360 South Central	(832) 962-4111	(S) OST/S. Union	M, W, C, Y, S\$, Ins, Med, Esp	99
Avenue 360 Southwest	(832) 830-8345	(SW) Fondren SW	M, W, C, Y, S\$, Ins, Med, Esp	99

Mental Health Services / Servicios de salud mental

Counseling / Consejería

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Baylor Teen Health Clinic - Ben Taub	(713) 873-3601	(C) Medical Center	Y (ages 13-24), Free, Appt req, Esp.....	101
Baylor Teen Health Clinic - Cavalcade	(713) 673-1655	(NE) Kashmere Gardens	Y (ages 13-24), Free, Appt req, Esp.....	101
Baylor Teen Health Clinic - Cullen	(713) 440-7313	(C) MacGregor	Y (ages 13-24), Free, Appt req, Esp.....	102
Baylor Teen Health Clinic - Lawn	(281) 847-9970	(N) Acres Home	Y (ages 13-24), Free, Appt req, Esp.....	102
Baylor Teen Health Clinic - LBJ	(713) 566-5612	(SE) Trinity/Houston Gardens	Y (ages 13-24), Free, Appt req, Esp.....	102
Baylor Teen Health Clinic - Milby High School	(713) 556-5766	(SE) East End	Y (ages 13-24), Free, Appt req, Esp.....	102
Baylor Teen Health Clinic - Tejano Center	(713) 640-3730	(SE) Park Place	Y (ages 13-24), Free, Appt req, Esp.....	102
Baylor Teen Health Clinic - Wisdom High School	(713) 556-5705	(SW) Gulfton	Y (ages 13-24), Free, Appt req, Esp.....	103
Baylor Teen Health Clinic - Worthing High School	(713) 556-5348	(SE) Sunnyside	Y (ages 13-24), Free, Appt req, Esp.....	103
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Cash/Credit, Financing, Esp ...	103
Bridge Over Troubled Waters	(281) 420-5600	(SE)	All, Fam, Appt req, Free, Esp.....	104
Catholic Charities	(713) 526-4611	(C) Midtown	HIV+ only , Free, Appt req, Esp	106
Change Happens!	(713) 374-1222	(C) Third Ward	Adult homeless/disabled women, Appt req	108
City of Houston Community Re-Entry Program	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, CD, Free, Walk-ins/Appt, Esp.....	111
Christ Clinic	(281) 391-0190	(W) Katy	Adults, Homeless, IRR, Flat fee, Appt/Walk-ins, Esp	109
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only)	114
Ft. Bend Women's Center	(281) 344-5750	(SW) Rosenberg	All, Free, Appt/Walk-ins, Esp	115
FLAS, Inc.	(713) 772-2366	(SW) Sharpstown	Adults, IRR, CD, Walk-ins, Esp.....	115
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD	116
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt/Walk-ins, Esp	121
Healthways Services	(888) 340-1116	(C) Greater Heights	All, Free, S\$, Flat, Ins, Appt req	122
Hope and Healing Center & Institute (HHCI)	(713) 871-1004	(C) Greater Uptown	Adults with serious mental illness, Free.....	122
HHCI Houston Hope Line	(832) 831-7337	Not applicable	All, Free.....	122
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	123
Jewish Family Service	(713) 667-9336	(C) Meyerland	All, Free, Flat, S\$, Ins, Med, Financing, Appt req	125
Legacy Baker-Ripley Clinic	(713) 351-7350	(SW) Gulfton	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy Bissonnet Clinic	(281) 498-6100	(SW) Alief	All, S\$, Ins, Med, CHIP, Esp	126
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy Mapleridge Clinic	(713) 779-7200	(SW) Gulfton	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, S\$, Ins, Med, CHIP, Esp	126
Legacy San Jacinto Campus	(281) 420-8400	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp	127

Mental Health Services / *Servicios de salud mental*

Counseling / *Consejería*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
Legacy South Park Campus	(409) 242-2525	(E) Beaumont	All, S\$, Ins, Med, CHIP, Appt/Walk-ins, Esp	127
Legacy Southwest Campus	(713) 548-5300	(SW) Gulfton (NE) Kashmere Gardens	W, C, S\$, Med, Ins, Esp	127
L-H Transitional Center	(713) 239-3866	(E) Northshore	Adults, CD, IRR, S\$, Appt/Walk-ins...	127
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free, Esp	129
Montrose Center	(713) 529-0037	(C) Montrose	All, I/RR, Free, HIV+ only , CD	130
National Alliance on Mental Illness (NAMI)	(713) 970-4419	(SW) Sharpstown	All, IRR, Homeless, Free, Esp	131
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, I/RR, CD, Esp	132
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req..... W, W/C only, I/RR, CD, Free,	132
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	Appt req	137
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake	139
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp	141
SHF Dickinson Health Center	(832) 431-5162	(SE) Galveston Co.	All, S\$, Med, Ins, Appt req, Esp	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	All, S\$, Med, Ins, Appt req, Esp	142
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Ins, Appt/Walk-ins, Call for intake	144
Texas Youth and Runaway Hotline	(800) 989-6884	Statewide	C, Y, Fam, Free, Esp.....	N/A
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	M, W, Fam, I/RR, HIV+ only , Free, S\$, Med, Ins, Esp	144

Outpatient / *Paciente externo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, CHIP, Ins, Cash/Credit, Financing, Esp	103
Healthways Services	(888) 340-1116	(C) Greater Heights	All, Free, S\$, Flat fee, Ins, Appt req	122
Jewish Family Service	(713) 667-9336	(C) Meyerland	All, Free, Flat fee, S\$, Ins, Med, Financing, Appt req	125
Montrose Center, The	(713) 529-0037	(C) Montrose	All, HIV+ only , IRR, Walk-ins, Free, CD	130

Miscellaneous Services / Servicios Misceláneos

The following agencies offer a variety of services that either don't fit into any of the other categories or are unique enough to deserve special notice. Browse the list to find a program you might be interested in.

Estas agencias ofrecen una variedad de servicios que no caben dentro de otras categorías o dan servicios especializados. Revise la lista para encontrar el programa que le interese.

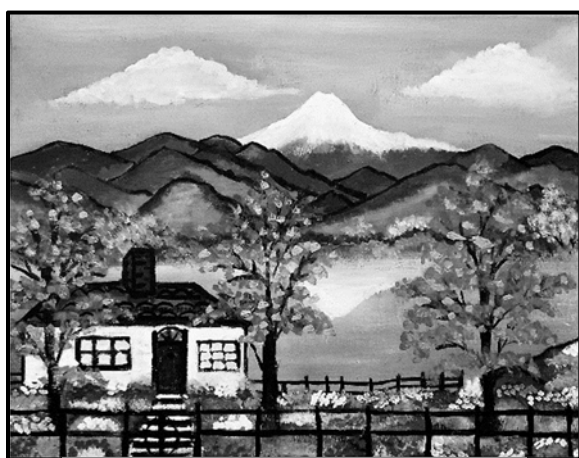
Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp...	145
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.....	92
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, S\$.....	94
Ambassadors for Christ Youth Ministries	(281) 536-5475	(W) Greater Uptown	Y, Homeless, Appt/Walk-ins, Esp.....	95
Career and Recovery Resources	(713) 754-7095	(C) Midtown	M, W, Y, Free, Walk-ins	105
Casa de Esperanza de los Niños	(713) 529-0639	(C) Medical Center	C, Free, Esp.....	106
Change Happens! Mentoring Plus	(713) 374-1200	(C) Third Ward	C and Y (ages 6-17).....	108
Change Happens! My Brother's Keeper	(713) 374-1249	(C) Third Ward	M, Y.....	108
Change Happens! Refugee Youth Mentoring Program	(713) 374-1200	(C) Third Ward	Y (ages 15-18).....	109
CCSC-Back to School	(713) 961-3993	Various	Students entering Pre K through Grade 12, Esp	110
City of Houston Community Re-Entry Network Program	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, CD, Free, Appt/Walk-ins, Esp	111
FLAS, Inc.	(713) 772-2366	(SW) Sharpstown	Adults, IRR, CD, Walk-ins, Esp.....	115
God's Lovely Butterflies Maternity Home	(832) 264-7491	Confidential	W, Y, C, Homeless, Free, S\$, Med ...	116
H&A Support Services	(832) 804-6011	Not applicable	All	118
Harris County Public Health	(713) 439-6000	(C) Galleria/Post Oak	All, Esp	119
Healthways Services	(713) 996-9200	(C) Greater Heights	All, Free, S\$, Flat fee, Ins, Appt req...	122
Houston Compass (The Beacon)	(713) 229-8319	(C) Downtown	All, Homeless, Free	123
Magnificat House St. Joseph House	(713) 523-5958	(C) Midtown	Adults, Free, Walk-ins	129
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req	132
PAWS Houston	(713) 305-4887	(C) Medical Center	All, Free.....	133
Paws with Helping Hands Charity	(832) 573-7274	Not applicable	All, Free.....	134
Ryan White Planning Council	(832) 927-7926	(C) Galleria/Post Oak	All, Free.....	136
SEARCH Homeless Services	(713) 739-7752	(C) Midtown	M, W, Fam, Free, IRR, Walk-ins, CD, Homeless only, Esp	138
Sign Shares, Inc.	(713) 869-4373	(C) River Oaks	All, Flat fee, DARS DHHS funding available, Esp	140
University of Houston Healthy Start Program	(713) 743-5500	(C) Third Ward	African American W & M, Free, Lim ..	145
University Speech-Language-Hearing Clinic	(713) 743-0915	(C) Third Ward	All (age 3 & up), S\$, Appt req, Esp....	146

Nutrition & Wellness / *Nutrición y Bienestar*

Wellness is the concept of building and maintaining health through a holistic (total) approach, considering not just the physical aspects of health, but also a healthy balance of the mind, body and spirit that results in an overall feeling of well-being. Proper nutrition is an important part of wellness. There are many free classes available where you can learn more about improving your nutrition and health.

El bienestar es el concepto de construir y mantener la salud a través de un enfoque holístico (total), teniendo en cuenta no sólo los aspectos físicos de la salud, sino también un equilibrio saludable de la mente, el cuerpo y el espíritu que resulta en una sensación general de bienestar. La nutrición adecuada es una parte importante del bienestar. Hay muchas clases gratuitas disponibles donde usted puede aprender más sobre cómo mejorar su nutrición y salud.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AccessHealth	(281) 342-4530	(SW) Missouri City	All, S\$, Med, Ins, CHIP, Esp	92
AccessHealth - HIV Program	(281) 342-4530	(SW) Richmond	Adults, HIV+ only , Walk-ins, S\$, Med, Ins, RW Part B, Esp	92
Harris County WIC Program	(713) 407-5800	Various	C (0-5 yrs), Pregnant, postpartum & breastfeeding women, Free (based on income), Esp.....	119
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, S\$, Ins, Med, HIV+ only , Esp .	121
Lazarus House: A Center for Wellness	(713) 526-5071	(C) Midtown	All, Flat fee, Ltd scholarships	125
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy Southwest Campus	(713) 548-5300	(SW) Gulfton	W, C, S\$, Med, Ins, Esp.....	127
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	M, W, CD, IRR, S\$, Med, Ins.....	142



Art by Arturo



Art by Kevin

Pharmacies / Farmacias

All of the pharmacies listed below accept Texas HIV Medication Program (also known as ADAP) assignments as of April 2020 (see *IMPORTANT RESOURCES*, page 6). They are listed in order by zip code.

Pharmacies participating in the Texas HIV Medication Program (THMP) are allowed to charge a \$5 fee per prescription; this is the only payment pharmacies receive for this service. If you are unable to pay the fee you should still receive your medications.

If you are charged more than \$5 for medication dispensed through the ADAP program, or denied medication because you cannot afford to pay the fee, please contact the THMP toll free at 1-800-255-1090.

Go to www.dshs.texas.gov/hivstd/meds/pharmacy.shtm for the most up-to-date information.

Todas las farmacias enlistadas abajo aceptan el Programa de Medicamentos del VIH de Texas (también conocida como ADAP) asignadas a partir de abril 2020 (también vea LOS RECURSOS IMPORTANTES, página 6). Estos se encuentran por orden de código postal.

Las farmacias que participan en el Programa de Medicamentos del VIH de Texas (THMP) están permitidas a cobrar un costo de \$5 por receta médica, siendo este cobro el único pago que las farmacias reciben por sus servicios. Y si usted no puede pagarlo, debe igual recibir sus medicamentos.

Si se le cobra más de \$5 por su medicamento ofrecido a través del programa ADAP, o si se le niega medicamento debido a que no puede pagar \$5, por favor póngase en contacto con THMP llamando gratis al 1-800-255-1090.

Favor diríjase a www.dshs.texas.gov/hivstd/meds/pharmacy.shtm para más información al corriente.

ID #	Pharmacy Name / Nombre de Farmacia	Phone / Teléfono	Address / Dirección
630	CVS/pharmacy #5968	(713) 982-5527	402 Gray Street; Houston 77002
585	Medical Plaza Pharmacy	(713) 654-4137	2101 Crawford Street, Suite 101; Houston 77002
895	AHF Pharmacy - Binz	(713) 520-2328	1200 Binz St, Ste. 1040; Houston 77004
148	Amex Pharmacy	(713) 237-9301	3030 Canal Street ; Houston 77003
870	ASP Cares	(832) 500-3565	3009 Fannin St; Houston 77004
46	Memorial Compounding Pharmacy	(713) 523-7847	2918 San Jacinto Street; Houston 77004
480	Park Plaza Pharmacy	(713) 524-2828	1213 Hermann Drive, Suite 140; Houston 77004
832	Southside Pharmacy II	(832) 553-1315	1200 Binz Street, Suite 200; Houston 77004
386	CVS/pharmacy #7479	(713) 522-3983	6011 Kirby Drive; Houston 77005
577	CVS/pharmacy #7162	(713) 807-8491	1003 Richmond Avenue; Houston 77006
36	Kroger Pharmacy #243	(713) 526-1239	3300 Montrose Blvd.; Houston 77006
855	Legacy Pharmacy – Montrose	(713) 665-8800	1415 California Street; Houston 77006
307	Walgreen's Pharmacy #3157	(713) 520-7777	3317 Montrose Blvd.; Houston 77006
766	Walgreen's Pharmacy #9808	(713) 529-2969	2612 Smith Street; Houston 77006
664	CVS Pharmacy #17181 at Target	(713) 331-0377	2580 Shearne; Houston 77007
764	Walgreen's Pharmacy #6857	(713) 863-7663	950 Studemont Street; Houston 77007
735	Avenue 360 Pharmacy	(832) 384-1423	2150 W 18 th Street, Suite 300-B; Houston 77008
620	Heights-Studewood Pharmacy	(713) 869-2225	427 W 20 th Street, Suite 105; Houston 77008
67	Thomas Street Health Center Pharmacy	(713) 873-4192	2015 Thomas Street; Houston 77009
594	CVS/pharmacy #5910	(713) 884-4040	4150 N. Shepherd Drive; Houston 77018
103	Northwest Health Center Pharmacy	(713) 842-4324	1100 W. 34 th Street; Houston 77018
856	Legacy Pharmacy – Lyons	(713) 366-7400	3811 Lyons Ave; Houston 77020
714	Cullen Care Pharmacy	(713) 747-2100	5751 Blythewood Street, Suite 300; Houston 77021
873	Health Rx Scripts Pharmacy	(832) 740-4353	900 S. Wayside Dr; Houston 77023
533	CVS Pharmacy #16769 at Target	(713) 300-0228	984 Gessner Road; Houston 77024
613	CVS/pharmacy #6726	(713) 957-7500	8201 Katy Freeway; Houston 77024
676	Walgreen's Pharmacy #11752	(713) 827-0146	915 Gessner Road, Suite 200; Houston 77024
675	Walgreen's Pharmacy #13142	(713) 468-4040	929 Gessner Road, Suite 100; Houston 77024
507	CVS #16676 at Target	(713) 661-8213	8500 Main Street; Houston 77025
422	CVS/pharmacy #2988	(713) 386-1093	4755 Westheimer Road; Houston 77027
830	DNA Pharmacy at Fiesta	(713) 633-3362	9419 Mesa Road; Houston 77028

Pharmacies / Farmacias

ID #	Pharmacy Name / Nombre de Farmacia	Phone / Teléfono	Address / Dirección
452	CVS/pharmacy #5833	(713) 218-2180	2266 W Holcombe Blvd.; Houston 77030
622	Southside Pharmacy	(713) 660-8890	7700 Main Street, Suite 100; Houston 77030
75	Texas Children's Hospital Pharmacy	(832) 824-5250	6701 Fannin Street, 3rd Floor; Houston 77030
767	Walgreen's Pharmacy #10846	(713) 799-2459	6400 Fannin Street, Suite 102; Houston 77030
768	Walgreen's Pharmacy #13778	(713) 795-0199	6624 Fannin Street, Suite 120; Houston 77030
852	Platinum Rx North Pharmacy	(281) 227-1010	5627 Aldine Bender Road, Suite 7; Houston 77032
827	Healthco Pharmacy #2	(713) 640-5575	8604 Martin Luther King Blvd.; Houston 77033
786	Rushmed Pharmacy	(832) 582-8542	5326 West Bellfort, Suite 101; Houston 77035
804	Choice Pharmacy	(713) 778-0463	9207 Country Creek Drive, Suite 202; Houston 77036
623	Clinical Care Pharmacy	(281) 272-8700	2770 North Sam Houston Parkway West; Houston 77038
795	Tejas Pharmacy #2	(281) 741-3385	5228 Aldine Mail Route, Suite C; Houston 77039
762	CVS #16298 at Target	(713) 343-2258	13250 Northwest Freeway; Houston 77040
456	CVS/pharmacy #6005	(713) 849-1100	7710 Gessner Road; Houston 77040
444	CVS/pharmacy #3181	(713) 458-2871	11012 Richmond Avenue; Houston 77042
862	Summerwood Pharmacy	(281) 225-4300	13176 W. Lake Houston Pkwy, Ste. 1; Houston 77044
181	ReCept Pharmacy #31	(713) 627-2370	8111 N. Stadium Drive, Suite 200-A; Houston 77054
354	CVS/pharmacy #3177	(713) 961-0874	5204 Richmond Avenue; Houston 77056
678	CVS/pharmacy #7486	(713) 789-1681	6532 San Felipe Road; Houston 77057
602	Greenspoint Pharmacy	(281) 872-4177	165 Greens Road; Houston 77060
833	St. Hope Pharmacy - Greenspoint	(832) 300-8085	255 Northpoint Drive, Suite 200; Houston 77060
763	Walgreen's Pharmacy #5035	(713) 641-0389	8301 Broadway Street; Houston 77061
696	CVS #17222 at Target	(713) 331-0374	8605 Westheimer Road; Houston 77063
687	CVS #17227 at Target	(281) 949-2220	12701 FM 1960 W; Houston 77065
447	CVS/pharmacy #4983	(281) 517-7258	11600 FM 1960 W; Houston 77065
440	CVS/pharmacy #5838	(281) 880-1092	3140 FM 1960 W; Houston 77068
685	CVS #17154 at Target	(281) 716-1106	6801 FM 1960 W; Houston 77069
505	CVS Pharmacy #16491 at Target	(281) 379-2861	21515 Tomball Parkway; Houston 77070
391	CVS/pharmacy #4456	(281) 517-5691	12234 Jones Road; Houston 77070
435	CVS/pharmacy #5320	(713) 596-2165	8550 West Airport Road; Houston 77071
866	Precious Places Pharmacy	(281) 760-3413	11336 Beechnut St, Ste. A8; Houston 77072
353	CVS/pharmacy #3176	(713) 771-6652	7102 Beechnut Street; Houston 77074
642	Empirical Pharmacy	(713) 991-0072	9715 Telephone Road, Suite 105; Houston 77075
592	CVS/pharmacy #1753	(281) 368-1600	15010 Memorial Drive; Houston 77079
382	CVS/pharmacy #3006	(713) 722-1491	9455 Hammerly Blvd.; Houston 77080
462	CVS/pharmacy #4427	(281) 749-8863	12585 Richmond Avenue; Houston 77082
455	CVS/pharmacy #6001	(281) 776-3858	13555 Beechnut Street; Houston 77083
431	CVS/pharmacy #3178	(281) 855-5461	6079 Hwy 6 North; Houston 77084
451	CVS/pharmacy #4706	(281) 272-7190	12601 Tomball Parkway; Houston 77086
643	NNWood Pharmacy, LLC	(281) 448-8836	2712 State Hwy 365; Nederland 77627
645	Walgreen's Pharmacy #11216	(281) 481-2434	11914 Astoria Blvd., Suite 190; Houston 77089
800	1960 Pharmacy	(281) 893-6000	724 Cypress Creek Parkway, Suite 100; Houston 77090
130	Advance Healing Solutions	(281) 447-7648	6602 Antoine; Houston 77091
365	CVS/pharmacy #3190	(281) 859-6667	9101 Hwy 6 North; Houston 77095
633	CVS Pharmacy #17091 at Target	(713) 292-0031	300 Meyerland Plaza Mall; Houston 77096
142	Walgreens Community Pharmacy #15320	(713) 521-1700	4101 Greenbriar Drive, Suite 235; Houston 77098
825	HEB Pharmacy #630	(713) 807-7293	1701 W. Alabama; Houston 77098
464	CVS/pharmacy #5882	(281) 776-3874	10902 Bissonnet; Houston 77099
58	CVS/pharmacy #6741	(936) 539-1336	910 West Davis; Conroe 77301
787	St. Hope Pharmacy - Conroe	(936) 494-2455	1414 South Frazier, Suite 105; Conroe 77301

Pharmacies / Farmacias

ID #	Pharmacy Name / Nombre de Farmacia	Phone / Teléfono	Address / Dirección
813	Cleveland Pharmacy	(281) 593-3800	111 S. William Barnett Avenue; Cleveland 77327
534	CVS #16789 at Target	(281) 540-2126	20777 Hwy 59 North; Humble 77338
773	Deerbrook Pharmacy	(281) 446-0061	9816 Memorial Blvd., Suite 105; Humble 77338
24	Brookshire Brothers Pharmacy #33	(936) 435-1234	2601 11 th Street; Huntsville 77340
700	CVS #17452 at Target	(281) 318-2238	6931 FM 1960 East; Atascocita 77346
436	CVS/pharmacy #5328	(281) 812-5472	5440 Atascocita Road; Humble 77346
847	Splendora Pharmacy	(281) 689-7700	13841 US Hwy 59 North; Splendora 77372
460	CVS/pharmacy #5977	(281) 288-1561	24802 Aldine Westfield Road; Spring 77373
388	Walgreen's Pharmacy #3424	(281) 350-5311	23110 Aldine Westfield Road; Spring 77373
465	CVS/pharmacy #5906	(281) 255-4020	24203 Tomball Parkway; Tomball 77375
775	First Care Pharmacy	(832) 698-1532	24922 Tomball Parkway, Suite 120; Tomball 77375
71	Gloyer's Pharmacy	(281) 351-5454	1010 W. Main Street; Tomball 77375
552	CVS Pharmacy #17023 at Target	(281) 255-6289	14302 FM 2920 Road; Tomball 77377
442	CVS/pharmacy #3005	(281) 257-7892	6945 Cypresswood Drive; Spring 77379
610	CVS/pharmacy #8335	(281) 257-4320	8754 Spring Cypress Road; Spring 77379
498	CVS #16205 at Target	(281) 419-6944	1100 Lake Woodlands Drive; The Woodlands 77380
582	Kroger Pharmacy #732	(281) 419-1137	8000 Research Forest Dr., Ste. 300; The Woodlands 77382
725	Kroger Pharmacy #373	(832) 813-0410	2301 Rayford Road; Spring 77386
535	CVS #16790 at Target	(281) 288-5018	19511 I-45 North; Spring 77388
434	CVS/pharmacy #5273	(713) 218-2291	5430 Bissonnet Street; Bellaire 77401
859	Avita Drugs Pharmacy Bellaire	(713) 592-0211	6800 West Loop South, Suite 225; Bellaire 77401
520	CVS Pharmacy #17014 at Target	(281) 256-8102	25901 Hwy 290; Cypress 77429
378	CVS/pharmacy #3702	(281) 646-2964	3103 N Fry Road; Katy 77449
510	CVS Pharmacy #16698 at Target	(281) 403-6584	6000 Hwy 6 & Murphy Road; Missouri City 77459
426	CVS/pharmacy #4474	(281) 403-2269	2781 Dulles Avenue; Missouri City 77459
97	ACCESS Health	(281) 633-3188	400 Austin Street; Richmond 77469
425	CVS/pharmacy #3701	(281) 545-8841	1410 Crabb River Road; Richmond 77469
575	Randall's Pharmacy #2670	(281) 238-9790	1890 FM 359; Richmond 77469
698	CVS #17283 at Target	(281) 232-1241	23912 Commercial Drive; Rosenberg 77471
454	CVS/pharmacy #5972	(281) 232-1830	5306 Ave I; Rosenberg 77471
845	Sealy Pharmacy	(979) 256-3045	707 Meyer Street; Sealy 77474
589	CVS/pharmacy #8385	(281) 776-3070	12381 W Belfort; Meadows Place 77477
851	Choice Specialty Pharmacy	(832) 944-6112	1403 Highway 6, Suite 700-A; Sugar Land 77478
411	CVS/pharmacy #5339	(281) 313-7603	1250 Highway 6; Sugar Land 77478
463	CVS/pharmacy #5804	(281) 988-1952	10110 Hwy 6 South; Sugar Land 77478
797	DeliverIt Pharmacy	(281) 277-1071	13303 West Airport Blvd.; Sugar Land 77478
811	St. Hope Pharmacy - Sugar Land	(832) 532-0195	13020 Dairy Ashford Rd., Suite 100; Sugar Land 77478
547	CVS Pharmacy #16909 at Target	(281) 340-0565	16300 Southwest Freeway; Sugar Land 77479
733	HEB Pharmacy #563	(281) 239-2055	19900 Southwest Freeway; Sugar Land 77479
820	Amazing Grace Pharmacy	(832) 230-0169	1965 Texas Parkway; Missouri City 77489
553	CVS #17027 at Target	(281) 392-8385	23710 Westheimer Parkway; Katy 77494
430	CVS/pharmacy #3173	(713) 378-2851	3342 Spencer Hwy; Pasadena 77504
531	CVS Pharmacy #16735 at Target	(281) 504-0144	5757 Fairmont Parkway; Pasadena 77505
433	CVS/pharmacy #4383	(281) 991-2590	5610 Spencer Highway; Pasadena 77505
683	CVS Pharmacy #16321 at Target	(281) 422-5153	4510 Garth Road; Baytown 77521
410	CVS/pharmacy #5388	(281) 427-6156	3923 Garth Road; Baytown 77521
445	CVS/pharmacy #3699	(281) 476-3463	3505 Center Street; Deer Park 77536
374	The Medicine Shoppe #1145	(281) 471-1241	800 S. Broadway; La Porte 77571
468	Kroger Pharmacy #264	(281) 485-1323	3245 E. Broadway; Pearland 77581
518	CVS Pharmacy #16958 at Target	(281) 819-4117	1801 W Bay Area Blvd.; Webster 77598

Pre-exposure prophylaxis (PrEP) & Prevention Services *Profilaxis previa a la exposición (PrEP) y Servicios de Prevención*

Undetectable=Untransmittable. The CDC confirmed that persons living with HIV “who take antiretroviral therapy as prescribed and maintain an undetectable viral load have effectively no risk of sexually transmitting the virus to an HIV-negative partner.”

PrEP is a way for HIV-negative people who are at high risk to prevent getting an HIV infection by taking a pill every day. PrEP was approved by the FDA and is safe and highly effective for preventing HIV when it is taken as prescribed. See below for a list of resources and providers for PrEP.

There are also many agencies that provide outreach to at-risk populations and/or prevention education about HIV, STDs and related health topics. Topics can range from basic awareness and risk reduction to information about advanced treatments.

Indetectable = No transmisible. El CDC confirmó que las personas que viven con el VIH "que toman la terapia antirretroviral según lo prescrito y mantienen una carga viral indetectable no tienen efectivamente ningún riesgo de transmitir sexualmente el virus a una pareja VIH-negativa".

La profilaxis previa a la exposición (PrEP) es un método de prevención del VIH en el que una persona en riesgo de contraer el VIH toma medicamentos cada día para reducir sus probabilidades de contraer el VIH. La PrEP fue aprobada por la FDA y es segura y altamente efectiva para prevenir el VIH cuando se toma según lo prescrito. Vea a continuación una lista de recursos y proveedores para PrEP.

También hay muchas agencias que proporcionan alcance a poblaciones de alto riesgo y/o educación con respecto al VIH, STDs y otros temas relacionados con la salud. Los temas varían desde información básica del hasta información sobre tratamientos avanzados.

Information about PrEP | Información sobre PrEP

What is PrEP?	prepfacts.org www.cdc.gov/hiv/basics/prep.html
¿Qué es PrEP?	prepfacts.org/en-espanol www.cdc.gov/hiv/spanish/basics/prep.html
PrEP experience (en inglés)	myprepxperience.blogspot.com
PrEP Locator <i>Localizador de PrEP</i>	www.greaterthan.org/get-prep
Houston Health Department <i>Departamento de Salud de Houston</i>	https://www.houstontx.gov/health/HIV-STD/PrEP/index.html

PrEP Providers | Proveedores de PrEP

Agency / Agencia	Location / Localizado	Phone / Teléfono Website / Sitio web	Legend / Tabla
Access Care of Coastal Texas	707 23rd Street Galveston 77505	(409) 763-2437 www.acctexas.org	All, Free, Esp
AIDS Foundation Houston	6260 Westpark Drive, Suite 100 Houston 77057	(713) 623-6796 www.aidshep.org	All, Free
AIDS Healthcare Foundation	1200 Binz Street, Suite 1040 Houston 77004	(713) 524-8700 www.aidshealth.org	S\$, Accepts uninsured, Med, Esp
Avenue 360 Health and Wellness	2150 W. 18 th Street Houston 77008	(713) 426-0027 www.avenue360.org	S\$, Accepts uninsured, Med, Esp
Baylor College of Medicine	3701 Kirby Drive, Suite 100 Houston 77098	(713) 798-7700 www.bcm.edu	S\$, Accepts uninsured, Med, Esp
Baylor Family Medicine	3701 Kirby Drive, Suite 600 Houston 77098	(713) 798-2091 www.bcm.edu/healthcare/care-centers/family-medicine	S\$, Accepts uninsured, Med, Esp

Pre-exposure prophylaxis (PrEP) & Prevention Services
Profilaxis previa a la exposición (PrEP) y Servicios de Prevención

PrEP Providers / Proveedores de PrEP

Agency / Agencia	Location / Localizado	Phone / Teléfono Website / Sitio web	Legend / Tabla
Bee Busy Wellness	8785 West Bellfort Houston 77031	(713) 771-2292 www.mybbwc.org	S\$, Accepts uninsured, Med
Capital Infectious Disease Associates	1201 Creekway Drive, Suite B Sugar Land 77478	(832) 886-4994 www.cida-docs.com	S\$, Accepts uninsured, Med, Esp
Dr. Alan J. Chapman	9055 Katy Freeway, Suite 400 Houston 77024	(713) 467-1365	Med
Crofoot MD	3701 Kirby Drive, Suite 1230 Houston 77098	(713) 526-0005 www.crofootmd.com	Med, Esp
Dr. Nizar Ali Dholakia and Dr. Jorge Zuniga	6560 Fannin Street, Suite 2202 Houston 77030	(713) 526-5955	Med, Esp
FLAS, Inc.	6666 Harwin Drive, Suite 370 Houston 77036	(713) 772-2366 www.flasinc.org	Adults, Accepts uninsured, Esp
Dr. Joseph Gathe Jr.	4900 Fannin Street Houston 77030	(713) 526-9821 http://josephgathe.com	Med, Esp
Houston VA Medical Center	2002 Holcombe Boulevard Houston 77030	(713) 791-1414 www.houston.va.gov	Veterans, Esp
Infectious Disease Specialists of Texas	16659 Southwest Fwy, Ste 371 Sugar Land 77479	(281) 265-0760	Med, Esp
Kelsey Seybold	2727 W. Holcombe Boulevard Houston 77025	(713) 442-0000 www.kelsey-seybold.com	Med
Legacy Community Health	1415 California Street Houston 77006	(713) 814-3300 www.legacycommunityhealth.org/ prep	S\$, Accepts uninsured, Med, Esp
Metropolitan Infectious Disease Center	7777 Southwest Fwy, Suite 610 Houston 77074	(713) 339-9949 www.metropolitanid.com	
Midtown Family Medicine	548 Waugh Drive Houston 77019	(713) 933-0501	Esp
Northwest Community Health Center	W. 34 th Street Houston 77018	(713) 867-8257 www.harrishealth.org	Med, S\$, Accepts uninsured, Esp
Planned Parenthood	Multiple Locations	(866) 383-3103 www.plannedparenthood.org	Accepts uninsured, Med, Esp
Renaissance Family Clinic	517 W. Gray Street Houston 77019	(713) 942-7546 www.doctorbarrios.com	Esp
Rensimer & Associates	9230 Katy Freeway, Suite 400 Houston 77055	(713) 973-6078 http://rensimer.com/	Med, Esp
Schrader Clinic	2211 Norfolk Street, Suite 1050 Houston 77098	(713) 526-7736	Ins, Med, Esp
Sharpstown Health Center	6201 Bonhomme Road South Tower, 3rd Floor Houston 77036	(832) 395-9800 www.houstontx.gov/health/Health Centers/index.html	S\$, Accepts uninsured, Med, Esp
St. Hope Foundation	Multiple Locations	(713) 778-1300 www.offeringhope.org	S\$, Accepts uninsured, Med, Esp
Thomas Street Health Center	2015 Thomas Street Houston 77009	(713) 873-4000 www.harrishealth.org	Med, S\$, Accepts uninsured, Esp

Pre-exposure prophylaxis (PrEP) & Prevention Services
Profilaxis previa a la exposición (PrEP) y Servicios de Prevención

PrEP Providers | Proveedores de PrEP

Agency / Agencia	Location / Localizado	Phone / Teléfono Website / Sitio web	Legend / Tabla
Velazquez Medical Practice	4101 Greenbriar, Suite 305 Houston 77098	(713) 800-7401	Esp
West Houston Infectious Disease Center	1331 W Grand Parkway North, Suite 310; Katy 77493	(281) 599-3222	

Prescription Assistance | Asistencia de prescripción médica

There are two types of programs that help people access their prescription for PrEP. Medication Assistance Programs (MAP) provide medication free of charge to those without health insurance or prescription drug coverage. Co-pay Assistance Programs provide help with out-of-pocket costs (including co-pays, co-insurance and deductibles) for people who have insurance.

Co-pay assistance may be obtained from the drug manufacturer, a non-profit co-pay foundation, or both.

Hay dos tipos de programas que ayudan a las personas a acceder a sus recetas para PrEP. Los Programas de Asistencia de Medicamentos (MAP) brindan medicamentos de forma gratuita a aquellos que no tienen seguro de salud o cobertura de medicamentos recetados. Los programas de asistencia de copago brindan ayuda con los gastos de bolsillo (incluidos los copagos, el coaseguro y los deducibles) para las personas que tienen seguro.

La asistencia de copago se puede obtener a partir del fabricante del medicamento, una fundación de copago sin fines de lucro o ambas.

Gilead Sciences Advancing Access

1-800-226-2056 (Monday-Friday, 8am-7pm)

www.gileadadvancingaccess.com

If you do not have insurance you may be able to receive Truvada or Descovy for PrEP free of charge.

If you have private health insurance there is a co-pay card that will get you a discount at the pharmacy and reimburses when pharmacies don't accept the card. Some mail-order pharmacies also don't accept co-pay cards. The co-pay card covers up to \$7,200/year with no monthly limit.

If you have government insurance such as Medicare, Medicaid, TRICARE or VA, you are not eligible for this program but you may be eligible for assistance through independent co-pay foundations.

Si no tiene seguro, puede recibir Truvada o Descovy para PrEP de forma gratuita.

Si tiene un seguro de salud privado, hay una tarjeta de copago que le dará un descuento en la farmacia y reembolsa cuando las farmacias no aceptan la tarjeta (incluye algunas farmacias de pedido por correo). La tarjeta de copago cubre hasta \$7,200/año sin límite mensual.

Si tiene un seguro del gobierno como Medicare, Medicaid, TRICARE o VA, no es elegible para este programa, pero puede ser elegible para recibir ayuda a través de fundaciones de copagos independientes.

Medicine Assistance Tool (MAT)

<https://medicineassistancetool.org/>

Allows users to search for financial assistance resources available through the various pharmaceutical company programs for patients who are eligible, free of charge.

Herramienta de Asistencia Médica (MAT en inglés)

Permite a los usuarios buscar recursos de asistencia financiera disponibles a través de los diversos programas de compañías farmacéutica que están a disposición de los pacientes que cumplen los requisitos, sin cargo.

Patient Access Network Foundation

1-866-316-7263

www.panfoundation.org

Offers help and hope to people for whom cost limits access to medical treatments.

Ofrece ayuda y esperanza a personas para quienes el costo limita el acceso a los tratamientos médicos.

Patient Advocate Foundation Co-Pay Program

1-866-512-3861

www.copays.org

If your application for assistance is approved you can begin receiving funding immediately. The maximum benefit you can receive is \$7,500 per year.

Si su solicitud de asistencia es aprobada, puede comenzar a recibir fondos de inmediato. El beneficio máximo que puede recibir es de \$7,500 por año.

Pre-exposure prophylaxis (PrEP) & Prevention Services
Profilaxis previa a la exposición (PrEP) y Servicios de Prevención

Prevention Services | *Servicios de Prevención*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Esp.....	96
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, Free, Esp.....	92
AIDS Foundation Houston	(713) 623-6796	(SW) Sharpstown	All, Free	93
Avenue 360 Health & Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, Esp.....	97
Bee Busy Inc.	(713) 774-8800	(SW) Westwood	All, Free, Walk-ins, Esp	103
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-in, S\$, Med, Ins, Esp ...	103
Career and Recovery Resources HIV Testing	(713) 754-7000	(C) Midtown	Adults, Free, Appt req, CD	105
Change Happens! Rescue Youth Program	(713) 374-1252	(C) Third Ward	Y (ages 12-19), Appt req, Free, CD	109
Change Happens! VOICES Program	(713) 374-1200	(C) Third Ward	Y and W (under 18)	109
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (ages 18-24), Parenting/pregnant, Free, Esp.....	112
FLAS, Inc. Hablemos en Confianza	(713) 772-2366	(SW) Sharpstown	Fam, Free, Appt req, Esp	115
Ft. Bend County Clinical Health Services	(832) 520-6635	(SW) Missouri City	M, W, Y, Free, Appt req, Esp.....	115
HHS - Northwest Community Health Center	(713) 867-8257	(NW) Oak Forest/ Garden Oaks	M, W, S\$, Med, Appt/Walk-ins	121
HHS - Thomas Street Health Center	(713) 8734000	(C) Near Northside	Adults, S\$, Ins, Med, Esp	121
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, S\$, Ins, Med, Esp.....	126
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, S\$, Ins, Med, Esp.....	126
Planned Parenthood Gulf Coast	(800) 230-7526	Various	M, W, Y, S\$, Free, Ins, Appt req (same day available), Esp	134
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	All, S\$, Med, Ins, Appt req, Esp	142
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Ins, Appt/Walk-ins	144



Art by Gary

Prescription Assistance *Asistencia para Prescripciones Médicas*

The following agencies may be able to help you pay for medications. The help is usually limited, however, and may not cover the whole cost of your prescription (also see FINANCIAL ASSISTANCE, page 36).

The Ryan White Program provides Local Pharmacy Assistance and Emergency Financial Assistance specifically to pay for medications. These programs can be accessed at clinics that receive Ryan White funds.

Another possible source of assistance is the manufacturer of your medication (see Patient Assistance and Co-Pay Programs on the next page). Be aware that each program has its own eligibility rules. If your medication is not listed, get the name of its manufacturer from your doctor or pharmacist.

Estas agencias podrán ayudarlo a pagar su medicina. Sin embargo, la ayuda es limitada y puede que no cubra el costo total (vea también ASISTENCIA FINANCIERA, página 36).

El Programa Ryan White proporciona asistencia de farmacia local y asistencia financiera de emergencia en forma específica para pagar medicamentos. Se puede acceder a estos programas en clínicas que reciben fondos del Programa Ryan White.

Otra posible fuente de asistencia es la compañía que hace sus medicamentos (vea Asistencia al Paciente y Programas de Copagos en la siguiente página). Cada compañía tiene sus propios criterios de elegibilidad. Si no encuentra su medicina en la lista, averigüe con su médico o farmacéutico el nombre de la compañía quien la hace.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
211 Texas/United Way Helpline	2-1-1	Statewide	All, Free, Over 150 languages, Esp.....	145
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.....	92
AccessHealth HIV Program	(281) 342-4530	(SW) Richmond	Adults, HIV+ only , S\$, Med, Ins, CHIP, Ryan White, Esp.....	92
AccessHealth Missouri City	(281) 969-1800	(SW) Missouri City	All, Walk-ins, S\$, Med, Ins, CHIP, Esp.....	92
AIDS Foundation Houston	(713) 623-6796	(SW) Greater Uptown	M, W, Y, Fam, IRR, CD, Free.....	92
AHF Binz Street Clinic	(713) 524-8700	(C) Medical Center	Adults, HIV+ only , IRR, Immigrants, Homeless, Appt req, S\$, Med, Ins, Esp.....	94
AHF Fannin Street Clinic	(713) 799-8994	(C) Astrodome Area	W, Transgender, HIV+ only , IRR, Appt req, CHIP, S\$, Med, Ins, Esp.....	94
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All, Free, S\$, Walk-ins, CD.....	116
HHS Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-ins, HIV+ only	121
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt/Walk-ins, Esp.....	121
Hope and Healing Center & Institute (HHCI)	(713) 871-1004	(W) Greater Uptown	Adults with serious mental illness, Free.....	122
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	126
Love Network of Baytown	(281) 422-5683	(E) Highlands	All, Free, Gas vouchers, Diapers.....	127
Memorial Assistance Ministries	(713) 468-4516	(W) Spring Branch	All, Free.....	129
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp.....	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp.....	141
SHF Dickinson Health Center	(832) 431-5162	(SE) Galveston Co.	M, W, CD, IRR, S\$, Med, Ins.....	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp.....	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	M, W, CD, IRR, S\$, Med, Ins.....	142
Texas HIV Medication Program (ADAP)	(800) 255-1090	Statewide	Free, HIV+ only , Restrictions apply.....	144
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 & up), Free, S\$, Med, Ins, Financing, Appt/Walk-ins, Esp.....	144

Patient Assistance & Co-Pay Programs for Current HIV Medications

Asistencia al paciente y programas de co-pagos para medicamentos corrientes del VIH

(As listed on www.NASTAD.org as of September 30, 2019)

What is a Patient Assistance Program?

A patient assistance program (PAP) is a program run through pharmaceutical companies to provide free or low-cost medications to people with low incomes who do not qualify for any other insurance or assistance programs, such as Medicaid, Medicare, or ADAP. Each individual company has different eligibility criteria for application and enrollment in their patient assistance program.

What is a Cost-sharing Assistance Program?

A cost-sharing assistance program (CAP) is a program operated by pharmaceutical companies to offer cost-sharing assistance (including deductibles, co-pays and co-insurance) to people with private health insurance to obtain HIV drugs at the pharmacy.

¿Qué es un programa de asistencia al paciente?

Un programa de asistencia (PAP) al paciente administrado por compañías farmacéuticas que provee medicamentos gratis o de bajo costo a personas de bajo ingreso que no califiquen en ningún otro seguro o programa de asistencia, así como Medicaid, Medicare o ADAP. Cada compañía que ofrece un programa de asistencia tiene su propia solicitud con diferentes criterios de elegibilidad.

¿Qué es un programa de asistencia para compartir costos?

Un Programa de Asistencia para Compartir Costos (Cost-Sharing Assistance Program, CAP) es un programa operado por compañías farmacéuticas con el fin de ofrecer asistencia para compartir costos (incluyendo deducibles, copagos y coseguros) a personas con seguro médico privado para obtener medicamentos contra el VIH en la farmacia.

Company Compañía	Contact Contacto	Medication Medicación	Details / Detalles	
AbbVie	1-800-441-4987 CAP 1-800-222-6885 PAP www.kaletra.com www.norvir.com	Kaletra Norvir	CAP: Covers the first \$400/mo. for Kaletra (\$4,800 max/yr) and up to \$100/mo (\$1,200/yr) for Norvir. Must reapply each year.	CAP: Cubre los primeros \$200/mensual para Kaletra(\$4,800 máx./año) y hasta \$100/mes (\$1,200/año) para Norvir. Debe solicitar cada año.
			PAP: Financial eligibility is 500% federal poverty level (FPL). No income limit for Norvir.	PAP: Elegibilidad financiera es 500% del nivel federal de pobreza (FPL). No hay límite de ingresos para Norvir.
Boehringer Ingelheim	1-800-556-8317 www.boehringer-ingelheim.us/our-responsibility/patient-assistance-program	Aptivus Viramune XR	PAP: Financial eligibility is 500% FPL.	PAP: Elegibilidad financiera es 500% FPL.
Bristol-Myers Squibb	1-888-281-8981 www.bms.com	Evotaz Reyataz Sustiva	CAP: Covers up to \$7,500/yr. of co-pays, deductibles and co-insurance. Automatic annual renewal for enrolled patients.	CAP: Cubre hasta \$6,800/año de co-pagos, deducibles y coseguros. Renovación anual automática para pacientes inscritos.
			PAP: Financial eligibility is 500% FPL.	PAP: Elegibilidad financiera es 500% FPL.

Patient Assistance & Co-Pay Programs for Current HIV Medications
Asistencia al paciente y programas de co-pagos para
medicamentos corrientes del VIH

Company Compañía	Contact Contacto	Medication Medicación	Details / Detalles	
Bristol-Myers Squibb & Gilead Sciences	1-888-281-8981 www.atripla.com	Atripla (see Gilead Sciences for PAP)	CAP: Covers up to \$7,500/yr. of co-pays, deductibles and co-insurance. Must reapply each year.	CAP: Cubre hasta \$7,500/año de co-pagos, deducibles y coseguros. Debe solicitar cada año.
Genentech	1-866-247-5084 www.fuzeon.com www.transplantaccessservices.com	Fuzeon	CAP: Covers all out-of-pocket costs for Fuzeon for those who have insurance, annual household income of \$150,000 or less, spend 5% or more of their income for Genetech prescriptions, and have exhausted all other patient assistance options. Must reapply each year.	CAP: Cubre todos los gastos por cuenta propia de Fuzeon para aquellos que tengan seguro, ingresos familiares anuales de \$150,000 o menores, gastos del 5 % o mayores de sus ingresos en recetas de Genetech y que hayan agotado todas las demás opciones de asistencia al paciente. Deben volver a presentar la solicitud cada año.
		Fuzeon Invirase	PAP: Annual household income below \$100,000 OR between \$100,000-150,000 and out-of-pocket medication costs exceed 5% of income.	PAP: Ingresos familiares anuales por debajo de \$100,000 O BIEN entre \$100,000 y \$150,000 y los gastos por cuenta propia de medicamentos exceden el 5 % de los ingresos.
Gilead Sciences	1-800-226-2056 www.atripla.com www.biktarvy.com www.complera.com www.descovy.com www.genvoya.com www.odefsey.com www.stribild.com www.truvada.com www.tybosts.com www.viread.com	Atripla Biktarvy** Complera Descovy Emtriva Genvoya Odefsey Stribild Truvada Tybost Viread	CAP: Covers the first \$7,200/yr of co-pays for Biktarvy & Genvoya; the first \$6,000/yr of co-pays for Atripla, Complera, Odefsey & Stribild; the first \$4,800/yr of co-pays for Descovy & Truvada; the first \$300/mo (\$3,600/yr) of co-pays for Emtriva & Viread; and the first \$50/mo (\$600/yr) of co-pays for Tybost. Automatic annual renewal for enrolled patients. PAP: Financial eligibility is 500% FPL.	CAP: Cubre los primeros \$7,200/año de copagos para Biktarvy y Genvoya; los primeros \$6,000/año de copagos para Atripla, Complera, Odefsey y Stribild; los primeros \$4,800/año de copagos para Descovy y Truvada; los primeros \$300/mes (\$3,600/año) de copagos para Emtriva y Viread; y los primeros \$50/mes (\$600/año) de copagos para Tybost. Renovación anual automática para pacientes inscritos. PAP: Elegibilidad financiera es 500% FPL.

** CAP only

Patient Assistance & Co-Pay Programs for Current HIV Medications
Asistencia al paciente y programas de co-pagos para
medicamentos corrientes del VIH

Company Compañía	Contact Contacto	Medication Medicación	Details / Detalles	
Janssen Therapeutics	1-877-227-3728 CAP www.janssencarepath.com/hcp	Edurant Intelence Prezcobix Prezista	CAP: Covers the first \$7,500/yr of co-pays, deductibles and co-insurance. Must reapply each year.	CAP: Cubre los primeros \$7,500/año de co-pagos, deducibles y coseguros. Debe solicitar cada año.
	1-800-652-6227 PAP www.ijpaf.org		PAP: Financial eligibility is 300% FPL.	PAP: Elegibilidad financiera es 300% FPL.
Merck & Co.	1-800-727-5400 CAP www.isentress.com	Isentress Isentress HD	CAP: Covers out-of-pocket costs up to a max total program savings of \$6,800. Coupon may be redeemed once every 21 days before the expiration date on the coupon, on each qualifying prescription up to 180 tablets each. Must reapply after the coupon expires.	CAP: Cubre los gastos por cuenta propia hasta un ahorro total máximo del programa de \$6,800. El cupón se puede canjear una vez cada 21 días antes de la fecha de vencimiento del cupón en cada receta que cumpla los requisitos hasta 180 tabletas cada una. Debe volver a presentar la solicitud después de que venza el cupón.
	1-800-727-5400 PAP www.merckhelps.com		Crixivan	PAP: Financial eligibility is 400% FPL.
ViiV Healthcare	1-844-588-3288 www.viivconnect.com	Dovato Juluca Lexiva Rescriptor Retrovir Selzentry Tivicay Triumeq Trizivir Viracept Ziagen	CAP: Triumeq has a \$7,500/yr max. Dovato & Juluca have a \$6,250/yr max. Lexiva, Rescriptor, Selzentry, Retrovir, Ziagen, Trizivir, & Viracept have a \$4,800/yr max. Automatic annual renewal for enrolled patients.	CAP: \$7,500/año máx. para Triumeq; \$6,250/año máx. para Dovato y Juluca; \$4,800/año máx. para Lexiva, Rescriptor, Selzentry, Retrovir, Ziagen, Trizivir y Viracept. Renovación anual automática para pacientes inscritos.
		Combivir* Epivir* ¹ Epzicom*	PAP: Financial eligibility is 500% FPL.	PAP: Elegibilidad financiera es 500% FPL.

* PAP only

¹If seeking Epivir for the treatment of hepatitis B (not HIV), contact GlaxoSmithKline to enroll in their PAP: 1-866-728-4368 or www.gskforyou.com.

Patient Assistance & Co-Pay Programs for Current HIV Medications
Asistencia al paciente y programas de co-pagos para
medicamentos corrientes del VIH

Additional Resources | Recursos adicionales

The following suggested resources may be of particular interest to individuals who are not eligible for either PAPs or CAPs, are uninsured or underinsured, or have Medicare.

Los siguientes recursos sugeridos podrían ser de interés a las personas que no son elegibles a obtener PAP o CAP, sin seguro o con seguro insuficiente, o tiene Medicare.

<p>Clinical Trials www.clinicaltrials.gov</p>	<p>A registry and results database of publicly and privately supported clinical studies of human participants conducted around the world. A service of the U.S. National Institutes of Health.</p>	<p><i>Un registro y tiene una base de datos con resultados de estudios clínicos de participantes humanos a través del mundo apoyado pública y privadamente. Un servicio del Instituto de Salud Nacional de EEUU.</i></p>
<p>The Fair Pricing Coalition (FPC) www.fairpricingcoalition.org</p>	<p>As part of their advocacy work, the Fair Pricing Coalition negotiates with companies to ensure that Patient Assistance Programs are adequately generous and easy to apply for.</p>	<p><i>Como parte de su abogacía, la coalición negocia con compañías para asegurar que el programa de asistencia a los pacientes siga recibiendo ayuda y sea fácil de solicitar.</i></p>
<p>Health Insurance Marketplace www.healthcare.gov</p>	<p>Allows individuals and families to sign-up for insurance coverage through the Affordable Care Act.</p>	<p><i>Permite a individuos y a familias a inscribirse para recibir cobertura a través del Affordable Care Act.</i></p>
<p>Needy Meds www.needy meds.org</p>	<p>Offers resources that are helpful to uninsured and underinsured patients including an MRI/CAT scan discount program and medical bill mediation.</p>	<p><i>Ofrece recursos que son útiles para pacientes no asegurados o con seguro insuficiente, incluyendo un programa de descuento de exploración tipo imagen por MRI o CAT y mediación de facturas médicas.</i></p>
<p>Patient Access Network (PAN) Foundation https://panfoundation.org 1-866-316-7263</p>	<p>Offers co-pay assistance for individuals who have Medicare and an annual income less than 500% FPL. The max yearly benefit is \$3,600. Patients may apply for a second grant during their eligibility period subject to availability of funding. Otherwise, patients must reapply each year. See website for list of eligible HIV medications.</p>	<p><i>Ofrece asistencia con el copago para personas que tienen Medicare y un ingreso anual inferior al 500 % del nivel federal de pobreza. El beneficio anual máximo es de \$3,600. Los pacientes pueden solicitar una segunda subvención durante su período de elegibilidad sujeto a la disponibilidad de fondos. De lo contrario, los pacientes deben volver a presentar la solicitud cada año. Consulte el sitio web para obtener una lista de los medicamentos contra el VIH elegibles.</i></p>
<p>Patient Advocate Foundation www.copays.org/diseases/hiv-aids-and-prevention 1-800-532-5274</p>	<p>Offers co-pay assistance for insured individuals with an annual income less than 400% FPL. The yearly max is \$7,500 to help cover the out-of-pocket costs incurred for HIV treatment (not drug-specific). Patients must have health insurance which covers the medication for which the patient seeks assistance. Must reapply annually.</p>	<p><i>Ofrece asistencia con el copago para personas aseguradas con un ingreso anual inferior al 400 % del nivel federal de pobreza. El máximo anual es de \$7,500 para ayudar a cubrir los gastos por cuenta propia incurridos por el tratamiento contra el VIH (no específico para un medicamento). Los pacientes deben tener un seguro médico que cubra la medicación para la que el paciente busca asistencia. Debe volver a presentar la solicitud cada año.</i></p>
<p>The Treatment Action Group www.treatmentactiongroup.org</p>	<p>Collaborates with activists, community members, scientists, governments, and drug companies to make safer, more effective and less toxic treatment for HIV, Hep C and TB available.</p>	<p><i>Colabora con activistas, miembros de la comunidad, científicos, entidades gubernamentales, y compañías farmacéuticas a generar tratamientos del VIH, Hep C y TB que sean más seguros, eficientes y menos tóxicos.</i></p>

Social Support & Activities / Apoyo Sociales y Actividades

Many people in the Houston area volunteer their time to help persons living with HIV and their families. Some volunteers develop one-on-one relationships with those who need additional social or emotional support, or provide support through telephone contact. Some volunteers help with food preparation, transportation, and running errands.

Also, there are many activities and social groups for people living with HIV in the Houston area.

Muchas personas en el área de Houston ofrecen voluntariamente su tiempo para ayudar a las personas que viven con el VIH y sus familias. Algunos voluntarios desarrollan relaciones uno a uno con aquellos que necesitan apoyo social o emocional adicional, o brindan apoyo a través del contacto telefónico. Algunos voluntarios ayudan con la preparación de alimentos, transporte y mandados.

Además, hay muchas actividades y grupos sociales para las personas que viven con el VIH en el área de Houston.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AAMA	(713) 926-9491	(C) East End	All, Free, S\$, Ins, Med, Esp	96
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.....	92
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, S\$.....	94
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Cash/Credit, Financing, Esp ...	103
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins	111
City of Houston Community Re-Entry Program	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, CD, Free, Appt/Walk-ins, Esp	111
Covenant House Texas	(713) 523-2231	(C) Montrose	Y (ages 18-24), Parenting/pregnant, Free, Walk-ins, Esp	112
FLAS, Inc.	(713) 772-2366	(SW) Gulfton	Adults, IRR, CD, Walk-ins, Esp.....	115
Ft Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	112
God's Lovely Butterflies Maternity Home	(832) 264-7491	Confidential	W, Y, C, Homeless, Free, S\$, Med	116
Harmony House, Inc.	(713) 221-6200	(C) Downtown	M, Free, Lim, Homeless	118
HHS Northwest Community Health Center	(713) 867-8257	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-ins, HIV+ only	121
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt/Walk-ins, Esp	121
Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins	112
Living without Limits Living Large Magnificat House - St. Joseph House	(832) 545-5689	(C) Montrose	M, W, HIV+ only , Affected heterosexuals, Free.....	127
	(713) 523-5958	(C) Midtown	Adults, Free, Walk-ins	129
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req.....	132
Paws with Helping Hands Charity	(832) 573-7274	Not applicable	All, Free.....	134
PFLAG Houston	(713) 467-3524	(C) Hermann Park	All, Free.....	134
SERJobs - Youth Programs	(713) 773-6000	(C) Lawndale	Ages 16-24, Free, Walk-ins, Esp	138
SERJobs - Veteran's Services	(713) 773-6000	(C) Lawndale	Adults, Homeless, IRR, Immigrants, Free, Walk-ins, Esp	138
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake	139
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 & up), Free, S\$, Med, Ins, Appt/Walk-ins, Esp	144
Unlimited Visions Aftercare, Inc.	(713) 923-1786	(C) Lawndale	All, Fam, CD, Homeless, IRR, Free...	146

Support Groups / Grupos de Apoyo

HIV+ individuals may feel alone, depressed, confused or even guilty. Sometimes help is needed to sort out these emotions. Support groups are available for people with HIV and their loved ones. These services are frequently free of charge, low cost or based on the client's income.

Please see page 60 for Mental Health Services.

Personas con el VIH pudiesen sentirse solas, deprimidas, confusas o hasta culpables. A veces se necesita ayuda para enfrentar estos sentimientos. Los grupos de ayuda están disponibles para estas personas y sus familiares y muchas veces son gratuitos o basados en el ingreso del cliente.

Por favor vea la página 60 para Servicios de Salud Mental.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
3 "A" Bereavement Foundation (3ABF)	(713) 649-3232	(SE) OST/S. Union	All, Income-based eligibility, Free, Appt req, Esp.....	91
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.....	92
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults, S\$.....	94
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Cash/Credit, Esp	103
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled, Free, Walk-ins	111
Bridge Over Troubled Waters	(281) 420-5600	(SE)	All, W, Fam, Appt req, Free, Esp	104
Catholic Charities	(713) 526-4611	(C) Midtown	Free, Appt req, HIV+ only , Esp	106
Change Happens!	(713) 374-1222	(C) Third Ward	W, Homeless, Disabled, Appt req.....	108
Ft Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled, Free, Walk-ins	112
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, HIV+ only , Esp.....	121
Hope and Healing Center & Institute (HHCI)	(713) 871-1004	(W) Greater Uptown	Adults with serious mental illness, Free.....	122
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	123
Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled, Free, Walk-ins	112
Jewish Family Service	(713) 667-9336	(C) Meyerland (NE) Kashmere Gardens	All, Free, Flat fee, S\$, Ins, Med, Appt req	125
L-H Transitional Center	(713) 239-3866		Adults, CD, IRR, S\$, Appt/Walk-ins... M, W, HIV+ only and affected heterosexuals, Free.....	127
Living without Limits Living Large	(832) 545-5689	(C) Montrose		127
National Alliance on Mental Illness (NAMI)	(713) 970-4419	(C) Montrose	All, Free, Lim, Esp	131
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, IRR, CD, Esp.....	132
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req.....	132
PFLAG Houston	(713) 467-3524	(C) Hermann Park	All, Free.....	134
re:mind Depression and Bipolar Support	(713) 600-1131	(C) River Oaks	M, W, IRR, Homeless, Immigrants, CD, Free, Walk-ins	136
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake.....	139
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 & up), S\$, Med, Ins, Financing, Appt/Walk-ins, Esp.....	144

Testing for HIV and STDs / Prueba del VIH y ETS

If you think that you've been exposed to HIV, you should seriously consider taking an HIV test. This simple medical test is the only way to tell if someone has been exposed to the virus. The test can be done at a doctor's office, a clinic or at a testing site or outreach event. At many public clinics you do not have to give your name, and often the test is free or very low cost. Most testing sites will have tests that give immediate results.

Si cree que ha estado expuesto al VIH, debería considerar seriamente la posibilidad de hacerse la prueba del VIH. Esta simple prueba médica es la única manera de saber si alguien ha sido expuesto al virus. La prueba se puede hacer en el consultorio de un médico, en una clínica o en un lugar de pruebas o en un evento de divulgación. En muchas clínicas públicas no tiene que dar su nombre, y a menudo la prueba es gratuita o de muy bajo costo. La mayoría de los sitios de pruebas tendrán pruebas que darán resultados inmediatos.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Esp	96
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, Free, CD, Esp.....	92
AccessHealth	(281) 342-4530	(SW) Fort Bend & Waller Counties	All, Walk-ins, S\$, Med, Ins, CHIP, Esp	92
AFH Prevention Svcs & PrEP	(713) 623-6796	(SW) Sharpstown	All, Free.....	93
AHF Binz Street Clinic	(713) 524-8700	(C) Medical Center	Adults, IRR, Immigrants, Homeless, Appt req, Esp	94
AHF Fannin Street Clinic	(713) 799-8994	(C) Astrodome Area	W, Transgender, IRR, Appt req, CHIP, S\$, Med, Ins, Esp	94
AHF Out of the Closet Thrift Store	(713) 391-8990	(C) Montrose	All, Walk-ins, Free	94
Avenue 360 Health and Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	98
Avenue 360 Humble	(281) 570-2525	(NE) Humble	M, W, C, Y, S\$, Ins, Med, Esp	98
Avenue 360 South Central	(832) 962-4111	(S) OST/S. Union	M, W, C, Y, S\$, Ins, Med, Esp	99
Avenue 360 Southwest	(832) 830-8345	(SW) Fondren SW	M, W, C, Y, S\$, Ins, Med, Esp	99
Avenue 360 Spring Cypress	(281) 537-8627	(N) Ponderosa Forest	M, W, C, Y, S\$, Ins, Med, Esp	99
Baylor Teen Health Clinic - Ben Taub	(713) 873-3601	(C) Medical Center	Y (ages 13-24), Free, Appt req, Esp..	101
Baylor Teen Health Clinic - Cavalcade	(713) 673-1655	(NE) Kashmere Gardens	Y (ages 13-24), Free, Appt req, Esp..	101
Baylor Teen Health Clinic - Cullen	(713) 440-7313	(C) MacGregor	Y (ages 13-24), Free, Appt req, Esp..	102
Baylor Teen Health Clinic - Lawn	(281) 847-9970	(N) Acres Home	Y (ages 13-24), Free, Appt req, Esp..	102
Baylor Teen Health Clinic - LBJ	(713) 566-5612	(SE) Trinity/Houston Gardens	Y (ages 13-24), Free, Appt req, Esp..	102
Baylor Teen Health Clinic - Milby High School	(713) 556-5766	(SE) East End	Y (ages 13-24), Free, Appt req, Esp..	102
Baylor Teen Health Clinic - Tejano Center	(713) 640-3730	(SE) Park Place	Y (ages 13-24), Free, Appt req, Esp..	102
Baylor Teen Health Clinic - Wisdom High School	(713) 556-5705	(SW) Gulfton	Y (ages 13-24), Free, Appt req, Esp..	103
Baylor Teen Health Clinic - Worthing High School	(713) 556-5348	(SE) Sunnyside	Y (ages 13-24), Free, Appt req, Esp..	103
Bee Busy Inc.	(713) 774-8800	(SW) Westwood	M, W, Y, IRR, CD, Free, Homeless, Immigrants, Walk-ins, Esp	103
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Cash/Credit, Financing available, Esp	103
Career and Recovery Resources	(713) 754-7000	(C) Midtown	M, W, Free, Appt req, CD.....	105
Change Happens!	(713) 374-1200	(C) Third Ward	M, W, CD, Free, Esp	108

Testing for HIV and STDs / Prueba del VIH y ETS

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-24), Free, Esp	112
Ft. Bend Clinical Health Services	(832) 520-6635	(SW) Missouri City	M, W, Y, Free, Appt req, Esp	115
FLAS, Inc.	(713) 772-2366	(SW) Sharpstown	All, Free, Walk-ins, Esp	115
Harris County Humble Health Clinic	(832) 927-1330	(N) Humble	All, S\$, Appt req, Esp	119
Harris County Southeast Health Clinic	(713) 274-9440	(SE) Pasadena	All, S\$, Appt req, Esp	119
Harris County Jail Early Intervention Services	(346) 286-2665	(C) Downtown	M, W, Free, Incarcerated, Esp	120
HHS Northwest Community Health Center	(713) 867-8258	(NW) Oak Forest/ Garden Oaks	All, Free, S\$, Ins, Med, Esp	121
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	All, Free, S\$, Ins, Med, Esp	121
Legacy Beaumont Clinic	(409) 242-2577	(E) Beaumont	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp.....	126
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	126
Planned Parenthood Gulf Coast	(800) 230-7526	Various	M, W, Y, Free, Walk-ins, Esp.....	134
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp	141
SHF Dickinson Health Center	(832) 431-5162	(SE) Galveston Co.	All, S\$, Med, Ins, Appt req, Esp	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	All, S\$, Med, Ins, Appt req, Esp	142
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	M, W, IRR, Free, S\$, Med, Ins, Esp	144

Transportation / Transporte

For persons living with HIV without their own transportation, it can be very hard to access needed services. The following agencies offer help with transportation to medical and/or social service providers, but you may have to make reservations well in advance of when you need a ride and other restrictions may apply. Be aware that not all agencies will service your area, and that METRO offers special van services for the disabled individual.

Ryan White clients may be eligible to receive a bus pass, see your case manager for details.

Para las personas que viven con el VIH sin su propio transporte, puede ser muy difícil acceder a los servicios necesarios. Las siguientes agencias ofrecen ayuda con el transporte a proveedores de servicios médicos y/o sociales, pero es posible que tenga que hacer reservaciones con suficiente antelación cuando necesite un viaje y otras restricciones pueden aplicarse. Tenga en cuenta que no todas las agencias prestarán servicio a su área, y que METRO ofrece servicios de van especiales para las personas con discapacidad.

Los clientes de Ryan White pueden ser elegibles para recibir un pase de autobús, consulte a su administrador de casos para obtener más detalles.

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Access Care of Coastal Texas	(409) 763-2437	(SE) Galveston	All, HIV+ only , Free, CD, Esp.....	92
AIDS Foundation Houston	(713) 623-6796	(SW) Sharpstown	Adults, IRR, HIV+ only , Homeless, Free.....	93
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, Esp.....	103
Harris County RIDES	(713) 368-7433	(N) Eastex/Jensen	Disabled, Elderly or Low income, Flat fee, Esp.....	120
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake.....	139
St Hope Foundation	(713) 778-1300	(SW) Sharpstown	M, W, Ins, Self-pay, S\$, Med.....	141
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 & up), Free, S\$, Med, Ins, Financing, Appt/Walk-ins, Esp.....	144

METRO Metropolitan Transit Authority of Harris County

METRO offers a variety of services, including the METRO Bus, METRORail, METROLift, STAR (vanpool), and Ride Share programs.

For more information, including maps, schedules and fares, visit www.ridemetro.org, or call 713-635-4000.

METRO Autoridad de Tránsito Metropolitano de Harris County

METRO ofrece una variedad de servicios, que incluyen el METRO Bus, METRORail, METROLift, STAR (vanpool) y los programas Ride Share.

Para más información sobre, incluyendo mapas, horarios y tarifas, visite www.ridemetro.org, o llame al 713-635-4000.

Treatment Information & Clinical Trials *Información de tratamientos y Pruebas clínicas*

With so many promising new treatments available for HIV, it is more important than ever to stay informed! Fortunately, there are many good sources of information, including free and low cost publications that describe the latest treatment options.

To help advance research and have access to “cutting edge” treatments, consider participating in a clinical trial. The purpose of clinical trials is to study new drugs that fight HIV or the illnesses it causes. All drugs used now are only available because others participated in clinical trials. Persons living with HIV who take part in the free clinical trials may not see a direct result from the experiment (though many do!), but the trials provide doctors with information that might help other people live longer, healthier lives. Any doctor can help connect interested patients to a clinical trial. Also see PUBLICATIONS, page 161.

Con tantos nuevos tratamientos prometedores, es ahora más importante que nunca el mantenerse informado/a. Afortunadamente, existen muchas buenas fuentes de información, inclusive algunas publicaciones gratuitas y otras a bajo costo.

Para ayudar al adelanto de los tratamientos médicos, considere participar en pruebas clínicas. El propósito de éstas es estudiar los medicamentos nuevos que combaten el VIH o las enfermedades que causa. Todos los medicamentos utilizados actualmente están disponibles porque otras personas participaron en pruebas clínicas. Las personas que viven con el VIH que participan en los ensayos clínicos gratuitos pueden no ver un resultado directo del experimento (aunque algunos sí los ven), sin embargo las pruebas proveen a los médicos información que pudiera ayudar a otras personas a vivir una vida, más prolongada y saludable. Médicos pueden conectar a pacientes a las pruebas clínicas (vea PUBLICACIONES, página 161).

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, Esp	103
HHS Northwest Community Health Center	(713) 867-8257	(NW) Oak Forest/ Garden Oaks	M, W, HIV+ only , Free, S\$, Med, Ins, Appt/Walk-ins.....	121
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt/Walk-ins, Esp	121
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp.....	125
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	M, W, CD, IRR, S\$, Med, Ins.....	142
UT Houston Health Science Center	(832) 325-6516	(C) Medical Center	Fam, Free, Medicaid, Appt req, HIV+ only , Esp	147



Art by Kevin

Veterans' Services / Servicios para Veteranos

Eligibility for most VA benefits is based on the veteran's status of discharge from active military service or completion of at least six years of honorable service in the Selected Reserves. The Defense Department issues each veteran a military discharge form, DD 214, which identifies the veteran's condition of discharge - honorable, general, dishonorable or bad conduct. The DD 214 should be kept in a safe, convenient location. If it is lost, it can be re-obtained through the VA Regional Office. Honorable and general discharges qualify a veteran for most VA services. Dishonorable and bad conduct discharges issued by general court-martial bar VA benefits. Veterans in prison and parolees may be eligible for certain VA benefits. Specialized medical care for HIV, free medications, long-term housing assistance and many social services are available through the VA Medical Center.

*If you are a veteran, contact the Veterans Affairs Benefits and Services office at 1-800-827-1000; you may be eligible for a pension or other benefits that you did not even know about!

La elegibilidad para recibir la mayoría de los beneficios de la Administración de Veteranos (VA) está basada en el tipo de baja del servicio militar activo de un veterano o la terminación de por lo menos seis años de servicio honorable en la Reserva. El Departamento de Defensa provee a cada veterano un formulario de baja, DD 214, que identifica el tipo de exoneración del veterano, sea honrosa, general, deshonrosa o de mala conducta. El formulario DD 214 debe ser guardado en un lugar seguro y conveniente. Si se extravía, se puede obtener otro a través de la oficina regional de VA. La baja honrosa y general permiten que el veterano reciba la mayoría de los servicios. La baja deshonrosa previene que el veterano reciba beneficios. Los veteranos que están en prisión o en libertad bajo palabra pueden ser elegibles a ciertos beneficios. El cuidado médico del VIH, medicamentos gratuitos, asistencia de vivienda a largo plazo y muchos servicios sociales están disponibles en el Centro Médico de la Administración de Veteranos.

** Si Ud. es un veterano, póngase en contacto con la Oficina de Beneficios y Servicios de Veterans Affairs: 1-800-827-1000; ¡puede que sea elegible para recibir beneficios de jubilación u otros beneficios!*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Cash/Credit, Financing, Esp ...	103
Career and Recovery Resources	(713) 754-7059	(C) Midtown	Veterans, Free, Financing available ..	105
Catholic Charities	(713) 526-4611	(C) Midtown	Free, Appt req, Esp	106
Houston VA Medical Center	(713) 791-1414	(C) Medical Center	M, W, Veteran, Walk-ins, Income-based eligibility, CD	130
Recenter Houston	(832) 649-6696	(C) Downtown	M, W, CD, Homeless, Esp	135
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W/C, IRR, CD, Free, Appt req	137
SERJobs	(713) 773-6000	(E) Lawndale	Adults, Homeless, IRR, Immigrants, Free, Walk-ins, Esp	138



Art by Arturo

Volunteer Opportunities / Oportunidades para Voluntarios

Many agencies would not be able to serve the needs of their clients if not for the help of caring volunteers. Volunteer opportunities range from answering phones and mailing newsletters to assisting with client services.

To find out more and get involved, call today!

Muchas organizaciones no podrían servir a sus clientes sin el trabajo realizado por los voluntarios. Las oportunidades son muchas, como atendiendo el teléfono, enviando correspondencias, asistiendo con los servicios del cliente.

¡Para mayor información y participar, llame hoy!

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AAMA	(713) 926-9491	(E) East End	All, Esp.....	96
Alzheimer's Association	(713) 314-1313	(C) Medical Center	Adults.....	94
Brazoria Co. Center for Independent Living	(979) 849-7060	(S) Angleton	All, Disabled.....	112
Catholic Charities	(713) 526-4611	(C) Midtown	All, Esp.....	106
Change Happens!	(713) 374-1200	(C) Third Ward	All.....	108
City of Houston Community Re-Entry Network Program	(832) 393-5467	(NE) Kashmere Gardens	Adult ex-offenders, Esp.....	111
Cypress Assistance Ministries	(281) 955-7684	(NW) Cy Fair	All, Esp.....	113
East Ft. Bend Human Needs Ministry	(281) 261-1006	(SW) Stafford	All.....	114
Ft. Bend Ctr for Independent Living	(281) 980-2219	(SW) Sugar Land	All, Disabled.....	112
Ft. Bend Women's Center	(281) 344-5750	(SW) Rosenberg	All, Esp.....	115
Good Shepherd Mission	(936) 291-8156	(N) Huntsville	All.....	116
Harmony House, Inc.	(713) 221-6200	(C) Downtown	All.....	118
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, Esp.....	123
Houston Ctr for Independent Living	(713) 974-4621	(SW) Sharpstown	All, Disabled.....	112
LGBT Switchboard of Houston	(713) 529-3211	(C) Montrose	All, Esp.....	127
L-H Transitional Center	(713) 239-3866	(NE) Kashmere Gardens	Adults.....	127
Magnificat House - Loaves & Fishes Soup Kitchen	(713) 224-1373	(C) Downtown	All.....	127
Magnificat House - St. Joseph Clubhouse	(713) 523-5958	(C) Midtown	All.....	129
National Alliance on Mental Illness	(713) 970-4419	(SW) Sharpstown	All, Esp.....	131
Open Door Mission	(713) 921-7520	(C) East End	M.....	133
Ryan White Planning Council	(832) 927-7926	(C) Galleria/Post Oak	All, Esp.....	136
St Hope Foundation	(713) 778-1300	(SW) Sharpstown	All.....	141
West Houston Assistance Ministries	(713) 780-2727	(W) Westchase	All, Esp.....	147
WoodsEdge - Threads of Nissi Food & Clothing Pantry	(281) 364-0415	(N) Spring	All.....	148

Women's Services / Servicios para Mujeres

Many women living with HIV have discovered that there do not seem to be as many services for them as there are for men living with HIV. However, this situation is changing. The Houston area offers OB/GYN care and family planning to women living with HIV through physicians and community clinics.

Women with children may be interested in free parenting classes, day care, and special services for their children (see CHILDREN'S SERVICES, page 25). The agencies listed below specialize in serving the needs of women, although most agencies in the book can help as well.

Muchas mujeres que viven con el VIH han descubierto que parece no haber tanta ayuda para ellas como la hay para los hombres. Sin embargo, esta situación está cambiando. El área de Houston provee cuidado médico para las mujeres, y existen clínicas que se especializan en la planificación familiar.

Mujeres con hijos pueden asistir a clases para ser mejores madres, se dispone de cuidado diurno y otros servicios especiales para niños (vea SERVICIOS PARA NIÑOS, página 25). Estas agencias se especializan en servicios para mujeres, aunque la mayoría de ellas en este libro pueden ayudar.

Housing / Vivienda

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AFH Housing and Supportive Services	(713) 623-6796	(SW) Sharpstown	M, W, Y, IRR, CD, Free, Homeless, Immigrants	93
Bay Area Turning Point	(281) 338-7600	(SE) Webster	W, Fam, Free, Appt req, Esp	101
Bridge Over Troubled Waters	(713) 472-0753	(SE)	All, W, Fam, Appt req, Free, Esp	104
Change Happens!	(713) 374-1222	(C) Third Ward	Adult homeless/disabled women, Appt req	108
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only)	114
Ft. Bend Women's Center	(281) 344-5750	(SW) Rosenberg	W, Y, Fam, Free, Appt/Walk-ins, Esp	115
God's Lovely Butterflies Maternity Home	(832) 264-7491	Confidential (NE) Kashmere Gardens	W, Y, C, Homeless, Free, S\$, Med ...	116
L-H Transitional Center	(713) 239-3866	(N) Eastex/Jensen	Adults, CD, IRR, S\$, Appt/Walk-ins...	127
Santa Maria Hostel	(713) 691-0900	(N) Eastex/Jensen	W, W/C, IRR, CD, Free, Appt req	137

Medical Services / Servicios médicos

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AccessHealth HIV Program	(281) 342-4530	(SW) Richmond (SW) Fort Bend & Waller Counties	Adults, HIV+ only , Walk-ins, S\$, Med, Ins, RW Part B, Esp	92
AccessHealth Medical Services	(281) 342-4530	(SW) Fort Bend & Waller Counties	All, S\$, Med, Ins, CHIP, Esp	92
AFH The CARE Program	(713) 623-6796	(SW) Sharpstown	Adults, HIV+ only , Homeless, CD, Free	93
AHF Fannin Street	(713) 799-8994	(C) Astrodome Area	W, Transgender, HIV+ only , IRR, Appt req, CHIP, S\$, Med, Ins, Esp	94
Avenue 360 Health and Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	98
Avenue 360 Humble	(281) 570-2525	(NE) Humble	M, W, C, Y, S\$, Ins, Med, Esp	98
Avenue 360 South Central	(832) 962-4111	(S) OST/S. Union	M, W, C, Y, S\$, Ins, Med, Esp	99
Avenue 360 Southwest	(832) 830-8345	(SW) Fondren SW	M, W, C, Y, S\$, Ins, Med, Esp	99

Women's Services / Servicios para mujeres

Medical Services / Servicios médicos

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Avenue 360 Spring Cypress	(281) 537-8627	(N) Ponderosa Forest	M, W, C, Y, S\$, Ins, Med, Esp.....	99
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, Cash/ Credit, Financing, Esp.....	103
Christ Clinic	(281) 391-0190	(W) Katy	Adults, Homeless, IRR, Flat fee, Appt/Walk-ins, Esp.....	109
HHS Northwest Community Health Center	(713) 861-3939	(NW) Oak Forest/ Garden Oaks	M, W, Free, S\$, Med, Appt/Walk-ins, HIV+ only	121
HHS Thomas Street Health Center	(713) 873-4000	(C) Near Northside	M, W, Free, S\$, Med, HIV+ only , Appt/Walk-ins, Esp.....	121
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp	126
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp	126
Legacy San Jacinto Clinic	(281) 420-8400	(E) Baytown	All, S\$, Ins, Med, CHIP, Esp.....	127
Legacy South Park Campus	(409) 242-2525	(E) Beaumont	All, S\$, Ins, Med, CHIP, Esp.....	127
Legacy Southwest Campus	(713) 548-5300	(SW) Gulfton	W, C, S\$, Med, Ins, Esp	127
Planned Parenthood Gulf Coast	(800) 230-7526	All	M, W, Y, S\$, Free, Ins, Appt req (same day available), Esp.....	134
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp.....	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp.....	141
SHF Dickinson Health Center	(832) 431-5162	(SE) Galveston Co.	All, S\$, Med, Ins, Appt req, Esp.....	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp.....	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	All, S\$, Med, Ins, Appt req, Esp.....	142
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 & up), Free, S\$, Med, Ins, Financing, Appt/Walk-ins, Esp.....	144

Support Services / Servicios de apoyo

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AccessHealth Medical Services	(281) 342-4530	(SW) Fort Bend & Waller Counties	All, S\$, Med, Ins, CHIP, Esp.....	92
AFH Medical Transportation	(713) 623-6796	(SW) Sharpstown	Adults, HIV+ only , Homeless, Free	93
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Cash/Credit, Financing, Esp.....	103
Brazos Place	(979) 233-3826	(S) Freeport	Adults, S\$, Appt/Walk-ins, Waiting list, CD, Esp	104
Bridge Over Troubled Waters	(281) 420-5600	(SE) Baytown	W, Fam, Appt req, Free, Esp.....	104
Cenikor Houston Treatment Center	(888) 236-4567	(SE) Deer Park	M, W, IRR, CD, S\$, Med, Flat, Scholarships, Appt req.....	106
Change Happens!	(713) 374-1200	(C) Third Ward	All	108
FamilyTime Crisis and Counseling Center	(281) 446-2615	(N) Humble	All, Free, S\$, Appt req (Walk ins-crisis only)	114
Ft. Bend Women's Center	(281) 344-5750	(SW) Rosenberg	W, Y, Fam, Free, Appt/Walk-ins, Esp	115
God's Lovely Butterflies Maternity Home	(832) 264-7491	Confidential	W, Y, C, Homeless, Free, S\$, Med	116

Women's Services / *Servicios para mujeres*

Support Services / *Servicios de apoyo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
Harris County WIC Program	(713) 407-5800	(C) Galleria/ Post Oak	C (0-5 yrs), Pregnant, postpartum & breastfeeding women, Free (based on income), Esp	119
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp	123
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, IRR, CD, Esp.....	132
Northwest Assistance Ministries	(281) 885-4555	(N) Bammel	Fam, Free or low cost, Appt req (walk-ins for emergency food only)	132
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 and up), Free, S\$, Med, Ins, Financing, Appt/Walk-ins, Esp.....	144
U of H Healthy Start Program	(713) 743-5500	(C) Third Ward	African American W & M, Free, Lim.....	145

Youth/Teen Services / *Servicios para Jóvenes/Adolescentes*

Youth living with HIV often have unique needs. If you are between the ages of 13 and 24 and have tested positive for HIV, please call one of the agencies below; all have special programs for youth with HIV and they are there to help you.

Los jóvenes que viven con el VIH a menudo tienen necesidades únicas. Si tiene entre 13 y 24 años de edad y ha resultado ser VIH positivo, llame a una de las agencias siguientes; todos tienen programas especiales para jóvenes con VIH y están ahí para ayudarlos.

Housing / *Vivienda*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
AFH Housing and Supportive Services	(713) 623-6796	(SW) Sharpstown	M, W, Y, IRR, CD, Free, Homeless, Immigrants	93
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-24), Parenting/pregnant, Free, Walk-ins, Esp	112
God's Lovely Butterflies Maternity Home	(832) 264-7491	Confidential	W, Y, C, Homeless, Free, S\$, Med ...	116

Medical Services / *Servicios médicos*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
Avenue 360 Health and Wellness	(713) 426-0027	(C) Timbergrove	All, S\$, Ins, Med, CHIP, Esp	98
Avenue 360 Humble	(281) 570-2525	(NE) Humble	M, W, C, Y, S\$, Ins, Med, Esp	98
Avenue 360 South Central	(832) 962-4111	(S) OST/S. Union	M, W, C, Y, S\$, Ins, Med, Esp	99
Avenue 360 Southwest	(832) 830-8345	(SW) Fondren SW	M, W, C, Y, S\$, Ins, Med, Esp	99
Avenue 360 Spring Cypress	(281) 537-8627	(N) Ponderosa Forest	M, W, C, Y, S\$, Ins, Med, Esp	99
Baylor Teen Health Clinic - Ben Taub	(713) 873-3601	(C) Medical Center	Y (ages 13-24), Free, Appt req, Esp	101
Baylor Teen Health Clinic - Cavalcade	(713) 673-1655	(NE) Kashmere Gardens	Y (ages 13-24), Free, Appt req, Esp	101
Baylor Teen Health Clinic - Cullen	(713) 440-7313	(C) MacGregor	Y (ages 13-24), Free, Appt req, Esp	102

Youth/Teen Services | *Servicios para Jóvenes/Adolescentes*

Medical Services | *Servicios médicos*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Baylor Teen Health Clinic - Lawn	(281) 847-9970	(N) Acres Home	Y (ages 13-24), Free, Appt req, Esp	102
Baylor Teen Health Clinic - LBJ	(713) 566-5612	(SE) Trinity/Houston Gardens	Y (ages 13-24), Free, Appt req, Esp	102
Baylor Teen Health Clinic - Milby High School	(713) 556-5766	(SE) East End	Y (ages 13-24), Free, Appt req, Esp	102
Baylor Teen Health Clinic - Tejano Center	(713) 640-3730	(SE) Park Place	Y (ages 13-24), Free, Appt req, Esp	102
Baylor Teen Health Clinic - Wisdom High School	(713) 556-5705	(SW) Gulfton	Y (ages 13-24), Free, Appt req, Esp	103
Baylor Teen Health Clinic - Worthing High School	(713) 556-5348	(SE) Sunnyside	Y (ages 13-24), Free, Appt req, Esp	103
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, Cash/Credit, Financing, Esp	103
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-24), Parenting/pregnant, Free, Walk-ins, Esp	112
Harris County Humble Health Clinic	(832) 927-1330	(N) Humble	All, S\$, Ins, Med, Appt req, Esp	119
Harris County Southeast Health Clinic	(713) 274-9440	(SE) Pasadena	All, S\$, Ins, Med, Appt req, Esp	119
HHS Northwest Community Health Center	(713) 867-8257	(NW) Oak Forest/Garden Oaks	M, W, Free, S\$, Med, Ins, Appt/Walk-in, HIV+ only	121
Legacy Lyons Campus	(832) 548-5400	(C) Fifth Ward	All, Fam, S\$, Ins, Med, Esp	126
Legacy Montrose Campus	(832) 548-5100	(C) Montrose	All, Fam, S\$, Ins, Med, Esp	126
Planned Parenthood Gulf Coast	(800) 230-7526	All	M, W, Y, S\$, Free, Ins, Appt req (same day available), Esp	134
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake	139
SHF Bellaire Health Center	(713) 839-7111	(C) Bellaire	All, S\$, Med, Ins, Appt req, Esp	141
SHF Conroe Health Center	(936) 441-2440	(N) Conroe	All, S\$, Med, Ins, Appt req, Esp	141
SHF Dickinson Health Center	(832) 431-5162	(SE) Galveston Co.	All, S\$, Med, Ins, Appt req, Esp	141
SHF Greenspoint Health Center	(832) 300-8040	(N) Greenspoint	All, S\$, Med, Ins, Appt req, Esp	142
SHF Sugar Land Health Center	(281) 277-8571	(SW) Sugar Land	All, S\$, Med, Ins, Appt req, Esp	142
Triangle Area Network (TAN Healthcare)	(409) 832-8338	(E) Beaumont	All (ages 5 & up), Free, S\$, Med, Ins, Financing, Appt/Walk-ins, Esp	144
UT Health Science Center Houston	(832) 325-6516	(C) Medical Center	Fam, Free, Medicaid, Appt req, HIV+ only , Esp	147

Support Services | *Servicios de apoyo*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
AAMA	(713) 926-9491	(E) East End	All, Free, S\$, Ins, Med, Walk-ins, Esp	96
AFH Housing and Supportive Services	(713) 623-6796	(SW) Sharpstown	M, W, Y, IRR, CD, Free, Homeless, Immigrants	93
Ambassadors for Christ Youth Ministries	(281) 536-5475	(W) Greater Uptown	Y, Homeless, Appt/Walk-ins, Esp	95
Baylor Teen Health Clinic - Ben Taub	(713) 873-3601	(C) Medical Center	Y (ages 13-24), Free, Appt req, Esp	101

Youth/Teen Services | *Servicios para Jóvenes/Adolescentes*

Support Services | *Servicios de apoyo*

Agency / Agencia	Phone / Teléfono	Location / Localizado	Legend / Tabla	Page
Baylor Teen Health Clinic - Cavalcade	(713) 673-1655	(NE) Kashmere Gardens	Y (ages 13-24), Free, Appt req, Esp	101
Baylor Teen Health Clinic - Cullen	(713) 440-7313	(C) MacGregor	Y (ages 13-24), Free, Appt req, Esp	102
Baylor Teen Health Clinic - Lawn	(281) 847-9970	(N) Acres Home	Y (ages 13-24), Free, Appt req, Esp	102
Baylor Teen Health Clinic - LBJ	(713) 566-5612	(SE) Trinity/ Houston Gardens	Y (ages 13-24), Free, Appt req, Esp	102
Baylor Teen Health Clinic - Milby High School	(713) 556-5766	(SE) East End	Y (ages 13-24), Free, Appt req, Esp	102
Baylor Teen Health Clinic - Tejano Center	(713) 640-3730	(SE) Park Place	Y (ages 13-24), Free, Appt req, Esp	102
Baylor Teen Health Clinic - Wisdom High School	(713) 556-5705	(SW) Gulfton	Y (ages 13-24), Free, Appt req, Esp	103
Baylor Teen Health Clinic - Worthing High School	(713) 556-5348	(SE) Sunnyside	Y (ages 13-24), Free, Appt req, Esp	103
Bee Busy Inc.	(713) 774-8800	(SW) Westwood	M, W, Y, IRR, CD, Free, Homeless, Immigrants, Walk-ins, Esp.....	103
Bee Busy Wellness Center	(713) 771-2292	(SW) Sharpstown	All, Appt/Walk-ins, S\$, Med, Ins, CHIP, Cash/Credit, Financing, Esp....	103
Cenikor Adolescent Residential Treatment	(888) 236-4567	(SW) Central SW	Y, CD, S\$, Med, Ins, Financing available, Appt req, Esp.....	106
Change Happens! Helping Youth Prevent Engaging in Risky Behavior	(713) 374-1227	(C) Third Ward	Y (ages 14-19).....	108
Change Happens! INSIGHT	(713) 374-1249	(C) Third Ward	Y (ages 14-19).....	108
Change Happens! Mentoring Plus	(713) 374-1200	(C) Third Ward	C and Y (ages 6-17).....	108
Change Happens! My Brother's Keeper	(713) 374-1249	(C) Third Ward	M, Y	108
Change Happens! Refugee Youth Mentoring Program	(713) 374-1200	(C) Third Ward	Y (ages 15-18).....	109
Change Happens! Rescue Youth Program	(713) 374-1252	(C) Third Ward	Y (ages 12-19), Appt req, Free, CD ...	109
Change Happens! VOICES Program	(713) 374-1200	(C) Third Ward	Y and W (under 18).....	109
Covenant House Texas	(713) 523-2231	(C) Montrose	All (ages 18-24), Parenting/pregnant, Walk-ins, Free, Esp	112
God's Lovely Butterflies Maternity Home	(832) 264-7491	Confidential	W, Y, C, Homeless, Free, S\$, Med....	116
HATCH Youth	(713) 529-3590	(C) Montrose	Y, Free.....	121
Houston Area Women's Center	(713) 528-6798	(C) Montrose	W, C, Y, Free, Esp.....	123
Humble Area Assistance Ministries	(281) 446-3663	(N) Humble	All, Fam, Free	124
National Alliance on Mental Illness (NAMI)	(713) 970-4419	(SW) Sharpstown	M, W, Y, Fam, IRR, Homeless, CD, Free, Esp.....	131
Northshore Counseling Center	(713) 637-6000	(E) Northshore	All, Med, CHIP, Ins, Flat fee, Appt req, IRR, CD, Esp.....	132
Second Chance Consulting and Outreach	(713) 623-1811	(N) Acres Home	M, W, Y, S\$, IRR, Appt/Walk-ins, Free	138
SERJobs	(713) 773-6000	(C) Lawndale	Ages 17-24, Free, Walk-ins, Esp	138

Youth/Teen Services | *Servicios para Jóvenes/Adolescentes*

Support Services | *Servicios de apoyo*

Agency / <i>Agencia</i>	Phone / <i>Teléfono</i>	Location / <i>Localizado</i>	Legend / <i>Tabla</i>	Page
Sickle Cell Association of Texas	(713) 534-1712	(C) Greater Heights	All, Free, Walk-ins, Call for intake	139
Texas Prevention Network	(713) 981-6063	(SW) Fondren SW	All, S\$, Flat fee, Ins, Appt/Walk-in.....	144
Texas Youth and Runaway Hotline	(888) 554-7481	Statewide	C, Y, Fam, Free, Esp.....	N/A
Unlimited Visions Aftercare Adolescent Residential and Outpatient	(713) 534-8191	(SE) Pasadena	Y, CD, S\$, Med, Ins, Esp..... Fam, Free, Medicaid, Appt req,	146
UT Health Science Center Houston	(832) 325-6516	(C) Medical Center	HIV+ only , Esp	147



Art by Kenneth

1 STOP RECOVERY



7007 North Freeway, Suite 105
Houston, TX 77076

MAIN (713) 842-7129
FAX (713) 767-2142
WEB <https://1-stop-recovery.business.site/>
EMAIL 1stoprecoveryhouston@gmail.com



NEIGHBORHOOD (N) Northline
BUS ROUTES 40

LEGEND Adults, CD, Appt req
HOURS Mon-Fri 6am-10am; Sat 7am-8:30am
NEED FOR INTAKE Must have ID

Methadone Treatment

Provides affordable Methadone Treatment and counseling for adult opiate addicted persons. Call for an intake appointment.

3 "A" BEREAVEMENT FOUNDATION



(3ABF)

5330 Griggs Road, Suite A108
Houston, TX 77021-3758

MAIN (713) 649-3232
FAX (713) 649-2328
WEB www.3abereavement.org
EMAIL bereavement3a@aol.com



NEIGHBORHOOD (SE) OST/South Union
AREA SERVED Harris and Fort Bend counties
BUS ROUTES 5, 77, METRO light rail

LEGEND All, Income-based eligibility, Free,
Walk-ins, Esp
HOURS Mon-Fri, 9am-5pm; on-call after hours
NEED FOR INTAKE Proof of income, government
assistance letter/documents

COVID-19 RESTRICTIONS: The building is closed to the public - you must wear a mask and call before coming.

RESTRICCIONES POR COVID-19: El edificio está cerrado al público; debe usar una mascarilla y llamar antes de venir.

3ABF is a nonprofit organization established to provide comprehensive bereavement support services to low-income and working poor families. Our mission is to enable low-income and working poor bereaved families to secure services to address their bereavement needs.

3ABF es una organización sin fines establecida para proporcionar servicios integrales de apoyo para duelo a familias de bajos ingresos y trabajadores pobres. Nuestra misión es permitir que las familias de bajos ingresos y pobres que trabajan en condiciones de aflicción aseguren servicios para atender de manera integral sus necesidades de duelo.

Bereaved Family Assistance Fund

Bereaved Family Assistance Fund provides financial support to defray funeral expenses. Crisis Emergency Assistance - consultations and referrals to families prior to the death of a loved one. Helping Hands - hands-on assistance in all aspects of preparing for funeral services. Grief Counseling - group and individual informal and professional sessions. Crime Victim Services - assists families of victims of violent crime to receive

state support. Community Outreach - workshops to educate low-income residents about bereavement planning.

Fondo de Asistencia para Familias en Luto

Fondo de Asistencia para Familias en Luto proporciona apoyo financiero para cubrir los gastos funerarios. Asistencia de Emergencia en Crisis - consultas y referencias a familias antes de la muerte de un ser querido. Manos que ayudan - asistencia práctica en todos los aspectos de la preparación de servicios funerarios. Consejo de Duelo - sesiones informales y profesionales en grupo e individuales. Servicios para Víctimas del Crimen - ayuda a familias de víctimas de crimen violento para recibir apoyo del estado. Compromiso de la comunidad - talleres para educar a residentes de bajos ingresos sobre la planeación del duelo.

A CARING SAFE PLACE, INC.

1804 Carr Street
Houston, TX 77026

MAIN (713) 225-5441
FAX (713) 225-5442
WEB www.acaringsafeplace.org
EMAIL info@acaringsafeplace.org



NEIGHBORHOOD (C) Fifth Ward
BUS ROUTES 6
LEGEND M (18+), Homeless, Appt req, **HIV+ only**, CD

A Caring Safe Place strives to meet and serve each participant in their various places of individual need. We work to empower participants to dismantle and unlearn old unhealthy behaviors, while building successful recovery tools that can improve many areas of their lives. A strong recovery foundation is critical to combatting substance abuse and other chronic unhealthy behaviors. We place a strong emphasis on healthy choices and healthy living and ensure that all participants are linked to primary medical care. Most enter the program facing long histories of failure and disappointment. Many leave with a changed life perspective, healthier coping behaviors, and the tools to live a new life with greater purpose.

Transitional and permanent supportive housing programs for HIV+ men with a history of substance abuse which includes case management, substance abuse counseling, support groups, life skills training, job search, placement and vocational training, nutritional services, HIV education and preparation for re-entry into independent living. Call for intake.

A COMMUNITY FUNERAL HOME



4630 Perry Street
Houston, TX 77021

MAIN (713) 747-4420
FAX (713) 747-4421
WEB www.acommunityfuneralhome.org
EMAIL acommunityfuneralhome@yahoo.com



NEIGHBORHOOD (C) OST/South Union
BUS ROUTES 5, 80, 87
HOURS Mon-Fri, 9am-5pm; Sat-Sun by
appt; Available to families 24/7

Offers affordable funeral, burial, cremation and pre-need services.

ACCESS CARE OF COASTAL TEXAS



707 23rd Street
Galveston, TX 77550

MAIN/INTAKE..... (409) 763-2437
FAX (409) 763-5482
TOLL FREE..... (855) 755-0440
WEB www.accttexas.org
EMAIL..... acct@accttexas.org



AREA SERVED Brazoria, Galveston & Matagorda counties
LEGEND All, **HIV+ only**, Free, CD, Esp
HOURS Mon-Thur 9am-5pm; Fri 9am-Noon
NEED FOR INTAKE Call for intake

Access Care of Coastal Texas, Inc. (ACCT) provides compassionate community-based access to care for persons living with HIV through direct and collaborative means, offering awareness/education, prevention and support to the people of Matagorda, Galveston and Brazoria counties.

Prescription and clinic co-payments, nutritional counseling, entitlement counseling, safer sex counseling, stress management, legal referrals, funeral planning, education workshops, transportation, emergency financial assistance, rental assistance, HIV information library, support groups, speakers bureau, medical equipment and supplies, home and hospital visits, caregiver support, food pantry, buddy and phone program, notary services. PeP and PrEP services are also available, call for more information.

Access Care of Coastal Texas, Inc. (ACCT) brinda acceso compasivo y comunitario a la atención para personas portadoras del VIH a través de medios directos y de colaboración, ofreciendo sensibilización/educación, prevención y apoyo a las personas de los condados de Matagorda, Galveston y Brazoria.

Administradores de casos de habla hispana. Se provee parte de los pagos para las clínicas y recetas médicas, consulta nutricional, consejería sobre el contacto sexual más seguro, consejo sobre el manejo del estrés, referencia legal, planificación funeraria, talleres para el cliente, transportación, asistencia financiera de emergencia, pago de alquiler, biblioteca referente al HIV, grupos de apoyo, equipo y suministro médico, visitas a la casa y al hospital, asistencia de cuidador/a, almacén de alimentos, apoyo telefónico y de voluntarios, servicio notarial. Debe comprobar que el cliente es una persona con el VIH; llame para su cita inicial. Los servicios de profilaxis posterior y previa a la exposición (PeP y PrEP, respectivamente) también están disponibles; llame para obtener más información.

ACCESSHEALTH



MAIN/INTAKE..... (281) 342-4530
WEB www.myaccesshealth.org
EMAIL..... info@myaccesshealth.org



COVID-19 RESTRICTIONS: Masks are required for all staff and for patients 10 years of age and older. Telehealth and teletherapy visits are available for medical appointments for adults and children, mental health counseling, monitoring of vitals and labs, and nutrition counseling. Call for more information.

RESTRICCIONES POR COVID-19: Se exigen mascarillas para todo el personal y para los pacientes de 10 años de edad o mayores. Las consultas de telesalud y teleterapia están disponibles para citas médicas para adultos y niños, consejería en salud mental, seguimiento de signos vitales y de exámenes de laboratorio, y consejería en nutrición. Llame para obtener mayor información.

AccessHealth is a federally qualified health center, providing a full range of healthcare services--primary care for adults and children, women's services, dental services, behavioral health services, chronic illness management, diabetes management, pharmacy services, lab services, immunizations, drug assistance plans, and the WIC nutrition program.

AccessHealth es un centro de salud calificado a nivel federal, que proporciona una gama completa de servicios de salud - atención primaria para adultos y niños, servicios para mujeres, servicios dentales, servicios de salud de conducta, manejo de enfermedades crónicas, administración de diabetes, servicios de farmacia, servicios de laboratorio, inmunizaciones, planes de asistencia para medicamentos y el programa de nutrición de WIC.

Medical Services - all locations

AccessHealth is a private, non-profit primary care medical facility serving low income individuals and families. Medical services include comprehensive primary health care, preventive health services, translation, laboratory, radiology and pharmacy and also provides WIC and behavioral health services.

Servicios Médicos - todas las localizaciones

AccessHealth es una instalación médica de cuidado primario privada sin fines de lucro que da servicio a individuos y familias de bajos ingresos. Los servicios médicos incluyen cuidado de la salud primario, servicios preventivos de salud, traducción, laboratorio, radiología y farmacia y también proporciona WIC y servicios de salud de comportamiento.

Brookshire Center



533 FM 359 S
Brookshire, TX 77423

MAIN/INTAKE (281) 342-4530
FAX (281) 375-8442

Missouri City Center



307 Texas Parkway
Missouri City, TX 77489

MAIN/INTAKE (281) 342-4530
FAX (281) 499-2019

Richmond Center



400 Austin Street
Richmond, TX 77469-4406

MAIN/INTAKE (281) 342-4530
FAX (281) 633-3174

HIV Program

Richmond and Missouri City

MAIN/INTAKE (281) 342-4530
LEGEND Adults, **HIV+ only**, S\$, Med, Ins, CHIP, Ryan White, Esp
NEED FOR INTAKE..... Picture ID, proof of residence, income and HIV status, Medicare/Medicaid/insurance card

AccessHealth's HIV Program provides medical case management to adults living with HIV to ensure treatment support, individual coordination for the Texas HIV Medication Program, dental and eye care, and specialty care. AccessHealth also boasts an in-house laboratory, Class A pharmacy, and gas cards for transportation as needed/available. Psychological counseling services are offered to persons of all ages, and include individual, family, and couples counseling.

Programa de VIH

Proporciona administración de casos médicos para adultos que viven con VIH para garantizar apoyo de tratamiento, coordinación de individuos para el Programa de Medicamentos de VIH de Texas, cuidado dental y ocular, y cuidado de especialidad. AccessHealth también impulsa un laboratorio local, farmacia de Clase A, y tarjetas de combustible para transporte conforme se necesite/esté disponible. Se ofrecen servicios de consulta psicológica para personas de todas las edades, e incluyen consultas individuales, familiares y de pareja.

Stafford Center



10435 Greenbough Drive, Suite 300
Stafford, TX 77477

MAIN/INTAKE..... (281) 342-4530
FAX (281) 342-3832
HOURS Dental: Mon-Fri, 8am-5pm,
Pediatrics: Mon-Fri, 7am-7pm, Sat: 8am-12pm

COVID-19 RESTRICTIONS: The dental department is currently limited to dental emergencies only.

RESTRICCIONES POR COVID-19: Actualmente, el departamento dental se limita a emergencias dentales únicamente.

Dental services, pediatric care, WIC, immunizations.

Cuidado dental, pediatría, y también proporciona inmunizaciones y servicios WIC.

ADULT REHABILITATION SERVICES



6624 Hornwood Dr.
Houston, TX 77074

MAIN (713) 541-4422
FAX (713) 541-9085
WEB www.adult-rehab.com
EMAIL.....adultrehab@adultrehab.comcastbiz.net

NEIGHBORHOOD.....(SW) Sharpstown
AREA SERVED.....Harris and Ft. Bend counties
BUS ROUTES 9

LEGEND..... Adults (18 & up), CD
HOURSMon-Fri, 6am-10am; Sat by appointment
NEED FOR INTAKE Valid ID, history of substance abuse

A private and confidential opioid treatment program, includes maintenance (methadone, buprenorphine) and counseling.

AIDS FOUNDATION HOUSTON



6260 Westpark Drive, Suite 100
Houston, TX 77057

MAIN (713) 623-6796
FAX (713) 623-4029

WEB..... www.AIDShelp.org
EMAIL info@afhouston.org



NEIGHBORHOOD (SW) Sharpstown
BUS ROUTES.....Hillcroft Transit Center
HOURS Mon-Fri, 9am-5pm

AFH provides prevention, housing and supportive services to individuals and families affected by and living with HIV.

AFH also facilitates the Camp Hope program, a summer camp for children living with HIV and their siblings. Other efforts include AIDS Walk Houston, Dining out for Life, 20 Days/20 Ways, and annual World AIDS Day luncheon.

COVID-19 RESTRICTIONS: Appointment required.

Bridge Re-Entry Initiative

LEGEND Adults, **HIV+ only**, Free, S\$
NEED FOR INTAKE.....Photo ID, Call for intake

The Bridge Re-Entry Initiative (BRI) provides short-term and transitional supportive housing for homeless people living with HIV who are exiting incarceration. BRI addresses housing, health care and employment needs, and provides outreach and service coordination to reduce recidivism, achieve viral suppression, and improve overall quality of life.

The CARE Program

LEGENDAdults, **HIV+ only**, Homeless, CD, Free
NEED FOR INTAKE.....Photo ID, Call for intake

The CDBG CARE program provides case management to persons living with HIV who are experiencing homelessness. Services include intake, assessment, service planning, referrals to services (transportation, food, clothing, life skills training, job training and placement, substance abuse, mental health), linkage to health care, services monitoring, and advocacy with and on behalf of clients served.

Housing and Supportive Services

AREA SERVED.....Harris and surrounding counties
LEGEND M, W, Y, Fam, IRR, Homeless, Immigrants, CD, Free
NEED FOR INTAKE.....Appt req, Photo ID, Proof of residence & income

Housing programs include community and AFH housing facilities for low-income and homeless individuals and families, and those living with HIV who are recently released from incarceration. In addition, AFH provides a housing program for homeless young adults age 18-24, regardless of HIV status, race or gender identity.

Supportive services include mental health, substance abuse counseling, food through the AFH Stone Soup program, re-engagement in health care and medical transportation services for those living with HIV who are recently released from incarceration.

Medical Transportation Program

LEGENDAdults, IRR, **HIV+ only**, Homeless, Free
NEED FOR INTAKE.....Photo ID, Call for intake

The Medical Transportation Assistance Program (M-TAP) is designed to increase transportation options for people living with HIV who have been recently released from incarceration and meet certain criteria for the program. Provides transportation to support and encourage consistent access to essential, qualifying appointments related to health care,

substance and mental health services, obstetric/prenatal care, social and food pantry services, pharmacy, case management as well as parole/probation appointments.

Prevention Services

LEGEND..... All, Free, Appt req

AFH's Prevention services include HIV and other STI testing, counseling, linkage to treatment and care, PrEP education and care, nPep, Rapid Start, peer-to-peer navigation for persons living with HIV and other supportive services.

AIDS HEALTHCARE FOUNDATION



WEBAHF.org
HIVcare.org



COVID-19 RESTRICTIONS: If you are experiencing flu-like symptoms, please call to speak with staff before scheduling an appointment, coming to the clinic for an appointment or walking in for urgent care. If you are visiting any of our facilities, you must wear a mask.

RESTRICCIONES POR COVID-19: Si tiene síntomas similares a los de la gripe, llame para hablar con el personal antes de programar una cita, venir a la clínica para una cita o acudir para recibir atención de urgencia. Si está visitando alguna de nuestras instalaciones, debe usar una mascarilla.

AHF Binz Healthcare Center

1200 Binz Street, Suite 1290
Houston, TX 77004

MAIN (713) 524-8700
FAX (713) 524-2910

NEIGHBORHOOD..... (C) Medical Center
BUS ROUTES 1, 34, METRO light rail

LEGENDAdults, **HIV+ only**, IRR, Immigrants, Homeless, Appt req, S\$, Med, Ins, Esp
HOURS Mon-Fri, 8am-5pm
NEED FOR INTAKE Proof of HIV status

AHF's full service clinic led by Dr. Benjamin Portnoy provides comprehensive medical care and treatment to people living with HIV.

La clinica de servicio completo de la AHF dirigida por el Dr. Benjamin Portnoy, que brinda atención medica integral y tratamiento a las personas que viven con el VIH / SIDA.

AHF Fannin Healthcare Center

7400 Fannin Street, Suite 1118
Houston, TX 77054-1936

MAIN (713) 520-6360
FAX (713) 799-9931

NEIGHBORHOOD..... (C) Astrodome/S. Loop
BUS ROUTES 84, METRO light rail

LEGEND.....W, Transgender, **HIV+ only**, IRR, Appt req, CHIP, S\$, Med, Ins, Esp
HOURS Mon-Fri, 8am-5pm

Prenatal care for pregnant women living with HIV; gynecologist, well woman exams, all inpatient and outpatient care for women; also involved in clinical trials. Dr. Hammill has delivered for more than 1,000 women living with HIV and

taken care of more than 3,000 women living with HIV for gynecological care.

Servicio ginecológico y obstétrica cuidado prenatal para la mujer embarazada VIH+, examen para el bienestar; cuidado del paciente interno y externo. Dr. Hammill ha asistido en más de 1,000 partos de pacientes embarazadas con VIH, y más de 3,000 pacientes con el VIH has estado bajo su cuidado ginecológico.

AHF Wellness Center

1213 Hermann Drive, Suite 620
Houston, TX 77004

MAIN (713) 520-2338
NEIGHBORHOOD (C) Medical Center
BUS ROUTES METRO light rail
HOURS Tue,Thur, Fri 10:30am-5:50pm

AHF Wellness Center provides HIV screening as well as free screening and treatment for Chlamydia, Gonorrhea and Syphilis.

AHF Wellness Center servicios ofrecidos incluyen pruebas de VIH gratuitas y exámenes y tratamientos gratuitos para Chlamydia, Gonorrea y Sífilis.

Out of the Closet - Houston

1435 Westheimer Road
Houston, TX 77006

MAIN (713) 391-8990
NEIGHBORHOOD (C) Montrose
BUS ROUTES 5, 56, METRO light rail
HOURS 7 days, 10am-7pm

Thrift store selling clothing, books and housewares. Small item donations are accepted at the store. For free pickup of large donations call 800-558-8220. AHF pharmacy onsite. Free HIV testing Tuesday-Saturday, call (713) 520-2320 Ext. 1653 for information.

ALZHEIMER'S ASSOCIATION



6055 South Loop East
Houston, TX 77087

MAIN-24 HOURS (713) 314-1313
FAX (713) 314-1315
TOLL FREE-24 HOURS (800) 272-3900
WEB www.alztex.org



NEIGHBORHOOD (C) Medical Center
AREA SERVED..... Southeast Texas (37 counties)
BUS ROUTES 5

LEGENDAdults, Free, S\$
HOURS Mon-Fri, 8:30am-5pm

The Alzheimer's Association, Houston and Southeast Texas Chapter, provides a variety of services for persons affected by Alzheimer's and dementia related illness, covering a 37 county region in Southeast Texas.

Care Consultation

This service is designed to assist the person with Alzheimer's and their family in planning for and dealing with all aspects of the illness including needs assessment, planning and problem solving. Call to schedule a meeting to develop a comprehensive plan.

Education and Training

An array of educational programs designed to equip the diagnosed individual, family members and professionals with the knowledge and skills needed to enhance the quality of life of individuals with dementia. Visit the website to learn about upcoming programs. We also maintain a variety of educational materials (brochures, videos, audiotapes and books) on topics related to Alzheimer's disease and related disorders. Call or visit our website to learn more about our library.

Information and Referral

The Helpline operates 24 hours a day, seven days a week, in 140 languages. Our staff is highly trained and knowledgeable about all aspects of Alzheimer's disease. Call us if you have questions about Alzheimer's disease or memory loss, medications and treatment options, brain health and care options, how the Association can help you, caregiving tips and respite care options, and resources available in your community. You can also call us for emotional support. We know that living with Alzheimer's can be overwhelming at times. Remember, we are here for you - all day, every day.

Support Groups

Monthly gatherings of family, friends and caregivers that provide an opportunity for socializing, discussing and supporting one another on Alzheimer's related issues. All support groups are facilitated by trained volunteers. Call or visit our website for more information.

Message boards

The Alzheimer's Association message boards and chat rooms provide an online community for persons with Alzheimer's, caregivers and care providers. Our message boards have thousands of registered members from around the US and thousands more who refer to the stories and information that is available 24 hours a day.

Clinical Trials

A free service that makes it easy for people with Alzheimer's, caregivers, families and physicians to locate clinical trials based on personal criteria (diagnosis, stage of disease) and location. Many research studies pertaining to Alzheimer's disease and related dementias are recruiting volunteers. You can search these trials quickly and narrow results to those trials where there is a reasonable chance to be accepted for enrollment. Call or visit our website for more information.

AMBASSADORS FOR CHRIST YOUTH MINISTRIES

5120 Woodway Drive, Suite 9015
Houston, TX 77056

MAIN (281) 536-5475
FAX (713) 333-7749
TOLL FREE (888) 505-5771
WEB www.afcyouth.org
EMAIL..... info@afcyouth.org



NEIGHBORHOOD.....(W) Greater Uptown
AREA SERVED..... Harris County
BUS ROUTES 27
LEGEND..... Y, Homeless, Appt/Walk-ins, Esp
HOURS Mon-Fri, 9am-5pm
NEED FOR INTAKE..... Recent paystub

AFC's mission is to inspire excellence and promote leadership to youth through one-on-one and group mentoring, music and the performing arts in order to provoke positive change and enrichment in our community. We provide education on teen

pregnancy prevention, HIV and STD prevention, as well as mentoring and counseling services to at risk youth in our community

La misión de AFC es inspirar la excelencia y promover el liderazgo a los jóvenes a través de la tutoría individual y grupal, música y artes escénicas para provocar un cambio positivo y enriquecimiento en nuestra comunidad. Proporcionamos educación sobre la prevención de embarazo adolescente, prevención del VIH y ETS, así como servicios de tutoría y consejería para jóvenes en riesgo en nuestra comunidad.

Project FABULOUS is a teen pregnancy prevention program that targets African-American and Hispanic teens aged 13-18 who reside in schools and communities deemed as high-risk for teen pregnancy. The program is provided in English and Spanish.

El Proyecto FABULOUS es un programa de prevención de embarazo enfocado en adolescentes afroamericanos e hispanos entre 13 y 18 años de edad que residen en escuelas y comunidades que se consideran como de alto riesgo para embarazos adolescentes. El programa se proporciona en inglés y español.

Project RHV (Runaway and Homeless Youth) responds to the needs of youth in crisis up to age 18 by providing food, clothing, emergency shelter, treatment, counseling, referrals and assessments in order to increase their safety, well-being and self-sufficiency and help them build permanent connections with caring adults to help break the dysfunctional cycles that keep them street dependent.

El Proyecto RHV (Runaway and Homeless Youth [Jóvenes Fugitivos y sin Hogar]) responde a las necesidades de jóvenes en crisis hasta de 18 años proporcionando alimentos, ropa, refugio de emergencia, tratamiento, consejería, referencias y evaluaciones para incrementar su seguridad, bienestar y auto-suficiencia y ayudarlos a construir conexiones permanentes con adultos preocupados para ayudar a romper los ciclos disfuncionales que los mantienen en las calles.

Project PEACE offers mentoring and counseling sessions that address youth with unhealthy behaviors who are at risk of violence, school suspensions, truancy, dropping out, low educational attainment and delinquency. Participants are provided opportunities to learn skills and gain experiences that contribute to more positive lifestyles and enhance their capacity to make healthier life choices.

El Proyecto PEACE ofrece tutoría y sesiones de consejería que atienden a jóvenes con comportamientos poco saludables que están en riesgo de violencia, suspensiones escolares, absentismo escolar, abandono de la escuela, bajos logros educativos y delincuencia. Se proporcionan oportunidades a los participantes para que aprendan habilidades y obtengan experiencias que contribuyan a estilos de vida más positivos y mejoren su capacidad para tomar elecciones de vida más saludables.

Project REACH provides mentoring and counseling session to children of incarcerated parents that are designed to promote healthy messages about life and social behavior and aims to improve school performance and attendance, pro-social behavior and social competence.

El proyecto REACH proporciona tutoría y sesiones de consejería para niños de padres encarcelados que están diseñadas a promover mensajes saludables sobre la vida y el

comportamiento social y está enfocado a mejorar el desempeño y asistencia escolar, comportamiento pro-social y competencia social.

Project PASSION is a music and performing arts program, an important part of positive growth and development for youth. The program provides a place to experience joy through singing, dancing, writing, speaking, and acting, and a nurturing environment where youth may excel and succeed through group creative endeavors and ensures that a safe environment is created where all students, regardless of initial ability, can participate on a meaningful level.

El proyecto PASSION es un programa de música y artes escénicas, una parte importante del crecimiento positivo y desarrollo para la juventud. El programa proporciona un lugar para experimentar alegría a través del canto, danza, escritura, discurso y actuación, y un ambiente enriquecedor donde los jóvenes pueden sobresalir y tener éxito a través de tareas creativas de grupo y asegura que se cree un ambiente seguro donde todos los estudiantes, sin importar su capacidad inicial, puedan participar en un nivel significativo.

ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)

204 Clifton Street
Houston, TX 77011

MAIN (713) 926-9491
FAX (713) 926-2672
WEB www.aama.org



NEIGHBORHOOD.....(E) East End
BUS ROUTES20, METRO light rail
LEGEND.....All, Free, S\$, Ins, Med, Walk-ins, Esp
HOURS Mon-Fri, 8am-5pm
NEED FOR INTAKE Varies by program, call for info

Health and Human Services

Project Tejas assists with issues related to alcohol and drugs by providing individual and family counseling, along with specialty group topics such as parenting, risk reduction, coping skills, and HIV, TB, STDs, hepatitis, alcohol and drug awareness are discussed.

The Minorities Action Program (MAP) HIV outreach team provides HIV/Hepatitis/TB testing and risk reduction counseling, information dissemination, prevention education, referrals and resources for substance abuse, treatment, housing, medical benefits and public health screenings to people who are at high risk of communicable infections. Counselors also serve as liaisons for those who are unable to access services due to language barriers.

MAP HIV Early Intervention (HEI) offers case management to individuals living with HIV who have past or current substance use issues.

The DiNosaur (DiNo or Say No) Project operates in seven HISD elementary schools using a six-week, state approved curriculum that is culturally sensitive and age-appropriate. The program goals are to increase the resiliency and protective factors for youth and their families, and to ensure that there is a community-based process that promotes the need for children to learn to make positive choices at an early age.

Other services provided include information dissemination, monthly cultural events and activities, sports activities,

summer camp for students, and prevention and parenting skills training.

Servicios de la Salud y Humanitarios

Project Tejas asiste con temas relacionados al alcohol y drogas, y provee consejería a individuos y familias. Además ofrece educación y apoyo con otros temas: cómo ser mejores padres, reducción de riesgos, habilidades para seguir adelante, y conocimiento de temas como el VIH, TB, ETS, hepatitis, alcohol y drogas.

Minorities Action Program (MAP) El personal provee pruebas y consejería sobre la reducción del VIH/ Hepatitis/TB, diseminación de información, educación preventiva, referencias y recursos sobre el abuso de sustancias, tratamientos, vivienda, beneficios médicos y evaluación de salud pública a personas a alto riesgo de infecciones comunitarias. Además, los consejeros sirven de enlace para las personas con dificultad de acceso a los servicios debido al lenguaje.

Intervención Temprana del VIH (HEI) de MAP ofrece administración de casos a personas viviendo con el VIH que sufren del abuso de sustancias en el presente o el pasado.

El Proyecto DiNosaur (DiNo) participa en siete escuelas primarias de HISD utilizando un programa de seis semanas de duración, aprobado por el Estado, y de carácter sensitivo a la cultura y a las edades de las personas. La meta del programa es el de aumentar los factores de flexibilidad y protección para los jóvenes y sus familias, y el de asegurar que exista un proceso basado en valores comunitarios que promueve a que los niños y las niñas aprendan a hacer decisiones positivas desde una edad temprana.

Otros servicios incluyen la divulgación de información, eventos y actividades culturales mensuales, actividades deportivas, campamento de veraneo para estudiantes, y entrenamiento de prevención y desarrollo de habilidades para padres.

ASSOCIATION FOR THE ADVANCEMENT OF MEXICAN AMERICANS (AAMA)

6001 Gulf Freeway, Bldg. E
Houston, TX 77023

MAIN/INTAKE (713) 967-6700
FAX (713) 926-8035
WEB www.aama.org



NEIGHBORHOOD (C) Lawndale
BUS ROUTES 28
LEGEND M, W, Y, Free, Walk-ins, CD, Esp
HOURS Mon-Fri, 8:30am-4:30pm

AAMA's mission is to inspire and empower at-risk Latinos to pursue their potential and achieve success. Our efforts are focused in the areas of education, workforce readiness and leadership development.

La misión de AAMA es inspirar y capacitar a los latinos en riesgo para que persigan su potencial y logren el éxito. Nuestros esfuerzos se centran en las áreas de educación, preparación de la fuerza de trabajo y desarrollo del liderazgo.

George I. Sanchez High School

Early childhood development, Pre-K, grades 6-12; Adelante: GED, computer classes and ESL.

Desarrollo infantil temprano, Pre-K, los grados 6-12: Adelante: GED, clases de computación y ESL.

Casa Phoenix

Residential chemical dependency treatment for adolescent males.

Tratamiento de dependencia química residencial para hombres adolescentes.

AVDA (AID TO VICTIMS OF DOMESTIC ABUSE)



1001 Texas Avenue, Suite 600
Houston, TX 77002

MAIN (713) 224-9911
FAX (713) 715-6935
WEB www.avda-tx.org
EMAIL..... sherrick@avda-tx.org



CITY SECTION Central
NEIGHBORHOOD..... Downtown
AREA SERVED Harris, Galveston & Montgomery counties
HOURS Mon-Fri, 8am-5pm; after hours
by appointment
BUS ROUTES 6, 20, 32, 51, 52, 82, Metro light rail

COVID-19 RESTRICTIONS: No walk-ins, please call for an appointment.

AVDA is a non-profit organization whose mission is to end family violence. AVDA offers free legal services to victims of domestic violence for protective orders, divorce and child custody, as well as trauma counseling, other support and resources. AVDA's Battering Intervention and Prevention Program helps perpetrators overcome abusive behaviors. The agency's Community Awareness and Prevention Program offers free abuse prevention programming for Youth as well as outreach and education to adults across the Greater Houston area. We also have offices in Fort Bend and Waller counties.

AVDA es una organización sin fines de lucro cuya misión es acabar con la violencia familiar. AVDA ofrece servicios legales gratuitos a las víctimas de violencia doméstica para órdenes de protección, divorcio y custodia de niños, así como otro tipo de apoyo y recursos. También tenemos oficinas en los condados de Fort Bend y Waller.

Battering Intervention and Prevention Services (BIPP)

AREA SERVED Harris, Galveston and Montgomery Counties
LEGEND Adults, IRR, Immigrants, S\$, Scholarships, Appt req

AVDA's BIPP program is located at sites across the Greater Houston Area and is for individuals who have been physically, emotionally, or verbally abusive in a relationship. AVDA's BIPP is the first to be fully accredited in Texas and is the largest in the region. Staff are licensed and well-trained to provide quality group psychoeducational classes, and the program is a minimum of 18 weeks per state accreditation guidelines.

Programa de Intervención y Prevención de la Violencia Doméstica

Nuestro programa de grupo basada en la discusión se centra en el cambio personal para poner fin a la conducta abusiva. Grupo BIPP de AVDA te da herramientas para poner fin a los abusos, ya sea física, verbal o emocional. Deje AVDA ayuda

usted se convierte en el mejor padre, pareja y persona que puedas ser.

Legal Advocacy Program

LEGEND All, Fam, Immigrants, Free (some court costs if higher income), Appt req, Esp

Provides free legal representation for victims of domestic abuse for protective order, divorce, child custody, and child support. AVDA's advocates (all bilingual in Spanish/English) provide safety planning, help with crime victims compensation, information/referral and more, and its Trauma Counselor provides free group and individual counseling to both adults and children

Servicios Legales

Proporcionamos ayuda sin costo para: (1) la representación legal de las ordines de protección, el divorcio, la manutención de menores y custodia de los hijos; (2) intervención en crisis, la promoción y el apoyo; (3) panificación de la seguridad y referencias; (4) asistencia financiera para refugio de emergencia, alimentos, transportación y más; (5) consejería individual y do grupos para el sobreviviente y sus hijos; (6) fondos para la educación y la formación.

AVENUE 360 HEALTH & WELLNESS



Formerly Bering Omega Community Services and Houston Area Community Services (HACS)

WEB..... <https://avenue360.org/>



COVID-19 RESTRICTIONS: Before entering the building, patients and staff must answer screening questions and have their temperature taken. All patients and clinical staff must wear a face covering. A mask will be provided for those who need one. Patients should come to their appointment alone. For those who need assistance, one visitor can accompany them. Any patient experiencing COVID-19 symptoms is to call ahead and notify our medical team. Upon arrival, the patient is to remain in their car and call our triage desk. Our COVID team will come out to your car.

RESTRICCIONES POR COVID-19: *Antes de ingresar al edificio, los pacientes y el personal deben responder preguntas de sondeo y tomarse la temperatura. Todos los pacientes y el personal clínico deben usar una cubierta facial. Se proporcionará una mascarilla para aquellos que la necesiten. Los pacientes deben acudir solos a su cita. Para aquellos que necesitan asistencia, un visitante puede acompañarlos. Cualquier paciente que experimente síntomas de COVID-19 debe llamar con anticipación y notificar a nuestro equipo médico. A su llegada, el paciente debe permanecer en su automóvil y llamar a nuestro mostrador de triaje. Nuestro equipo de COVID saldrá a su automóvil.*

Avenue 360 has seven clinics across the Houston region and offers virtual visits by phone or computer. Our medical team provides quality health care for adults and children who have insurance (Medicaid, Medicare, CHIP, commercial, and marketplace) and for those who don't. Avenue 360's approach to health care extends beyond the exam room. A person's health is determined by social and environmental factors.

Based inside the Heights clinic, the Avenue 360 Pharmacy provides reduced-cost medications to our patients. The pharmacy also offers medication counseling, auto-refills, and pick-up reminders.

Avenue 360 tiene siete clínicas en la región de Houston y ofrece consultas virtuales por teléfono o computadora. Nuestro equipo médico presta atención médica de calidad para adultos y niños que tienen seguro (Medicaid, Medicare, CHIP, comercial y del Mercado de Seguros Médicos [Health Insurance Marketplace]) y para aquellos que no lo tienen. El enfoque de Avenue 360 respecto a la atención médica se extiende más allá del consultorio. La salud de una persona está determinada por factores sociales y ambientales.

Con sede dentro de la Clínica Heights (Heights Clinic), Avenue 360 Pharmacy ofrece medicamentos a precio reducido a nuestros pacientes. La farmacia también ofrece consejería en medicamentos, resurtidos automáticos y recordatorios de recogida.

Avenue 360 Heights



2150 West 18th Street, Suite 300
Houston, TX 77008

MAIN (713) 426-0027
FAX (713) 426-0211
TOLL FREE (866) 285-9373

NEIGHBORHOOD.....(C) Timbergrove
BUS ROUTES26

LEGEND..... All, S\$, Ins, Med, CHIP, Esp
HOURS Mon-Thur, 9am-6pm; Fri, 8am-5pm
NEED FOR INTAKE ID, proof of residence & income, Ins card, Social Security card (if available). Proof of HIV status for Ryan White funded services.

Family practice, OB/GYN, internal medicine, pediatrics, pharmacy, HIV specialty care and psychiatry. Substance abuse treatment is available on outpatient basis. Mental health services consisting of individual, family or group therapy are available. Also offers HIV testing (rapid), syphilis and Hepatitis C testing and housing services

Cuidado Médico primario, obstétrica/ginecología, medicina interna, pediatría, farmacia, cuidado especializado de VIH y psiquiatría. Tratamiento de abuso de sustancias se encuentra disponible en forma ambulatoria. Servicios de salud mental se encuentran disponibles para individuales, familiares o en terapia de grupos. También ofrece pruebas de VIH (la prueba rápida), pruebas de sífilis y del hepatitis C y servicios de vivienda.

Housing Assistance

MAIN (713) 426-0027
FAX (713) 526-9882

AREA SERVED.....Austin, Brazoria, Chambers, Harris, Ft. Bend, Galveston, Liberty, Montgomery, San Jacinto and Waller counties

LEGEND.....Free, Appt req, **HIV+ only**, Esp, Call for intake
HOURS Mon-Fri, 8am-5pm

Avenue 360 Housing Assistance program offers basic budget planning and resources through HOPWAs Short-term Rent, Mortgage and Utility (STRMU) assistance and Tenant based Rental Assistance (TBRA) programs and first month rent and deposit assistance for persons living with HIV. We teach clients the necessary skills to live adequately on their reduced income.

El programa de asistencia para la vivienda Avenue 360, por medio de HOPWA, ofrece ayuda en la planificación de un presupuesto básico, ayuda en el pago a la renta y el depósito, la electricidad, y la hipoteca, todos a corto plazo y a personas

viviendo con el VIH. También orientamos a los clientes a efecto de adquirir la habilidad necesaria para que vivan adecuadamente con un ingreso limitado. El programa está disponible de lunes a viernes de 8am a 5pm.

Avenue 360 Humble



9816 Memorial Blvd., Ste 120
Humble, TX 77338

MAIN (281) 570-2525

LEGEND M, W, C, Y, S\$, Ins, Med, Esp
HOURS Mon-Fri, 8am-5pm
NEED FOR INTAKE..... ID, Proof of residence & income, Ins card, Social security card (if available)

Adult medical services, family medicine, women's health, pediatric and adolescent care, HIV/STI and PrEP screenings, and telehealth services.

Servicios médicos para adultos, medicina familiar, salud de la mujer, atención pediátrica y adolescente, exámenes de detección de VIH / ITS y PrEP, y servicios de salud virtuales.

Avenue 360 Memorial City



902 Frostwood Dr., Ste. 142
Houston, TX 77024

MAIN (713) 827-8266

NEIGHBORHOOD(W) Memorial
BUS ROUTES26, 46, 70, 160, 161, 162

LEGEND C, Y, S\$, Ins, Med, CHIP, Esp
HOURS Mon, 8am-8pm; Tue-Fri, 8am-5pm
NEED FOR INTAKE..... ID, Proof of residence & income, Ins card, Social security card (if available)

Pediatric services including immunizations, well child visits, mental health counseling and telehealth services.

Servicios pediátricos que incluyen inmunizaciones, visitas de salud, asesoramiento sobre salud mental y servicios de salud virtuales.

Adult Day Activity and Health Services Program



1429 Hawthorne
Houston, TX 77006

MAIN (713) 341-3750
FAX (713) 520-7854

NEIGHBORHOOD (C) Montrose
AREA SERVED..... Harris, Chambers, Colorado, Ft. Bend, Liberty, Montgomery, Walker, Waller and Wharton counties

BUS ROUTES 82

LEGEND Adults, \$20 co-pay/mo if above 100% FPL, **HIV+ only**, Esp
HOURS Mon-Fri, 7am-5pm
NEED FOR INTAKE..... Call for intake

The Adult Day Activity & Health Services Program is for adults living with HIV, who have a medical condition that requires nursing care. The program offers nursing care, nutritional assessments, counseling, meals and snacks, field trips, educational classes, crafts and other activities during the day.

El Programa de Servicios de Salud y Actividad de Día para Adultos ofrece cuidado para adultos con todas las etapas de la enfermedad VIH, que tienen una condición médica que requiere atención de enfermería. El programa ofrece cuidados de enfermería, evaluaciones nutricionales, asesoramiento, comidas y refrigerios, excursiones, clases educativas, artesanías y otras actividades durante el día.

Dental Clinic



1427 Hawthorne
Houston, TX 77006

MAIN (713) 341-3790
 FAX (713) 524-7995
 NEIGHBORHOOD..... (C) Montrose
 BUS ROUTES 81, 82
 LEGEND..... Adults, \$20 co-pay/visit if above 100% FPL,
HIV+ only, Esp
 HOURS Mon-Fri, 8am-5pm
 NEED FOR INTAKE Call for intake

The Avenue 360 dental clinic offers a full range of dental services including services for people living with HIV. Services include emergency care, basic oral hygiene, treatment of lesions, ulcers and gum disease, dentures and other services.

La clínica dental Avenue 360 ofrece una gran variedad de servicios dentales incluso para personas con el VIH/SIDA, e incluyen atención de emergencia, higiene oral básico, tratamiento de lesiones, úlceras y la enfermedad de la encía, dentadura postiza y más.

Avenue 360 South Central



4405 Griggs Road
Houston, TX 77021

MAIN (832) 962-4111
 NEIGHBORHOOD.....(SE) OST/South Union
 BUS ROUTES 5, 28, 29
 LEGEND..... M, W, C, Y, S\$, Ins, Med, Esp
 HOURS Mon, Tue, Fri 8am-5pm;
 Wed, Thur 9am-6pm
 NEED FOR INTAKE ID, Proof of residence & income,
 Ins card, Social security
 card (if available)

Adult medical services, family medicine, women's health and OB/Gyn, pediatric and adolescent care, HIV/STI and PrEP screenings, mental health services and telehealth services.

Servicios médicos para adultos, medicina familiar, salud de la mujer y obstetra/ginecólogo, atención pediátrica y adolescente, exámenes de detección de VIH / ITS y PrEP, servicios de salud mental, y servicios de salud virtuales.

Avenue 360 Southwest



14095 South Main Street
Houston, TX 77035

MAIN (832) 830-8345
 NEIGHBORHOOD.....(SW) Fondren Southwest
 LEGEND.....All, S\$, Ins, Med, Esp
 HOURS Mon-Fri 8am-5pm
 NEED FOR INTAKE ID, Proof of residence & income,
 Ins card, Social security
 card (if available)

Adult medical services, family medicine, women's health and OB/Gyn, pediatric and adolescent care, HIV/STI and PrEP screenings, mental health services and telehealth services.

Servicios médicos para adultos, medicina familiar, salud de la mujer y obstetra/ginecólogo, atención pediátrica y adolescente, exámenes de detección de VIH / ITS y PrEP, servicios de salud mental, y servicios de salud virtuales.

Avenue 360 Spring Cypress



17010 Sugar Pine Drive
Houston, TX 77090

MAIN (281) 537-8627
 FAX (281) 537-8628
 NEIGHBORHOOD (N) Ponderosa Forest
 BUS ROUTES 86
 LEGEND M, W, C, Y, S\$, Ins, Med, Esp
 HOURS Mon-Fri, 8am-5pm
 NEED FOR INTAKE..... ID, Proof of residence & income,
 Ins card, Social security
 card (if available)

Adult medical services, family medicine, women's health, pediatric and adolescent care, HIV/STI and PrEP screenings, and telehealth services.

Servicios médicos para adultos, medicina familiar, salud de la mujer, atención pediátrica y adolescente, exámenes de detección de VIH / ITS y PrEP, y servicios de salud virtuales.

Omega House Hospice and Medical Respite



602 Branard
Houston, TX 77006

MAIN/INTAKE (713) 523-7110
 FAX (713) 526-8144
 NEIGHBORHOOD (C) Montrose
 BUS ROUTES 25, 56
 LEGEND Adults, HIV, \$20 co-pay/day if above
 100% FPL, Esp
 HOURS 24-hour facility
 NEED FOR INTAKE..... Call for intake

Avenue 360 Omega House is a safe and loving home environment where people can live out their final days with dignity. This eight-bed facility offers palliative (comfort) medical care as well as psychosocial and bereavement services for the dying and their loved ones. Ongoing medical/nursing care is offered, along with emotional support and assistance with daily activities. The program offers social interaction with peers and volunteers, as well as recreational activities including pet therapy.

La Casa de Omega Avenue 360 es un hogar con un ambiente seguro, de amor y compasión, donde los pacientes pueden vivir sus últimos días con dignidad. Este hospicio de ocho camas ofrece asistencia médica paliativa (comodidad) así como ayuda sicosocial y de duelo para los moribundos y para sus seres queridos. El cuidado médico en curso y el cuidado de enfermería es ofrecido, junto con soporte y asistencia emocional durante las actividades diarias. El programa ofrece la interacción social con compañeros y voluntarios, así como actividades recreacionales.

BAY AREA COUNCIL ON DRUGS



AND ALCOHOL, INC.

BACODA Headquarters
2947 E Broadway, Suite 400
Pearland, TX 77581

MAIN (800) 510-3111
WEB www.bacoda.org
EMAIL info@bacoda.org



COVID-19 RESTRICTIONS: The phone lines are being answered Monday-Friday from 8:00-5:00pm. There are no direct services, classes or workshops at United Way-Houston until further notice. This includes Substance Abuse Counseling. Coalitions and Youthworks are continuing digital services and online meetings.

Counseling & Classes: Clear Lake Office

United Way Building
1300A Bay Area Boulevard, Suite 224
Houston, TX 77058

MAIN (800) 510-3111
NEIGHBORHOOD (SE) Clear Lake/NASA
AREA SERVED South, southeast and eastern Harris
County, Brazoria, Matagorta
and Galveston counties
LEGEND All, CD

Free substance abuse screening, treatment referral, assessments and counseling for those meeting eligibility requirements.

BACODA also offers state-mandated classes including DWI Education, DWI Intervention for repeat offenders, and Drug Offender Education Program. All classes offered for a fee and available online. All class days must be attended in order to receive a Certificate of Completion. Staff available for health fairs and speaking engagements at no cost.

If you are seeking state-funded substance abuse treatment in Texas, please call one of the following: 713-942-4100 or 409-944-4337.

BAY AREA HOMELESS SERVICES

3406 Wisconsin Street
Baytown, TX 77520

Mailing address
PO Box 4130
Baytown, TX 77522-4130

MAIN (281) 837-1654
FAX (281) 837-1031
ADMINISTRATION (281) 420-6728
WEB http://bahs-shelter.org/
EMAIL edbahs@gmail.com



NEIGHBORHOOD (E) Baytown
AREA SERVED Eastern Harris, Chambers and
Liberty counties
LEGEND M, W, Fam, Homeless, Free, Esp

Emergency Shelter Services

HOURS 24/7; new clients 9am until 4pm
NEED FOR INTAKE Social Security card, photo ID

Emergency homeless shelter services for low-income clients in the East Harris County, Baytown, Liberty County and Chambers County area. We have separate men's and women's dormitories for the safety and privacy of our residents. BAHS provides three meals daily. Our caring professional case management staff provides an individual case management plan for every client shortly upon entry. We strongly encourage our clients to seek employment. Therefore we also provide transportation to employment interviews, perform resume critiques, and provide basic on-the-job readiness training. Clients take personal responsibility for their individual growth by actively participating in training activities, and completing routine household chores.

Servicios de Albergue de Emergencia

Servicios de albergue para indigentes de emergencia para clientes de bajos ingresos en el área del Condado East Harris, Baytown, Condado Liberty y Condado Chambers. Hemos separado los dormitorios para hombres y mujeres por seguridad y privacidad de nuestros residentes. BAHS proporciona tres comidas al día. Nuestro personal de administración de caso profesional y atento proporciona un plan de administración de caso individual para cada cliente poco después de llegar. Alentamos firmemente a nuestros clientes que busquen empleo. Por lo tanto, también proporcionamos transporte para entrevistas de empleo. Realizamos críticas de currículo, y proporcionamos capacitación básica de preparación en el trabajo. Los clientes toman su propia responsabilidad por su crecimiento individual al participar activamente en actividades de capacitación, y completar tareas domésticas de rutina.

Britton-Fuller Family Center

Six apartment style rooms for families including intensive case management services to intact homeless families who require supportive services in order to transition into more permanent housing. Eligibility can be determined by calling the main office at (281) 837-1654. There may be a waiting list.

Centro Familiar Britton-Fuller

Seis habitaciones estilo apartamento para familias que incluyen servicios intensivos de administración de caso para proteger a familias indigentes para cambiar a un alojamiento más permanente. La elegibilidad se puede determinar llamado a la oficina principal al 281-837-1654. Puede haber una lista de espera.

Employment Services

Pre-employment, post-employment, job readiness, employment maintenance, casework, and classes for current and former clients. We have volunteers who donate their time to do mock interviews, present life-skills classes and assist with post-employment career counseling. BAHS caseworkers provide a job board and work with local employers. These services are available upon request to former, as well as current, clients.

Servicios de Empleo

Pre-empleo, post-empleo, preparación de trabajo, mantenimiento de empleo, trabajo de caso, y clases para clientes actuales y anteriores. Tenemos voluntarios que donan su tiempo para hacer entrevistas fingidas, presentar clases de habilidades de vida y ayudar con consejo de carrera post-empleo. Los trabajadores de caso BAHS proporcionan una bolsa de trabajo y colaboran con empleadores locales. Estos servicios están disponibles a solicitud para clientes anteriores así como actuales.

Speaker Services - Meeting Room

Bay Area Homeless Services can provide a speaker for any organization that wishes to learn more about homelessness, our services, our programs, and our needs. The Multipurpose Room at the Britton-Fuller Family Center may be reserved for meetings for groups of 25 persons or less. Please call to inquire about available dates and times.

Servicios de Portavoz - Sala de Juntas

Bay Area Homeless Services puede proporcionar un portavoz para cualquier organización que desee aprender más sobre indigencia, nuestros servicios, nuestros programas, y nuestras necesidades. La Sala Multipropósito en el Centro Familiar Britton-Fuller se puede reservar para juntas para grupos de 25 personas o menos. Por favor llame para consultar las fechas y horas disponibles.

Domestic Violence - Special Note: BAHS does NOT provide emergency services for victims of domestic violence. If you are in danger from domestic violence please call 911 for immediate police assistance. If you need housing to escape a domestic violence situation please call 211 for a confidential and appropriate referral to meet your immediate needs

Violencia Doméstica - Nota Especial: BAHS NO proporciona servicios de emergencia para víctimas de violencia doméstica. Si está en peligro de sufrir violencia doméstica, por favor llame al 911 para asistencia inmediata de la policía. Si necesita alojamiento para escapar de una situación de violencia doméstica, por favor llame al 211 para una referencia confidencial y apropiada para cumplir sus necesidades inmediatas.

BAY AREA TURNING POINT, INC.



Mailing address
PO Box 890929
Houston, TX 77289-0929

MAIN (281) 338-7600
FAX (281) 557-0290
24 HOURS..... (281) 286-2525
WEB www.bayareaturningpoint.org
EMAIL..... Contactus@bayareaturningpoint.com



NEIGHBORHOOD..... (SE) Webster
LEGEND..... W, M, Fam, Free, Appt req, Esp
HOURS Mon-Fri, 8:30am-5:30pm

Crisis intervention and prevention program for victims of family and/or sexual violence. 24 hour crisis hotline and shelter to provide services to victims. All services are free and confidential.

Crisis Shelter and Prevention Program

Location Confidential
24 HOURS..... (281) 286-2525

Crisis shelter for victims of family violence and sexual assault. Includes therapy and victim assistance. Please use this email address to ask questions about services: Gethelp@bayareaturningpoint.com. For emergency and immediate assistance call the hotline at (281) 286-2525.

Refugio de crisis para víctimas de violencia familiar y acoso sexual. Incluye terapia y asistencia a la víctima. Please use this email address to ask questions about services: Gethelp@bayareaturningpoint.com. For emergency and immediate assistance call the hotline at (281) 286-2525.

BAYLOR TEEN HEALTH CLINICS



WEB.....www.teenhealthclinic.org



COVID-19 RESTRICTIONS: Patients are required to wear masks, have temperature taken and be screened for symptoms and exposure. Only patients are allowed in the clinic unless the patient is a minor accompanied by a parent.

RESTRICCIONES POR COVID-19: Se exige que los pacientes usen mascarillas, que se les tome la temperatura y se les haga un examen de detección de síntomas y exposición. Solo se permiten pacientes en la clínica, a menos que el paciente sea un menor acompañado por uno de sus padres.

Baylor College of Medicine Teen Health Clinics offer a broad range of health services to teens and young adults ages 13 through 24.

Las clínicas de salud de Baylor College of Medicine para adolescentes ofrecen una amplia gama de servicios de salud a adolescentes y adultos jóvenes hasta los 24 años.

Ben Taub Teen Health Clinic

1504 Taub Loop
Houston, TX 77030

MAIN (713) 873-3601
FAX..... (713) 873-3608

NEIGHBORHOOD (C) Medical Center
BUS ROUTES..... 28, METRO light rail

LEGENDY (ages 13-24), Free, Appt req, Esp
HOURS Mon-Thur, 8am-6:30pm
NEED FOR INTAKE..... Free, Med, Appt req

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and postpartum exams; mental health screening and therapy.

Análisis y tratamiento de enfermedades de transmisión sexual; análisis del VIH, consejería y referencia a tratamiento; servicios de planificación familiar; prueba de embarazo y referencias y exámenes post-parto; evaluación y terapia de salud mental.

Cavalcade Teen Health Clinic

3815 Cavalcade St.
Houston, TX 77026

MAIN (713) 673-1655
FAX..... (713) 673-1549

NEIGHBORHOOD (NE) Kashmere Gardens
BUS ROUTES..... 26

LEGENDY (ages 13-24), Free, Appt req, Esp
HOURS Mon-Thur, 8am-6:30pm

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and case management; postpartum exams; mental health screening and therapy.

Análisis y tratamiento de enfermedades de transmisión sexual; análisis del VIH, consejería y referencia a tratamiento; servicios de planificación familiar; análisis del embarazo; referencia y manejo de casos, exámenes de posparto; evaluación y terapia de salud mental.

Cullen Teen Health Clinic

5737 Cullen Boulevard
Houston, TX 77021

5737 Cullen Boulevard
Houston, TX 77021

MAIN (713) 440-7313
FAX (713) 440-8358

NEIGHBORHOOD..... (C) MacGregor
BUS ROUTES 28, 29

LEGEND..... Y (ages 13-24), Free, Appt req, Esp
HOURS Mon 8am-6:30pm, Tue-Wed-Thur 8am-4:30pm,
Fri 8am-2pm,

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and case management; postpartum exams; mental health screening and therapy.

Análisis y tratamiento de enfermedades de transmisión sexual; análisis del VIH, consejería y referencia a tratamiento; servicios de planificación familiar; análisis del embarazo; referencia y manejo de casos, exámenes de posparto; evaluación y terapia de salud mental.

Lawn Teen Health Clinic

8111 Lawn Street
Houston, TX 77088-6323

MAIN (281) 847-9970
FAX (281) 820-3740

NEIGHBORHOOD..... (N) Acres Home
BUS ROUTES 30, 64

LEGEND..... Y (ages 13-24), Free, Appt req, Esp
HOURS Mon-Thur, 8am-6:30pm

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and case management; postpartum exams; mental health screening and therapy.

Análisis y tratamiento de enfermedades de transmisión sexual; análisis del VIH, consejería y referencia a tratamiento; servicios de planificación familiar; prueba de embarazo; referencia y manejo de casos, exámenes de posparto; evaluación y terapia de salud mental.

LBJ Teen Clinic

5656 Kelley Street
Houston, TX 77026

MAIN (713) 566-5612
FAX (713) 566-5610

NEIGHBORHOOD..... (NE) Trinity/Houston Gardens
BUS ROUTES 51, 80, 97

LEGEND..... Y (ages 13-24), Free, Appt req, Esp
HOURS Mon-Thur, 8am-6:30pm

Testing and treatment for sexually transmitted infections; HIV testing, counseling and referrals for treatment; family planning services; pregnancy testing, referral and postpartum exams; mental health screening and therapy.

Análisis y tratamiento de enfermedades de transmisión sexual; análisis del VIH, consejería y referencia a tratamiento; servicios de planificación familiar; prueba de embarazo y referencias y exámenes post-parto; evaluación y terapia de salud mental.

Margaret Long Wisdom High School

6529 Beverly Hill Street
Houston, TX 77057

MAIN (713) 556-5705
FAX (713) 556-9539

NEIGHBORHOOD (SW) Gulfton
BUS ROUTES 47

LEGEND Y (ages 13-24), Free, Appt req, Esp
HOURS Mon-Fri, 8am-4:30pm

Primary health care, immunizations; testing and treatment for sexually transmitted infections; well adolescent exams; HIV counseling and referral to treatment; treatment of minor/acute illnesses; Risk Reduction and health education; family planning services, pregnancy testing and referral, and postpartum exams; mental health screening and therapy.

Cuidado de la salud primario, inmunizaciones; pruebas y tratamiento para infecciones transmitidas sexualmente; exámenes de bienestar adolescente; exámenes de VIH y referencia para tratamiento; tratamiento de enfermedades menores/agudas; Reducción de riesgo y educación para la salud; servicios de planificación familiar, pruebas y referencia de embarazo; exámenes post-parto; evaluación y terapia de salud mental..

Milby High School Teen Clinic

1601 Broadway Street
Houston, TX 77012

MAIN (713) 556-5766
FAX (832) 536-1480

NEIGHBORHOOD (SE) East End
BUS ROUTES 50

LEGEND Y (ages 13-24), Free, Med, Ins, Esp
HOURS Mon-Fri 8am-4:30pm

Primary health care, immunizations; testing and treatment for sexually transmitted infections; well adolescent exams; HIV testing, counseling and referral to treatment; treatment of minor/acute illnesses; Risk Reduction and health education; family planning services, pregnancy testing and referral, and postpartum exams; sports physicals, mental health screening and therapy.

Cuidado de la salud primario, inmunizaciones; pruebas y tratamiento para infecciones transmitidas sexualmente; exámenes de bienestar adolescente; exámenes de VIH y referencia para tratamiento; tratamiento de enfermedades menores/agudas; Reducción de riesgo y educación para la salud; servicios de planificación familiar, pruebas y referencia de embarazo; examen fisico deportivo; evaluación y terapia de salud mental.

Tejano Center for Community Concerns

2950 Broadway Street
Houston, TX 77017

MAIN (713) 640-3730
FAX (832) 536-1473

NEIGHBORHOOD (SE) Park Place
BUS ROUTES 50

LEGEND Y (ages 13-24), Free, Med, Ins, Esp
HOURS Mon-Fri, 8am-4:30pm

Primary health care, immunizations; testing and treatment for sexually transmitted infections; well adolescent exams; HIV testing, counseling and referral to treatment; treatment of

minor/acute illnesses; Risk Reduction and health education; family planning services, pregnancy testing and referral, and postpartum exams; mental health screening and therapy.

Cuidado de la salud primario, inmunizaciones; pruebas y tratamiento para infecciones transmitidas sexualmente; exámenes de bienestar adolescente; exámenes de VIH y referencia para tratamiento; tratamiento de enfermedades menores/agudas; Reducción de riesgo y educación para la salud; servicios de planificación familiar, pruebas y referencia de embarazo; evaluación y terapia de salud mental.

Worthing High School Teen Clinic

9215 Scott Street
Houston, TX 77051

MAIN (713) 556-5348
FAX (713) 556-6033

NEIGHBORHOOD.....(SE) Sunnyside
AREA SERVEDStudents of Worthing High School only
BUS ROUTES 54, 87

LEGEND..... Y (ages 13-24), Free, Med, Ins, Esp
HOURS Mon-Fri, 8am-4:30pm

Primary health care, immunizations; testing and treatment for sexually transmitted infections; well adolescent exams; HIV testing, counseling and referral to treatment; treatment of minor/acute illnesses; Risk Reduction and health education; family planning services, pregnancy testing and referral, and postpartum exams; sports physicals, mental health screening and therapy.

Cuidado de la salud primario, inmunizaciones; pruebas y tratamiento para infecciones transmitidas sexualmente; exámenes de bienestar adolescente; exámenes de VIH y referencia para tratamiento; tratamiento de enfermedades menores/agudas; Reducción de riesgo y educación para la salud; servicios de planificación familiar, pruebas y referencia de embarazo; examen físico deportivo; evaluación y terapia de salud mental.

BEE BUSY INC.



9896 Bissonnet, Suite 625
Houston, TX 77036

MAIN (713) 774-8800
FAX (713) 774-8850
WEB <https://beebusy.org/>
EMAIL..... info@beebusy.org



NEIGHBORHOOD..... (SW) Westwood
BUS ROUTES 65, 68

LEGEND..... M, W, Y, IRR, CD, Homeless, Immigrants,
Free, Walk-ins, Esp
HOURS Mon-Fri, 9am-6pm

COVID-19 RESTRICTIONS: In house testing is conducted (walk-ins and appointments). Clients undergo a temperature test and COVID-19 questionnaire prior to receiving services. Clients who are at risk because of previous travel or a temperature of 99.1 or greater are not serviced. Any client who presents with flu-like symptoms are referred immediately for COVID testing.

RESTRICCIONES POR COVID-19: Se realizan pruebas internas de COVID (visitas sin cita previa y citas). Antes de ingresar al edificio, los pacientes y el personal deben

responder preguntas de sondeo y tomarse la temperatura. Todos los pacientes y el personal clínico deben usar una cubierta facial. Los clientes que están en riesgo debido a viajes anteriores o una temperatura de 99.1 o mayor no reciben servicio. Cualquier cliente que presente síntomas similares a los de la gripe es remitido de inmediato para una prueba de COVID.

Bee Busy, Inc. is a non-profit agency that has been providing prevention services to underserved populations in the Houston area for more than 16 years. Those services include free HIV/Hepatitis C/Syphilis counseling, testing and linkage to care; free condom distribution, adolescent HIV/STI/pregnancy prevention; and resources for the homeless. Bee Busy differentiates itself by offering a welcoming, nonjudgmental atmosphere to all individuals we serve, regardless of socioeconomic status, race, gender, gender identity or sexual orientation. Our mission is to build a strong, healthy community by enhancing the quality of life for vulnerable individuals and families in at-risk communities. Find us on social media for up to date information!

Bee Busy, Inc. es una agencia sin fines de lucro que ha proporcionado servicios de prevención a poblaciones desatendidas en el área de Houston por más de 16 años. Estos servicios incluyen asesoramiento, pruebas y vinculación para atención gratuitos sobre VIH/Hepatitis C/Sífilis; distribución gratuita de preservativos, prevención de VIH/ETS/embarazo en adolescentes; y recursos para personas sin hogar. Bee Busy se diferencia de otros al ofrecer un ambiente acogedor y sin prejuicios a todas las personas a las que atendemos, independientemente del estado socioeconómico, raza, género, identidad de género u orientación sexual. Nuestra misión es construir una comunidad fuerte y saludable mejorando la calidad de vida de individuos y familias vulnerables en comunidades en riesgo. ¡Encuétranos en las redes sociales para obtener información actualizada!

Early Diagnosis Program

Free HIV, Syphilis, and Hepatitis C screening, testing and counseling, free condom distribution, adolescent health education, and resources for the homeless.

Exámenes gratuitos VIH / Sífilis / Hepatitis C, exámenes y consejería, distribución gratuita de condones, educación de salud para adolescentes, y recursos para personas sin hogar.

BEE BUSY WELLNESS CENTER



8785 W Bellfort Avenue
Houston, TX 77031

MAIN (713) 771-2292
FAX (713) 771-2294
WEB www.mybbwc.org
EMAIL info@mybbwc.org



NEIGHBORHOOD (SW) Sharpstown
AREA SERVED Harris & Fort Bend counties
BUS ROUTES 68, 8, 46

LEGENDAll, Appt/Walk-ins, S\$, Med, Ins, CHIP,
Cash/Credit, Financing available, Esp
HOURS Mon-Fri 8:30am-6pm

NEED FOR INTAKE Photo ID, Proof of income and residence, Call for intake

Bee Busy Wellness Center is a Federally Qualified Health Center established in 2009. We provide quality health care for the entire family. Our dedicated group of medical providers work together to ensure that every patient receives high quality, life-extending care, free from stigma and discrimination. Services are provided regardless of ability to pay. No matter your age, family situation or ability to pay - Bee Busy Wellness Center is your partner in affordable healthcare.

Our professional staff provide the following services: family medicine, pediatric care, women’s health including OB/GYN, men’s health, dental care, health screenings, weight management, pharmacy services, x-ray and ultrasound, preventative care, PrEP (Pre-Exposure Prophylaxis) and PEP (Post Exposure Prophylaxis) for HIV prevention, STI screening and treatment, athletic physicals, immunizations/vaccinations, mental health care, health education and enrollment in Qualified Health Plans.

El Centro de Bienestar Bee Busy (Bee Busy Wellness Center) es un centro de salud calificado a nivel federal fundado en 2009. Prestamos atención médica de calidad para toda la familia. Nuestro dedicado grupo de proveedores médicos trabaja en conjunto para garantizar que cada paciente reciba una atención de alta calidad que prolonga la vida, libre de estigma y discriminación. Los servicios se prestan independientemente de la capacidad de pago. Sin importar su edad, situación familiar o capacidad de pago, el Centro de Bienestar Bee Busy es su socio en atención médica asequible.

Nuestro personal profesional presta los siguientes servicios: medicina familiar, atención pediátrica, salud de la mujer que incluye obstetricia (OB)/ginecología (GYN), salud masculina, atención dental, exámenes médicos, control de peso, servicios de farmacia, radiografías y ultrasonido, atención preventiva, profilaxis previa a la exposición (PrEP) y profilaxis posterior a la exposición (PEP) para la prevención del VIH, detección y tratamiento de infecciones de transmisión sexual (ITS), exámenes físicos deportivos, inmunizaciones/ vacunaciones, atención de salud mental, educación para la salud e inscripción en planes médicos calificados.

BRAZOS PLACE

1103 North Avenue H
Freeport, TX 77541

Mailing address
PO Box 2470
Freeport, TX 77542

MAIN (979) 233-3826
FAX (979) 233-3708
WEB www.brazosplace.org



AREA SERVED Brazoria, Ft. Bend, Galveston and Matagorda counties; court commitment clients served statewide.

LEGEND Adults, S\$, Appt/Walk-ins, Waiting list, CD, Esp
HOURS Mon-Fri, 8am-5pm;

Intake: Mon-Fri, 9am-11am
NEED FOR INTAKE Photo ID, Social Security card

Residential treatment facility for both men and women age 18 and up who are indigent with serious substance abuse problems. This is the only facility in Brazoria county that accepts female clients for residential treatment.

Instalación de tratamiento residencial para hombres y mujeres de 18 años en adelante que sean indigentes con problemas serios de abuso de sustancias. Ésta es la única instalación en el condado Brazoria que acepta a clientes femeninos para tratamiento residencial.

BRENTWOOD COMMUNITY FOUNDATION



13033 Landmark Street
Houston, TX 77045

WEB www.brentwoodfoundation.org



**Brentwood Project WAITT
(We're All In This Together)**

13101 Landmark Street
Houston, TX 77045

MAIN (713) 852-2551
FAX (713) 852-2559

NEIGHBORHOOD (S) Central Southwest
AREA SERVED Harris, Ft. Bend, Montgomery,
Chambers, Liberty and Waller counties

BUS ROUTES 14

LEGEND All, Appt/Walk-ins, Free, **HIV+ only**,
CD, food vouchers

HOURS Mon-Fri, 9am-5pm
NEED FOR INTAKE ID, Proof of HIV status, income and
residency

Food vouchers, financial assistance, transitional housing, and supportive services (HOPWA).

Vales de alimentos, asistencia financiera, vivienda de transición, servicios de apoyo (HOPWA). El horario para una cita inicial es de 9 am a 5 pm

BRIDGE OVER TROUBLED WATERS



Administration Office
3811 Allen Genoa Rd.
Pasadena, TX 77504

MAIN (713) 472-0753
FAX (713) 472-8759
24 HOURS (713) 473-2801
WEB www.tbotw.org
EMAIL thebridge@tbotw.org



The Bridge is a 24 hour emergency shelter for survivors of domestic abuse and/or sexual assault. Services and programs are offered to help our clients heal mentally, emotionally, physically, and spiritually. Our philosophy focuses on empowering individuals and families to make healthy decisions that will lead to productive lifestyles.

All services are offered without being mandatory. Immediate crisis intervention and advocacy are available on a walk-in basis during our regular business hours. Call the 24 Hour Hotline at (713) 473-2801 for more information and/or to schedule an after hours appointment.

Baytown Office

1300 Rollingbrook Dr.
Baytown, TX 77521

MAIN (281) 420-5600
24 HOURS..... (713) 473-2801

NEIGHBORHOOD..... (E) Baytown
AREA SERVED..... Harris County including Pasadena,
La Porte, Jacinto City, South Houston,
Channelview, Deer Park, Galena Park,
Baytown, and Highlands.

LEGEND..... W, Fam, Appt req, Free, Esp
OFFICE HOURS Mon-Fri, 9am-4pm
SHELTER HOURS 24 hours

We offer individual counseling and support groups for children and adults, legal advocacy, legal accompaniments, casework, supportive family services and education, as well as outreach for the community.

Refugio de Emergencia Ofrecemos asesoría individual, grupos de apoyo, defensa legal, acompañamiento legal, trabajo de caso, servicios familiares de apoyo y educación y compromiso para la comunidad.

CAREER AND RECOVERY RESOURCES, INC.



2525 San Jacinto
Houston, TX 77002

MAIN/INTAKE..... (713) 754-7000
FAX (713) 754-7068
TTY..... (832) 431-3785
WEB..... www.careerandrecovery.org
EMAIL..... info@careerandrecovery.org



NEIGHBORHOOD.....(C) Midtown
BUS ROUTES54, METRO light rail

It is the mission of Career and Recovery Resources, Inc. (CRR) to help people identify and overcome their barriers to achieve a stable life. CRR breaks barriers for people experiencing substance abuse, underemployment, and housing instability, with focused services for youth, Veterans, people with disabilities, and those referred from the criminal justice system.

Alternative - Substance Abuse Treatment

INTAKE (713) 754-7010
LEGEND..... Adults, CD, IRR, S\$, Med,
Financing available

Intensive Outpatient Services - for those who need a short-term program of counseling, drug and alcohol abuse education and support services. A minimum of 10 hours of treatment per week for 6 weeks is required.

Supportive Outpatient Services - for those needing longer term counseling and aftercare support in recovery. A minimum of two group counseling sessions per week for 12 weeks is required.

Individual and Group Counseling - All clients in treatment receive a combination of both individual and group counseling individually tailored to help them achieve and maintain recovery from drug and alcohol use.

We exceed the state averages for clients achieving abstinence, successful treatment completion and client post-

treatment sobriety maintenance at follow-up. We provide four types of evidenced-based interventions to help clients address specific recovery problem areas unique to their needs and offer free ongoing peer and recovery support groups. Our treatment locations are community-based, easily accessible and provide both evening and Saturday hours for counseling services. We are sensitive to and provide male- and female-specific counseling service settings that insure a safe and effective treatment environment for both genders. To enhance the transition into employment, we provide GED classes, a tutorial computer lab, and specialized job placement assistance.

Fees are based on a sliding scale. No one is denied services due to an inability to pay. Free HIV education and testing services are provided to all clients. Call for intake. Additional locations in Brookshire and Hempstead, for information call 832-563-6756.

Employment Services

MAIN (713) 754-7095
EMAIL CESintake@careerandrecovery.org

LEGENDM, W, Y, Free, Walk-ins
HOURS Mon-Thur, 10am-3pm, Fri 9am-1pm

Employment services include job readiness workshops, basic computer and Internet skills, Microsoft Word and Excel for Beginners, and a Business Etiquette course. GED classes are offered in the morning and afternoon.

HIV Testing

AREA SERVED..... HIV/STD testing in zip codes:
77002, 77020, 77026, 77093.

LEGEND Adults, Free, Appt req, CD
NEED FOR INTAKE..... Photo ID

AIDS Foundation Houston along with CCR offers testing to the public. Due to COVID-19 there are a limited number of spots available and decreased testing days so you must call in advance to get an appointment.

Supportive Services for Veteran Families (SSVF)

MAIN (713) 754-7059
EMAIL ssvf@careerandrecovery.org

LEGEND Veterans, Free, Financing available
NEED FOR INTAKE..... Photo ID, Social security card for all family members, Proof of veteran status and income, SSI/SSDI documentation

SSVF provides Military personnel, Veterans and their families with the tools and support needed to achieve successful civilian careers and housing stability. Transitioning from military to civilian life can be challenging. CRR assists with job training and placement services by providing individualized, holistic plans to help each participant succeed. The plan serves the needs of the whole family with the goal of achieving job placement, retention and long-term financial stability.

We serve transitioning military members, Reservists, National Guard Members, Veterans of all eras and ranks, military and veteran spouses, and dependents under 25 living with a veteran or military sponsor.

The program includes emergency temporary financial assistance, placement & screening services, skills analysis and soft skills programs, and Retention Services: assistance and follow-up to ensure a successful placement.

Our Returning JPMorgan Chase Veterans Program, helps all veterans (regardless of homeless status or type of discharge) to find and retain employment.

CASA DE ESPERANZA DE LOS NINOS, INC.

Mailing address
PO Box 301209
Houston, TX 77230

MAIN/INTAKE..... (713) 529-0639
FAX (713) 529-9179
WEB www.casahope.org
EMAIL..... casa@casahope.org



NEIGHBORHOOD..... (C) Medical Center
LEGEND..... C, Free, Esp
HOURS Mon-Fri, 9am-5pm; available
24 hours for emergencies
NEED FOR INTAKE Person with legal authority to
place the child

Casa de Esperanza de los Ninos strives to break the cycle of child abuse and neglect for at-risk infants, children and their families by providing comprehensive residential and family support programs that transform people and communities.

Foster care for children ages 6 and younger. Specialized medical, psychological and developmental services for children. Case management for parents of children in care.

Cuidado adoptivo de niños menores de 6 años de edad. Servicio médico, psicológico, y de desarrollo del niño. Administración de casos para los padres de niños bajo cuidado.

CATHOLIC CHARITIES OF THE ARCHDIOCESE OF GALVESTON-HOUSTON



2900 Louisiana Street
Houston, TX 77006

MAIN (713) 526-4611
FAX (713) 524-1904
TOLL FREE (866) 649-5862
WEB www.catholiccharities.org
EMAIL..... hope@catholiccharities.org



NEIGHBORHOOD..... (C) Midtown
AREA SERVED Austin, Brazoria, Fort Bend, Galveston,
Grimes, Harris, Montgomery, San Jacinto,
Walker, and Waller counties
BUS ROUTES 82

Catholic Charities of the Archdiocese of Galveston-Houston brings help and hope to people in need, especially the poor and vulnerable. Through a network of life-changing programs that work together to alleviate poverty, we serve 100,000 people each year from locations in Harris, Fort Bend and Galveston counties. As the social services arm of the Archdiocese, we are guided by the Catholic faith to serve people of all beliefs in achieving self-sufficiency so they can live with dignity. Catholic Charities is a United Way agency, founded in 1943. We are people of faith, helping people in need.

Caridades Católicas (Catholic Charities) de la Arquidiócesis de Galveston-Houston brinda ayuda y esperanza a las personas necesitadas, especialmente a los pobres y vulnerables. A través de una red de programas que cambian vidas y que trabajan en conjunto para mitigar la pobreza, atendemos a 100,000 personas cada año desde ubicaciones en los condados de Harris, Fort Bend y Galveston. Como

rama de servicios sociales de la Arquidiócesis, nos guiamos por la fe católica para atender a personas de todas las creencias con el fin de lograr la autosuficiencia para poder vivir con dignidad. Caridades Católicas es una agencia de United Way, fundada en 1943. Somos gente de fe, ayudando a personas necesitadas.

Stable Homes (a.k.a. HIV/AIDS Ministry)

HOUSING ASST HOTLINE (713) 874-6724

LEGEND **HIV+ only**, Free, Appt req, Esp
HOURS Mon-Fri, 8am-5pm
NEED FOR INTAKE Proof of HIV status, residence
and income, photo ID, Social
Security card (if available)

The Stable Homes Program prevents homelessness by providing rental assistance to low income families and individuals who are threatened with eviction, including those living with HIV. We work with each family to develop and implement a plan to achieve self-sufficiency, connecting them with other Catholic Charities and community resources.

El Programa de Hogares Estables previene la falta de vivienda proporcionando asistencia de alquiler, hipotecas, y pagos por las utilidades a familias e individuos que califiquen, incluyendo personas de bajos recursos viviendo con el VIH/SIDA, y que estén en riesgo de ser desalojados por falta de pagos. Trabajamos con cada familia para desarrollar e implementar un plan de servicios de manera sistemática que los ayude hacer autosuficientes, conectándolos con otras organizaciones benéficas católicas y recursos comunitarios.

CENIKOR FOUNDATION



11111 Katy Freeway, Suite 500
Houston, TX 77079

MAIN (713) 526-4611
FAX (713) 524-1904
INTAKE (888) 236-4567
TOLL FREE (866) 649-5862
TTY 7-1-1
CAPTEL USERS (877) 243-2823
WEB www.cenikor.org
EMAIL info@cenikor.org



Cenikor is committed to helping people with substance use disorders and behavioral health issues by offering high-quality, affordable treatment services. Cenikor provides a full continuum of care to meet the individualized needs of each client to include: Inpatient and Outpatient Detox, Short-Term Inpatient, Long-Term Inpatient, Adult Outpatient, Adolescent Inpatient, Adolescent Outpatient and Sober Living programs throughout Texas and Louisiana. Cenikor is a 501c3 non-profit organization, proudly serving more than 1,000 clients per week to achieve better health and better lives.

Programas para pacientes internados, pacientes ambulatorios adolescentes y sobriedad en Texas y Louisiana. Cenikor es una organización sin fines de lucro cobijada por la sección 501c3 que se enorgullece de atender a más de 1,000 clientes por semana para que logren una mejor salud y una mejor vida.

Adolescent Residential Treatment

5629 Grapevine Street
Houston, TX 770853816

MAIN (713) 726-0922
FAX (713) 726-0988

INTAKE (888) 236-4567
 NEIGHBORHOOD.....(SW) Central Southwest
 BUS ROUTES 49
 LEGEND.....Y, CD, S\$, Med, Ins, Financing
 available, Appt req, Esp
 HOURS Mon-Fri, 8am-5pm
 NEED FOR INTAKE Call for intake

Cenikor's Adolescent Inpatient program provides treatment and education to adolescents ages 13-17 and their families whose lives have been impacted by substance use disorders. Cenikor offers comprehensive and quality services to achieve lasting changes in the values and behaviors of youth, to create healthy lifestyles and healthy families. Clients learn how to live with a structure as behaviors and attitudes are addressed by peers and counselors. In addition to individual, group and family therapy, teens continue their education with qualified teaching staff in our on-site accredited school.

El programa para pacientes internados adolescentes que ofrece Cenikor brinda tratamiento y educación a aquellos adolescentes de entre 13 y 17 años y a sus familias, cuyas vidas se han visto afectadas por los trastornos por el uso de sustancias adictivas. Cenikor ofrece servicios integrales y de calidad a fin de lograr cambios duraderos en los valores y las conductas de los jóvenes y así promover estilos de vida saludables y familias sanas. Los pacientes aprenden cómo vivir dentro de una estructura, ya que se abordan las conductas y las actitudes por medio de pares y terapeutas. Además del tratamiento individual, grupal y familiar, los adolescentes continúan su educación con personal docente calificado en nuestra escuela acreditada en el lugar. Los guiamos durante su recuperación y los ayudamos a convertirse en personas adultas responsables en la recuperación a largo plazo, al mismo tiempo que ellos aprenden cómo divertirse en estado de sobriedad. Comuníquese con nosotros hoy mismo para obtener más información

Houston Treatment Center

4525 Glenwood Ave.
 Deer Park, TX 77536

MAIN (281) 476-0088
 FAX (281) 476-5581
 INTAKE (888) 236-4567
 LEGEND..... M, W, IRR, CD, S\$, Med, Flat fee,
 Scholarships, Appt req
 HOURS 24 hours
 NEED FOR INTAKE 2 forms of ID, Social Security card,
 Proof of income and residence

Detoxification

Medically-supported detoxification services help stabilize clients going through active withdrawal symptoms associated with substance use disorders. Both intensive inpatient and outpatient detox services are available. Professional assistance is especially important in this critical period and includes medication to minimize withdrawal symptoms, individualized treatment and counseling. Before leaving the program, clients receive a discharge plan and aftercare referrals, including a 12-step support group such as AA or NA. Cenikor's commitment to long-term recovery begins with safe and successful detox.

Desintoxicación

Los servicios de desintoxicación bajo supervisión médica ayudan a estabilizar a los clientes que experimentan síntomas de abstinencia activa asociados con trastornos por el consumo de sustancias. Los servicios de desintoxicación

están disponibles tanto para pacientes internados como para pacientes ambulatorios. La asistencia profesional es especialmente importante en este período crítico e incluye medicamentos para minimizar los síntomas de abstinencia, tratamiento y consejería individualizados. Antes de dejar el programa, los clientes reciben un plan de alta y remisiones para atención posterior, incluyendo un grupo de apoyo para los doce (12) pasos tal como Alcohólicos Anónimos (AA) o Narcóticos Anónimos (NA). El compromiso de Cenikor con la recuperación a largo plazo comienza con una desintoxicación segura y exitosa.

Short-Term Residential

Adult Short-Term Inpatient programs provide non-emergency care and treatment for people with substance use disorders and related behavioral health disorders. Comprehensive, individualized treatment plans include assessment, screening, individual and group counseling, life skills training and education for family members. Participants may take advantage of smoking-cessation and other educational opportunities. By completion of treatment, clients are introduced to community and social support groups, including 12-step programs such as AA and NA. A thorough discharge plan includes referrals to aftercare programs that lead to successful, long-term recovery.

Residencial a Corto Plazo

Los programas para pacientes internados adultos a corto plazo brindan atención y tratamiento sin carácter de emergencia a personas que padecen trastornos por el consumo de sustancias y trastornos de salud conductual relacionados. Los planes individualizados e integrales de tratamiento incluyen evaluación, detección, consejería individual y grupal, capacitación en habilidades para la vida y educación para familiares. Los participantes pueden aprovechar las oportunidades para dejar de fumar y otras de tipo educativo. Al finalizar el tratamiento, se presenta a los clientes a grupos comunitarios y de apoyo social, incluyendo los programas de los doce (12) pasos tales como Alcohólicos Anónimos (AA) o Narcóticos Anónimos (NA). Un plan de alta exhaustivo incluye remisiones a programas de atención posterior que conducen a una recuperación exitosa y a largo plazo.

Long-Term Residential

Adult Long-Term Residential treatment programs are designed for people who are physically ready, mentally capable and willing to participate in all aspects of the recovery process. Assisting clients with completing their education and finding a job suited to their talents and skills are essential elements, unique to our program, that help clients achieve independence. Our therapeutic community model uses peer influence and professional clinical counseling to help clients change the attitudes, behaviors and perceptions associated with substance use disorders.

Residencial a Largo Plazo

El programa para pacientes internados adultos a largo plazo está orientado a personas que estén preparadas físicamente, que sean capaces mentalmente y que estén dispuestas a participar en todos los aspectos que comprende el programa de recuperación. Ayudar a los clientes a completar su educación y encontrar un trabajo adecuado a sus talentos y habilidades son elementos esenciales y exclusivos de nuestro programa que ayudan a los clientes a lograr su independencia. Nuestro modelo de comunidad terapéutica se vale de la influencia de pares y consejería clínica profesional para ayudar a los pacientes a cambiar las actitudes, conductas y percepciones vinculadas con trastornos por el consumo de sustancias.

CHANGE HAPPENS!



3353 Elgin Street
Houston, TX 77004

MAIN (713) 374-1200
FAX (713) 651-8045
WEB www.changehappenstx.org
EMAIL info@changehappenstx.org



NEIGHBORHOOD..... (C) Third Ward
BUS ROUTES 29, 54, Metro light rail

COVID-19 RESTRICTIONS: While our physical offices are closed, the staff is working remotely to ensure we continue to meet the needs of the community. Despite the challenges, we are diligently working to stay connected to our clients and neighbors. Rest assured in knowing the quality of our work has not diminished. You can continue to reach us by phone or email.

Change Happens! is a local, community-based, non-profit primarily serving adults and at risk youth in Houston and Harris County. Change Happens! mission is "Empowering People to Help Themselves".

Change Happens! has a variety of programs and services that include positive youth development, adolescent and adult substance abuse prevention and treatment, supportive services to the homeless, and HIV prevention.

Affordable Care Act Navigator Program

INTAKE (713) 374-1276
LOCAL CALL CENTER (832) 393-5423
FAX (855) 892-8082

AREA SERVED Harris, Ft. Bend, Brazoria, Galveston, and Montgomery counties
LEGEND All, Free
HOURS Mon-Fri, 8am-5pm
NEED FOR INTAKE ID, Proof of household income, W-2 or tax return, Social security numbers for household members

Navigators assist consumers to apply for health insurance through the ACA Marketplace. Navigators will provide information to consumers in a fair, accurate and impartial manner, provide referrals to consumer assistance programs, provide information that is culturally and linguistically appropriate, and facilitate the selection of a qualified health plan.

Case Management & Outreach Services

LEGEND All
HOURS Mon-Fri, 8am-5:30pm

Change Happens! offers case management services for children and pregnant women and multiple outreach services to assist historically underserved and vulnerable populations and communities.

Helping Youth Prevent Engaging in Risky Behavior (H.Y.P.E. 2.0)

MAIN (713) 374-1249
AREA SERVED Harris County
LEGEND Y (ages 14-19)
HOURS Mon-Fri, 8am-5pm

The HYPE 2.0 program is designed to educate youth ages 14-19 on abstinence, teen pregnancy prevention, HIV and STDs,

and positive youth development. The program uses the evidence based curriculum BART (Becoming a Responsible Teen) and incorporates Money Talk, a financial literacy introductory component developed to sustain financial stability and increase economical growth. The program also includes other adult preparation subjects such as healthy relationships, adolescent development, educational and career success.

Helping Youth Prevent Engaging in Risky Behavior (H.Y.P.E. 3.0)

MAIN (713) 374-1227
AREA SERVED Harris County
LEGEND Y (ages 14-19)
HOURS Mon-Fri, 8am-5pm

The HYPE 3.0 Program focuses on African-American and Hispanic/Latino youth, ages 14-19 living in Houston and attending school in HISD. The program uses the evidence-based curriculum, Love Notes, which empowers youth with the skills needed to further their own personal development, form and maintain healthy relationships, and commit or recommit to leaving sex out of their youthful relationships while they work toward success in education and employment.

INSIGHT

MAIN (713) 374-1249
AREA SERVED Harris County
LEGEND Y (ages 14-19)
HOURS Mon-Fri, 8am-5pm

Imagine Now! Standing Intently to Generate Health and Transcendence (INSIGHT) is a Sexual Risk Avoidance Education (SRAE) program that targets African American and Hispanic/Latino youth, ages 14-19 living in Houston. The goals of INSIGHT are to empower participants to make healthy decisions, and provide tools and resources to prevent pregnancy and STIs, as well as lower engagement in other risky behaviors, and educate youth on how to voluntarily refrain from non-marital sexual activity thereby reducing teen pregnancy.

Mentoring Plus

LEGEND C and Y (ages 6-17)
HOURS Mon-Fri, 8am-5pm

The goal of the Mentoring+ program is to introduce mentors and support into the lives of youth living in high-risk situations to further explore their inherent strengths and help them increase protective factors that will build resiliency. Each mentee will be matched with a caring adult for a minimum of one year and will engage in a variety of activities for at least four hours a month. Eligible mentees for this program are male and females ages 6-17 years of age.

My Brother's Keeper

MAIN (713) 374-1249
AREA SERVED Jack Yates High School
LEGEND M, Y
HOURS Mon-Fri, 8am-5pm

The goal of this mentoring program is to help boys and young men of color improve academic achievement, self-esteem, social competence, and avoidance of high risk behavior by providing a relationship with a caring adult who works to help your child achieve his full potential.

Northern Third Ward Implementation Project

MAIN (713) 374-1294
AREA SERVED Northern Third Ward
HOURS Mon-Fri, 8am-5:30pm

The Northern Third Ward Neighborhood Implementation Project identifies critical issues in our neighborhood. Through resident and stakeholder participation, the Project's plan formulates strategies and specific action steps that will lead to the successful development and enhancement of our community. The project will implement community improvements over five years in the areas of neighborhood building, education, economic and workforce development, housing, and services for children, youth, and families.

Project F.O.R.C.E. HIV Prevention Program

INTAKE (713) 374-1236
AREA SERVED Zip codes: 77003, 77004, 77021,
77088, 77091, 77035
LEGEND M (18 & up), Free, IRR, CD
HOURS Hours may vary

A program designed to empower individuals with the knowledge and skills necessary to develop healthier lifestyles. The program utilizes innovative strategies that reduce risky behaviors, increase positive behaviors and reduce the risk of acquiring HIV.

Refugee Youth Mentoring Program

LEGEND Y (ages 15-18)
HOURS Mon-Fri, 8am-5pm

This program addresses the needs of the youth and supports them with mentorship and other opportunities. Youth ages 15-18 are provided one-on-one mentorship and youth 18-24 old, are provided with group mentoring. While matching youth with Mentors some of the areas considered are shared cultural, linguistic, ethnic, gender, and interest factors.

Rescue in Motion 2.0 Permanent Housing Program

INTAKE (713) 374-1222
AREA SERVED Harris County
LEGEND Adult homeless/disabled women, Appt req
HOURS Mon-Fri, 8am-5pm
NEED FOR INTAKE Photo ID, chronic homelessness
history verification(s),
verification of disability

Provides housing and supportive services to 12 unaccompanied, chronically homeless women with disabilities, primarily those who are seriously mentally ill; have chronic problems with alcohol, drugs or both; have AIDS and related conditions; and physical and developmental disabilities. Must meet the HUD definition of chronically homeless, be a single adult age 18 or older and have a documented disabling condition. The program will serve the most vulnerable populations of the homeless community. The program model is "housing first" and is offered without any precondition.

Rescue Youth Program

INTAKE (713) 374-1252
AREA SERVED Harris and Waller Counties
LEGEND Y (ages 12-19), Appt req, Free, CD
HOURS Mon-Fri, 8am-5:30pm

Designed to teach children life skills and how to handle problems constructively, the Rescue Youth Program is delivered in school settings, local shelters, and in the Change Happens! after school and summer programs. The in-school program is based on evidence-based curriculums for youth ranging from 12-19 years old.

Services to Aid in Retaining Shelter (STAIRS 2.0)

MAIN (713) 374-1222
AREA SERVED Harris County
LEGEND Adult homeless/disabled women, Appt req
HOURS Mon-Fri, 8am-5pm
NEED FOR INTAKE Photo ID, chronic homelessness
history verification(s),
verification of disability

The STAIRS 2.0 program integrates behavioral health treatment and services for substance use disorders (SUD) and co-occurring mental and substance use disorders (COD), permanent housing, and other critical services for individuals experiencing homelessness. The goal of the program is to reduce homelessness among individuals with SUDs or CODs.

VOICES Program

AREA SERVED Houston/Harris County
LEGEND Y and W (under 18)
HOURS Mon-Fri, 8am-5:30pm

VOICES is a wraparound program for girls under 18 who are at risk of juvenile justice involvement. The goal of the program is to empower participants to discover themselves and work towards transformation by providing tools to enhance their self-esteem, connect with others, healthy living (body, mind, and spirit), and planning for their futures. This program also includes parents, correctional officers, and community organizations in a collaborate model of care. The primary outcome is to reduce the risk of future justice involvement among girls in Houston.

CHRIST CLINIC

25722 Kingsland Blvd., Suite 111
Katy, TX 77494



MAIN (281) 391-0190
FAX (281) 391-4178
WEB <http://christclinic Katy.org>
EMAIL info@christclinic Katy.org



LEGEND Adults, homeless, IRR, Flat fee,
Appt/Walk-ins, Esp
HOURS Mon-Thur 9am-4pm; Fri 9am-3pm
NEED FOR INTAKE Photo ID, Proof of income, cash only

COVID-19 RESTRICTIONS: Due to decreased funding caused by the pandemic we are currently only accepting patients referred from one of our partnering hospitals. We are not accepting walk-in patients at this time. We do not provide testing for COVID-19.

Non-profit clinic that serves adults who are unable to receive necessary medical care without insurance. Patients contribute to the cost of care - \$25 for the initial visit and \$15 for all follow up visits (cash only). Low cost primary and preventive care, women's health, mental health services, pharmacy and medication assistance, and health education. After Hours Acute Clinic: Monday-Thursday, 3pm-7pm. New patients, walk-in only, \$30 cash only.

Clinica médica de sin fines de lucro al servicio de personas adultas que no pueden recibir una atención médica adecuada sin seguro. Los pacientes contribuyen con los costos de cuidado - \$25 por la visita inicial y \$15 por todas las visitas de seguimiento (solamente efectivo). Bajo costo atención primaria y preventiva, salud de la mujer, servicios de salud mental, farmacia y asistencia con medicamentos, y educación para la salud. Clínica de Cuidados Intensivos por las Tardes: Lunes a jueves de 3pm a 7pm. Pacientes nuevos, sin cita previa, \$30 solamente efectivo

CHRISTIAN COMMUNITY SERVICE CENTER (CCSC)



3434 Branard Street
Houston, TX 77027

Mailing address
PO Box 27924
Houston, TX 77227-2924

MAIN (713) 961-3993
FAX (713) 961-1548
WEB www.ccschouston.org
EMAIL ccsc@ccschouston.org



NEIGHBORHOOD.....(C) Greenway Plaza
BUS ROUTES25, 84

COVID-19 RESTRICTIONS: CCSC practices strict COVID safety precautions.

RESTRICCIONES POR COVID-19: CCSC pone en práctica estrictas precauciones de seguridad contra el COVID.

CCSC has a 40-year history of serving community members in need. We operate several programs concentrating on three overlapping areas: Basic Needs (two full-service centers with food pantries), Employment (helping clients skill-build, find work, and increase household income), and Children (targeting the basic needs of young persons).

CCSC tiene una historia de 40 años de servicio a los miembros de la comunidad que lo necesitan. Operamos varios programas que se concentran en tres áreas superpuestas: necesidades básicas (dos centros de servicio completo con despensas de alimentos), empleo (ayuda a los clientes a desarrollar habilidades, encontrar trabajo y aumentar los ingresos familiares) y niños (enfocados en las necesidades básicas de los jóvenes).

Back to School

Location varies, call for information

MAIN (713) 961-3993
LEGEND.....Students entering Pre K through Grade 12, Esp
HOURS Seasonal-annual registration in early May; program in early August
NEED FOR INTAKEPhoto ID for parent/guardian, Proof of residence; birth certificates for children

Back To School helps prepare 6,500 students for the academic year by offering high quality school supply packages, vouchers to purchase new clothing/uniforms/shoes, and gently used bonus items. Call in April for location and schedule.

Back To School ayuda a preparar a 6.500 estudiantes para el año académico al ofrecer paquetes de suministros escolares

de alta calidad (grados PK a 12), vales para comprar ropa nueva / uniformes / zapatos, y se utilizan suavemente artículos de bonificación. Llamar en abril por su ubicación y horario.

Emergency Services (locations listed below)

INTAKE (713) 871-9741
AREA SERVED.....77002, 77003, 77004, 77005, 77006, 77007, 77010, 77011, 77012, 77019, 77020, 77021, 77023, 77025, 77026, 77027, 77028, 77030, 77031, 77036, 77046, 77056, 77057, 77072, 77074, 77081, 77096, 77098, 77401
LEGENDAll, Free, Walk-ins, Appt req for financial asst, Esp
NEED FOR INTAKE..... Photo ID, Proof of residence, add'l documentation may be required

The Emergency Services program offers basic necessities to our neighbors in need including nutritious 5-day grocery packages based upon household size and client preferences; fresh produce from our garden (seasonal, as available); hygiene packages; gently-used clothing and shoes; financial assistance for rent or utilities; diapers; information and referrals. Limited medical assistance (dental, prescriptions and vision). We operate two locations that can be accessed interchangeably.

El programa de Servicios de Emergencia ofrece necesidades básicas a nuestros vecinos, incluyendo paquetes nutritivos de comestibles de 5 días basados en el tamaño del hogar y las preferencias del cliente; productos frescos de nuestro jardín (estacional, según disponibilidad); paquetes de higiene; ropa y zapatos usados suavemente; asistencia financiera para alquiler o servicios públicos; pañales; información y referencias. Asistencia médica limitada (dental, recetas y visión). Operamos dos ubicaciones a las que se puede acceder indistintamente.

Emergency Services - Central

3434 Branard Street
Houston, TX 77027

NEIGHBORHOOD (C) Greenway Plaza
BUS ROUTES 25, 84
HOURS Mon-Fri, 10am-1pm; Sat 9am-Noon

Emergency Services - Southwest

6856 Bellaire Blvd.
Houston, TX 77074

NEIGHBORHOOD (SW) Sharpstown
BUS ROUTES 2, 9, 47, 402
HOURS Mon-Fri, 10am-2pm; Sat 9am-Noon

JobNet

INTAKE (713) 626-8320
LEGEND Adults, Free
HOURS Mon, Tue, Wed 9am-3pm; Thur 9am-5pm; Fri 9am-1pm
NEED FOR INTAKE..... Photo ID, Proof of address

JobNet helps unemployed and underemployed persons build their knowledge and confidence to find work. Participants can receive one-to-one coaching, computer classes, skill-building classes, resume advice, job leads and access to office equipment (computer lab, copier, fax, etc.).

E-mail us at jobnet@ccschouston.org or call us at (713) 626-8320. We will help you register for our program and get the

support you need today. We have both in-person and virtual services available.

Martha's Way

Location varies, call for information

INTAKE (281) 906-8421

LEGEND..... Adults, Free, Esp

HOURS Classes vary -- call for information

NEED FOR INTAKE Call for intake

Martha's Way is a vocational training program offered in Spanish that helps participants learn how to run their own professional housekeeping business. We provide free classes in professional development, business skills, technical housekeeping skills, workplace safety, and an optional "ESL for Housekeeping" class. Martha's Way is offered in various locations and is not restricted by zip code.

Martha's Way es un programa de formación profesional que se ofrece en español que ayuda a los participantes a aprender a dirigir sus propios negocios profesionales de limpieza. Ofrecemos clases gratuitas de desarrollo profesional, habilidades empresariales, habilidades técnicas de limpieza, seguridad en el lugar de trabajo y una clase opcional "ESL for Housekeeping". Martha's Way se ofrece en varios lugares y no está restringido por código postal.

CITY OF HOUSTON COMMUNITY RE-ENTRY NETWORK PROGRAM



Kashmere Multiservice Center
4802 Lockwood Drive
Houston, TX 77026

MAIN (832) 393-5467

FAX (832) 393-5566

WEB www.houstonhealth.org/health/CRNP/index.html

EMAIL..... hdhhs.reentry@houstontx.gov

NEIGHBORHOOD.....(NE) Kashmere Gardens

BUS ROUTES 80, 3

LEGEND..... Adult ex-offenders, CD, Free, Appt/Walk-ins, Esp

HOURS Mon-Fri, 8am-5pm; Hours vary for evening classes

COVID-19 RESTRICTIONS: All services and supports are being offered virtually as a result of COVID-19. If you are interested in enrolling in the program or need information on how to participate virtually, please feel free to call us.

RESTRICCIONES POR COVID-19: Todos los servicios y apoyos se ofrecen de manera virtual como consecuencia del COVID-19. Si tiene interés en inscribirse en el programa o necesita información sobre cómo participar de manera virtual, no dude en llamarnos.

The Community Re-Entry Network Program is a program of the Houston Health Department. Our caring, multi-disciplinary staff is committed to addressing the needs of the whole person with innovative, evidence-based programming and linkage to services designed to meet the needs of formerly incarcerated persons, and interrupting the cycle of recidivism.

The Community Re-Entry Network Program works in partnership with the community to assess, plan, and implement effective strategies to reduce recidivism, increase public safety, and successfully assist and support ex-offenders

in their transition in becoming productive, contributing members of the Houston community.

Program components include case management, family reunifications, one-on-one counseling and peer support groups, life skills courses, job readiness and career development, as well as transportation assistance and linkage to resources and services including healthcare, ACA enrollment and more.

Additionally, the Community Re-Entry Network Program offers a SAMHSA-approved, 12-hour anger management program and state-approved 15-hour Texas Drug Offender Education course at affordable rates. Call or email to learn more.

El Programa Community Re-Entry Network es un programa del Departamento de Salud de Houston (Houston Health Department). Nuestro personal multidisciplinario y atento está comprometido a abordar las necesidades de la persona en su totalidad con una programación innovadora con base empírica y vínculo con servicios diseñados para satisfacer las necesidades de las personas anteriormente encarceladas e interrumpir el ciclo de reincidencia.

El programa trabaja en asociación con la comunidad con el fin de evaluar, planificar e implementar estrategias efectivas para reducir la reincidencia, reforzar la seguridad pública, así como ayudar y apoyar con éxito a exdelincuentes en su transición para convertirse en miembros productivos y contribuyentes de la comunidad de Houston.

Los componentes del programa incluyen administración de casos, reunificaciones familiares, consejería individualizada y grupos de apoyo entre pares, cursos de habilidades para la vida, preparación laboral y desarrollo profesional, así como asistencia con el transporte y vinculación con recursos y servicios que incluyen atención médica, inscripción en ACA y más.

Además, el Programa Community Re-Entry Network ofrece un programa de manejo de la ira de 12 horas aprobado por SAMHSA y un curso de educación para delincuentes por drogas de Texas de 15 horas aprobado por el estado a precios asequibles. Llame o envíe un correo electrónico para obtener más información.

COALITION FOR BARRIER FREE LIVING



WEB..... www.coalitionforbarrierfreeliving.com



A self-help, self-advocacy organization providing independent living services and options for people with disabilities by people with disabilities. Services include but are not limited to peer to peer counseling, independent living skills training, information and referral, individual and systems advocacy, post-secondary transition services for youth with disabilities, Deaf and hard of hearing services, housing assistance, employment assistance for SSI and SSDI beneficiaries, Assistive Technology (AT) training; AT and durable medical equipment (DME) financial assistance, relocation services to the community for people with disabilities living in nursing homes.

Brazoria County Center for Independent Living



1104-D East Mulberry
Angleton, TX 77515

MAIN (979) 849-7060
FAX (979) 849-8465
TOLL FREE (888) 872-7957
VIDEO PHONE (979) 583-2992

EMAIL bccil@neosoft.com

LEGEND All, Disabled, Free, Walk-ins
HOURS Mon-Fri 8am-5pm

Fort Bend Center for Independent Living



12946 Dairy Ashford Rd, Suite 110
Sugar Land, TX 77478

MAIN (281) 980-2219
FAX (281) 980-2298
VIDEO PHONE (832) 532-3650

EMAIL fbcil@neosoft.com

LEGEND All, Disabled, Free, Walk-ins
HOURS Mon-Fri 8am-5pm

Houston Center for Independent Living



6201 Bonhomme Road, Suite 105-South
Houston, TX 77036

MAIN (713) 974-4621
FAX (713) 974-6927
TOLL FREE (877) 877-7082
VIDEO PHONE (346) 231-0641

EMAIL hcil@neosoft.com
WEB www.hcil.cc

NEIGHBORHOOD (SW) Sharpstown
AREA SERVED Houston, Harris County
BUS ROUTES 9

LEGEND All, Disabled, Free, Walk-ins
HOURS Mon-Fri 8am-5pm

COLBY D HEALTHCARE INC.



9888 Bissonnet, Suite 670
Houston, TX 77036

MAIN (832) 563-4970
FAX (713) 774-1842
SPANISH (832) 721-0153



NEIGHBORHOOD (SW) Westwood
AREA SERVED Brazoria, Fort Bend, Harris,
Montgomery and Waller counties
BUS ROUTES 65, 68

LEGEND M, W, C, Ins, Medicaid, Superior, Private pay
HOURS Call for intake 24 hours, 7 days a week

Pediatric Home Health

Pediatric home care providing skilled and private duty nursing, physical therapy, occupational therapy, speech therapy, respiratory therapy and durable medical equipment for children with special healthcare needs. We specialize in pediatric care, but we can care for all ages.

Cuidado pediátrico en la casa por enfermeras hábiles, terapia física, terapia ocupacional, terapia del habla, terapia respiratoria y equipo médico durable para niños/niñas con necesidades especiales en el cuidado de la salud.

COMMUNITY ENDOWMENT FOUNDATION

(CEF) - SWEHLA HOUSE

2516 Mandell Street, #6
Houston, TX 77006

MAIN (713) 528-0037
FAX (713) 520-5646
WEB www.community-endowment-foundation.org

NEIGHBORHOOD (C) Montrose
BUS ROUTES 82

LEGEND ... M, W, S\$, Appt req, **HIV+ only**, Single occupancy
HOURS Appointment only

COVID-19 RESTRICTIONS: Masks required

Affordable, permanent housing for persons living with HIV. A 12 unit efficiency apartment complex (permanent housing) for single persons living with HIV. Vacancies are advertised through case managers of agencies who primarily serve the HIV community. Tenants must have a source of income as CEF does not provide financial assistance. Rent is based on a percentage of income.

CORDER PLACE APARTMENTS



7210 Peerless
Houston, TX 77021

MAIN (713) 741-4070
FAX (713) 440-6549
EMAIL corderplace@sbcglobal.net

NEIGHBORHOOD (SE) OST/South Union
BUS ROUTES 360

LEGEND Fam, HIV+ household member, Homeless,
S\$, Appt & Referral req
HOURS Mon-Fri, 8am-4:30pm
NEED FOR INTAKE Photo ID, Proof of income, Social Security card, birth certificate

Permanent housing for homeless families affected by HIV. Two bedroom units available for families no larger than 4 with at least one minor (under 18) child and at least one family member living with HIV. The program includes social services such as case management, child care, substance use counseling and legal services. Rent is based on income.

One of many properties managed by the Housing Corporation of Greater Houston. For information contact: (713) 526-9470 or info@thehousingcorp.org.

Un programa de vivienda permanente para familias sin vivienda y afectadas por el VIH, que incluye servicios sociales así como administración de casos, cuidado de los niños/niñas, y servicios legales. Unidades de dos dormitorios disponibles para familias de 2 a 4, el alquiler basado en el ingreso.

Una de las muchas propiedades administradas por Housing Corporation of Greater Houston. Para obtener información: (713) 526-9470 o info@thehousingcorp.org.

COVENANT HOUSE TEXAS



1111 Lovett Boulevard
Houston, TX 77006

MAIN (713) 523-2231
FAX (713) 523-6904
WEB www.covenanthousetx.org



NEIGHBORHOOD..... (C) Montrose
 BUS ROUTES 56, 82

LEGEND..... Y (ages 18-24), Parenting/pregnant,
 Walk-ins, Free, Esp,
 HOURS 24/7

The mission of Covenant House Texas is to offer homeless and runaway youth a safe haven from the dangers of street life and abuse as well as provide them with the necessary skills, training, and emotional support to choose positive life alternatives and develop into self-sufficient adults.

An emergency crisis shelter for runaway, homeless and 'throwaway' youth 18 to 24, including pregnant and parenting teens with children. Immediate assistance is provided in the form of shelter, food, clothing and health screening including treatment of minor ailments, followed by family, mental health and substance abuse counseling, educational, vocational and job search training, parenting and life skills classes; HIV program; street outreach and runaway prevention and transitional living programs; speakers bureau.

La misión de Covenant House Texas es ofrecer a los jóvenes sin hogar y fugitivos un refugio seguro contra los peligros de la vida en la calle y el abuso, además de proporcionarles las habilidades necesarias, la capacitación y el apoyo emocional para elegir alternativas positivas de vida y convertirse en adultos autosuficientes.

Un refugio de emergencia para jóvenes que huyen de sus casas, son echados o no tienen donde vivir, de 18 a 24 años, incluidas adolescentes embarazadas y con niños. Se provee atención inmediata ofreciendo refugio, alimento, vestimenta y evaluación y servicios para la salud, incluyendo tratamientos de malestares leves, asesoramiento familiar, de salud mental y abuso de sustancias; entrenamiento educacional, vocacional y ayuda en la búsqueda de empleo, clases para la capacitación de padres; alcance educacional y prevención de la huida de la casa y programas de vivienda transitoria.

CRISIS INTERVENTION OF HOUSTON



24 HOURS..... (832) 416-1177
 TEEN HOTLINE (call):..... (832) 416-1199
 TEEN HOTLINE (text):..... (281) 201-4430
 WEB www.crisishotline.org
 EMAIL..... info@crishotline.org



LEGEND.....All ages, Free

Crisis Intervention of Houston, Inc. is a 501c3 nonprofit organization with the sole mission to help people in crisis. We operate free, confidential, anonymous hotlines 24 hours a day, seven days a week:

Our goal is to help people who don't know where to go for help and to overcome the barriers to help such as fear, isolation, abuse, physical disability, health, language, age, income, location, problem type or timing of the crisis.

CYPRESS ASSISTANCE MINISTRIES



11202 Huffmeister Road
 Houston, TX 77065

Mailing address
 PO Box 2336
 Cypress, TX 77410

MAIN (281) 955-7684
 FAX (281) 955-7695
 ASSISTANCE INFO..... (281) 955-7440
 WEB..... www.cypressassistance.org
 EMAIL info@cypressassistance.org



NEIGHBORHOOD (NW) Cypress Fairbanks
 AREA SERVED..... Zip codes: 77065, 77095, 77429,
 77433 (77084 food only)

LEGEND M, W, Fam, Appt req, IRR, Esp
 HOURS Mon-Wed 9am-5pm, Thur-Fri 9am-3pm
 NEED FOR INTAKE..... Photo ID, Social Security card
 for all household members,
 lease agreement/mortgage statement
 and utility bill, Proof of all income
 (including government assistance),
 Proof of emergency causing financial
 crisis when possible.

CAM offers assistance with food, clothing, household items, rent/mortgage, utilities, employment assistance (See Operation Jobs), GED classes and ESL classes. Volunteers are welcome in all areas of the ministry.

Asistencia con alimentos, ropa, artículos para la casa, pago de renta y electricidad, asistencia de empleo, clases del GED y clases de inglés.

Operation Jobs

MAIN (281) 955-5895
 LEGEND Free, Adults, IRR
 HOURS Mon-Fri, 9am-4pm
 NEED FOR INTAKE.....Appt req

Operation Jobs is an outreach program of Cypress Assistance Ministries to assist unemployed and under-employed individuals in all zip codes of the community. Operation Jobs assists applicants by preparing a resume, coaching to improve interview skills, offering encouragement and giving advice for finding and keeping a job. OJ maintains a database of employment positions that is updated daily.

DISABILITY RIGHTS TEXAS



1500 McGowan Street, Suite 100
 Houston, TX 77004

MAIN (713) 974-7691
 FAX (713) 974-7695
 TOLL FREE (800) 315-3876
 INTAKE (800) 252-9108
 VIDEO PHONE (866) 362-2851
 VOTING RIGHTS HOTLINE (888) 796-8683
 WEB..... www.disabilityrightstx.org
 EMAIL info@drtx.org



NEIGHBORHOOD (C) Midtown
 AREA SERVED..... East Texas
 BUS ROUTES 11, 54
 LEGEND All, Fam, Appt req, Free

Legal advocacy for persons with disabilities by providing direct legal assistance to people with disabilities whose rights are threatened or violated; protecting the rights of individuals and groups of people with disabilities through the courts and justice system; advocating for laws and public policies that protect and advance the rights of people with disabilities; and informing people with disabilities and family members about their rights and making referrals to programs and services.

Unfortunately we are NOT able to provide financial assistance, and we do NOT provide legal services for bankruptcy, criminal law, family law (divorce, child custody, etc.), identity theft, malpractice, mortgage foreclosure, personal injury, probate, property, Social Security determinations or appeals, and wills.

Intake Mon-Fri 9am-4pm or apply for services online 24/7, go to <https://intake.DRTx.org>.

Defensa legal para personas con discapacidades al proporcionar asistencia legal directa a personas con discapacidades cuyos derechos son amenazados o violados; protección de los derechos de individuos y grupos de personas con discapacidades a través de las cortes y el sistema de justicia; advocar por leyes y políticas públicas que protejan y apoyen los derechos de personas con discapacidades; e informar a las personas con discapacidades y miembros de su familia sobre sus derechos y realizar referencias a programas y servicios.

Desafortunadamente NO podemos proporcionar asistencia financiera, y NO proporcionamos servicios legales para bancarota, leyes criminales, leyes familiares (divorcio, custodia de hijos, etc.), robo de identidad, negligencia, ejecución de hipoteca, lesiones personales, legitimación, propiedad, determinaciones o apelaciones de Seguridad Social, y testamentos.

Admisión de lunes a viernes, de 9 a. m. a 4 p. m., o solicite servicios en línea las 24 horas del día, los 7 días de la semana; vaya a <https://intake.DRTx.org>.

EAST FT. BEND HUMAN NEEDS MINISTRY, INC.

435 Stafford Run
Stafford, TX 77477

MAIN (281) 261-1006
FAX (281) 261-0986
WEB www.humanneeds.org
EMAIL ministry@humanneeds.org



AREA SERVED Zip codes: 77477, 77478, 77479, 77459, 77489, 77583, 77545, 77053, 77083, 77085, 77099

LEGEND M, W, Fam, All, Free, Walk-ins
HOURS Tue, Thur and Fri 10am-12pm, every other Wed 6-8pm

NEED FOR INTAKE Photo ID, Proof of residence, Social security cards for everyone receiving food.

COVID-19 RESTRICTIONS: We will continue to operate in disaster mode until further notice. Please wear a mask when entering our facility.

Our mission is to address the basic human needs of families in temporary financial crisis in East Fort Bend County.

Full service food pantry; for financial assistance call on Tues to make an appointment: (281) 261-5470. Also offers a school

supply program in August, monthly Food Fair, Thanksgiving and Christmas food baskets. Referrals available.

Tri-City Churches Resale Shop

425 Stafford Run Rd.
Stafford, TX 77477

MAIN (281) 499-8833
HOURS Tues-Fri, 10am-4pm

FAIR HAVEN FOOD PANTRY

Chapelwood United Methodist Church
1330 Gessner Road
Houston, TX 77055

MAIN (713) 468-3276
EMAIL fhfoodpantryfaq@gmail.com

NEIGHBORHOOD (W) Spring Branch
BUS ROUTES 26, 46
LEGEND All, Free, Walk-ins,
HOURS Mon-Fri, 10am-2pm

Drive thru pantry located in the north parking lot. The client drives up where a volunteer takes their name, address, number of people in household and income. There are no zip code or frequency restrictions. The client opens the car trunk, circles around to the food distribution points, the volunteers load the food, and close the trunk.

FAMILYTIME CRISIS AND COUNSELING CENTER

1203 S. Houston Avenue
Humble, TX 77338

MAIN (281) 446-2615
FAX (281) 446-3691
24 HOURS (281) 446-2615
WEB www.familytimeccc.org



AREA SERVED Harris, Liberty and east Montgomery counties

LEGEND All, Free, S\$, Appt req (Walk-ins-crisis only)
HOURS Mon-Thur, 9am-5pm; Fri 9am-2pm

FamilyTime provides free services to victims of abuse such as professional counseling, support groups, legal advocacy, case management and a 24-hour helpline. We also provide short-term emergency shelter for victims of domestic violence and their children. Other services such as professional counseling for non-victim issues, anger management and parenting classes are available for a fee.

The main focus is helping victims of a crime. Shelter for victims and their children fleeing domestic violence (available 24 hrs/365 day a yr); 24 hour hotline; free counseling for victims of crime; sliding scale fee for counseling of individual, family and marriage therapy for non-victim issues (counseling only, no medication). Does not offer counseling for the severely mentally ill.

FamilyTime ofrece servicios gratuitos a víctimas de abuso tales como asesoramiento profesional, grupos de apoyo, defensa legal, gestión de casos y una línea de ayuda las 24 horas. También ofrecemos refugio de emergencia a corto plazo para las víctimas de violencia doméstica y sus hijos. Otros servicios tales como consejería profesional para

problemas de no víctimas, manejo de la ira y clases para padres están disponibles por una tarifa.

El objetivo principal es el de ayudar a víctimas de un crimen. Provee refugio para víctimas y los niño/as en la fuga de la violencia doméstica; línea telefónica de ayuda durante las 24 horas del día; consejería gratuita para las víctimas de un crimen; costo a precio de escala para consejería individual, familiar y marital (no se ofrece medicamentos). No se ofrece consejería al enfermo de salud mental severa.

FORT BEND COUNTY CLINICAL HEALTH SERVICES



307 Texas Parkway, Suite 148
Missouri City, TX 77489

MAIN (281) 403-8090
HIV/STD TESTING (832) 520-6635
FAX (281) 471-1816
WEB www.fbchhs.org/clinical-health

LEGEND..... M, W, Y, Free, Appt req, Esp
HOURS Mon-Fri, 8am-6:30pm

Provides free rapid HIV tests (1 minute results), free syphilis test, free chlamydia and gonorrhea tests (oral, urine, vaginal and rectal). Also provides free condoms and lube. Free home testing when available. No I.D. required. Appointments only.

Ofrecemos pruebas rápidas gratuitas del VIH (resultados de 1 minuto), prueba gratuita de sífilis, pruebas gratuitas de clamidia y gonorrea (oral, orina, vaginal y rectal). También proporcionamos condones y lubricantes gratis. Hacemos pruebas caseras cuando alguno de nuestros empleados este disponible. No se necesita una identificación. Es requerida una cita.

FORT BEND WOMEN'S CENTER

PO Box 183
Richmond, TX 77406

MAIN (281) 344-5750
FAX (281) 232-5041
24 HOURS..... (281) 342-4357
WEB fortbendwomenscenter.org
EMAIL..... mail@fbwc.org



LEGEND..... All, Free, Appt/Walk-ins, Esp

Assists survivors of domestic violence and sexual assault and their children by providing emergency shelter, crisis intervention, counseling, support services and referrals.

Ayuda para los adultos y sus niño/as sobrevivientes del abuso doméstico y el abuso sexual ofreciendo refugio de emergencia, intervención de crisis, consejería, servicios de apoyo y referencias.

FUNDACION LATINOAMERICANA DE ACCIÓN SOCIAL, INC. (FLAS, INC)



6666 Harwin Drive, Suite 370
Houston, TX 77036

MAIN (713) 772-2366
FAX (832) 251-8121
WEB www.flasinc.org



NEIGHBORHOOD (SW) Sharpstown
BUS ROUTES..... 47,152,153,82

FLAS, INC. is a non-profit community based organization. FLAS provides HIV, substance abuse, and Hepatitis C prevention services as well as substance abuse treatment and mental health services. We provide HIV, Syphilis, Chlamydia, Gonorrhea and Hepatitis C counseling and testing and referrals for social services, SASSI assessments, DWI courses, anger management, LGBTQ family support and life coaching. Court mandated services SOP/IOP individual and group.

FLAS es una organizacion sin fines de lucro. FLAS provee diversas fuentes de informacion sobre el HIV, sobre la prevención del abuso de sustancias y la hepatitis C; educación sobre el HIV y enfermedades de transmisión sexual para la comunidad en general. Cursos mandatorios por la corte como tratamiento para la adicción individual ó en grupo. Cursos de DWI, cursos para controlar el enojo, apoyo para las familias LGBTQ.

Court Mandated Services

AREA SERVED..... Houston and surrounding area
LEGEND Adults, IRR, CD, Flat, Walk-ins, Esp
HOURS Mon-Fri, 9am-9pm
NEED FOR INTAKE..... Documentation from court if court-ordered.

Supportive Outpatient Program (SOP) and Intensive Outpatient Program (IOP), DWI, and anger management classes. Free for Latino LGBTQI+

Tratamiento para la adicción individual o en grupo. Curso intensivo. Curso de DWI y curso para controlar el enojo.

Hablemos en Confianza

(Let's Talk Honestly and Confidentially)

AREA SERVED..... Harris County
LEGEND Families, Free, Appt req, Esp
HOURS Accommodations as needed

HIV, substance abuse and hepatitis prevention for Latino families and their children ages 10-17 in Harris County.

Este proyecto provee educación y prevención del HIV, el abuso de sustancias y de la Hepatitis. Este programa es para servir a las Familias Latinas y a sus hijos entre las edades de 10-17 en el condado de Harris.

Health and Social Services

LEGEND All, Free, Walk-ins, Esp

Free testing for HIV, Syphilis, Hep-C, Chlamydia and Gonorrhea. HIV/STI prevention education and PrEP clinic. Emergency assistance for People living with HIV. Food bank for people living with HIV or cancer. Family support for LGBTQ+. Referrals to other services.

Servicios Sociales y de Salud

Pruebas gratis VIH, Sífilis, Hep-C, Clamidia, Gonorrea. Prevención de VIH/ETS y Clínica PrEP. Ayuda de emergencias para personas con VIH. Banco de comida para personas con VIH o cáncer. Apoyo familiar para LGBTQ+. Referencias a otros servicios.

SOL Latino

(Salud, Oportunidades y Libertad)

AREA SERVEDHouston/Harris County

LEGENDFree, Walk-ins, Latino MSM (18 and up),
Lim, CD, Esp

Substance abuse treatment for Latino men who have sex with men (MSMs), includes HIV and Hepatitis C screening.

Tratamiento para el uso de alcohol y drogas para hombres Latinos que tienen sexo con otros hombres, incluyen pruebas de VIH y Hepatitis C.

GOD'S LOVELY BUTTERFLIES

MATERNITY HOME

Mailing address

PO Box 20696

Houston, TX 77225

MAIN (832) 264-7491

EMAIL.....godslvelybutterflies@gmail.com



LEGEND W, Y, C, Homeless, Free, S\$, Med

HOURS Mon-Fri, 8am-5pm

COVID-19 RESTRICTIONS: We are accepting applications by appointment only, please call for an appointment.

RESTRICCIONES POR COVID-19: *Aceptamos solicitudes solo con cita previa; llame para concertar una cita.*

We assist teenage mothers, single mothers, single fathers, and foster parents. We serve as a resource center, helping with free diapers, wipes, baby clothing, baby hygiene, baby formula, and baby food, and help mothers once a month with items they may need. We accept volunteers and all donations: money, clothing, diapers, wipes, formula, baby items, furniture, etc. Please see the website for more information.

We are a nonprofit organization that provides free diapers, wipes, formula, and baby items as well as stable housing for first time mothers and their babies and basic baby training and parenting classes. We offer classes on life awareness, nutrition, and money management and assist with employment readiness, referrals to services, counseling for substance use disorders and STDs, and a support group for those who are living with HIV/AIDS.

Other services include free backpacks, free school supplies, community baby showers, HIV/AIDS awareness and training, diaper and wipes drives, and condom distribution. We also assist with applications for SNAP and Medicaid.

Ayudamos a madres adolescentes, madres solteras, padres solteros y padres de cuidado sustituto. Actuamos como un centro de recursos, ayudando con pañales, toallitas húmedas, ropa para bebés, productos de higiene para bebés, leche maternizada y alimentos para bebés gratuitos, y ayudamos a las madres una vez al mes con artículos que puedan necesitar. Aceptamos voluntarios y todas las donaciones: dinero, ropa, pañales, toallitas húmedas, leche maternizada, artículos para bebés, muebles, etc. Consulte el sitio web para obtener más información.

Somos una organización sin fines de lucro que ayuda a la comunidad con pañales, toallitas, fórmulas y artículos para bebés gratis. Proporcionar una vivienda estable para las madres y sus bebés por primera vez. Grupo de apoyo para aquellos que están tratando con el VIH/SIDA.

Preparación para el empleo, servicios de referencia, consejería para el abuso de sustancias, clases de concienciación sobre la vida, clases de crianza, clases de nutrición, gestión de dinero, mochilas gratuitas, suministros escolares gratuitos, baby showers de la comunidad, conciencia y capacitación sobre VIH/SIDA, unidades de pañales y toallitas, capacitación básica para bebés y condón distribución. Ayudar con las solicitudes de SNAP y Medicaid.

GOOD SHEPHERD MISSION



1005 Martin Luther King Dr.

Huntsville, TX 77320

Mailing address

P. O. Box 7281

Huntsville, TX 77320

MAIN (936) 291-8156

FAX (936) 291-8156

THRIFT STORE (936) 291-3311

WEB <http://thegsmission.org/wp/>

EMAIL info@thegsmission.org



AREA SERVED Walker County

LEGEND All, Free, S\$, Walk-ins, CD

HOURS Office: 9am-3pm; Lodging Sign In: 6pm-9:30pm

Provides food, clothing and temporary shelter to indigent locals and transients by serving two hot meals daily at noon and 6pm, operates the local food bank and two Thrift Stores for low cost shopping or vouchers for free clothing.

Other services include providing limited prescription assistance (antibiotics) and travel-aid vouchers.

Faith-based counseling (crisis intervention, marital, addiction rehabilitation, grief, spiritual) is also available by appointment.

Substance abuse recovery program: H.O.P.E. House (Healing, Open, Personalized Environment) is a 9 month holistic (MIND/BODY/SOUL) therapeutic program in collaboration with S.H.S.U. Counseling Dept. The program is limited to 12 participants. Must be able to go upstairs, no sex offenders. Not a medical or mental health facility.

Ofrece alimento, ropa, y refugio temporario a personas indigentes locales y transitorias. Se ofrece dos comidas calientes diarias, 12pm y 6pm, tienda de alimentos, dos tiendas de ropas de compra económica o con comprobante a recibir ropa gratis.

Otros servicios incluyen asistencia limitada de recetas médicas (antibióticos) y comprobante para transporte; también se ofrece por cita consejería de base religiosa (intervención de crisis, matrimonio, rehabilitación de adicción, pesar, espiritual).

Programa de recuperación del abuso de sustancias: Casa H.O.P.E. tiene un ambiente hospitalario, personal y sanador y ofrece un programa comprensivo terapéutico (mente, cuerpo, espíritu) de 9 meses en colaboración con el departamento de consejería de S.H.S.U. El programa está limitado a 12 participantes (debe ser hábil en subir escaleras). No se acepta delinquentes sexuales. No es una localidad médica o mental.

GOODWILL INDUSTRIES OF HOUSTON



Corporate Office

1140 West Loop North

Houston, TX 77055

MAIN (713) 692-6221
FAX (713) 699-6307
WEB www.goodwillhouston.org



Goodwill Industries of Houston provides education, training and employment opportunities to people with disabilities and other barriers to employment (including, but not limited to, physical and mental disabilities, homelessness, criminal records and addictive diseases), improving the lives of individuals, families and communities.

Goodwill Industries of Houston ofrece oportunidades de educación, capacitación y empleo a las personas con discapacidades y otras barreras al empleo (incluyendo, pero no limitado a, las discapacidades físicas y mentales, la falta de vivienda, los antecedentes penales y las adicciones), mejorando la vida de las personas, familias y comunidades.

HOPWA Project Good Hope

2520 Brun Street
Houston, TX 77019

MAIN (713) 590-3123
INTAKE (713) 699-6355
FAX (713) 970-1793
AREA SERVED Houston
BUS ROUTES 27, 82

LEGEND M, W, **HIV+ only**, IRR, Homeless, Immigrants, Appt req, Free, Esp

HOURS Mon-Fri, 8am-4:30pm

NEED FOR INTAKE Valid Photo ID, Social security card, Proof of income for household, Medical status letter

Through Project Good Hope (PGH), Goodwill Houston will place low-income individuals living with HIV and their families into employment and will help them retain such employment as an important milestone on the road to self-sufficiency. PGH's goal is to connect clients with case management, counseling, legal services, referrals, vocational training, life skills training, work readiness training, job search assistance, on-the-job assistance and supportive services, such as transportation and clothing. PGH staff will not tell employers about client's HIV status.

A través de proyecto Good Hope (PGH), Goodwill de Houston colocará en empleos a las personas de bajos ingresos, viviendo con el VIH y a sus familiares. Asimismo, los ayudarán a retener dichos empleos como un paso importante hacia la autosuficiencia. La meta del PGH es el de proveer a los clientes la administración de casos, consejería, servicios legales, referencias, entrenamiento vocacional y para enfrentar destrezas de la vida diaria, entrenamiento para la disposición de trabajo, asistencia en la búsqueda de trabajo y asistencia en el trabajo. Además, los servicios incluyen transportación y prendas de vestir. Los empleados del PGH no informarán a los empleadores el estado del VIH del cliente.

GULF COAST COMMUNITY SERVICES ASSOCIATION, INC.



9320 Kirby Drive
Houston, TX 77054

MAIN (713) 393-4700
WEB www.gccsa.org

NEIGHBORHOOD (S) South Main
AREA SERVED Harris County
BUS ROUTES 8

LEGEND All, Free (income guidelines), Appt req, Lim, Esp
HOURS Mon-Fri, 8am-5pm

NEED FOR INTAKE Completed application form with proof of Harris County residency and household income, income restrictions apply (must be at or below 125% FPL)

COVID-19 RESTRICTIONS: the office is closed to the public. To drop-off documents, use the white, Corporate Office dropbox located at the entry, outside of the main lobby.

RESTRICCIONES POR COVID-19: La oficina está cerrada al público. Para entregar documentos, use el buzón blanco de la Oficina Corporativa ubicado en la entrada, fuera del vestíbulo principal.

GCCSA is a 501c3 Community Action Agency dedicated to strengthening the educational, social and economic well-being of individuals and families by administering high-quality programs and services designed to educate, equip and empower as they transition out of an economically distressed condition into a state of self-sufficiency and independence. GCCSA has a myriad of programs to address the various needs affecting Harris County's residents in poverty-related situations.

GCCSA es una Agencia de Acción Comunitaria 501c3 dedicada a fortalecer el bienestar educativo, social y económico de individuos y familias mediante la administración de programas y servicios de alta calidad diseñados para educar, equipar y capacitar conforme salen de una condición económica precaria a un estado de autosuficiencia e independencia. GCCSA tiene muchos programas para atender las diversas necesidades que afectan a los residentes del condado de Harris en situaciones relacionadas con la pobreza.

Eviction Assistance Program (COVID Relief): helps families and communities recover from the impact of the pandemic. Financial Assistance for Hardship: rent and electricity assistance as well as bus passes for individuals to access travel for the purpose of employment and GCCSA continuing education.

El Programa de Asistencia por Desalojo (ayuda por COVID): Ayuda a las familias y comunidades a recuperarse del impacto de la pandemia.

Case Management: The Client Services team has specialists experienced in making referrals and providing linkage to various services including but not limited to: rent and electricity assistance, legal services, employment and work ready services, scholarships for vocational training, transportation assistance and financial capacity courses and workshops..

Administración de Caso: El equipo de Servicios al Cliente tiene especialistas experimentados en realizar referencias y proporcionar enlaces a varios servicios incluyendo sin limitarse a: asistencia de renta y electricidad, servicios legales, servicios de preparación de empleo y trabajo, becas para capacitación vocacional, asistencia de transporte y cursos y talleres de capacidad financiera.

Adult Educational Services that increase basic academic skills of adults. The programs offered are as follows: Adult Basic Education Class; General Education Diploma Class;

Nutrition Workshop; Resume and Job Readiness Workshops.

Servicios de educación para adultos que incrementan las habilidades académicas básicas de los adultos. Los programas ofrecidos son los siguientes: Clase de Educación Básica para Adultos; Clase de Diploma de Educación General; Taller de Nutrición; Talleres de Currículo y Preparación para el Trabajo.

The GCCSA Curbside Food Pantry provides emergency food assistance to families and individuals. Open Mon, Wed, Thurs, and Fri 9am-1pm.

La Dispensa de Alimentos en la Acera de GCCSA proporciona asistencia alimentaria de emergencia para familias e individuos. Abierta los lunes, miércoles, jueves y viernes, de 9 a. m. a 1 p. m.

Head Start and Early Head Start: GCCSA Head Start and Early Head Start serves children (ages 0-5) and their families in the Southeast Houston Area, East End, Third Ward and Pasadena at 20 Head Start centers and one Early Head Start center.

Ventaja y Ventaja Oportuna (Head Start y Early Head Start): Ventaja y Ventaja Oportuna de GCCSA da servicio a niños (entre 0 y 5 años) y sus familias en el Área del Sureste de Houston, Extremo Este, Third Ward y Pasadena en 20 centros de Ventaja y un centro de Ventaja Oportuna.

H&A SUPPORT SERVICES

Location Confidential

MAIN (832) 804-6011



LEGEND.....All
HOURS Mon-Thur, 9:30am-4pm

H&A Support Services assists people living with HIV and AIDS with referrals in Texas. We provide information, referrals and linkage to care for individuals living with HIV and AIDS or who have family members and friends affected by the virus

HARMONY HOUSE, INC.



602 Girard Street
Houston, TX 77007

MAIN (713) 221-6200
RESIDENTIAL PROGRAM (713) 221-6216
RESPITE CARE (713) 221-6217
FAX (713) 237-1715
WEB <http://harmonyhouse.org/>



NEIGHBORHOOD..... (C) Downtown
HOURS 24 hours
LEGEND..... M, Free, Lim, Homeless

The mission of Harmony House, Inc. is to provide quality permanent and transitional housing, medical respite care and primary health care to homeless persons in Texas, through a supportive, drug and alcohol free community.

Respite Care Center

The Respite Center is a 28 bed, self-contained facility that provides a clean, dignified and nurturing environment for healing. This program intervenes at the time of hospital

discharge for homeless men who are too sick to be on the streets, but not sick enough to be in the hospital. Patients receive intensive case management and referral to community supportive services. In-house services include a physician supervised nurse practitioner, pharmacy and substance abuse counseling.

Tuberculosis (TB) Recovery Center

The Recovery Center is a collaborative effort with the City of Houston, Bureau of Tuberculosis Control. This program contains 7 beds and provides three to twelve months of housing, treatment and supportive services.

Residential Housing

The Residence is a 70-bed long-term supportive program for working, but homeless men. This residential program provides the tools, training and supportive services for men who are ready to make the transition from homelessness to recovery and independence.

HARRIS COUNTY HOUSING AND COMMUNITY RESOURCE CENTER



Mailing address
8410 Lantern Point Drive
Houston, TX 77054

MAIN (832) 927-4700
RESOURCE NAVIGATORS (832) 927-4955
FAX (832) 927-0188
TTY 7-1-1
WEB <https://housingandcommunityresources.net>
EMAIL HRC@csd.hctx.net



NEIGHBORHOOD (C) Astrodome/S. Loop
AREA SERVED..... Harris County
BUS ROUTES..... 14, 84

Harris County Community Services Department was established to promote economic growth, revitalize blighted and underdeveloped areas and create decent housing and a suitable living environment for low-income individuals, persons with disabilities and the homeless. The following services are provided: affordable housing, down payment assistance, home repair for seniors and the disabled, transportation, emergency utility assistance, case management, and bereavement services.

El Departamento de Servicios Comunitarios del Condado de Harris se estableció para promover el crecimiento económico, revitalizar áreas deterioradas y subdesarrolladas, y crear viviendas dignas y un entorno de vida adecuado para personas de bajos ingresos, personas con discapacidades y personas sin hogar. Se prestan los siguientes servicios: vivienda asequible, asistencia con el pago inicial, reparación de viviendas para personas mayores y discapacitadas, transporte, asistencia de emergencia con servicios públicos, administración de casos y servicios por duelo.

Housing and Community Resource Center

LEGEND All, IRR, Homeless, Immigrants, Free, Appt req, Esp
HOURS Mon-Fri, 8am-4:30pm

The Harris County Housing and Community Resource Center is an easily accessible one-stop shop that contains the latest information on all federal, state, and local programs aimed at helping low-income residents with emergency financial assistance, home repairs, affordable housing, transportation, bereavement services, veteran services, disaster recovery

and down payment assistance. Resource Navigators are available to work with the homeless, assist case managers when clients do not meet program criteria, assist adults who are having problems with housing, employment, medical needs, transportation, food, clothing, etc. Resource Navigators may be reached by calling (832) 927-4955 or email HRC@hctx.net. You can also access information on the website.

El Centro de Recursos de Vivienda de la Comunidad del Condado de Harris que es facilmente accesible y ademas se obtiene la informacion mas reciente sobre todos los programas federales, estatales y locales destinados ayudar a los residentes de bajos ingresos con asistencia financiera para emergencias, reparaciones de vivienda, vivienda asequible, transporte, servicios funebres, servicios de veteranos, recuperacion de desastre y servicios de asistencia con la cuota inicial para la compra de casa. Los Navegantes de Recursos estan disponibles para trabajar con los indigentes, asistir a los administradores de casos si alguno de los clientes no cumplen con los requisitos del programa, asisten a los adultos con problemas de vivienda, ayudan con empleo, necesidades medicas, transporte, alimentos, ropa, etc. Los Navegantes de Recursos pueden ser localizados llamando al (832) 927-4955 o envíe un correo electrónico a HRC@hctx.net. También puede acceder la información en el sitio web.

HARRIS COUNTY PUBLIC HEALTH



2223 West Loop South
Houston, TX 77027

MAIN (713) 439-6000
FAX (713) 439-6080
WEB <http://publichealth.harriscountytx.gov/>



NEIGHBORHOOD.....(C) Galleria/Post Oak
AREA SERVED..... Harris County
BUS ROUTES 82
HOURS Mon-Fri, 8am-5pm

Provides protection, prevention and control of diseases; maintenance of proper sanitation; promotion of better health through education; enforcement of animal control laws regarding immunization and licensing; surveillance and control of mosquitoes; surveillance and assessment of disease in Harris county; provision of personal health services to eligible individuals that include family planning, immunizations/vaccinations, nutrition programs, well-child programs, risk factor screening and refugee health.

Provee protección, prevención y control de enfermedades, mantenimiento para una sanidad apropiada, promoción para el mejoramiento de la salud a través de la educación, ejecución de la ley sobre el control de animales referente a la inmunización y licencias, inspección y control de mosquitos, inspección y asesoramiento de enfermedades en el Condado Harris, provisión de la salud personal para los que califiquen, así como la planificación familiar, inmunización, programa de nutrición, programa para el bienestar de la salud de niños, evaluación de riesgos y servicios para la salud de los refugiados.

Humble Health Clinic
1730 Humble Place Drive
Humble, TX 77338

MAIN (832) 927-1330
FAX (281) 446-9563

LEGEND All, S\$, Appt req, Esp
HOURS Mon-Fri 8am-5pm
NEED FOR INTAKE..... Photo ID, Proof of income,
Proof of Government Benefits

General wellness services for adults and adolescents, health screenings, immunizations for all ages, dental services, nutritional counseling, HIV/STI testing and risk reduction counseling, and family planning. Appointments are required, same day appointments may be available. Call the Patient Appointment Center: (713) 212-6800.

Servicios generales de bienestar para adultos y adolescentes, inmunizaciones para todas las edades, servicios de planificación familiar para adolescentes y adultos, educación de la salud y prevención, análisis y tratamiento de enfermedades de transmisión sexual, análisis y consejería de VIH, y cuidado dental. Se requiere concertar citas; es posible que haya citas disponibles el mismo día. Llame al Centro de Citas para Pacientes: 713-212-6800.

Southeast Health Clinic

3737 Red Bluff
Pasadena, TX 77503

MAIN (713) 274-9440
FAX (713) 740-5110

LEGEND All, S\$, Appt req, Esp
HOURS Mon-Fri 8am-5pm
NEED FOR INTAKE..... Photo ID, Proof of income,
Proof of Government Benefits

General wellness services for adults and adolescents, health screenings, immunizations for all ages, dental services, nutritional counseling, HIV/STI testing and risk reduction counseling, and family planning. Appointments are required, same day appointments may be available. Call the Patient Appointment Center: (713) 212-6800

Servicios generales de bienestar para adultos y adolescentes, inmunizaciones para todas las edades, servicios de planificación familiar para adolescentes y adultos, educación de la salud y prevención, análisis y tratamiento de enfermedades de transmisión sexual, análisis y consejería de VIH, y cuidado dental. Se requiere concertar citas; es posible que haya citas disponibles el mismo día. Llame al Centro de Citas para Pacientes: 713-212-6800.

WIC Program

Administrative Office
2223 West Loop South, Suite 529
Houston, TX 77027

MAIN (713) 439-6145
FAX (713) 439-6309
WIC APPOINTMENTS:..... (713) 407-5800

NEIGHBORHOOD Various
LEGEND Free (based on income), Pregnant, postpartum
& breastfeeding women, C (0-5 yrs), Esp

HOURS ... Mon-Wed 8am- 5:30pm; Thur-Fri 8am-2:30pm; Sat
by appt
NEED FOR INTAKE..... Photo ID, Proof of residence, income,
and Government Benefits

Women, Infants and Children (WIC) is a nutrition program sponsored by the Texas Department of State Health Services which helps pregnant women, new mothers and young

children eat well, learn about nutrition and stay healthy. WIC provides nutrition education and counseling, nutritious foods and access to health care for low-income women, infants and children. Eligible mothers can also receive breast pumps, breastfeeding supplies and peer-to-peer counseling through the WIC program. WIC is an Equal Opportunity Provider.

Harris County Public Health has 11 WIC centers throughout Harris County. To make an appointment at any WIC Center, contact the WIC Appointment Call Center: (713) 407-5800 Mon-Wed: 8am to 6pm; Thurs: 8am to 3pm; Friday: 8am to 2pm.

Women, Infants and Children (WIC) es un programa nutricional del Departamento Estatal de Servicios de la Salud de Texas que ayuda a mujeres embarazadas, madres nuevas, y niños/niñas a que reciban buena alimentación, conozcan de la buena nutrición, y se mantengan saludables. WIC ofrece educación nutricional y consejería, alimentos nutritivos y acceso al cuidado de la salud a las mujeres de bajos recursos. Las madres elegibles reciben bomba de pecho, y otras provisiones para extraer la leche materna, consejería y apoyo de otras madres. WIC es un programa de igualdad de oportunidades.

Salud Pública del Condado de Harris tiene 11 centros de WIC en todo el condado de Harris. Para concertar una cita en cualquiera de los centros de WIC, comuníquese con el Centro de Atención Telefónica de Citas de WIC: (713) 407-5800, lunes a miércoles, 8 a. m. a 6 p. m.; jueves, 8 a. m. a 3 p. m.; viernes, 8 a. m. a 2 p. m.

HARRIS COUNTY RIDES



8410 Lantern Point Drive
Houston, TX 77054

MAIN (713) 368-7433
FAX (713) 437-4860
WEB www.harriscountyrides.com

NEIGHBORHOOD..... (N) Eastex/Jensen
AREA SERVED..... Harris County
BUS ROUTES 6, 45, 80, 83

LEGEND..... Disabled, Elderly or Low income, Flat fee, Esp
HOURS Shared Ride: 7am-7pm; Taxi: 24 hours
NEED FOR INTAKE Photo ID and Proof of disability

COVID-19 RESTRICTIONS: Mask Required for transport in vehicle. Shared ride is currently only one person at a time (and their companion) transported in vehicle.

RESTRICCIONES POR COVID-19: Se exige mascarilla para transporte en vehículos. El viaje compartido es actualmente solo con una persona a la vez (y su acompañante) transportada en un vehículo.

What is RIDES? RIDES is a curb-to-curb subsidized program that allows eligible customers and participating agencies to purchase transportation services at a significant discount. The customer/agency pays 50% of the total trip cost. Each customer may select from two levels of service: Shared Ride and Taxi Service.

Am I Eligible? RIDES coordinates non-emergency transportation services for the seniors and people with disabilities who are residents of Harris County and unable to access METRO services. To qualify, you must reside within Harris County and meet one or more of the following criteria: 65+ years of age (proof of age required); or disabled (proof of

disability required: SSI Award letter or certification letter from your physician).

¿Que es RIDES? RIDES es un programa subvencionado de transporte que permite a los clientes elegibles y las agencias participantes que solo paguen 50% del costo para transportación. El cliente/agencia ahorra 50% del costo. Cada cliente puede elegir entre dos niveles de servicio: Viaje Compartido y Servicio de Taxi.

¿Soy elegible para el programa? RIDES brinda servicios de transporte (no de emergencia) para los habitantes mayores de 65 años de edad y personas con discapacidad quienes son residentes del Condado de Harris y no tienen la posibilidad de acceder a los servicios de METRO. Para calificar, usted debe residir en el Condado de Harris y cumplir con uno o más de los siguientes criterios: 65+ años de edad (prueba de la edad requerida) o discapacidad (prueba de discapacidad requerido: Carta de adjudicación de SSI o un certificado médico).

HARRIS COUNTY SHERIFF'S OFFICE



Early HIV Intervention Services

1200 Baker Street
Houston, TX 77002

MAIN (346) 286-2665
FAX (713) 755-1246
WEB www.hcso.hctx.net

NEIGHBORHOOD (C) Downtown
LEGEND M, W, **HIV+ only**, Free, Incarcerated, Esp
HOURS 24 hours

Services include the connection of the incarcerated in the Harris County Jail into medical care, the coordination of their medical care while incarcerated, and the transition of their care from Harris County Jail to the community.

HCSO provides Early Intervention Services for inmates in the Harris County Jail. Services include assessment, education regarding HIV and treatment, education and skills building to increase health literacy, establishment of THMP/ADAP eligibility (as applicable), care coordination with medical resources within the jail and service providers outside the jail, and discharge planning.

Los servicios incluyen la conexión de personas encarceladas en la Cárcel del Condado de Harris con atención médica, la coordinación de su atención médica mientras están encarceladas y la transición de su atención de la Cárcel del Condado de Harris a la comunidad.

HCSO provee servicios de intervención temprana para presos en la cárcel del Condado Harris. Servicios incluyen asesamiento, educación sobre VIH y tratamientos, educación sobre el mantenimiento de una buena salud, elegibilidad de THMP/ADAP, coordinación del cuidado de los recursos médicos dentro de la cárcel y con proveedores de servicios fuera de la cárcel, y ayuda con planes al estar en libertad.

HARRIS HEALTH SYSTEM



2525 Holly Hall St.
Houston, TX 77054

MAIN (713) 566-6400
FAX (713) 566-6401
WEB www.harrishealth.org



Through its conveniently located community health centers and school-based clinics, Harris Health System provides more than 900,000 primary care doctor visits each year. Today, it is the largest public primary care health network in the state of Texas with 23 primary care clinics, 5 same day clinics, a dental center and 2 hospitals.

The health system offers patients access to medical homes staffed with doctors from Baylor College of Medicine and McGovern Medical School at The University of Texas Health Science Center at Houston (UTHealth).

Go to www.harrishealth.org/locations-hh/Pages/primary-care.aspx to find a location convenient for you. For eligibility information, see page 18 or call (713) 566-6509.

The Ask My Nurse helpline is available 24-hours: (713) 634-1110

Northwest Community Health Center



1100 West 34th Street
Houston, TX 77018

MAIN (713) 867-8257
 INTAKE (713) 867-8258
 NEIGHBORHOOD.....(NW) Oak Forest/Garden Oaks
 BUS ROUTES 27, 36
 LEGEND.....M, W, **HIV+ only**, Free, S\$, Med,
 Appt/Walk-ins
 HOURS Mon-Thur, 8am-10pm; Fri 8am-5pm
 NEED FOR INTAKE Photo ID, Proof of residence and
 income; none for HIV test

Full range of OB/GYN services for women living with HIV including child delivery and Centering Pregnancy Support.

Gama completa de servicios de obstetricia / ginecología para mujeres que viven con el VIH, incluido el parto y el apoyo centrado en el embarazo.

Thomas Street Health Center



2015 Thomas Street
Houston, TX 77009

MAIN (713) 873-4000
 FAX (713) 873-4052
 PREVENTION (713) 873-4022
 NEIGHBORHOOD.....(C) Near Northside
 BUS ROUTESMETRO light rail, Wheelchair Accessible
 shuttle from Burnett Transit Center
 LEGEND..... Adults, **HIV+ only**, S\$, Ins, Med, Esp
 HOURS Mon-Fri, 7:30am-4:30pm
 NEED FOR INTAKE Photo ID, Proof of residence and
 income; none for HIV test

HIV Primary Care, Rapid Start of medications for newly diagnosed, medical and non-medical case management, LCDC, physical therapy, ADAP pharmacy, and on-site eligibility.

Atención primaria para el VIH, inicio rápido de medicamentos para la administración de casos médicos y no médicos recién diagnosticados, LCDC, fisioterapia, farmacia ADAP y elegibilidad en el lugar.

HIV Prevention Services and PrEP

Prevention services to include PrEP, Labs, HIV Screening, STI treatment, clinical services, risk reduction and adherence support.

Servicios de prevención del VIH y PrEP

Los servicios de prevención incluyen PrEP, exámenes de laboratorio, pruebas de detección del VIH, tratamiento de ITS, servicios clínicos, reducción de riesgos y apoyo a la adherencia.

HATCH YOUTH



Montrose Center
401 Branard Street, 2nd Floor
Houston, TX 77006

MAIN (713) 529-3590
 FAX (713) 526-4367
 WEB www.hatchyouth.org
 EMAIL info@hatchyouth.org



NEIGHBORHOOD (C) Montrose
 BUS ROUTES 25
 LEGEND Y, Free
 HOURS Virtual groups during COVID, Email for times.

Provides a safe social environment for LGBT youth. Offers role models, peer support and sponsors. Educational and community outreach opportunistic to empower LGBT youth to become positive contributors to the community. Youth meetings on Friday and Sunday evenings.

HEALTHCARE FOR THE HOMELESS-HOUSTON



Mailing address
PO Box 66690
Houston, TX 77266

MAIN (713) 286-6000
 FAX (713) 286-6091
 WEB www.homeless-healthcare.org



The mission of HHH is to promote health, hope and dignity for Houston's homeless through accessible and comprehensive care. For thousands of Houston's homeless men, women and children we provide a community-oriented, primary care setting where they can address a wide variety of medical needs. We are the city's largest private healthcare provider of services exclusively designed for this vulnerable and marginalized population.

Caroline Street Clinic

1934 Caroline Street
Houston, TX 77002

MAIN (713) 286-6050
 FAX (713) 286-6092
 DENTAL (713) 286-6140
 SOCIAL SERVICES, BEHAVIORAL
 HEALTH & COUNSELING (713) 286-6114
 NEIGHBORHOOD(C) Downtown
 BUS ROUTES 6, 44, 102, 108, METRO light rail

LEGEND..... All, Homeless, Free, Walk-ins, Med
HOURS Mon-Thur 8am-5pm, Fri 8am-12pm
NEED FOR INTAKE..... Proof of homelessness

Services include primary care, psychiatry, mental health and substance abuse counseling, TB and STD testing, vision assistance, health education, case management, pharmacy, and information and referrals.

Cathedral Clinic

1212 Prairie St.
Houston, TX 77002

MAIN (713) 220-9730
NEIGHBORHOOD..... (C) Downtown
BUS ROUTES 6, 11, 51, 52, 137; Project Access bus;
METRO light rail

LEGEND..... All, Homeless, Free, Walk-ins, Med
HOURS Mon-Wed 8am-5pm, Fri 8am-12pm,
Sat 8am-12pm, Sun HOMES student-run
clinic 9am-1pm
NEED FOR INTAKE..... Proof of homelessness

COVID-19 RESTRICTIONS: The Saturday clinic is closed.

HEALTHWAYS SERVICES



Mailing address
PO Box 41214
Houston, TX 77241

MAIN (713) 996-9200
FAX (832) 504-9500
TOLL FREE (888) 340-1116
TOLL FREE FAX (877) 700-5058
WEB healthwayservices.org
EMAIL info@healthwayservices.org



COVID-19 RESTRICTIONS: We are only accepting video chat and telephone telehealth session, which are HIPAA compliant.

Healthways Services is a small clinical practice that specializes in medical life care planning, counseling, assessment and evaluations, employment/career issues, surgical consultations, health promotion and prevention through the use of holistic evidence-based approaches, catastrophic/disability case management, and expert witness to individuals that suffer from associated disabilities and/or health impairments.

Project S.T.O.P.

2500 E. TC Jester Blvd., Suite 216
Houston, TX 77008

INTAKE (888) 340-1116
Ext 12

NEIGHBORHOOD..... (C) Greater Heights
LEGEND..... All, Free, S\$, Flat, Ins, Appt req
HOURS Mon-Fri 8:30am-5pm
NEED FOR INTAKE..... Social security card, TDL or ID,
Medical verification, award letters, Proof of
income and residence

Dr. Lowery helps all patients/clients identify what is wrong in their lives in the following areas: behavioral issues, career counseling, health promotion and prevention, and medical life care planning. The S.T.O.P program is made up of many unique services that are designed to assist families and individuals looking to reach their full potential while facing

serious obstacles that affect their ability to live happy and successful lives. We educate and encourage our participants as they work toward self-sufficiency.

HIVINFO

TOLL FREE (800) HIV-0400
TTY (888) 480-3739
WEB https://hivinfo.nih.gov/
EMAIL ContactUs@HIVinfo.NIH.gov



NEIGHBORHOOD National
LEGEND All, Free, Esp
HOURS Health information specialists available
Mon-Fri, 12pm-3pm (CST)

HIVinfo, a service of the U.S. Department of Health and Human Services (HHS), offers access to the latest, federally approved HIV medical practice guidelines, HIV treatment and prevention clinical trials, and other research information for health care providers, researchers, HIVinfo services and staff cannot replace direct communication with your health care provider. The staff cannot respond to specific medical questions, offer medical advice, give second opinions, or make recommendations about specific therapies.

The HIVinfo project is 100% federally funded. HIVinfo neither allows advertising on the website nor endorses any company or products.

InfoVIH ofrece acceso a información actualizada en español sobre el tratamiento de la infección por el VIH/SIDA y ensayos clínicos desarrollados específicamente para las comunidades afectadas por dicha infección y para otras comunidades de atención de salud. infoVIH es un sitio compañero de infoVIH creado para enlazar al público hispanohablante a información y recursos en español y de lectura fácil. Los servicios y el personal de infoVIH no pueden ni deben reemplazar la comunicación directa con sus proveedores de atención de salud. El personal no puede responder a preguntas médicas específicas, ofrecer asesoramiento médico, dar una segunda opinión, ni hacer recomendaciones sobre tratamientos específicos.

Los fondos para el proyecto de infoVIH provienen en su totalidad del gobierno federal. infoVIH prohíbe promociones comerciales en su sitio web y se abstiene de promover a cualquier compañía o producto.

HOPE AND HEALING CENTER AND INSTITUTE (HHCI)

717 Sage Road
Houston, TX 77056

MAIN (713) 871-1004
INTAKE Ext. 570
WEB www.hopeandhealingcenter.org



NEIGHBORHOOD (W) Greater Uptown
BUS ROUTES 20, 47

LEGEND Adults with serious mental illness, Free
HOURS Mon-Fri, 8am-5pm
NEED FOR INTAKE..... Call for intake

HHC is a comprehensive mental health resource serving the Houston community and beyond. It is a frontline resource for accessing free mental health services and support. HHC provides faith-based mental health counseling for individuals 18 years and older with serious mental illness for free regardless of income or insurance. Free mental health (cbt/dbt), support groups, telepsychiatry case management, mental health care planning, internships, and professional referral network.

Houston Hope Line

MAIN (832) 831-7337
 LEGEND All, Free
 HOURS 7 days, 5pm-8pm

Pandemics aside, life can be tough enough for anybody. Although the stresses we all face may be different, the toll they take on us, our families and our communities are the same. That's why the Houston Hope Line is here - as an outlet for the feelings and emotional distress we all face everyday.

HOUSTON AREA WOMEN'S CENTER



1010 Waugh Drive
 Houston, TX 77019

MAIN (713) 528-6798
 RAPE CRISIS HOTLINE (713) 528-7273
 (800) 256-0661
 DOMESTIC VIOLENCE HOTLINE (713) 528-2121
 (800) 256-0551
 WEB www.hawc.org
 EMAIL info@hawc.org



NEIGHBORHOOD (C) Montrose
 AREA SERVED Houston
 BUS ROUTES 40, 41
 LEGEND W, C, Y, Free, Esp
 HOURS Mon-Fri 8am-9pm; Sat 8:30am-5:30pm;
 phone answered 24 hrs

COVID-19 RESTRICTIONS: Due to the ongoing pandemic, our Counseling and Education Campus is closed to the public until further notice. All services have moved virtually.

Crisis intervention and telephone counseling for victims of sexual assault, incest and domestic violence. Individual and group counseling for victims of sexual assault, incest and domestic violence.

Shelter, advocacy and support services for victims and their non-offending family and friends. For safety reasons, our shelter's location is not publicized, information about shelter services is available through our 24 hour hotlines.

Intervención de crisis y consejería por teléfono para víctimas de agresión sexual, incesto y violencia doméstica, consejería individual y de grupo para víctimas de agresión sexual, incesto y violencia doméstica.

Refugio, abogacía y servicios de apoyo para víctimas y sus familiares y amistades no ofensivos. Por razones de seguridad, la ubicación de nuestro refugio no se publica, la información sobre los servicios de refugio está disponible a través de nuestras líneas directas las 24 horas.

HOUSTON COMPASS, INC.



Mailing address
 1117 Texas Avenue
 Houston, TX 77002

MAIN (713) 229-8319
 FAX (713) 229-8560
 WEB www.houstoncompass.org



Compass is a small 501c3 nonprofit organization that gives compassionate direction toward employment and independence to our homeless and/or disadvantaged clients.

The Beacon

John S. Dunn Outreach Center
 1212 Prairie Street
 Houston, TX 77002

NEIGHBORHOOD (C) Downtown
 BUS ROUTES 6, 11, 51, 52, 137; Project Access bus;
 METRO light rail

LEGEND All, Free
 HOURS Mon-Fri, 9am-2pm
 (first come, first served)

NEED FOR INTAKE ID is requested but not required

Provides a variety of services including assessment of needs, direction and guidance to those in crisis, information and referrals for basic needs, job search, medical care, mental health care, chemical dependency issues, legal assistance and more. Transportation (local bus fare) for all of the above, and especially for job search. ID assistance, voice mail, toiletries, haircuts and reading glasses; employment counseling; Harris Health (gold card) eligibility assistance for the homeless Monday-Friday mornings at 9am (10 people may apply each day, it is best to arrive early).

HOUSTON LAWYER REFERRAL SERVICE

MAIN (713) 237-9429
 WEB www.hlrs.org
 EMAIL info@hlrs.org



AREA SERVED Harris, Galveston, Brazoria, Montgomery and Ft. Bend Counties

LEGEND M, W, S\$, Esp
 HOURS Mon-Fri 8:30-4:30pm

COVID-19 RESTRICTIONS: HLRS can only make referrals through the automated referral system on the website (available 24 hours).

RESTRICCIONES POR COVID-19: HLRS solo puede hacer remisiones a través del sistema automatizado de remisiones en el sitio web (disponible las 24 horas).

HLRS is a non-profit public service helping local residents find qualified, experienced legal representation since 1958. If you need an attorney or think you have a legal problem, the Houston Lawyer Referral Service is here to help. We assist more than 100,000 people each year with legal matters in the Texas counties of Harris, Brazoria, Fort Bend, Galveston, and Montgomery.

Attorney referral and information. Assists individuals to define their problems and will refer them to a social service organization or attorney based on their specific need. A

reduced fee program is available. HLRS is a community service project of the legal profession created to provide access to competent legal representation. Contact us today for a low cost, no obligation appointment with an experienced Houston area attorney

El Servicio de Referencia de Abogados de Houston (Houston Lawyer Referral Service, HLRS) es un servicio público sin fines de lucro que ayuda a los residentes locales a encontrar una representación legal calificada y experimentada desde 1958. Si necesita un abogado o cree que tiene un problema legal, el Servicio de Referencia de Abogados de Houston está aquí para ayudarlo. Ayudamos a más de 100,000 personas cada año con asuntos legales en los condados de Harris, Brazoria, Fort Bend, Galveston y Montgomery en Texas.

Referencia a abogados e información. Asiste a definir el problema del individuo y ofrece referencia a servicios sociales. Un programa de tarifa reducida está disponible. HLRS es un proyecto de la profesión legal al servicio de la comunidad creado para proveer acceso a una representación legal competente. Comuníquese hoy para una cita de bajo costo y sin compromiso con un abogado con experiencia en el área de Houston.

HOUSTON VOLUNTEER LAWYERS PROGRAM



1111 Bagby, Suite FLB300
Houston, TX 77002

MAIN (713) 228-0735
FAX (713) 228-5826
WEB www.makejusticehappen.org/
EMAIL info@hvlp.org



NEIGHBORHOOD..... (C)Downtown
BUS ROUTES 40, 41
HOURS Mon-Fri, 8am-5pm

COVID-19 RESTRICTIONS: At this time, the HVL office is not accepting in-person visitors. Law Library and Courthouse Booth assistance and legal advice interviews will be conducted virtually.

AIDS Project

AREA SERVED.....Chambers, Ft. Bend, Harris, Liberty, Montgomery and Waller counties
LEGEND.....M, W, Fam, Free, Esp, **HIV+ only**, Filing fees if required by court
NEED FOR INTAKE..... ID, Proof of income, residence and HIV status

Legal assistance in civil matters only. Lawsuits for monetary damages and criminal matters are not accepted.

Asistencia legal sobre temas CIVILES únicamente. No se aceptan pleitos que requieren ganancia monetaria.

HUMBLE AREA ASSISTANCE MINISTRIES (HAAM)

1302 First Street
Humble, TX 77338

Mailing address
PO Box 14051
Humble, TX 77347

MAIN (281) 446-3663
FAX (281) 446-2601
APPOINTMENTS (281) 446-1004
WEB www.haaministries.org



AREA SERVED..... Zip codes: 77044, 77302, 77306, 77336, 77338, 77339, 77345, 77346, 77347, 77357, 77365, 77396, 77532, 77372

LEGEND All, Fam, Free
HOURS Appointment only Mon-Fri, 8:30am-4pm
NEED FOR INTAKE..... Photo ID, Proof of residence and income

H.A.A.M. is an interfaith organization united with others in the community to serve the basic needs of those in financial crisis and provide assistance towards self sufficiency. You are strongly encouraged to call Client Services before visiting. This will help you find out if you are eligible for help and what paperwork to bring. Please note that you will be required to visit the facility before receiving assistance. We cannot conduct phone interviews.

H.A.A.M. es una organización interreligiosa unida con otros en la comunidad para atender las necesidades básicas de quienes están en crisis financiera y proporcionar asistencia para la autosuficiencia. Se solicita que usted llame antes de visitarnos para determinar si es elegible y cuáles documentos deberá traer a su primera cita. Tome en cuenta que usted deberá asistir a una cita antes de recibir asistencia. No damos entrevistas por teléfono.

Client Emergency Services provides assistance with food, rent/mortgage, utilities and other basic needs.

Servicios de Emergencia del Cliente provee asistencia de comida, renta/hipoteca, luz/gas residencial y otras necesidades básicas.

Homeless Assistance Program offers food, shower facilities and basic hygiene packs to community members who are displaced or homeless.

Programa de Asistencia para Personas sin Hogar ofrece comida, baños/duchas para el higiene personal básico a miembros de la comunidad que no tienen vivienda.

The Employment Center helps unemployed and under-employed persons find work. If you are looking to improve your employment situation, we offer a trusting and supportive program.

El Centro de Empleo asiste al desempleado y al trabajador con empleo deficiente a encontrar trabajo. Si busca mejorar su situación laboral, ofrecemos un programa confiable y de apoyo.

The Skills Classes/Mentor Program offers resource classes that are geared toward strengthening budgeting and money management, employment readiness and individual autonomy. Adult Literacy classes include basic reading, writing and English as a second language. The Mentor Program links community members with clients in a supportive environment. The mentors provide guidance, support and encouragement.

El Habilidades Clases / Programa Mentor ofrece clases que ayuda a fortalecer el conocimiento del manejo del dinero y el presupuesto, preparación para el empleo, autonomía individual. Adult Literacy incluye clases en la enseñanza de la

lectura y escritura básica, y el inglés. El Programa Mentor conecta al cliente con miembros de la comunidad mediante un mentor que ofrece guía, apoyo y ánimo.

The Child & Youth Program offers educational, vocational, recreational and developmental programs for children and youth.

El Programa para Niños y Jóvenes ofrece programas educacionales, vocacionales, recreacionales y de desarrollo para niños/niñas y jóvenes.

JEWISH FAMILY SERVICE



4131 S. Braeswood Blvd.
Houston, TX 77025

MAIN (713) 667-9336
FAX (713) 667-3619
WEB www.jfshouston.org
EMAIL info@jfshouston.org



NEIGHBORHOOD..... (C) Meyerland
BUS ROUTES 68

LEGEND..... All, Free, Flat fee, S\$, Ins, Med,
Financing avail, Appt req

HOURS Mon 8:30am-8pm, Tue-Thur 8:30am-5:30pm,
Fri 8:30am-4pm

NEED FOR INTAKE Photo ID, Proof of residence and
income, Ins card, Social Security card,
Birth certificate

Jewish Family Service is a non-profit human service agency for people of all ages and all walks of life. Our goal is to provide light, hope and help to individuals struggling with life challenges. JFS's professional, highly credentialed staff offers mental health and support counseling for individuals and families including a specialized program for individuals who live with persistent and pervasive mental illness. JFS also provides disability services, senior adult services and case management, employment services, Jewish chaplaincy services at area hospitals, community outreach, financial assistance programs and volunteer opportunities.

Counseling Services

Our professionals provide behavioral & mental health services, coaching & case management services, disability services, employment services and Chaplaincy services.

LAZARUS HOUSE: A CENTER FOR WELLNESS



4106 Austin Street
Houston, TX 77004

MAIN (713) 526-5071
FAX (713) 523-0379
WEB www.thelazarushouse.org
EMAIL questions@thelazarushouse.org



NEIGHBORHOOD.....(C) Midtown
BUS ROUTES25, METRO light rail

LEGEND..... All, Flat fee, Ltd scholarships
HOURS Mon, Wed, Fri 7am-12pm, 2pm-6pm;
Tue & Thur 8am-5pm; Sat 8:30am-11:30am

NEED FOR INTAKE..... Drivers license or ID, physicians
phone/fax number

COVID-19 RESTRICTIONS: The health and safety of our clients, employees, and our community remain highest priority. Therefore, in line with the latest guidelines issued by the Texas State Department of Health, we have updated and enhanced our entrance policy. Lazarus House is strategically admitting a controlled number of people into the facility at a time to ensure social distancing and minimize risk of exposure. Do not enter building until screening process has been completed successfully. No unscheduled visits or tours will be allowed.

All visitors must undergo contactless temperature and symptom screening upon arrival, perform hand hygiene and wear appropriate personal protective equipment at all times. Please be especially attentive to wearing a mask over your nose and mouth, in addition to correctly wearing other personal protective equipment safely and securely. Social distancing is required. All equipment and touched surfaces will be sanitized with EPA approved disinfectant after each use. Hand sanitizing is required at admittance and upon completion of exercise. Additional hand sanitizing will be encouraged throughout visit.

Visitors who are sick will not be permitted to enter without exception. Thank you for your understanding and cooperation.

Lazarus House provides a unique multidisciplinary program that focuses on the body, mind and spirit of those suffering from disease related muscle loss through an integrated program of exercise, nutrition, mental and spiritual support.

LEGACY COMMUNITY HEALTH



Administration
1415 California Street
Houston, TX 77006

MAIN (832) 548-5000
FAX (832) 548-5092
WEB www.legacycommunityhealth.org
EMAIL info@legacycommunityhealth.org



Legacy Community Health is a full-service community health center that provides comprehensive, primary healthcare services to all Houstonians in a culturally sensitive, judgment-free and confidential environment. Legacy has specialized in HIV testing, health education, treatment and social services since the early 1980s. This also includes gender health and wellness services. We also provide care for other chronic health conditions like diabetes and high blood pressure. Generous financial support from individuals, businesses and charitable foundations allows Legacy to provide no-cost or low-cost healthcare services to nearly 150,000 men, women and children. As a Federally Qualified Health Center many of our services are offered on a sliding fee scale; Medicaid, Medicare and most health insurance plans are accepted.

Legacy Community Health es un centro de salud comunitario de servicio completo que proporciona servicios de atención primaria integral a todos los habitantes de Houston en un ambiente culturalmente sensible, libre de juicios y confidencial. Legacy se ha especializado en pruebas de VIH, educación para la salud, tratamiento y servicios sociales desde principios de los años ochenta. Esto también incluye servicios de salud y bienestar de género. También ofrecemos atención para otras enfermedades crónicas como diabetes y

presión arterial alta. El generoso apoyo financiero de individuos, empresas y fundaciones benéficas le permite a Legacy proveer servicios de salud sin costo o a bajo costo a cerca de 150.000 hombres, mujeres y niños. Como centro de salud calificado a nivel federal, muchos de nuestros servicios se ofrecen en una escala de tarifas flexible; Medicaid, Medicare y la mayoría de los planes de seguro de salud son aceptados.

Baker-Ripley Clinic

6500 Rookin St., Bldg B, Ste 200
Houston, TX 77074

MAIN (713) 351-7350
FAX (713) 351-7351
NEIGHBORHOOD..... (SW) Gulfton
BUS ROUTES 9, 47

LEGEND.....All, Fam, S\$, Ins, Med, Esp
HOURS Mon-Fri, 8am-5pm

Family practice/primary health care, psychiatry, counseling, family planning, dental care and social services.

Medicina familiar/asistencia de salud primaria, psiquiatría, asesoramiento, planificación familiar, cuidado dental y servicios sociales.

Bissonnet Clinic

12667 Bissonnet St.
Houston, TX 77099

MAIN (281) 498-6100
FAX (281) 498-6105
NEIGHBORHOOD.....(SW) Alief
BUS ROUTES 65, 67

LEGEND.....All, S\$, Ins, Med, CHIP, Esp
HOURS Mon-Fri, 8am-8pm; Sat 8am-4pm

Pediatrics and behavioral health services.

Pediatría y servicios para la salud mental.

Central Beaumont Clinic

450 North 11th Street
Beaumont, TX 77702

MAIN (409) 242-2577
FAX (409) 242-2588

LEGEND.....All, S\$, Ins, Med, **HIV+ only**, Esp
HOURS Mon-Fri, 8am-5pm

Adult primary care, HIV testing and counseling, and pediatrics.

Cuidado primario para adultos, análisis del VIH y consejería, y pediatría.

Lyons Campus

3811 Lyons Avenue
Houston, TX 77020

MAIN (832) 548-5400
FAX (832) 548-5482
PHARMACY (713) 366-7400
PHARMACY FAX (713) 559-3269

NEIGHBORHOOD..... (C) Fifth Ward
BUS ROUTES 11, 28, 48, 66, 77, 78, 137

LEGEND.....All, Fam, S\$, Ins, Med, Esp

HOURS Mon-Fri, 8am-5:15pm, Sat 8am-4pm
PHARMACY HOURS Mon-Fri, 8:15am-5:15pm

Primary health care, family planning, psychiatry, counseling, STD testing and treatment, HIV testing, vaccinations/immunizations, diabetes care, nutritional counseling, prevention education, dental care, maternity care and social services.

Asistencia de salud primaria, planificación familiar, psiquiatría, asesoramiento, investigación y tratamiento de enfermedades de transmisión sexual, prueba del VIH, vacunaciones/inmunizaciones, cuidado de diabetes, asesoramiento nutricional, cuidado dental, educación y ayuda, servicios sociales y maternidad.

Mapleridge Clinic

6550 Mapleridge St., Suite 106
Houston, TX 77081

MAIN (713) 779-7200
FAX (713) 665-2266

NEIGHBORHOOD(SW) Gulfton
BUS ROUTES 49

LEGENDAll, S\$, Ins, Med, CHIP, Esp
HOURS Mon-Fri, 8am-5pm

Adult primary care, pediatrics, and behavioral health services.

Cuidado primario para adultos, pediatría y servicios para la salud mental.

Montrose Campus

1415 California Street
Houston, TX 77006

MAIN (832) 548-5100
FAX (832) 548-5092
PHARMACY (713) 665-8800
PHARMACY FAX (713) 559-3268

BUS ROUTES 56, 82

LEGEND All, Fam, S\$, Ins, Med, Esp
HOURS Mon-Fri, 8am-8pm; Sat 8am-5pm
PHARMACY HOURS Mon-Fri, 8am-7:30pm;
Sat, 8am-5pm

Primary health care, HIV testing and counseling, STD screening and treatment, family planning, GLBT healthcare, vaccinations, psychiatry, eye care, dental care, prevention education, counseling, glasses/contact lenses, nutritional counseling, personal training, social services and pharmacy. The financial assistance program offers people living with HIV assistance with prescription costs for HIV and non-HIV medications, ADAP co-pays and health insurance copays and deductibles.

Cuidado de salud primario, análisis del VIH y consejería, asesoramiento y tratamiento de ETS, planificación familiar, cuidado de salud a las personas gay, lésbicas, bisexuales y transgéneras, servicio dental, prevención, educación, consejería, vacunas, psiquiatría, cuidado de la vista, anteojos/lentes de contacto, consejos de nutrición, entrenamiento personal, servicios sociales, farmacia Walgreens. El programa de asistencia financiera ofrece ayuda con el pago de medicamentos, incluyendo los del VIH para las personas con el VIH, los copagos de ADAP y los copagos y deducibles del seguro médico del paciente.

San Jacinto Clinic
 4301 Garth Rd, Suite 400
 Baytown, TX 77521

MAIN (281) 420-8400
 FAX (281) 420-8445

LEGEND..... All, S\$, Ins, Med, CHIP, Esp
 HOURS Mon-Fri, 8am-8pm, Sat 8am-4pm

Adult primary care, pediatrics, Ob/Gyn and maternity care, dental care, and behavioral health services. Dental is in Suite 302.

Cuidado primario para adultos, pediatria, obstetricia/ginecologia y maternidad, cuidado dental y servicios para la salud mental. Dental está en Suite 302.

Sharpstown Campus
 6441 High Star Dr., Ste. 100
 Houston, TX 77074

MAIN (713) 548-5300
 FAX (713) 779-9872
 PHARMACY (713) 814-3499
 PHARMACY FAX (832) 548-5363

NEIGHBORHOOD..... (SW) Gulfton
 BUS ROUTES 9, 47

LEGEND..... W, C, Appt/Walk-ins, S\$, Med, Ins, Esp
 HOURS Sun-Sat, 8am-8pm
 PHARMACY HOURS Mon-Fri, 8am-5pm

Pediatric care and after hours urgent care, obstetrics/gynecology (OB/GYN), vaccinations/immunizations, education, outreach, nutritional counseling, behavioral health services and social services.

Cuidado pediátrico y cuidado en urgencias pediátricas, obstetricia/ginecología (OB/GYN), educación y ayuda, vacunaciones/inmunizaciones, asesoramiento de nutrición y servicios sociales.

LGBT SWITCHBOARD OF HOUSTON
 24 HOURS..... (713) 529-3211
 LEGEND.....All, Free

24 hour hotline for LGBTQ community for crisis counseling, HIV information, community resource information and crime survivor support.

L-H TRANSITIONAL CENTER
 2410 Caplin Street
 Houston, TX 77026

MAIN (713) 239-3866
 FAX (713) 239-3868
 WEB www.lhtcenter.com

NEIGHBORHOOD..... (N) Kashmere Gardens
 BUS ROUTES 6, 51, 52

LEGEND..... Adults, CD, IRR, S\$, Appt/Walk-ins
 HOURS Mon-Fri, 10am-6pm

Our mission is to be an educational and substance abuse network center that provides treatment for mental health and substance use disorders. L-H Transitional Center provides an adult outpatient program that includes a comprehensive continuum of care to assist clients in transitioning from more intensive treatment.

LIVING WITHOUT LIMITS LIVING LARGE 

Meeting Location
 401 Branard St., 1st Floor
 Houston, TX 77006

Mailing address
 6205 Los Angeles St.
 Houston, TX 77026

MAIN (832) 545--5689
 WEB www.livinglarge.co
 EMAIL cysmith2003@yahoo.com



NEIGHBORHOOD (C) Montrose
 BUS ROUTES 25
 LEGEND M, W, **HIV+ only**/affected heterosexuals, Free
 HOURS Fri, 6:30pm-8:30pm

Living without Limits Living Large is a place where heterosexual people infected and affected with the diagnosis of HIV/AIDS can embrace everyday life with new beginnings and expectations. We also have group sessions and workshops co-sponsored with other local agencies. Please call for more information or for the monthly meeting schedule.

LOVE NETWORK OF BAYTOWN 

206 N. Whiting
 Baytown, TX 77520

Mailing address
 PO Box 1116
 Baytown, TX 77522

MAIN (281) 422-5683
 FAX (281) 427-7653
 EMAIL LoveNetworkofBaytown@gmail.com



NEIGHBORHOOD (E) Highlands
 AREA SERVED..... Zip codes 77520, 77521, 77523, 77562
 LEGEND All, Free, Gas vouchers, Diapers
 HOURS Mon-Thur 9am-3pm

COVID-19 RESTRICTIONS: No walk-ins. Intake and rental assistance forms are available on the website. Please email completed forms to LoveNetworkofBaytown@gmail.com.

Rental assistance, referrals to food pantries, diapers, gas vouchers (for verifiable appointments only), assistance with job related clothing and shoes, and prescription assistance (one time only, no pain or mind-altering drugs) and assistance with small home repairs and wheelchair ramps for eligible low income persons.

MAGNIFICAT HOUSES, INC. 

3209 Austin Street
 Houston, TX 77004

Mailing address
 PO Box 8486
 Houston, TX 77288

MAIN/INTAKE (713) 529-4231
 WEB www.mhihouston.org
 EMAIL info@mhihouston.org



NEIGHBORHOOD.....(C) Midtown
BUS ROUTES9, 11

LEGEND.....M, W, Homeless, CD, IRR, Appt req, Esp
HOURS8am-4pm

COVID-19 RESTRICTIONS: Masks and social distancing are strictly enforced throughout our service areas. All scheduled group meetings, Mass services, AA meetings and community events are canceled until further notice.

RESTRICCIONES POR COVID-19: *Las mascarillas y el distanciamiento social se aplican estrictamente en todas nuestras áreas de servicio. Todas las reuniones grupales programadas, los servicios de misa, las reuniones de Alcohólicos Anónimos (AA) y los eventos comunitarios se cancelan hasta nuevo aviso.*

Started in 1968 with one house, Magnificat has grown to 16 houses for residents who have mental illness, former offenders, homeless and adults with HIV. In addition to our residences, we have a clubhouse for those with a mental illness, a soup kitchen and the W.T. & Louise Moran Building that houses a resale and consignment shop, art studio and wood working facilities run by the residents of Magnificat.

Emergency Housing Admissions: All applicants must have a case worker present with them during the initial interview. All admitted guests must quarantine with us for 14 days prior to being eligible for the 90 day Housing Program and have a negative Covid-19 test 3-5 days prior to being admitted. Case workers book all appointments.

General Admissions: Call to make an appointment Monday-Thursday 9am-3 pm or on Fridays from 9am-12pm. No interviews on Fridays. Book by email (admissions@mhouston.org) or phone.

Comenzó en 1968 con una casa, Magnificat ha crecido a dieciséis casas para residentes que tienen enfermedades mentales, ex infractores, personas sin hogar y adultos con VIH. Además de nuestras residencias, tenemos una casa club para quienes tienen una enfermedad mental, una cocina para indigentes y el W.T. & Louise Moran Building que alberga una tienda de reventa y consignación, estudio de arte e instalaciones de trabajo en madera dirigidas por los residentes de Magnificat.

Admisiones de vivienda de emergencia: Todos los solicitantes deben tener un asistente social presente con ellos durante la entrevista inicial. Todos los huéspedes admitidos deben estar en cuarentena con nosotros durante 14 días antes de ser elegibles para el Programa de Vivienda de 90 días y dar negativo en la prueba de Covid-19 negativa de 3 a 5 días antes de ser admitidos. Los asistentes sociales reservan todas las citas.

Admisiones generales: Llame para concertar una cita de lunes a jueves, de 9 am a 3 pm, o los viernes de 9 am a 12 pm. No hay entrevistas los viernes. Reserve por correo electrónico (admissions@mhouston.org) o por teléfono.

Homeless Shelter and Intake Center

3209 Austin Street
Houston, TX 77004

INTAKE (713) 529-4231
LEGEND.....M, W, Homeless, CD, IRR, Appt req, Esp

What to Expect: First, we can help you get your identity established, then provide counseling to help you plan a promising future. We help with GED completion and job

searches. When ready, you may qualify for specific skills training at our Moran Center. Of course, you will bring gifts of your own to share with the community: your experiences, your skills, your ideas, your willingness to help others like yourself and keep your home running smoothly. Some residents stay until their immediate problems lift, others find meaningful work within the community and stay with us, sometimes for years, as a family.

Where we Are: Most of our homes are in the Midtown (South of Downtown Houston), many are in the neighborhood surrounding the intake office. We are walking distance from the Houston Community College Central Campus where some residents take credits or their GED test. Most of our special-needs residences lie outside the central area.

Qué puede esperar: Primero, podemos ayudarlo a establecer su identidad, y después proporcionar asesoría para ayudarlo a planear un futuro prometedor. Ayudamos a terminar el diploma de equivalencia general (GED) y buscar trabajo. Cuando esté listo, puede calificar para capacitación de habilidades específicas en nuestro Moran Center. Por supuesto, usted lleva sus propios regalos para compartir con la comunidad: sus experiencias, sus habilidades, sus ideas, su voluntad para ayudar a otros como usted y a mantener su hogar en condiciones óptimas. Algunos residentes permanecen hasta que desaparecen sus problemas inmediatos, otros encuentran un trabajo significativo dentro de la comunidad y permanecen con nosotros, a veces por años, como una familia.

Dónde estamos: La mayoría de nuestros hogares están en Midtown (Al sur del centro de Houston), muchos están en el vecindario que rodea nuestra oficina principal. Puede llegar caminando desde el Houston Community College Central Campus donde los residentes toman clases o su prueba de GED. La mayoría de nuestras residencias de necesidades especiales están fuera del área central.

Emergency shelter for the homeless

Offers a three-night stay and the opportunity to apply for longer term residency. Admission is on a first-come, first served basis and beds are limited. Apply in person Monday through Friday from 8:30am to 12noon. On the first Monday of the month, apply between 1pm to 2:30pm.

Refugios de emergencia para personas sin hogar

Ofrece una estadía de tres noches y la oportunidad de solicitar una residencia a largo plazo. La admisión se realiza por orden de llegada y las camas son limitadas. Presente una solicitud en persona de lunes a viernes, de 8:30 am a 12 del mediodía. Presente una solicitud el primer lunes del mes entre la 1 pm y las 2:30 pm.

Residential Housing

We have houses for men, women and houses targeted for those with special needs. All are safe, secure, and supervised 24/7 and provide nutritious home-cooked meals every day, basic laundry services and bed linens, towels. All offer time to adjust to new circumstances, and the opportunity to grow in community.

Alojamiento Residencial

Tenemos casas para hombres, mujeres y casas enfocadas para quienes tengan necesidades especiales. Todos están seguros, protegidos y supervisados las 24 horas del día, los 7 días de la semana y proporcionamos comidas nutritivas preparadas en casa todos los días, servicios de lavandería básicos y ropa de cama y toallas. Todos ofrecen tiempo para ajustarse a nuevas circunstancias, y la oportunidad de crecer en la comunidad.

Loaves and Fishes

2009 Congress Ave.
Corner of Congress & Chartres
Houston, TX 77002

MAIN (713) 224-1373
NEIGHBORHOOD..... (C) Downtown
BUS ROUTES 6, 20, 30, 48

LEGEND.....All, Free
HOURS Lunch at 11am-12pm; the lunch line starts
about 10:30am. Closed on Mondays.

Soup kitchen run by the residents of Magnificat House and supported by volunteers. Lunch is served daily except on Monday, no questions asked. Be our guest! Our staff, residents and volunteers prepare a nutritious, homecooked meal hoping you will join us. We always prepare plenty, so bring your friends and family.

Cocina para indigentes operada por los residentes de Magnificat House y apoyada por voluntarios. El almuerzo se sirve diariamente excepto los lunes, sin hacer preguntas. ¡Sea nuestro invitado! Nuestro personal, residentes y voluntarios preparan una comida casera nutritiva esperando que nos acompañe. Siempre preparamos suficiente, así que lleve a sus amigos y familia.

St. Joseph Clubhouse

3307 Austin Street
Houston, TX 77004

Mailing address
PO Box 2641
Houston, TX 77252

MAIN (713) 523-5958
FAX (832) 941-0364
WEB www.stjosephhouse.org
EMAIL..... info@stjosephhouse.org



NEIGHBORHOOD.....(C) Midtown
BUS ROUTES 9, 11

LEGEND.....Adults, Free, Walk-ins
OFFICE HOURS Mon-Fri, 8am-4pm

St. Joseph is a certified clubhouse for persons living with mental health diagnoses. The day program focus is participation, interaction and support with one another in the following activities: horticulture, kitchen, computers, education and outreach.

San Jose esta certificado como clubhouse, para las personas que tienen problemas mentales. Es un programa de día los que participar, se ayudan unos a otros. En la clubhouse tienen diferentes actividades como: jardinería, cocina, computadoras, educación y hospitalidad.

MEMORIAL ASSISTANCE MINISTRIES

1625 Blalock Road
Houston, TX 77080

MAIN (713) 468-4516
FAX (713) 468-4702
WEB www.helpherehelpnow.org
mamjobsnetwork.org



NEIGHBORHOOD..... (W) Spring Branch

AREA SERVED.....Financial Assistance only for zip codes:
77008, 77009, 77018, 77022, 77024,
77037, 77039, 77040, 77041, 77043,
77055, 77076, 77079, 77080, 77088,
77091, 77092. Other services are open to all.

BUS ROUTES..... 26

LEGENDAll, Free
HOURS Mon-Fri, 8:30am-5:30pm
NEED FOR INTAKE....Photo ID, Proof of residence, Appt req

COVID-19 RESTRICTIONS: We currently offer all services remotely by phone, video, text, online and email. Call or visit the website for information.

RESTRICCIONES POR COVID-19: Actualmente ofrecemos todos los servicios de forma remota por teléfono, video, mensaje de texto, en línea y correo electrónico. Llame o visite el sitio web para obtener información.

MAM's mission is to assure families have the means to meet their basic needs. A variety of programming at MAM is designed to help families in immediate need of short term financial assistance as well as longer term programming that will help a family achieve financial sustainability. MAM partners with a number of nonprofits to provide additional services such as Houston Volunteer Lawyers Association, immunization clinics, and vision testing for adults and is one of the larger sites for Volunteer Income Tax Assistance (through Baker Ripley Income Tax Centers).

La misión de MAM es asegurar que las familias tengan los medios para satisfacer sus necesidades básicas. Una variedad de programación en MAM está diseñada para ayudar a las familias en necesidad inmediata de asistencia financiera a corto plazo, así como programación a largo plazo que ayudará a una familia a lograr la sustentabilidad financiera. MAM se asocia con una serie de organizaciones sin fines de lucro para prestar servicios adicionales tales como la Abogados Voluntarios de Houston, clínicas de inmunización y pruebas de la visión para adultos y es uno de los sitios más grandes para la Asistencia Voluntaria del Impuesto a la Renta (a través de los Centros Fiscales Baker Ripley).

Financial assistance: pledge made with vacate or disconnect notice; limited medication/prescription assistance; clothing; referral to MAM Resale Store (shop in-store or online). Appointment required for rent or utility assistance. Employment Services; English as a Second Language and Citizenship Preparation; Immigration Legal Services; Mental Health Counseling; Financial Education.

Asistencia financiera: compromiso para aviso de desalojo o desconexión; asistencia de prescripción limitada; Ropa; se requiere programar cita con la tienda de reventa de MAM para asistencia de renta o servicios. Servicios de Empleo; Inglés como segundo idioma y Preparación de Ciudadanía; Servicios Legales de Inmigración; Asesoría de Salud Mental; Educación Financiera.

METRO HEALTH SERVICES

9894 Bissonnet St., Suite 340
Houston, TX 77036

MAIN (713) 777-9600
FAX (713) 777-9664
Alt Fax (713) 513-5414
EMAIL metrohealthservices@gmail.com



NEIGHBORHOOD.....(SW) Westwood
BUS ROUTES 65, 68, 152

LEGEND.....All, Ins, Med, Appt req
HOURS Mon-Thur, 9am-5pm; Fri 9am-2pm

Home health care agency providing skilled nursing, home health aide, certified nursing assistant, physical therapy, occupational therapy, speech therapy, medical social worker, personal assistant services and durable medical equipment and supplies. Call for intake.

MICHAEL E. DEBAKEY VA MEDICAL CENTER

2002 Holcombe Boulevard
Houston, TX 77030



MAIN (713) 791-1414
TOLL FREE (800) 553-2278
INTAKE (713) 794-7288
24 HOURS..... (800) 639-5137
APPOINTMENTS (713) 794-8985
PHARMACY (713) 794-7648
WEB www.houston.va.gov



NEIGHBORHOOD.....(C) Medical Center
BUS ROUTES 11, 28
LEGEND..... Veterans, Income-based eligibility, CD

COVID-19 RESTRICTIONS: Everyone entering is screened, and visitors are limited. Face coverings are mandatory. Please contact us before going to any of our locations, you may be able to get care at home by phone or video.

Case management/social work; chemical dependency; outpatient treatment; HIV primary medical care; eye care; pension and compensation assistance; housing assistance for homeless. Also provides both PEP (pre-exposure prophylaxis) and PrEP (post-exposure prophylaxis). Comprehensive Veteran health and wellness website: www.myhealth.va.gov.

THE MONTROSE CENTER

401 Branard Street, 2nd Floor
Houston, TX 77006



MAIN (713) 529-0037
INTAKE Ext 0
FAX (713) 526-4367
24 HOUR HOTLINE (713) 529-3211
TOLL FREE (800) 699-0504
TTY RELAY TEXAS
WEB www.montrosecenter.org
EMAIL..... info@montrosecenter.org



NEIGHBORHOOD.....(C) Montrose
BUS ROUTES 25
HOURS Mon-Fri, 8am-7pm (5pm during COVID);
Counseling by appt

COVID-19 RESTRICTIONS: Masks are required in the building at all times, no more than 2 people not of the same family in the elevator at once. Tele-health services required during times of high community spread.

RESTRICCIONES POR COVID-19: Se exigen mascarillas en el edificio en todo momento; no más de dos (2) personas que

no sean de la misma familia en el ascensor a la vez. Se requieren servicios de tele-salud en épocas de gran propagación comunitaria.

The Center provides mental health, outpatient substance use disorder treatment, recovery coaching, reentry services, Housing Opportunities for People with AIDS (HOPWA), emergency financial assistance, CPCDMS registration and case management for people living with HIV.

El Centro brinda salud mental, tratamiento ambulatorio de trastornos por consumo de sustancias, preparación para la recuperación, servicios de reinserción, oportunidades de vivienda para personas con SIDA (HOPWA), asistencia financiera de emergencia, registro en CPCDMS y administración de casos para personas portadoras del VIH.

HIV Services

AREA SERVED..... Chambers, Ft. Bend, Harris, Liberty,
Montgomery and Waller counties
LEGEND M, W, Fam, IRR, Free, Walk-ins,
HIV+ only, CD, Esp
NEED FOR INTAKE..... Eligibility appt req (walk-in,
appt or phone)

CPCDMS registration, assistance linking to needed services, Licensed outpatient substance use disorder treatment for LGBTQ (or very friendly) individuals and people of color; professional counseling by licensed therapists - Spanish available.

Inscripción del CPCDMS, asistencia para conectar al cliente con servicios que necesiten, tratamiento externo, acreditado e intensivo para la dependencia de sustancias para personas LGBTQ e individuos amistosos a dicha población. Terapia profesional proveído por terapeutas licenciados; servicio disponible en español.

Case Management

LEGEND M, W, Y, CD, IRR, Homeless, Immigrants, Esp

Case management and service linkage specializing in people with mental health, substance use disorder and re-entry issues.

Gestión de casos y vinculación de servicios que se especializan en personas con problemas de salud mental, trastorno por uso de sustancias y reingreso.

Housing

LEGEND All, **HIV+ only**, S\$, Esp
NEED FOR INTAKE..... Photo ID, Proof of income
and HIV status

Housing Opportunities for People with AIDS (HOPWA) is available: STRMU, TBRA, PHP (short-term, tenant-based and deposits).

Hay oportunidades de vivienda para personas con SIDA (HOPWA) disponibles: STRMU, TBRA, PHP (a corto plazo, basado en inquilinos y depósitos).

Incarcerated Outreach/Discharge Planning

LEGEND M, W, Incarcerated or RR, Free, **HIV+ only**, CD, Esp

Pre-release discharge planning for incarcerated within 6 weeks of release, service linkage to ADAP services, health education and risk reduction, bus cards.

Planificación de alta previa a la liberación para los encarcelados dentro de las 6 semanas posteriores a la liberación, enlace de servicios con los servicios de ADAP,

educación para la salud y reducción de riesgos, tarjetas de autobús.

Mental Health

Outpatient mental health counseling and psychiatry (must be in counseling at the Center to access psychiatry). Counseling is in individual, couple and group settings. Licensed counselors provide assessment, diagnosis and counseling. During COVID, all mental health appointments are via tele-health.

Psiquiatría y consejería de salud mental para pacientes ambulatorios (debe estar en consejería en el Centro para acceder a la psiquiatría). La consejería es individual, de pareja y grupal. Los consejeros autorizados proporcionan evaluación, diagnóstico y asesoramiento. Durante COVID, todas las citas de salud mental se realizan a través de telesalud.

Outpatient Substance Use Disorder Treatment

Outpatient substance use disorder (SUD) treatment. Treatment is in individual and group settings. Licensed counselors provide assessment, diagnosis and treatment. During COVID, all SUD appointments are via tele-health. 12 Step groups on-site (after COVID).

Tratamiento del trastorno por consumo de sustancias para pacientes ambulatorios. El tratamiento es individual y grupal. Los consejeros autorizados brindan evaluación, diagnóstico y tratamiento. Durante COVID, todas las citas de SUD se realizan a través d

Recovery Coaching

LEGEND..... All, Free, Walk-ins accepted
A certified peer who is also in recovery works with the recoveree to take whatever steps the recoveree can make towards recovery.

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)



9401 Southwest Freeway, Suite 1234
Houston, TX 77074

MAIN (713) 970-4419
FAX (713) 970-4436
WEB www.namigreaterhouston.org
EMAIL.....namigh@namigreaterhouston.org



NEIGHBORHOOD..... (SW) Sharpstown
AREA SERVED..... Harris and Montgomery Counties
BUS ROUTES 65, 68

LEGEND..... M, W, Y, Fam, IRR, Homeless, CD, Free, Esp
HOURS Mon-Fri 9am-4pm
NEED FOR INTAKE Call for intake

NAMI Greater Houston provides NO COST mental health education classes and support groups for anyone impacted by a mental illness including the diagnosed, family members and caregivers. NAMI Greater Houston is Texas' largest provider of peer-facilitated mental health services designed to educate a broad coalition of consumers on the challenges of living with a mental illness.

NAMI Greater Houston provee clases de educación para la salud mental SIN COSTO y grupos de apoyo para cualquier persona afectada por una enfermedad mental incluyendo a los miembros diagnosticados, familiares y cuidadores. NAMI es el proveedor más grande de Texas de servicios de salud mental facilitados por compañeros diseñados para educar a una amplia coalición de consumidores sobre los desafíos de vivir con una enfermedad mental.

Education Programs

Education and support to people in recovery, family members, friends, professionals and the community at-large. We work to reach those in need of immediate support and resources by offering monthly support meetings, educational programs, community awareness events, information and referrals. Call or check the website for the class schedule.

Programas educacionales

Educación y apoyo para personas en recuperación, familiares, amistades, profesionales y la comunidad en general. Trabajamos para cumplir con las necesidades así como apoyo inmediato y recursos en forma de reuniones mensuales de apoyo, programas educacionales, eventos de conciencia comunitaria, información y referencias. Llame o vea el sitio web para el horario de las clases.

Support Groups

Made up of people living with mental illness in recovery, just diagnosed and family or friends of someone diagnosed with a mental illness. When you attend a support group, you will find that you are not alone-people who have been through, or are going through similar situations can relate to what you are going through and the groups can be a great place to find practical tips and resources. We encourage members to never give up hope, we've been there and we can help. Call or check the website to find a support group near you.

Grupos de apoyo

Consiste de las personas viviendo con dolencia mental en recuperación y recientemente diagnosticadas, y los familiares o amistades de dichas personas. Cuando usted asiste al grupo verá que no está solo/sola-otras personas con las mismas experiencias y situaciones pueden relacionar con lo que usted siente. Los grupos ofrecen ideas prácticas y recursos. Promovemos la idea de seguir adelante, de propia experiencia podemos ayudar. Llame o vea el sitio web para averiguar de un grupo cerca de usted.

Speakers Bureau

Offers several educational programs to bring hope to families and individuals who suffer with biological brain disorders (mental illness). Through education we can reduce stigma, provide resources and inform the public that treatment works. To learn more about our speaker bureau services or to schedule a presentation, call or email us thru the website. Please schedule 4 weeks in advance if possible.

Despacho de presentadores

Ofrece varios programas educacionales que levantan la esperanza a las familias los individuos que sufren del trastorno biológico cerebral (dolencia mental). Mediante la educación reducimos el estigma, ofrecemos recursos e informamos al público que el tratamiento funciona. Para más información sobre este servicio o para programar una presentación, llame o visite el sitio del web. Favor de reservar con 4 semanas de anticipación.

NESTQUEST HOUSTON



1907 Sabine Street, Suite 121
Houston, TX 77007

MAIN (832) 232-8715
WEB www.nestquesthouston.com
EMAIL info@nestquesthouston.com



NEIGHBORHOOD..... (C) Washington Ave.
BUS ROUTES 30

LEGEND..... Fam, HCV participants, Security deposit
HOURS Mon-Fri, 9am-5pm

Nestquest is a nonprofit organization that provides Housing Choice Voucher families with better quality homes and higher ranking schools for their children. You must be an active Housing Choice Voucher holder and eligible to move with at least one school aged child in your household.

Voucher Mobility Program

We provide housing search assistance, financial awareness assistance and more for eligible families. Call for intake.

NORTHSHORE COUNSELING CENTER



331 Freeport St.
Houston, TX 77015

MAIN (713) 637-6000
FAX (713) 637-6009
WEB www.nshore.cc
EMAIL northshorecc@yahoo.com

NEIGHBORHOOD..... (E) Northshore
AREA SERVED Zip codes 77015, 77044, 77049,
77530, 77521, Humble, Pasadena
and Galena Park

LEGEND..... All, Med, CHIP, Ins, Flat fee,
Appt req, IRR, CD, Esp

HOURS Mon-Fri, 10am-7pm
NEED FOR INTAKE Photo ID, Insurance card if
applicable; Call for intake

Northshore Counseling Center's mission is to promote, enhance and support the well-being of individuals and families in the Northshore area and surrounding communities of Crosby, San Jacinto and Channelview. Northshore Counseling Center is committed to operating a quality mental health care center by providing confidential, appropriate and responsive behavioral health care services for children, adolescents, adults, couples and families.

Individual, family and couples therapy including treatment, counseling and/or education for mood and anxiety disorders, ADHD, stress and anger management, marital conflict and divorce issues, parent-child conflict, trauma, domestic violence and substance abuse.

Other services include Intellectual, IQ and Adaptive Behavior Assessments/Tests, Academic Learning Competencies and Assessments and court-ordered anger management, substance abuse, decision making skills group and truancy classes; children's trauma group and grandparents support group.

The Battering Intervention and Prevention Program (BIPP) is designed to help adults who are aggressive or intimidating toward their partner. The program teaches how to control anger, skills to manage negative thoughts and more. You can

take the program if ordered by the court and likewise if you decide to end the violence in your home. Call for details.

La misión de Northshore Counseling Center es promover, mejorar y apoyar el bienestar de individuos y familias en el área de Northshore y las comunidades circundantes de Crosby, San Jacinto y Channelview. Northshore Counseling Center se compromete a operar un centro de salud mental de calidad proporcionando servicios de atención de salud de conducta confidenciales, apropiados y receptivos para niños, adolescentes, adultos, parejas y familias. Llame para admisión.

Terapia individual, de pareja, incluyendo tratamiento, consejería y/o educación sobre el cambio de estado de ánimo, trastorno de la ansiedad, ADHD, manejo del estrés y la ira, conflictos matrimoniales y temas de divorcio, conflictos de padres e hijos, trauma, violencia doméstica y abuso de sustancias.

Otros servicios incluyen asesoramiento/análisis del intelecto, y la conducta adaptativa, competencia en aprendizaje académico, evaluación y manejo de la ira por orden judicial, abuso de sustancias, clases sobre la habilidad en hacer mejores decisiones y la ausencia injustificada en la escuela o el trabajo; grupo para niños/niñas con traumas, y de apoyo a abuelos/abuelas.

Battering Intervention and Prevention (BIPP) es un programa diseñado para ayudar a adultos agresivos y/o que intimidan a sus parejas. El programa enseña a cómo controlar la ira, maneras de lidiar con pensamientos negativos, y más. Inscribese si la corte judicial lo requiere, o si desea eliminar la violencia en su casa. Llame para mayores detalles.

NORTHWEST ASSISTANCE MINISTRIES



15555 Kuykendahl Road
Houston, TX 77090

MAIN (281) 885-4555
FAX (281) 583-5621
FAMILY VIOLENCE CTR 24 HRS (281) 885-4673

WEB www.namonline.org
EMAIL naminfo@namonline.org



NEIGHBORHOOD (N) Bammel
AREA SERVED Zip codes 77014, 77032, 77038,
77050, 77060, 77066, 77067, 77068,
77069, 77070, 77073, 77086, 77090,
77373, 77379, 77386, 77388, 77389.

BUS ROUTES 86

LEGEND Fam, Free or low cost, Appt req (walk-ins for
emergency food only)

HOURS Mon-Thur, 8am-5pm; Fri 8am-4pm

COVID-19 RESTRICTIONS: Visitors must wear face masks.

NAM is a community-based, multi-program social service agency that strives to supply basic human needs through neighbors helping neighbors.

Emergency Basic Needs

Emergency services including food, prescriptions (non-narcotic), gasoline vouchers, bus tokens, clothing, financial help with rent/mortgage, natural gas and water bills (not electricity bills), school supplies and holiday food and toys. The appointment line is open Monday-Friday from 9am-12pm and 1pm-3pm until all available appointments have been filled.

Appointments are scheduled for the next day. Call for more information: (281) 583-5600.

Housing Services

Distributes funds from government grants to help prevent local residents from becoming homeless, or to help homeless families become stably housed. Special funding available for veterans and families with school-aged children. No assistance is offered over the phone, an appointment and personal interview is required. Please call for more information: (281) 885-4531.

Children's Clinic

Quality medical care for infants and children up to age 18 for families who have Medicaid, CHIP, private insurance or who are self-pay/uninsured. Through a partnership with UT Health Science Center, the clinic provides a full range of services, from preventive care to acute care. Call for more information: (281) 885-4630.

Family Violence Center

The FVC offers a 24-hour hotline, bilingual outreach, telephone crisis counseling, referrals to emergency shelter, transportation, professional counseling for adults and their children, information and referrals for bettering intervention services, legal referrals and court accompaniment. Call for more information: (281) 885-4673 or 1-888-750-4673.

Food – Joanne Watford Nutrition Center

Nutritious groceries for individuals and families. Qualified clients can shop for and select food items, including fresh produce, based on the families nutritional needs. Call for more information: (281) 583-5600.

Interfaith Hospitality Network

Shelter and meals for homeless families in transition as well as assistance finding employment and housing. Call for more information: (281) 885-4567.

Learning Center

ESL classes, GED preparation, reading and writing literacy, job search seminars, financial literacy, legal seminars, and when available, computer classes. Classes are offered free or at reduced cost. Call for more information: (281) 885-4616.

Meals on Wheels Program

Hot, nutritious meals delivered to homebound seniors and individuals who are homebound because of illness or disability. Call for more information: (281) 885-4623.

Senior Services – Fifty Plus Program

The Senior Center offers activities such as exercise and dance classes, day trips, bridge and other card games, bingo, craft groups, and many other classes for active seniors. The Senior Center is a fun place to socialize, keep physically fit and mentally active. Call for more information: (281) 885-4616.

OPEN DOOR MISSION



5803 Harrisburg Blvd.
Houston, TX 77011

MAIN (713) 921-7520
FAX (713) 921-4206
INTAKE (832) 962-4249
INTAKE FAX..... (713) 923-8743
WEB www.opendoorhouston.org
EMAIL..... info@opendoorhouston.org



NEIGHBORHOOD (C) East End
BUS ROUTES METRO light rail

LEGEND Adult Men only, CD, Homeless, IRR,
Free, Appt/Walk-ins
HOURS 24 hours/7 days a week
NEED FOR INTAKE..... Photo ID, Call for intake

Open Door Mission is a faith and evidence based recovery facility dedicated to transforming the lives of the most severely addicted, destitute, homeless, and disabled men in our community. Open Door Mission has been serving Houston's male homeless population since 1954 and is located near downtown in the East End of Houston.

Doorway Recovery Program

Open Door Mission offers a 30-day intensive substance abuse program and a 6-7 month intensive/supportive substance abuse program. Licensed clinicians work with the residents during this time by providing individual counseling, spiritual and substance abuse classes. Our Social Services Dept. provides referrals for legal, medical, and mental health care services.

The program is supplemented by an Education and Career Guidance Center. Our Education Center helps individuals obtain and GED if needed, as well as other educational needs. The Career Guidance Center assists upcoming graduates and alumni with career building, resume writing, and skills training through our collaboration with community partners. Open Door Mission also provides a Transitional Living Program for eligible graduates of the 6-7 month substance abuse recovery program.

Medical Respite Care

Open Door Mission's Medical Respite Care Program provides homeless men a safe place to continue healing from surgery, injury or illness after discharging from the hospital. The program provides clients the opportunity to recuperate while being able to access medical and supportive services that assist in completing their medical recovery.

PAWS HOUSTON

PETS ARE WONDERFUL SUPPORT

MAIN (713) 840-7297
WEB www.pawshouston.org
EMAIL info@pawshouston.org



AREA SERVED..... City of Houston
LEGEND All, Free
HOURS On call as needed

Hospital Personal Pet Visitation Program

PAWS Houston is dedicated to helping patients receive the comfort and benefits of their pets by facilitating hospital visits to patients. Hospital Personal Pet Visits are facilitated through our dedicated volunteer network. Our volunteers work tirelessly to provide scheduled visits, as well as last minute, end of life visits. The Hospital Pet Visitation program is a unique program provided by PAWS Houston. Operations are made possible by the donations of patients, family and, community supporters.

PAWS WITH HELPING HANDS CHARITY

MAIN/INTAKE..... (832) 573-7274
WEB Pawswithhelpinghandscharity.org
EMAIL PawswithhelpinghandsCharity@gmail.com



LEGEND.....All, Free
HOURS 24/7

Regardless of age or the circumstance of a patient admitted to a hospital, Paws with Helping Hands Charity will assist all who have no family or friends to help take care of their pet at home in their hour of need free of charge.

Independientemente de la edad o las circunstancias de los pacientes, Paws with Helping Hands Charity ayudará a todos los que no tienen familia o amigos a cuidar de su mascota en casa en su hora de necesidad.

PFLAG HOUSTON

Mailing address
PO Box 667655
Houston, TX 77266-7655

MAIN (713) 467-3524
WEB www.pflaghouston.org
EMAIL..... HelplinePflagHouston@gmail.com

LEGEND.....All, Free

The mission of PFLAG (Parents, Friends and Family of Lesbians and Gays) Houston is to: Support Families - working to keep families in loving relationships by helping them understand and affirm their gay, lesbian, bisexual or transgendered family members. Educate the Public - seeking to dispel the myths and misinformation by working with educators, community and religious groups, the media and the general public. Advocate for Equality - calling for equal human and civil rights. PFLAG provides opportunities for dialog about sexual orientation and gender identity, and acts to create a society that is respectful of human diversity.

The Help Line is a voice mail service where you may leave a message and your call will be returned by a PFLAG Mom - the telephone connection to PFLAG Houston. They are a resource for people who have questions and concerns relating to sexual orientation or gender identity. Confidentiality is maintained and discretion is used when your call is returned. Let us know when would be the best time of day to return the call, and whether you will be the only person likely to answer. We will not leave a message unless you specifically ask us to leave a message.

Small Groups are the heart of PFLAG. It's a place where you can meet with other parents and loved ones of the LGBTQ community. Small groups offer parents, family, friends and allies to learn from each other, share stories and worries. LGBTQ folk are welcome to join small group discussions, as well. We all learn and support each other so that we can better support and advocate for each other.

Right now, Small Support Group Meetings are hosted on Zoom. We meet each Sunday at 2:00 p.m. (3:00 on 2nd Sunday, after the guest speaker). The support meetings are by invitation only (password) and are not recorded. If you would like to receive an invitation, email us at helplinePFLAGhouston@gmail.com, or sign-up for meeting emails on our website contact page.

Your call is very important to us, but if you are not in the

Houston area, we suggest first looking for a chapter in your area by going to the PFLAG National web site at www.pflag.org/chapters/find.html. However, don't hesitate to call us if you cannot find help elsewhere.

La línea de ayuda es un servicio de correo de voz donde puede dejar un mensaje y su llamada será devuelta por una mamá PFLAG, la conexión telefónica a PFLAG Houston. Es un recurso para personas que tienen preguntas e inquietudes relacionadas con la orientación sexual o la identidad de género. Se mantiene la confidencialidad y se usa la discreción cuando se devuelve su llamada. Háganos saber cuándo sería el mejor momento del día para devolver la llamada y si usted será la única persona que probablemente responda. No dejaremos un mensaje, a menos que nos pida específicamente que lo hagamos.

Los grupos pequeños son el corazón de PFLAG. Es un lugar donde puede reunirse con otros padres y seres queridos de la comunidad LGBTQ. Los grupos pequeños ofrecen a los padres, familiares, amigos y aliados aprender unos de otros, compartir historias y preocupaciones. Las personas LGBTQ también pueden unirse a las discusiones de grupos pequeños. Todos aprendemos y nos apoyamos unos a otros para poder asistirnos y defendernos mejor.

En este momento, las reuniones de grupos de apoyo pequeños se realizan en Zoom. Nos reunimos cada domingo a las 2:00 p. m. (a las 3:00 p. m. el segundo domingo después del orador invitado). Las reuniones de apoyo son solo por invitación (contraseña) y no se registran. Si desea recibir una invitación, envíenos un correo electrónico a helplinePFLAGhouston@gmail.com, o bien inscríbese para recibir correos electrónicos de reuniones en la página de contacto de nuestro sitio web.

Su llamada es muy importante para nosotros; sin embargo, si no se encuentra en el área de Houston, le sugerimos que primero busque un capítulo en su área yendo al sitio web de PFLAG National en www.pflag.org/chapters/find.html. No obstante, no dude en llamarnos si no puede encontrar ayuda en otro lugar.

PLANNED PARENTHOOD GULF COAST



4600 Gulf Freeway
Houston, TX 77023

MAIN (713) 522-6240
TOLL FREE (800) 230-7526
WEB www.ppgulfcoast.org
EMAIL information@ppgulfcoast.org



LEGENDM, W, Y, S\$, Free, Ins, Appt req
(same day available), Esp

The mission of Planned Parenthood Gulf Coast, Inc. is to ensure the right and ability of all individuals to manage their sexual and reproductive health by providing health services, education and advocacy. PPGC operates six health centers in the Greater Houston area. Telehealth is now available. Call 800-230-PLAN to schedule a telehealth visit with one of our expert health care providers.

La misión de Planned Parenthood Gulf Coast, Inc. es asegurar el derecho y la capacidad de todas las personas para manejar su salud sexual y reproductiva proporcionando servicios de

salud, educación y defensa. PPGC opera seis centros de salud en el área de la Gran Houston.

To be automatically connected to the nearest clinic, call:
(800) 230-PLAN

HIV testing and counseling, STD testing and treatment, birth control, well-woman and well-man exams, pregnancy testing and information about related services, hormone therapy for transgender patients, vaccines, health screenings and other general health care services.

Para conectarse automáticamente a la clínica más cercana, llame al: (800) 230-PLAN

Exámenes y asesoría de VIH, exámenes y tratamiento de ETS, control de natalidad, exámenes de salud para mujeres y hombres, pruebas de embarazo e información sobre servicios relacionados, terapia de hormonas para pacientes transgénero, vacunas, chequeos de salud y otros servicios de cuidado de la salud generales.

REACH HEALTHCARE SERVICES



6565 West Loop South, Suite 115
Bellaire, TX 77401

MAIN (713) 500-0000
FAX (713) 500-0050
WEB www.reachhealthcareservices.com



AREA SERVED Brazoria, Chambers, Ft. Bend, Galveston,
Harris, Liberty, Montgomery & Waller counties
BUS ROUTES 65

LEGEND Adults, Ins, Private Pay, Referral req
HOURS Mon-Fri, 8:30am-5pm

Full service home health and personal assistance services agency caring for seniors and adults. We have a 30+ year history of managing the clinically complex patient in the home setting. Our Medicare nursing and therapy services focus on skilled needs of the geriatric and disabled population. Our skilled hourly RN and LVN care offers an alternative to in-care facilities. An additional cost saving alternative is available to the clinically stable patient and offers three levels of non-medical services where our caregivers are trained to assist with G-tube care, catheterizations, bowel programs, tracheostomy, and ventilator related care.

Agencia de servicios de asistencia personal y salud domiciliar de servicio completo que atiende a personas mayores y adultos. Tenemos una historia de más de 30 años en el manejo de pacientes clínicamente complejos en el hogar. Nuestros servicios de enfermería y terapia de Medicare se enfocan en las necesidades especializadas de la población geriátrica y discapacitada. Nuestra atención calificada RN y LVN por hora ofrece una alternativa a los centros de atención. Hay una alternativa de ahorro de costos adicional disponible para el paciente clínicamente estable y ofrece tres niveles de servicios no médicos en los que nuestros cuidadores están capacitados para ayudar con la atención de la sonda G, los cateterismos, los programas de limpieza intestinal, la traqueotomía y la atención relacionada con ventiladores.

Non-Medical Caregiver Personal Assistance Services

Unlicensed personal assistant services (caregiver).

Servicios de Asistencia Personal de Cuidador de Salud no Médico

Servicios de asistencia personal sin licencia (cuidador).

Skilled Home Health Nursing and Therapy

Skilled nursing visits; physical, occupational and speech therapy.

Enfermería y Terapia de Salud en Casa Capacitada

Skilled nursing visits; physical, occupational and speech therapy.

Skilled Private Duty (RN/LVN) Hourly Care

Private duty nursing (RN and LVN).

Cuidado por Hora Especializado

Enfermería de servicio privado capacitado (RN y LVN).

RECENTER HOUSTON



3809 Main Street
Houston, TX 77002

MAIN (832) 649-6696
WEB www.recenterhouston.com
EMAIL info@recenterhouston.com



NEIGHBORHOOD (C) Downtown
BUS ROUTES METRO light rail

LEGEND M, W, CD, Homeless, Flat fee, Cash/Credit, Esp
HOURS Mon-Fri, 7am-6pm; Sat 8am-12pm

Recenter is a nonprofit organization that provides programs and services to help individuals who are predominately homeless recover from alcoholism and drug addiction in order to lead more productive lives.

We assist in creating healthy lifestyles by establishing productive habits and routines, including obtaining gainful employment, volunteering in the community, and paying monthly rent.

Environment plays a part in recovery, and our newly renovated and redesigned facilities are ideal for supporting residents through this process. We offer on-campus living, a structured and comfortable place to call home for residents while they recover from their chemical dependency. We also offer non-medical detox, in a supportive, serene atmosphere during the first few days of recovery.

We support those in recovery through ongoing programs, case management and services including hosting of open Alcoholics Anonymous, Narcotics Anonymous, and Cocaine Anonymous meetings. One piece at a time, we work with residents to learn the tools and skills necessary to rebuild their self-confidence and sense of self, torn down by addiction. Repairing relationships with families, friends, employers, and society becomes possible through group meetings led by those who have who have seasoned recovery. We take a holistic approach to healing, focusing on the mind as well as the body. We walk side by side with residents to restore a life truly worth living.

There is life beyond addiction. We support residents in rebuilding independence through employment. We help residents find jobs and work with them to develop the skills and habits they need to maintain their success. Through this

encouragement and care, we help residents find a balanced, hopeful, and sober life.

RE:MIND DEPRESSION AND BIPOLAR SUPPORT



Mailing address
PO Box 27607
Houston, TX 77227

MAIN (713) 600-1131
FAX (713) 600-1137
HARRIS CENTER CRISIS HOTLINE (713) 970-7000
WEB www.remindsupport.org
EMAIL info@remindsupport.org



AREA SERVED Harris, Ft. Bend & Montgomery counties
BUS ROUTES Many groups are on METRO

LEGEND M, W, IRR, Homeless, Immigrants, CD, Free
OFFICE HOURS Mon-Fri, 8:30am-4:40pm

COVID-19 RESTRICTIONS: All community groups are canceled through March 31, 2021. Online groups are available, go to the website to register.

RESTRICIONES POR COVID-19: Todos los grupos comunitarios están cancelados hasta el 31 de marzo de 2021. Los grupos en línea están disponibles; visite el sitio web para registrarse.

re:MIND provides free and confidential support groups for individuals living with, or family and friends affected by, depression and bipolar disorders, and also educates the community about these disorders.

Free and confidential peer process support groups for managing symptoms of depression and bipolar disorder. Groups are led or co-facilitated by licensed mental health professionals.

Re:MIND ofrece grupos de apoyo gratuitos y confidenciales para personas que viven con, o familiares y amigos afectados por, depresión y trastornos bipolares, y también educa a la comunidad sobre estos trastornos.

Grupos de soporte de proceso entre compañeros, gratuitos y confidenciales, para [ayudar a] manejar los síntomas de depresión y trastorno bipolar. Los grupos son guiados o co-facilitados por profesionales con licencia en salud mental.

ROSENBERG-RICHMOND HELPING HANDS, INC.



902 Collins Road
Richmond, TX 77469
Mailing address
PO Box 1268
Richmond, TX 77406-0032

MAIN (281) 232-4904
FAX (281) 232-8050
WEB www.roserichhelpinghands.org
EMAIL rrrh@roserichhelpinghands.org



NEIGHBORHOOD (SW) Richmond
AREA SERVED Zip codes: 77406, 77407, 77469, 77417, 77421, 77430, 77435, 77441, 77444, 77451, 77461, 77464, 77471, 77476, 77479 (LCISD ONLY), 77481 and 77485.
LEGEND All, Free, Walk-ins

HOURS Food (drive thru): Mon-Thur, 10am-12pm; Clothing (appt only): Mon 10am-1pm, Tue-Thur, 10am-2pm
NEED FOR INTAKE ID, Proof of address, income, and household bills

COVID-19 RESTRICTIONS: LIMIT OF 175 FAMILIES/CLIENTS WILL BE SERVED EACH DAY. Everyone must wear a mask. Please complete the required forms (Houston Food Bank and intake form) prior to arrival - see the website for forms. Only one person at a time in the Clothing Closet (no children). There is a 45 minute limit, including check out time. You must wear a mask, gloves and have your temperature checked upon arrival (gloves will be provided). Call for more information or to set up your appointment.

Provides assistance to local households with emergency food, clothing and hygiene products. We supply a safe place for people to come and receive the help they need. We aim to bring healthy food, hygiene products, clean clothing and diapers to clients that are in times of crisis. Our goal is to provide assistance temporarily until the individual or family becomes self-sufficient. If we cannot help with a problem, we can make referrals to someone who can.

RYAN WHITE PLANNING COUNCIL



2223 West Loop South, Suite 240
Houston, TX 77027

MAIN (832) 927-7926
FAX (713) 572-3740
WEB www.rwpcHouston.org
EMAIL feedbackRWPC@hctx.net



NEIGHBORHOOD (C) Galleria/Post Oak
AREA SERVED Harris county and surrounding area
BUS ROUTES 32, 82

LEGEND All, Free, Esp
HOURS Mon-Fri, 8am-5pm

COVID-19 RESTRICTIONS: The office staff is currently working from home. All meetings are being held on Zoom. Call to receive meeting notices by email, or check the website calendar to get Zoom info and meeting materials.

RESTRICIONES POR COVID-19: El personal de la oficina trabaja actualmente desde casa. Todas las reuniones se llevan a cabo en Zoom. Llame para recibir avisos de reuniones por correo electrónico o consulte el calendario del sitio web para obtener información de Zoom y materiales de reuniones.

Each year, the Ryan White Planning Council designs services and allocates federal funds for services to people living with HIV/AIDS. All meetings and processes are open to the public and community input is encouraged at all levels. The meeting calendar, Council publications and a wealth of other information is available on our website. See page 163 for a timeline of annual Planning Council processes.

The Office of Support publishes the Houston Area HIV Resource Guide, commonly known as "The Blue Book" as well

as a mini Blue Book that is available to inmates in the Harris County Jail and Texas Department of Criminal Justice.

Project L.E.A.P. (Learning - Empowerment - Advocacy - Participation) is a comprehensive advocacy training program for individuals living with HIV who reside in Harris and the surrounding counties. The goal of the program is to train PLWHA to become active participants in local HIV planning activities by serving on a planning body, such as the Ryan White Planning Council or the City of Houston HIV Prevention Planning Group. See page 165 for more information about Project LEAP.

Cada año, el Consejo de Planificación del Programa Ryan White formula servicios y asigna fondos federales para servicios a personas portadoras del VIH/SIDA. Todas las reuniones y procesos están abiertos al público y se fomenta la participación de la comunidad en todos los niveles. El calendario de reuniones, las publicaciones del Consejo y una gran cantidad de información adicional están disponibles en nuestro sitio web. Consulte la página 164 para ver un cronograma de los procesos anuales del Consejo de Planificación.

La Oficina de Apoyo publica la Guía de recursos sobre el VIH del Área de Houston, comúnmente conocida como "El libro azul", así como un mini Libro azul que está disponible para los reclusos en la Cárcel del Condado de Harris y el Departamento de Justicia Criminal de Texas.

El Proyecto L.E.A.P. (Aprendizaje-Empoderamiento-Defensa-Participación) es un programa integral de capacitación en defensa para personas portadoras del VIH que residen en Harris y los condados circundantes. El objetivo del programa es capacitar a las personas portadoras del VIH (PLWHA) para que participen activamente en actividades locales de planificación contra el VIH al formar parte de un organismo de planificación, tal como el Consejo de Planificación del Programa Ryan White o el Grupo de Planificación Comunitaria (CPG) de Prevención del VIH de la Ciudad de Houston. Consulte la página 166 para obtener más información sobre el Proyecto LEAP

SAINT MARY MAGDALENE SOCIAL SERVICES



527 South Houston Avenue
Humble, TX 77338

MAIN/INTAKE..... (281) 540-1907



NEIGHBORHOOD..... (NE) Humble
AREA SERVED..... Eviction/Utility in zip codes: 77044, 77338, 77346, 77347, and 77396

LEGEND..... All, Free, Walk-ins, Lim, Proof of residence
HOURS Mon/Wed/Fri, 10am-12pm (or first 12 families in line)
NEED FOR INTAKE..... Valid photo ID, rent agreement or mortgage payment coupon, all household income, last report cards for school aged children in home

COVID-19 RESTRICTIONS: Masks must be worn by all staff and clients. Food is distributed starting at 8:30am until it runs out; it is best to arrive between 7-7:30am. For evictions and utilities, please call to schedule a Zoom appointment. You must be able to print and fax the required documents.

Food pantry, utility/rental assistance (only with termination, disconnect or eviction notice, once a year); referrals for other needs.

SAN JACINTO APARTMENTS

1111 McIlhenny St.
Houston, TX 77002

MAIN..... (713) 650-0306
EMAIL..... sanjacintoapts@sbcglobal.net

NEIGHBORHOOD..... (C) Downtown
AREA SERVED..... 10-County HOPWA service area
BUS ROUTES..... 54, METRO light rail

LEGEND..... Adults, **HIV+ only**, Disabled
HOURS..... Mon-Fri, 8am-5pm
NEED FOR INTAKE..... Doctor letter stating disability, Letter signed by case manager, State ID, and Social Security card

Unfurnished housing for individuals living with HIV. Amenities include central heat/AC, full size bath, stove, wood floors, on site washer/dryers, easy access to bus and light rail. Rent is set at 30% of a person's adjusted monthly income.

SANTA MARIA HOSTEL



2605 Parker Road
Houston, TX 77093

MAIN/INTAKE..... (713) 691-0900
FAX..... (713) 691-0910
WEB..... www.santamariahostel.org
INTAKE EMAIL..... admissions@santamariahostel.org



NEIGHBORHOOD..... (N) Eastex/Jensen
BUS ROUTES..... 39
LEGEND..... Women/women with children only, IRR, CD, Free, Appt req

COVID-19 RESTRICTIONS: Facility has COVID screening in process in place. Masks are required for anyone entering the facilities. Certain services may be partially or fully delivered through telehealth.

Santa Maria Hostel is a non-profit organization with over 50 years of experience serving women. The mission of Santa Maria is to empower women and their families to lead healthy, successful, productive and self-fulfilling lives. Santa Maria serves women age 18 and up who reside in Harris or one of the 12 surrounding counties.

Residential substance abuse treatment programs for women and women with children ages 0-12.

Outpatient substance abuse treatment programs for women.

Transitional housing for up to one year - programs for homeless women/homeless women with children ages 0-12 years, female Veterans and women living with HIV.

Santa Maria treatment and housing clients also benefit from many additional services including: integrated mental health services for clients with co-occurring disorders, case management, counseling, parenting and life skills classes, educational and vocational services, peer-to-peer recovery coaching, court liaison services and childcare and transportation assistance.

SEARCH HOMELESS SERVICES



2015 Congress Street
Houston, TX 77002

MAIN (713) 739-7752
FAX (713) 739-7706
WEB www.searchhomeless.org
EMAIL info@searchhomeless.org



NEIGHBORHOOD.....(C) Midtown
AREA SERVEDHouston/Harris County
BUS ROUTES 30, Project Access
LEGEND..... M, W, Fam, Free, IRR, Walk-ins, CD,
Homeless only, Esp
HOURS Mon-Fri, 8am-4pm

SEARCH Homeless Services pursues a mission of providing hope, creating opportunity, and transforming lives for the thousands of individuals experiencing homelessness in our community. We bring this mission to life every day by connecting men, women, and children not only with housing and employment, but with the targeted resources and wrap-around support they need to remain stably housed and regain self-sufficiency.

Employment Services & Care Hub: Services include assistance to obtain a Harris County Gold Card, SNAP food benefits, employment and PATH (accessing a mental health connection). You must have a homeless letter to access these services. You can gain initial access to these services as a walk-in, but may need an appointment to follow up.

Servicios de Empleo y Centro de Cuidados: Los servicios incluyen asistencia para obtener la Tarjeta Dorada del Condado de Harris, beneficios de alimentos SNAP, empleo y PATH (acceso a conexión de salud mental). Debe tener una carta de indigente para tener acceso a estos servicios. Puede obtener acceso inicial a estos servicios sin cita, pero necesita una cita para el seguimiento.

Chronic Homelessness: Services include street outreach, housing navigation, and permanent supportive housing. SEARCH partners with The Way Home, a collaborative action plan to end homelessness in our community, in the delivery of these services. Besides street outreach, these services are only available through referrals from The Way Home. Clients may receive a housing assessment to determine eligibility through any The Way Home screening site, such as The Way Home office at The Beacon (1212 Prairie Street).

Indigencia Crónica: Los servicios incluyen compromiso en la calle, navegación de alojamiento y alojamiento de apoyo permanente. SEARCH se asocia con The Way Home, un plan de acción colaborativo para eliminar la indigencia en nuestra comunidad, al entregar estos servicios. Además del compromiso en la calle, estos servicios sólo están disponibles a través de referencias de The Way Home. Los clientes pueden recibir una evaluación de alojamiento para determinar la elegibilidad a través de cualquier sitio de filtración de The Way Home, tal como la oficina de The Way Home en The Beacon (1212 Prairie Street).

House of Tiny Treasures (HTT) Childcare Center

LEGEND.....C (2 to 5 yrs), Free
HOURS Mon-Fri, 7am-5:30pm
NEED FOR INTAKE Call for intake

An early childhood education and therapeutic services program for children, 2 to 5 years of age, who are either

homeless or living in deep poverty. Along with the specialized childcare provided free of charge, HTT delivers wrap-around support to families, empowering them to pursue educational and job opportunities that will increase their income and overall stability. HTT is an ongoing program, open year-round. While the children are being cared for, their parents are able to focus on getting back on their feet and regaining a stable, self-sufficient life for their family.

SECOND CHANCE CONSULTING AND OUTREACH

7208 N. Shepherd, Suite 107
Houston, TX 77091

MAIN (713) 623-1811
FAX (713) 219-9727
WEB www.secondchanceentry.com
EMAIL jtsecondchance@gmail.com



NEIGHBORHOOD(N) Acres Home
BUS ROUTES..... 27

LEGENDM, W, Y, S\$, IRR, Appt/walk-ins, Free
HOURS Mon-Fri, 9am-5pm; Sat-Sun, 10am-5pm
NEED FOR INTAKE..... Recent paystub

Individual and group sessions available for teens and adults to prepare for the workforce, post-secondary education and society including job and college readiness, mentoring, life skills, career, counseling, job placement and health education, prevention and wellness.

Training for new and existing Law Enforcement and Correctional personnel to create a safe and, positive working environment including identifying disruptive behavior, criminal charges associated, with contraband and drug trafficking, safety measures, risk assessment, long and short term, consequences of job-related stress, using facility data to set benchmarks for improvement, and, outcomes measurement based on best practices.

Education programs include Alcohol & Drug Evaluation, Anger Management Education, Anti-Theft, B.I.P.P. (Battering Intervention Prevention) Program, Defensive Driving, Individual Counseling, Parenting Classes, Recovery And Relapse Prevention, Intensive Outpatient and Supportive, Outpatient Chemical Dependency Programs, Texas Drug Offender Education Program (TDOEP), and first time and repeat offender DWI Programs.

SERJOBS



1710 Telephone Road
Houston, TX 77023

MAIN (713) 773-6000
FAX (713) 773-6010
TOLL FREE (866) 285-4003
WEB www.serhouston.org
EMAIL info@serhouston.org



NEIGHBORHOOD(C) Lawndale
BUS ROUTES..... 50
HOURS Mon, Wed, Fri, 8am-5pm

COVID-19 Update: SER has identified several programs and trainings that we can offer in a new virtual format.

Actualización sobre COVID-19: SER ha identificado varios programas y capacitaciones que podemos ofrecer en un nuevo formato virtual.

SER is a nonprofit community organization that educates and equips people in the Texas Gulf Coast Region who come from low-income backgrounds or who have significant barriers to employment.

SER es una organización comunitaria sin fines de lucro que educa y prepara a las personas en la región de la costa del Golfo de Texas que provienen de entornos de bajos ingresos o que tienen barreras importantes para la vinculación laboral.

JobNet

AREA SERVED Harris, Fort Bend, Galveston, Matagora, Wharton, Brazoria, Montgomery counties
LEGEND All, IRR Free, Esp
NEED FOR INTAKE Photo ID

Free job training, job placement and financial coaching. SER's unique, holistic process empowers participants for long-term success and stability. Apply for free training at serhouston.org/application, or text JOB to 66992.

Capacitación laboral, colocación laboral y preparación financiera gratuitas. El proceso único y holístico de SER empodera a los participantes para alcanzar el éxito y la estabilidad a largo plazo. Solicite capacitación gratuita en serhouston.org/application, o envíe un mensaje de texto con JOB al 66992.

Serving for Success

LEGEND Adults, Homeless, IRR, Immigrants, Free, Walk-ins, Esp
NEED FOR INTAKE Driver's license or state ID

In partnership with the Houston Food Bank, SER provides Job Readiness training and access to paid training/work experience for individuals interested in warehousing and culinary careers.

Servicio para el Éxito: En sociedad con el Banco de Alimentos de Houston, SER proporciona capacitación de preparación de trabajo y acceso a capacitación/ experiencia de trabajo remunerada para individuos interesados en carreras de almacenamiento y culinarias.

THRIVE

LEGEND All, Free, Walk-ins, Esp
NEED FOR INTAKE Driver's license or state ID

As part of a United Way collaborative effort, SER provides it's spectrum of core services to individuals and working families to help increase their income, build assets, and reach long-term financial stability.

THRIVE/PROSPERAR: Como parte de un esfuerzo colaborativo con United Way, SER proporciona su espectro de servicios básicos a individuos y familias que trabajan para ayudar a incrementar sus ingresos, reunir activos, y alcanzar estabilidad financiera a largo plazo.

Training-to-Work

LEGEND IRR, Free, Walk-ins, Esp
NEED FOR INTAKE Driver's license or state ID

Core services plus mentoring tailored to help adult ex-offenders successfully reintegrate and become productive members of their communities.

Capacitación para el trabajo: Servicios básicos más asesoría personalizada para ayudar a ex-delinquentes a que se reintegren con éxito y se conviertan en miembros productivos de su comunidad.

Veteran's Services

LEGEND Adults, Homeless, IRR, Immigrants, Free, Walk-ins, Esp
NEED FOR INTAKE Driver's license or state ID

Specialized services to help veterans navigate and access all of their benefits and successfully reintegrate into the civilian workforce.

Servicios para Veteranos: Servicios especializados para ayudar a los veteranos a navegar y tener acceso a todos sus beneficios y reintegrarse con éxito en la fuerza laboral civil.

Youth Internships

LEGEND Ages 16-21, Free, Walk-ins, Esp
NEED FOR INTAKE Driver's license or state ID

Through partnerships with the City of Houston, Bank of America, and Gap, Inc., SER places over 500 youth (ages 16-21) in paid summer internships annually.

Pasantías Juveniles: A través de asociaciones con la Ciudad de Houston, Bank of America, y Gap, Inc., SER coloca a más de 500 jóvenes en pasantías de verano pagadas anualmente.

YouthBuild

LEGEND Ages 17-24, Free, Walk-ins, Esp
NEED FOR INTAKE Driver's license or state ID

While working toward their GED, 17-24 year olds earn a stipend, learn construction skills, and build/repair low-income housing.

Mientras trabajan para conseguir sus GED, los jóvenes de 17 a 24 años ganan un salario, aprenden habilidades de construcción, y construyen/repasan su alojamiento de bajos ingresos.

SICKLE CELL ASSOCIATION OF TEXAS



Marc Thomas Foundation
2500 E. T.C. Jester Blvd, Suite 178
Houston, TX 77008

MAIN (713) 534-1712
FAX (713) 583-8850
WEB www.sicklecelltx.org
EMAIL info@sicklecelltx.org



NEIGHBORHOOD (C) Greater Heights
LEGEND All, Free, Walk-ins, Call for intake
HOURS Mon-Fri 8am-5pm

We are a non-profit organization that provides holistic centered wraparound services to individuals and families affected by sickle cell disease and sickle cell trait., as well as public health education.

We provide the following services for families affected by sickle cell disease or trait:

Certified case management that includes health, transportation and basic needs assistance, limited emergency financial assistance, counseling and holistic support.

Medical case management that includes specific assistance with medical needs, medical home placement, medical referrals, specialty referrals, health education, doctor referrals and advocacy.

A specialized week-long camp for children with sickle cell disease ages 6-14 which provides disease management education, mental health support and respite for families.

A transitional boot camp designed to assist youth transitioning from pediatric to adult care through case management, referrals, support groups, education, career development, pain management education, and mental health counseling.

Free sickle cell screening for individuals wanting to learn if they have sickle cell trait or to verify their type of sickle cell disease. We also provide certified hemoglobinopathy education which provides detailed genetic and condition education relating to sickle cell disease or trait.

We also provide professional and continuing education to health professionals, social workers, teachers, clinics and other organizations focusing on removing stigmas, prejudice, patient concerns, mental health counseling, ethics and improving lives of those affected by chronic conditions.

SIGN SHARES, INC.

The Capsule Group

3730 Kirby Dr., Suite 1200
Houston, TX 77098

MAIN (713) 869-4373
FAX (281) 583-1518
TOLL FREE (800) 826-1216
24 HOURS (713) 869-4373
TTY 7-1-1
WEB www.signshares.com
EMAIL info@signshares.com



LEGEND..... All, Flat fee, DARS DHHS funding available, Esp
HOURS Mon-Thur 8:30am-5:30pm, Fri 8:30am-4:30pm

Sign Shares, Inc. is the oldest, professional, and unique provider of Sign Language Interpreting & Translation Services in the United States. We are now proudly servicing all languages and more from A-Z.

Sign language, oral interpreting and transliteration services for Deaf, Hard-of-Hearing, and Foreign Speaking (Hearing) Consumers, Employees, Business Vendors, and/or Patrons. Specializing in medical, legal, technical and special events. Services available 365 days/24 hours to all sectors and venues. Remote services are available to compatible clients. Services include trilingual English/ASL/Spanish and services to Deaf and hard of hearing immigrants of Spanish speaking countries.

Sign Shares, Inc. es el proveedor más antiguo, excepcional y profesional de servicios de interpretación y traducción del lenguaje de señas en los Estados Unidos. Ahora estamos orgullosos de cubrir todos los idiomas y más desde la A a la Z.

Servicios de interpretación oral y transliteración del lenguaje de señas para consumidores, empleados, proveedores comerciales y/o clientes sordos, con dificultades auditivas y de habla (escucha) extranjera. Se especializa en eventos médicos, legales, técnicos y especiales. Servicios disponibles los 365 días, las 24 horas a todos los sectores y recintos. Los servicios remotos están disponibles para clientes

compatibles. Los servicios incluyen inglés/ASL/español trilingüe y servicios para inmigrantes sordos y con dificultades auditivas de países de habla hispana.

SOCIAL SECURITY ADMINISTRATION

Call to be connected to the nearest office:
MAIN (800) 772-1213
WEB www.ssa.gov

LEGEND All, Esp
HOURS 24 hours

COVID-19 RESTRICTIONS: Face-to-face service to the public in our field offices and hearings offices nationwide has been suspended until further notice. Critical services are still being provided via phone, fax and online.

Use the automated telephone service 24 hours a day to get recorded information and conduct some business. If you cannot handle your business through the automated service, you can speak to a Social Security representative between 7 am and 7pm Monday through Friday. Generally, you'll have a shorter wait time if you call during the week after Tuesday. If you are deaf or hard of hearing, call the toll-free TTY number between 7am and 7pm Monday through Friday.

Tendrá acceso a nuestros servicios telefónicos automatizados que le proveen información pre-grabada y llevar a cabo algunos de sus asuntos las 24 horas del día. Si no puede concluir sus asuntos a través de nuestros servicios automatizados, puede hablar con uno de nuestros agentes entre las 7:00 am y las 7:00 pm, de lunes a viernes. Por lo general, su tiempo de espera será más corto si nos llama después del martes. Si es sordo o tiene problemas de audición, llame a nuestro número gratis TTY, entre las 7:00 am y las 7:00 pm, de lunes a viernes.

SOUTHEAST AREA MINISTRIES



2102 Houston Boulevard
South Houston, TX 77587

Mailing address
PO Box 267
South Houston, TX 77587-0267

MAIN (713) 944-0093
FAX (713) 944-2157
THRIFT STORE (713) 944-7405

WEB www.southeastareaministries.com
EMAIL southeministries@sbcglobal.net



AREA SERVED..... Zip codes 77587, 77017, 77034, 77061,
77075, 77087, 77089, 77598

LEGEND All, Fam, Walk-ins, Free, Esp
HOURS Mon-Thur, 9:30am-12:30pm; 3rd Sat, 9am-12pm
NEED FOR INTAKE..... Photo ID, Social Security cards, Proof of residence

COVID-19 RESTRICTIONS: No walk ins, please call for an appointment.

RESTRICIONES POR COVID-19: No se permiten visitas sin cita previa; llame para concertar una cita.

SeAM is a coalition ministry providing assistance to families and individuals in South Houston, southeast Houston and southwest Pasadena.

SeAM es un ministerio de la coalición que proporciona ayuda a las familias y a individuos en el sur de Houston, sureste de Houston y suroeste de Pasadena.

Food, used clothing and household items; financial assistance for housing, utilities and prescriptions; school uniforms, shoes and supplies; Christmas gifts for children under 16. Gas vouchers available for verifiable appointments for job related trips or doctor appointments. New walk-ins must check in by 12pm. It is important to arrive as early as possible.

Alimentos, prendas de vestir de segunda mano y artículos para la casa, ayuda financiera para el alquiler, recetas médicas, uniformes escolares para niños/as menor de 16 años de edad, vales para gasolina para asistir a citas médicas o entrevista de trabajo bajo verificación.

ST. HOPE FOUNDATION



6200 Savoy Dr., Suite 540
Houston, TX 77036

MAIN (713) 778-1300
FAX (713) 778-0827
Transportation (713) 778-0358
WEB www.offeringhope.org



NEIGHBORHOOD..... (SW) Sharpstown
AREA SERVED..... Harris and surrounding counties
BUS ROUTES 152, 153

SHF is a full-service community health center providing comprehensive primary health care to Houston and the surrounding areas in a culturally sensitive and confidential environment. Specializing in HIV testing, education, treatment and social services since 1999, SHF also provides care for other chronic conditions such as diabetes, high blood pressure, and Hepatitis C. As a Federally Qualified Health Center, SHF offers services on a sliding fee scale; Medicaid, Medicare and most health insurance plans are accepted. Walk-ins, same day appointments and new patient appointments are welcomed.

SHF es un centro de salud comunitario de servicio completo que presta atención médica primaria integral a Houston y las áreas circundantes en un entorno culturalmente sensible y confidencial. Especializado en pruebas, educación, tratamiento y servicios sociales para el VIH desde 1999, SHF también brinda atención para otras afecciones crónicas tales como diabetes, hipertensión arterial y hepatitis C. Como centro de salud calificado a nivel federal, SHF ofrece servicios con una escala de tarifas variables; se aceptan Medicaid, Medicare y la mayoría de los planes de seguros médicos. Se aceptan visitas sin cita previa, citas el mismo día y citas para pacientes nuevos.

Corporate Office

MAIN (713) 778-1300
LEGEND.....M, W, Ins, Self pay, S\$, Med
HOURS Mon-Thur, 8am-5pm; Fri 9am-12pm

HIV/STD testing and transportation services for persons living with HIV/AIDS.

Bellaire Health Care Center



6800 West Loop South, Suite 560
Suite 500, 585, 580, 590
Bellaire, TX 774014516

MAIN (713) 839-7111

FAX (713) 839-7156
INTAKE (713) 778-1300

BUS ROUTES..... 2

LEGENDAll, S\$, Med, Ins, Appt req, Esp
HOURS Mon-Wed-Thur, 8am-6pm; Tue, 8am-7pm;
Fri, 9am-3pm

NEED FOR INTAKE..... ID, Proof of income and residency,
insurance card (if applicable), Proof
of HIV diagnosis (if applicable)

Medical care including internal medicine, family practice, Ob/Gyn, HIV care, diabetes clinic, Hepatitis treatment, dental care, behavioral health/psychiatry, vision care, podiatry, clinical research, diagnostic x-ray, nutritional counseling, prevention education groups, service linkage, clinical and medical case management, pharmacy, community health screenings and transportation.

Cuidado médico que incluye medicina interna, práctica familiar, Ginecología, cuidado de VIH, clínica de diabetes, tratamiento de hepatitis, cuidado dental, salud de comportamiento/psiquiatría, cuidado de la visión, podiatría, investigación clínica, rayos x de diagnóstico, asesoría nutricional, grupos de educación preventiva, enlace de servicios, administración de caso clínico y médico, farmacia, chequeos de salud de la comunidad y transporte.

Conroe Health Care Center



1414 S. Frazier, Suite 105/106
Conroe, TX 77301

MAIN (936) 441-2440
FAX (800) 249-5020
INTAKE (713) 778-1300

AREA SERVED..... Montgomery and Waller Counties;
Huntsville
BUS ROUTES 2 South

LEGENDAll, S\$, Med, Ins, Appt req, Esp
HOURS Mon-Wed-Thur, 8am-6pm; Tue, 8am-7pm;
Fri, 9am-3pm

NEED FOR INTAKE..... ID, Proof of income and residency,
Insurance card (if applicable), Proof
of HIV diagnosis (if applicable)

Medical care including internal medicine, family practice, Ob/Gyn, HIV care, diabetes clinic, Hepatitis treatment, dental care, behavioral health/psychiatry, vision care, podiatry, clinical research, diagnostic x-ray, nutritional counseling, prevention education groups, service linkage, clinical and medical case management, pharmacy, community health screenings and transportation.

Cuidado médico que incluye medicina interna, práctica familiar, Ginecología, cuidado de VIH, clínica de diabetes, tratamiento de hepatitis, cuidado dental, salud de comportamiento/psiquiatría, cuidado de la visión, podiatría, investigación clínica, rayos x de diagnóstico, asesoría nutricional, grupos de educación preventiva, enlace de servicios, administración de caso clínico y médico, farmacia, chequeos de salud de la comunidad y transporte.

Dickinson Health Care Center



6807 Emmett F. Lowry Expy, Ste 302
Texas City, TX 77591

MAIN (832) 431-5162
FAX (832) 431-5162
INTAKE (713) 778-1300

AREA SERVED.....Galveston and Brazoria counties

LEGEND..... M, W, CD, IRR, S\$, Med, Ins
 HOURS Tuesday and Thur, 8am-6pm
 NEED FOR INTAKE ID, Proof of income and residency,
 insurance card (if applicable), Proof
 of HIV diagnosis (if applicable)

Medical care including internal medicine, family practice, Ob/Gyn, HIV care, diabetes clinic, Hepatitis treatment, service linkage, clinical and medical case management, pharmacy, dental care, psychiatry/behavioral health, and community health screenings.

Cuidado médico que incluye medicina interna, práctica familiar, ginecología, cuidado de VIH, clínica de diabetes, tratamiento de hepatitis, cuidado dental, salud de comportamiento/psiquiatría, cuidado de la visión, podología, investigación clínica, rayos x de diagnóstico, asesoría nutricional, grupos de educación preventiva, enlace de servicios, administración de caso clínico y médico, farmacia, chequeos de salud de la comunidad.

Greenspoint Health Care Center



255 Northpoint Drive, Suite 200
 Houston, TX 77060

MAIN (832) 300-8040
 FAX (832) 300-8041
 INTAKE (713) 778-1300

BUS ROUTES 102
 LEGEND All, S\$, Med, Ins, Appt req, Esp
 HOURS Mon-Thur, 8am-6pm; Fri, 8am-3pm;
 1st & 3rd Sat, 8am-12pm

NEED FOR INTAKE ID, Proof of income and residency,
 insurance card (if applicable), Proof
 of HIV diagnosis (if applicable)

Medical care including internal medicine, family practice, pediatrics, Ob/Gyn, HIV care, diabetes clinic, Hepatitis treatment, dental care, behavioral health/psychiatry, vision care, podiatry, clinical research, diagnostic x-ray, nutritional counseling, prevention education groups, service linkage, clinical and medical case management, pharmacy, community health screenings and transportation.

Cuidado médico que incluye medicina interna, práctica familiar, pediatría, Ginecología, cuidado de VIH, clínica de diabetes, tratamiento de hepatitis, cuidado dental, salud de comportamiento/psiquiatría, cuidado de la visión, podología, investigación clínica, rayos x de diagnóstico, asesoría nutricional, grupos de educación preventiva, enlace de servicios, administración de caso clínico y médico, farmacia, chequeos de salud de la comunidad y transporte.

Sugar Land Health Care Center



13020 Dairy Ashford Rd, Suite 100
 Sugar Land, TX 77478

MAIN (281) 277-8571
 FAX (281) 277-8564
 INTAKE (713) 778-1300

LEGEND..... M, W, CD, IRR, S\$, Med, Ins
 HOURS Mon-Fri, 8am-6pm
 NEED FOR INTAKE ID, Proof of income and residency,
 insurance card (if applicable), Proof
 of HIV diagnosis (if applicable)

Medical care including internal medicine, family practice, pediatrics, Ob/Gyn, HIV care, diabetes clinic, Hepatitis treatment, dental care, behavioral health/psychiatry, vision care, podiatry, clinical research, diagnostic x-ray, nutritional counseling, prevention education groups, service linkage, clinical and medical case management, pharmacy, community health screenings and transportation.

Cuidado médico que incluye medicina interna, práctica familiar, pediatría, Ginecología, cuidado de VIH, clínica de diabetes, tratamiento de hepatitis, cuidado dental, salud de comportamiento/psiquiatría, cuidado de la visión, podología, investigación clínica, rayos x de diagnóstico, asesoría nutricional, grupos de educación preventiva, enlace de servicios, administración de caso clínico y médico, farmacia, chequeos de salud de la comunidad y transporte.

STAR OF HOPE

Administration Office
 4848 Loop Central Dr, Suite 500
 Houston, TX 77081

MAIN (713) 748-0700
 FAX (713) 748-5941
 WEB www.sohmission.org
 EMAIL hope@sohmission.org



The intake form is available to submit online.

Doris and Carloss Morris Men's Development Center

1811 Ruiz Street
 Houston, TX 770021321

MAIN (713) 227-8900

NEIGHBORHOOD (C) Downtown
 BUS ROUTES 6, 20, 30, 48, 137

LEGEND M, Walk-ins, Homeless, Lim, Free, CD
 OFFICE HOURS Mon-Fri, 9am-4pm

Emergency shelter for homeless men with 3 meals per day. Extended stay (6 months) substance abuse program with spiritual emphasis, case management and licensed chemical dependency counseling; transitional living center, career development, education (tutoring, GED assistance) and clinic 4 days a week (including vision care). Must acquire ID after 5 days or forfeit services.

Refugio de emergencia para hombres sin vivienda incluyendo tres comidas diaria. Estadía por 6 meses, programa para el abuso de sustancias con énfasis espiritual, manejo de casos y consejería sobre la dependencia de sustancias, centro de vivienda de transición, desarrollo de una profesión, educación (tutoría, asistencia con el GED) y clínica disponible 4 días a la semana, cuidado de la vista. Se debe obtener tarjeta de identidad después de 5 días para continuar recibiendo servicios.

Women & Family Development Center

2575 Reed Road
 Houston, TX 77051

MAIN (713) 222-2220

NEIGHBORHOOD (S) Sunnyside
 BUS ROUTES 87

LEGEND W, Fam, Lim, Free, Esp
 OFFICE HOURS Mon-Fri, 9am-4pm

Provides a continuum of care including crisis services through intensive programs offering stability, personal development and hope. Each day we house up to 130 families and 160 single women which starts them on the path to stability. We provide programs to help residents break the generational cycle of abuse, neglect and addiction that traps so many single women and families.

Services include: 30 days to 18 months of basic care, case management, safe housing and basic services, needed social services, guidance, therapy and support to begin healing emotional scars, licensed intensive substance abuse recovery program, spiritual recovery, Bible studies and chapel services, work force development and education to help set and achieve employment goals and independent living, a state-licensed children's program, including child care, preschool, after school activities, and homework assistance, a teen program focusing on education and healthy living patterns and transition to college, referrals for and assistance to secure permanent housing.

Presta un servicio de atención continua que incluye servicios para situaciones de crisis a través de programas intensivos que ofrecen estabilidad, desarrollo personal y esperanza. Cada día albergamos hasta 130 familias y 160 mujeres solteras, lo que las inicia en el camino hacia la estabilidad. Ofrecemos programas para ayudar a los residentes a romper el ciclo generacional de abuso, abandono y adicción que atrapa a tantas mujeres solteras y familias.

Los servicios incluyen los siguientes: De 30 días a 18 meses de atención básica, administración de casos, vivienda segura y servicios básicos; servicios sociales necesarios, orientación, terapia y apoyo para comenzar a sanar cicatrices emocionales; programa de recuperación intensivo autorizado de abuso de sustancias; recuperación espiritual, estudios bíblicos y servicios de capilla; desarrollo y formación de fuerza laboral para ayudar a establecer y lograr metas laborales y de vida independiente; un programa infantil con autorización estatal, que incluye cuidado infantil, preescolar, actividades extraescolares y ayuda con las tareas; un programa para adolescentes que se centra en la educación, patrones de vida saludables y transición a la universidad; remisiones y asistencia para asegurar una vivienda permanente

New Horizons Long Term Permanent Housing

4848 Loop Central Dr, Suite 500
Houston, TX 77081

MAIN (713) 748-0700

NEIGHBORHOOD..... (C) Bellaire
BUS ROUTES 9

LEGEND..... M, W, Fam, S\$, SOH resident, Esp
OFFICE HOURS Mon-Fri, 9am-4pm

New Horizons offers a supportive environment in the chosen apartment community (New Horizons works with several locations to provide a choice in housing location) rental and childcare subsidy, Biblically-based budgeting course, assistance with goal setting and financial management, case management and Biblical counseling (as needed), and sobriety support and accountability

Applicant qualifications include at least one year of sobriety, on same job at least 3 months with a minimum income (varies by household size), resident at Star of Hope's Women & Family Development Center or Men's Development Center for at least 10 months. There may be other income guidelines based on the apartment qualifications. Applicants must be referred by their Star of Hope case manager. The referral process should begin at least 2 months before the planned move out date. The applicant will interview with extended services staff and a decision is made to accept, deny, or have the individual/family re-apply at a later date (to allow for longer term of sobriety, longer time on the job, etc).

New Horizons ofrece un entorno de apoyo en la comunidad de apartamentos elegida (New Horizons trabaja con varias

ubicaciones para brindar una opción en la ubicación de vivienda), subsidio de alquiler y cuidado infantil, curso de elaboración de presupuestos con orientación bíblica, asistencia con el establecimiento de metas y administración financiera, administración de casos y consejería bíblica (según sea necesario), así como apoyo y responsabilidad para conservar la sobriedad.

Los requisitos de los solicitantes incluyen tener al menos un año de sobriedad, conservar el mismo trabajo por al menos tres (3) meses con unos ingresos mínimos (varía según el tamaño del grupo familiar), ser residente en el Centro de Desarrollo Familiar y de la Mujer (Women & Family Development Center) o bien en el Centro de Desarrollo de Hombres (Men's Development Center) de Star of Hope durante al menos diez (10) meses. Es posible que haya otras pautas de ingresos según los requisitos del apartamento. Los solicitantes deben ser remitidos por su administrador de casos de Star of Hope. El proceso de remisión debe comenzar al menos dos (2) meses antes de la fecha de mudanza planificada. El solicitante se entrevistará con el personal de servicios extendidos y se tomará la decisión de aceptar, denegar o hacer que el individuo/familia vuelva a presentar la solicitud en una fecha posterior (para permitir un período más prolongado de sobriedad, más tiempo en el trabajo, etc.).

TEXAS CHILDREN'S HOSPITAL



Department of Retrovirology
1102 Bates St., FC-630
Houston, TX 77030-2399

MAIN (832) 822-1038
FAX (832) 825-1281
WEB www.texaschildrenshospital.org
www.BIPAI.org



NEIGHBORHOOD (C) Medical Center
BUS ROUTES 2, 4, 8, 14, 26, 27, 68, 73,
METRO light rail

LEGEND Esp, C (ages 0-18), S\$, Medicaid, **HIV+ only**
HOURS Mon-Fri, 8:30am-4pm
NEED FOR INTAKE Immunization record,
Call for intake process

Baylor International Pediatric AIDS Initiative

1102 Bates St., FC-630
Houston, TX 77030-2399

MAIN (832) 822-1038

Pediatric primary care for HIV-infected children and adolescents and their uninfected siblings as well as HIV exposed infants. Staff MD provides direct care to children and youth.

Asistencia médica especializada en el cuidado y tratamiento de niños viviendo con el VIH e infantes que nacen de madres viviendo con el VIH.

Retrovirology Clinic

6701 Fannin Street
Houston, TX 77030

INTAKE (832) 822-1304

Pediatric primary care for HIV-infected children and adolescents and their uninfected siblings as well as HIV exposed infants. Staff MD provides direct care to children and youth.

Asistencia medica especializada en el cuidado y tratamiento de niños que son positivos con el virus VIH, y los bebés que nacen de madres que son positivas con el virus de HIV.

TEXAS DEPT OF STATE HEALTH SERVICES HIV MEDICATION PROGRAM (THMP / ADAP)

Mailing address
ATTN: MSJA, MC 1873
PO Box 149347
Austin, TX 78714-9347

MAIN (800) 255-1090
FAX (512) 533-3178
WEB www.dshs.texas.gov/hivstd/meds
EMAIL..... hivstd@dshs.texas.gov



AREA SERVED Texas
LEGEND..... Free, **HIV+ only**, Restrictions apply

Please do not send applications or include any personal, identifying health information in your email.

No envíe solicitudes ni incluya información de salud personal que lo identifique en su correo electrónico.

The Department of State Health Services Texas HIV Medication Program (THMP) is the official AIDS Drug Assistance Program (ADAP) for the State of Texas. The THMP has been in existence since 1987 and provides medications approved by the FDA for the treatment of illnesses caused by HIV and other opportunistic infections in HIV-infected individuals as prescribed by their doctor. The THMP currently supplies more than 40 different medications in various strengths and formulations and is operated through a network of participating pharmacies, local health departments and public health clinics. See page 65 for a list of pharmacies that accept ADAP.

El Programa de Medicamentos para el VIH del Departamento de Servicios de Salud del Estado de Texas (THMP) es el programa oficial de la Asistencia de Medicamentos para el SIDA en Texas (ADAP). THMP fue creado en el año 1987 y provee medicamentos, aprobados por FDA (la Administración Federal de Drogas) y autorizados por médicos para el tratamiento de enfermedades causadas por el VIH y otras infecciones oportunistas. Actualmente, THMP provee mas de 40 diferentes medicamentos en diversas formulaciones, y opera a través de una red de farmacias, departamentos locales de salud, y clínicas públicas de salud. Vea la página 65 para la lista de farmacias que aceptan ADAP.

TEXAS PREVENTION NETWORK

10103 Fondren Rd, Suite 375
Houston, TX 77096

MAIN (713) 981-6063
FAX (713) 981-9772
EMAIL..... tpni@tpni.org

NEIGHBORHOOD.....(SW) Fondren Southwest
BUS ROUTES 10, 68, 163

LEGEND..... All, S\$, Flat, Ins, Appt/Walk-ins, Call for intake
HOURS Mon-Fri, 9am-5pm, Weekends by appointment

Assists individuals, families and communities who are affected by mental health issues and substance abuse disease by offering support and preventive services. Our highly trained staff focuses on providing quality services by putting our

clients first. Our intent is to enhance client dignity by providing them the tools that will enable them to live a quality life. Our hope is to see everyone affected by any disease be wholly restored. Our commitment is to give effective and individualized treatment programs to our clients to meet their emotional and social needs through innovative, efficient and responsive practices guided by personal choices and desired outcomes. At Texas Prevention Network we will foster a spirit of mutual respect, dignity, trust and cooperation among clients, staff and the community.

Provides education services such as parenting classes, drug education, HIV/AIDS/STD education, anti-theft classes, Texas Offenders Education, DWI repeat offender classes, anger management, and life/social skills training.

TRIANGLE AREA NETWORK (TAN HEALTHCARE)



1495 North 7th Street
Beaumont, TX 77702

MAIN (409) 832-8338
FAX (409) 832-0976
WEB www.tanhealthcare.org
EMAIL support@tanhealthcare.org



AREA SERVED..... Hardin, Jefferson and Orange counties
LEGEND All (ages 5 & up), Free, S\$, Med, Ins, Financing, Appt/Walk-ins, Esp
HOURS Mon-Fri, 8am-5pm
NEED FOR INTAKE..... Proof of residency and income;
Medical documents as necessary.

COVID-19 RESTRICTIONS: Before entering the building, patients and staff must answer screening questions and have their temperature taken. All patients and clinical staff must wear a face covering. A mask will be provided for those who need one. Patients should come to their appointment alone. For those who need assistance, one visitor can accompany them. Any patient experiencing COVID-19 symptoms is to call ahead and notify our medical team. Upon arrival, the patient is to remain in their car and call our triage desk. Our COVID team will come out to your car.

RESTRICCIONES POR COVID-19: Antes de ingresar al edificio, los pacientes y el personal deben responder preguntas de sondeo y tomarse la temperatura. Todos los pacientes y el personal clínico deben usar una cubierta facial. Se proporcionará una mascarilla para aquellos que la necesiten. Los pacientes deben acudir solos a su cita. Para aquellos que necesitan asistencia, un visitante puede acompañarlos. Cualquier paciente que experimente síntomas de COVID-19 debe llamar con anticipación y notificar a nuestro equipo médico. A su llegada, el paciente debe permanecer en su automóvil y llamar a nuestro mostrador de triaje. Nuestro equipo de COVID saldrá a su automóvil.

Triangle Area Network (TAN Healthcare) provides preventive and primary health care services to clients residing in greater Southeast Texas which includes Jefferson (Beaumont), Harding and Orange Counties. TAN Healthcare is active in the community and partners with other health care providers to ensure a continuity of care and access to specialty care services.

Services include primary health care services, HIV/STD and Hepatitis education, prevention services, screening and treatment services and patient navigation services for all

clients accessing and utilizing the community health care system.

Triangle Area Network (TAN Healthcare) proporciona servicios preventivos y de atención primaria a clientes que residen en el sureste de Texas incluyen los condados de Jefferson (Beaumont), Hardin y Orange. En TAM Healthcare participamos activamente con las comunidades y estamos asociados con otros prestadores de servicios médicos para asegurar la continuación de cuidado de salud y atención especializada.

Nuestros servicios proporcionan cuidado de salud básica, educación sobre infecciones virales como el VIH/ITS y Hepatitis, servicios de prevención, pruebas y tratamiento médico. Contamos con servicios adicionales los cuales incluyen asistencia de vivienda, programa de referencias, asesoramiento al paciente y servicios de transporte para todos los clientes que acceso y utilizan nuestro sistema de salud comunitario.

UNITED WAY OF GREATER HOUSTON



50 Waugh Drive
Houston, TX 77007

MAIN (713) 685-2300
WEB www.unitedwayhouston.org
EMAIL help@unitedwayhouston.org



211 Texas/United Way Helpline

HELPLINE 2-1-1
LEGEND All, Free, Esp
WEB http://referral.unitedwayhouston.org/
HOURS 24 hours

Need help? Dial 2-1-1. A free helpline operated by United Way of Greater Houston - 24 hours a day, 7 days a week in many languages. Whether you need help finding child care, food stamps, care for an aging parent or a haven from domestic violence, 2-1-1 is the number to call when you don't know who to call. Trained HELPLINE specialists are good listeners, blending understanding and expertise to provide information and referrals from a comprehensive database of social services.

There are many community programs that can provide help during the COVID-19 pandemic. These may be found in the resource database or you can search programs established specifically for the COVID-19 response.

Línea de Ayuda United Way / Texas 211

¿Necesita ayuda? Marque el 2-1-1. Una línea de ayuda gratuita operada por United Way of Greater Houston - 24 horas al día, 7 días a la semana en varios idiomas. Ya sea que necesite ayuda para encontrar cuidado para niños, estampas de alimentos, cuidado para un familiar de edad avanzada o un santuario contra violencia doméstica, 2-1-1 es el número al que debe llamar cuando no sepa a quién llamar. Los especialistas capacitados de la línea de ayuda saben escuchar, mezclan el entendimiento y experiencia para proporcionar información y referencias a partir de una completa base de datos de servicios sociales.

Hay muchos programas comunitarios que pueden brindar ayuda durante la pandemia de COVID-19. Estos se pueden encontrar en la base de datos de recursos o usted puede buscar programas establecidos específicamente para la

respuesta ante el COVID-19. La base de datos de The United Way también está disponible en línea:
<http://referral.unitedwayhouston.org/>

UNIVERSITY EYE INSTITUTE



4901 Calhoun Road
Houston, TX 77204-2020

Mailing address
505 J. Davis Armistead Bldg.
Houston, TX 77204-2020

MAIN (713) 743-2020
FAX (713) 743-0963
WEB <https://www.opt.uh.edu/patient-care/uei/>



NEIGHBORHOOD (C) Third Ward
BUS ROUTES 25, 80, METRO light rail

LEGEND All, S\$, Med, Ins, CHIP, Appt req, Esp
HOURS Mon-Fri, 8am-6pm
NEED FOR INTAKE Photo ID, Insurance card, Proof of residence, ID or birth certificate for all family members, Proof of household income.

Comprehensive eye and vision care. Medical treatment of most eye disease. Advanced visual function and eye health testing.

The University Eye Institute (UEI) offers ophthalmic services that range from comprehensive vision examinations, to the medical and surgical management of eye disorders. Patients are seen by highly trained optometrists and ophthalmologists, with expertise in every area of eye care. Our faculty, many of which are known nationally or worldwide for their contributions to the field, have access to advanced diagnostic instruments in over 80 exam rooms and 30 specialized testing areas, ensuring that our patients receive quality care, utilizing the latest in vision technology.

El Instituto Universitario de Ojos (University Eye Institute, UEI) ofrece servicios oftálmicos que van desde exámenes completos de la vista hasta tratamiento médico y quirúrgico de trastornos oculares. Los pacientes son atendidos por optómetras y oftalmólogos altamente capacitados, con experiencia en todas las áreas de la atención oftalmológica. Nuestro cuerpo docente, siendo muchos de sus miembros reconocidos a nivel nacional o mundial por sus contribuciones al campo, tiene acceso a instrumentos de diagnóstico avanzados en más de 80 salas de examen y 30 áreas de pruebas especializadas, lo que garantiza que nuestros pacientes reciban atención de calidad, utilizando lo último en tecnología de la visión. Se ofrecen intérpretes para los servicios del cuidado de la visión.

UNIVERSITY OF HOUSTON HEALTHY START PROGRAM



MAIN (713) 743-5500
WEB www.uh.edu/socialwork/New_research/maternal-health-equity-research-and-training-center/healthy-start/
EMAIL his@central.uh.edu



NEIGHBORHOOD (C) Third Ward
LEGEND African American W & M, Free, Lim

Healthy Start is a national program that helps improve the lives of mothers, infants, and families before, during and beyond pregnancy. Through coordinated care case management, home visits and outreach and education Healthy Start seeks to reduce infant and maternal mortality rates, increase access to prenatal care and remove barriers to service. Houston has high rates of infant and maternal mortality with black mothers being most at risk.

This free, confidential program also offers support for fathers, men's health education, man-to-man support, how to be a more involved father, education and referrals.

Clients referred to UH Healthy Start will receive program incentives, in-home case management services and will be navigated through health care and community resources based on eligibility and need. Eligibility requirements: Non-pregnant but of childbearing age, pregnant, postpartum and parenting (child is under 18 months); fathers residing in one of the 10 zip codes are eligible for fatherhood education and referrals; live in zip codes: 77004, 77016.

UNIVERSITY SPEECH-LANGUAGE-HEARING CLINIC: A UNITED WAY AGENCY

4455 Cullen Boulevard
Houston, TX 77004

Mailing address
100 Clinical Research Center
Houston, TX 77204-6018

MAIN/INTAKE..... (713) 743-0915
FAX (713) 743-2926
WEB www.uh.edu/class/comd/slhc
EMAIL..... USLHC@uh.edu



NEIGHBORHOOD..... (C) Third Ward
BUS ROUTES 25, 29

LEGEND..... All (age 3 & up), S\$, Appt req, Esp
HOURS Monday-Fri, 8am-5pm

COVID-19 RESTRICTIONS: USLHC is closely monitoring the outbreak of COVID-19 (coronavirus). At this time, the USLHC is providing speech/language services (evaluations and therapy) primarily through telepractice and in-person upon request. Telepractice is the delivery of speech and language services using interactive technologies (use of audio, video or other electronic communications) between a practitioner and a client/patient who are not in the same physical location. These technologies may include, but are not limited to video, phone, and email. Audiology services are provided in-person; however, an appointment must be made ahead of time. No walk-in services are provided at this time.

RESTRICCIONES POR COVID-19: En este momento, la USLHC presta servicios del habla y el lenguaje (evaluaciones y terapia) principalmente a través de la telepráctica y en persona a pedido. La telepráctica es la prestación de servicios del habla y el lenguaje utilizando tecnologías interactivas (uso de audio, video u otras comunicaciones electrónicas) entre un médico y un cliente/paciente que no se encuentran en la misma ubicación física. Estas tecnologías pueden incluir, entre otros, video, teléfono y correo electrónico. Los servicios de audología se prestan en persona; sin embargo, se debe concertar una cita con anticipación. No se prestan servicios sin cita previa en este momento.

The University Speech-Language-Hearing Clinic (USLHC) provides services to infants, children, and adults with speech,

language, and/or hearing impairments. These services include testing and treatment and are provided by graduate student clinicians under the supervision of licensed and certified speech-language pathologists and audiologists.

La Clínica Universitaria del Habla, el Lenguaje y la Audición (University Speech-Language-Hearing Clinic, USLHC) presta servicios a bebés, niños y adultos con impedimentos del habla, el lenguaje y/o auditivos. Estos servicios incluyen pruebas y tratamiento y son proporcionados por estudiantes clínicos de posgrado bajo la supervisión de patólogos y audiólogos del habla y el lenguaje certificados y autorizados.

Speech and Language Services

Pediatric diagnostic and therapy services for a variety of communication disorders, namely articulation, fluency, voice, language, social skills, and literacy are provided via telepractice or in-person in individual and/or group settings. Evaluation and therapy services are available to adults who develop disorders of speech, voice, language, or cognition in adulthood (e.g., due to stroke, disease, or brain injury). Individual and groups sessions are provided through telepractice or in-person.

Servicios del habla y el lenguaje

Los servicios pediátricos de diagnóstico y terapia para una variedad de trastornos de la comunicación, a saber, articulación, fluidez, voz, lenguaje, habilidades sociales y alfabetización, se prestan a través de telepráctica o en persona en entornos individuales y/o grupales. Los servicios de evaluación y terapia están disponibles para adultos que desarrollan trastornos del habla, la voz, el lenguaje o la cognición en la edad adulta (p. ej., debido a un accidente cerebrovascular, una enfermedad o una lesión cerebral). Las sesiones individuales y grupales se ofrecen mediante telepráctica o en persona.

Hearing/Audiology Services

Evaluations and consultations are available to adults and children ages 2 and older. Recommendations for amplification are made based on the type and severity of hearing loss. Greatly reduced fees on evaluations and hearing aids are available to low-income persons through the Hearing Aid Assistance Program (HAAP), a United Way funded program.

Servicios de audición/audiología

Las evaluaciones y consultas están disponibles para adultos y niños mayores de 2 años. Las recomendaciones para amplificación se basan en el tipo y la gravedad de la pérdida auditiva. Hay tarifas muy reducidas disponibles en evaluaciones y audífonos para personas de bajos ingresos a través del Programa de Asistencia para Audífonos (HAAP), un programa financiado por United Way.

UNLIMITED VISIONS AFTERCARE, INC.

5527 Lawndale
Houston, TX 77023

MAIN (713) 921-2276
FAX (713) 921-7466
WEB www.unlimitedvisions.org
EMAIL uva@unlimitedvisions.org



Since 1996, Unlimited Visions Aftercare has been on a mission to provide a highly effective and evidence based care in an outpatient and residential environment that meets the spiritual, physical, and emotional needs of adults, adolescents, and their families who struggle with substance use disorders

(SUD) while gaining a better quality of life on the journey of recovery.

Drug and alcohol addiction is a very serious problem that has dramatic effects on not only the addict, but his/her friends, family and loved ones. When someone is struggling with drug/alcohol addiction, his/her loved ones often do not know the proper steps to help them and take care of their needs. Unlimited Visions Aftercare, Inc. is here to help meet the need and transform their vision of recovery into reality.

Adolescent Residential and Outpatient

907 Preston
Pasadena, TX 77503

MAIN (713) 534-8191
FAX (713) 534-0036

LEGEND..... Y, CD, S\$, Med, Ins, Esp
Residential and outpatient treatment for adolescents ages 13-17. Call for intake.

Tratamiento residencial y ambulatorio para adolescentes de 13 a 17 años. Llame para admisión.

Baytown Outpatient

313 Highway 146 South
Baytown, TX 77520

MAIN (281) 427-8786
FAX (281) 427-8967

LEGEND..... Adults, CD, Homeless, IRR, S\$, Med, Ins
HOURS Mon-Thur, 9am-9pm; Sat 9am-12pm

Individual counseling, flexible group counseling, family education, HIV/STD education, life skills, sober activities.

Houston Outpatient

5527 Lawndale
Houston, TX 77023

MAIN (713) 921-9185
FAX (713) 921-3855

LEGEND..... Adults, CD, Homeless, IRR, S\$, Med, Ins, Esp
HOURS Mon-Thur, 9am-9pm; Sat 9am-12pm

Individual counseling, flexible group counseling, family education, HIV/STD education, life skills, sober activities. I

Asesoramiento individual, asesoramiento grupal flexible, educación familiar, educación sobre VIH / ETS, habilidades para la vida, actividades sobrias. Llame para admisión.

Recovery Support Services & Youth Recovery Community

5519 Lawndale
Houston, TX 77023

MAIN (713) 923-1786
FAX (713) 923-1797

LEGEND..... All, Fam, CD, Homeless, IRR, Free
HOURS Mon-Sat, 9am-10pm

Face to face and telephone recovery coaching, recovery support groups and education services, re-entry support, recovery wellness planning, alcohol and drug education services, GED prep and job readiness, life skills, employment skills building, health and wellness support, referral services, sober activities. Call for information.

UT HEALTH SCIENCE CENTER AT HOUSTON



6410 Fannin St. Suite 500
Houston, TX 77030-1501

Mailing address
6431 Fannin St., MSB 3.126
Houston, TX 77030-1501

MAIN (832) 325-6516
FAX (713) 512-2232
24-HR NURSE HELP LINE (713) 486 8876



NEIGHBORHOOD (C) Medical Center
BUS ROUTES 28, 56, METRO light rail

LEGEND M, W, Y, C, Fam, Immigrants, Free, Med, Ryan White, Ins, Appt req, **HIV+ only**, Esp
HOURS Varies, Call for appointment

Provides family centered, compassionate, accessible, culturally sensitive and individualized medical care/management services to children and youth ages 0 to 24 years of all ethnic groups. Appointment is required. Bilingual (English/Spanish) staff on site and by phone.

UT Health Science Center at Houston es un centro de atención médica individualizado además de Servicio Social para población de 0 a 24 años de edad. Somos un centro de atención médica sensible a las necesidades de todos los diferentes grupos étnicos y culturales. Se atiende por citas y tenemos personal disponible en Español y English, en persona o disponible por teléfono.

UT HEALTH-HOUSTON CENTER FOR NEUROBEHAVIORAL RESEARCH ON ADDICTIONS



Behavioral and Biomedical Sciences Building
1941 East Road, 1st Floor
Houston, TX 77054-6010

MAIN (713) 486-2800
FAX (713) 486-2807
WEB <https://med.uth.edu/psychiatry/research/centers/addiction/>

EMAIL ms.CNRAResearch@uth.tmc.edu

NEIGHBORHOOD (C) Medical Center
BUS ROUTES 87

LEGEND Adults, Free, Appt/Walk-ins, CD, IRR
HOURS Mon-Fri, 8am-4:30pm

The CNRA, formerly The Substance Abuse Research Center, is a research facility that studies pharmacological and behavioral therapies to reduce drug abuse.

Medication clinical trials for chemical dependency. Behavioral therapy and/or clinical management. Majority of programs are funded by the National Institute on Drug Abuse. Participants must be screened and evaluated to determine eligibility.

WEST HOUSTON ASSISTANCE MINISTRIES, INC.



10501 Meadowglen Ln.
Houston, TX 77042

MAIN (713) 780-2727
FAX (713) 783-0761

WEB www.whamministries.org
EMAIL wham@whamministries.org



NEIGHBORHOOD (W) Westchase
AREA SERVED Zip codes 77042, 77057, 77063, 77072,
77077, 77082 and 77083
BUS ROUTES 25

LEGEND M, W, Fam, Free, Appt/Walk-ins, Esp
CLIENT SERVICES HOURS Mon-Fri, 10am-1pm
NEED FOR INTAKE Photo ID, Proof of income and
residence, ID for children

COVID-19 RESTRICTIONS: Food: Mon, Wed, Fri 9:30 am.
Drive-thru once per week, all zip codes welcome. Financial
Assistance: Mon-Wed, 10am-2pm. Phone interview, keep
calling until you get through. Employment Assistance: Mon-
Fri, 10am-2pm. Call 713-780-2727 ext. 400 or email
chet.bernard@whamministries.org, all zip codes welcome.
Email us at clientservices@whamministries.org to receive
information and the link for online registration.

Provides food; clothing and household items; financial
assistance with rent/mortgage, utilities and prescriptions; job
lab (phone, fax, resume writing, job leads); and volunteer
opportunities for those willing to receive instruction and
committed to carry out the objectives of the ministry.

*Se ofrece comida, ropa, y artículos para la casa; asistencia
financiera para la renta/hipoteca, luz/gas de la casa, recetas
médicas; centro para la búsqueda del empleo (teléfono, fax,
preparación de curriculum vitae, ideas sobre empleos
disponibles); y oportunidades para voluntarios dispuestos a
recibir instrucciones y comprometerse a los objetivos del
ministerio. Asistencia de cámara para alimentos y ropa son
disponibles de lunes al viernes de 10 am a 2 pm. Citas son
necesarios para financieros Asistencia, que incluyen alquiler,
servicios públicos, gafas y recetas. Algunas restricciones se
aplican a estos programas.*

WOODSEDGE COMMUNITY CHURCH



Threads of Nissi Food & Clothing Pantry

25333 Gosling Road
Spring, TX 77389

MAIN (281) 364-0415
FAX (281) 398-6086
WEB www.woodsedge.org
EMAIL threads@woodsedge.org

LEGEND All, Flat fee, Walk-ins, Lim
HOURS Wed, 11am-1:30pm; Thur, 5pm-7:30pm
NEED FOR INTAKE Short questionnaire, Photo ID,
ID for children (birth certificate, ins or Medicaid
card - Social security cards are not accepted)

COVID-19 RESTRICTIONS: The food pantry is currently drive
thru and only open on Wednesdays from 11am-1:30pm. We
are able to serve a maximum of 100 families a week, food is
free. We are not accepting food or clothing donations at this
time.

RESTRICCIONES POR COVID-19: La despensa de
alimentos funciona en la actualidad desde el automóvil y solo
abre los miércoles de 11 a. m. a 1:30 p. m. Podemos atender
a un máximo de 100 familias por semana; los alimentos son
gratuitos. No aceptamos donaciones de alimentos o ropa en
este momento.

Each family receives a large box of food containing
perishables and non-perishable items (retail value of \$50-
\$75). For a nominal fee (currently \$2 per person) shoppers
are allowed to shop for clothing for household members for 15
minutes. Shoppers are allowed 4 tops, 4 bottoms, 1 coat, 1
dress/suit, 1 pair of shoes, 2 miscellaneous items (pajamas,
belt, scarf, purse, socks, bra, etc.), 1 household item, 1 toy for
each child, and 30 pieces for babies 0-18 months. Limited to
35 families per shopping day.

*Cada familia recibe una caja grande de alimentos que
contiene artículos perecederos y no perecederos. Por una
cuota nominal (actualmente \$2 por persona), se permite que
los compradores compren ropa para miembros de la familia
por 15 minutos. Se permiten 4 prendas superiores, 4
inferiores, 1 abrigo, 1 vestido/traje, 1 par de zapatos, 2
artículos misceláneos (pajamas, cinturón, bufanda, bolsa,
calcetines, sostén, etc.), 1 artículo doméstico, 1 juguete para
cada niño, y 30 piezas para bebés de 0 a 18 meses por
comprador. Limitado a 35 familias por día de compra.*

WORKFAITH CONNECTION



WEB www.workfaithconnection.org



LEGEND Adults, Free, Walk-ins
HOURS Mon-Fri, 7:30am-4pm
NEED FOR INTAKE State ID, Social Security card

All of our employment services are offered for free and we are
committed to working with you to find employment through
traditional job search coaching and through our matching and
placement services.

The Workfaith Connection assists job search ready adults in
attaining long term employment through faith-based coaching,
trainings and workshops. Our Christ-centered values paired
with our highly-structured program help clients increase their
value and confidence which is needed for successful transition
back into the workforce.

Main Office

4555 Dacoma Street, Suite 200
Houston, TX 77092

MAIN/INTAKE (713) 984-9611
FAX (713) 476-9706

NEIGHBORHOOD (NW) Lazybrook
BUS ROUTES 89

Main Street Ministries

5100 Travis Street
Houston, TX 77002

MAIN/INTAKE (281) 833-3435
FAX (281) 833-3460

NEIGHBORHOOD (C) Third Ward
BUS ROUTES 65

Star of Hope Transitional Center

2575 Reed Road, A206
Houston, TX 77051

MAIN/INTAKE (281) 674-7383
FAX (713) 554-3933

NEIGHBORHOOD (S) Sunnyside
BUS ROUTES 87

SOCIAL SECURITY PROGRAMS FOR PEOPLE LIVING WITH HIV PROGRAMAS DEL SEGURO SOCIAL PARA PERSONAS VIVIENDO CON VIH

If you are living with HIV and cannot work, you may qualify for disability benefits from the Social Security Administration. Your disability must be expected to last at least a year or end in death, and must be serious enough to prevent you from doing substantial gainful work. The amount of earnings considered substantial and gainful changes each year. For the current figure, refer to the Annual Update (Publication No. 05-10003).

If your child is living with HIV, he or she may be able to get Supplemental Security Income (SSI) if your household income is low enough.

Si usted vive con el VIH y no puede trabajar, podría tener derecho a beneficios por incapacidad de la Administración del Seguro Social. Su incapacidad debe durar por lo menos un año o se espera que resulte en fallecimiento y debe ser bastante seria para impedirle realizar un trabajo sustancial. La cantidad de ganancias que se consideran cambios sustanciales y lucrativos cada año. Para la cantidad actual, consulte la publicación Anual Cambios (publicación número 05-10933).

Si su niño está viviendo con el VIH, él o ella puede tener derecho a recibir Seguridad de Ingreso Suplementario (SSI) si sus ingresos familiares son bastante bajos.

How do I contact Social Security?

The fastest, easiest way to make an appointment to file a claim, start direct deposit, replace a lost or stolen Social Security card, change your address, ask about Medicare or an overdue check, verify your benefits, get answers to general questions and lots more is to call:

1-800-772-1213 TTY: 1-800-325-0778

This service is available 8:00 a.m. - 7:00 p.m. Monday through Friday.

Social Security is also available online. A lot of good program information is available on the website:

www.ssa.gov

Once you have filed a claim for benefits, you will be given the name and phone number of your Social Security claims representative. You may call your representative before you receive a notice of award. After you receive the notice of award, you should call the toll-free service.

¿Cómo me pongo en contacto con el Seguro Social?

La manera más fácil y rápida de hacer una cita para someter un reclamo, iniciar depósito directo, reemplazar una tarjeta perdida del Seguro Social, cambiar su dirección, verificar sus beneficios. obtener respuestas a preguntas generales es llamando al:

1-800-772-1213 TTY: 1-800-325-0778

Este servicio está disponible de 8:00 a.m. a 7:00 p.m. de lunes a viernes.

El Seguro Social también está disponible en línea. Aquí podrá encontrar mucha información sobre sus programas:

www.ssa.gov

Una vez que Ud. someta un reclamo para obtener beneficios le darán el nombre y el número telefónico de un representante del Seguro Social. Puede llamar al representante antes de recibir su notificación de beneficios. Después de recibir la notificación de adjudicación, debe llamar al servicio de llamadas gratuitas.

Benefits Paid Under Two Programs

Disability benefits are paid under two programs: the Social Security disability insurance program (SSD) for people who paid Social Security taxes; and the Supplemental Security Income program (SSI) for people who have little income and few resources. If your Social Security benefits are very low and you have limited income and resources, you may qualify for benefits from both programs.

Both programs provide ongoing monthly income to people who are no longer able to work due to their medical condition. You must be disabled to qualify for benefits from either program. You can find out in advance if you would be entitled to receive SSD, and how much you would receive each month if you became disabled today, by contacting the Social Security Administration by phone or online and requesting an "Earnings & Benefits Statement."

Beneficios Que Se Pagan Bajo Dos Programas

Los beneficios por incapacidad se pagan bajo dos programas: el programa de seguro de incapacidad del Seguro Social para personas que pagaron impuestos de Seguro Social; y el programa de SSI para personas que tienen pocos ingresos y recursos. Si sus beneficios de Seguro Social son muy bajos, y usted tiene ingresos y recursos limitados, podría tener derecho a recibir beneficios de ambos programas.

Ambos programas proveen pagos mensuales a personas que no pueden trabajar debido a su condición médica. Aunque el SSD y el SSI son programas distintos, ambos requieren que el individuo esté incapacitado para recibir beneficios. Se puede averiguar anticipadamente el pago mensual del SSD al cual tendría derecho de recibir si se incapacitara hoy, poniéndose en contacto con la Administración del Seguro Social (SSA) por teléfono o en línea y solicitando una "Declaración de Beneficios e Ingresos."

How do I Qualify for Social Security Disability Benefits?

When you work and pay Social Security taxes, you earn Social Security credits. (Most people earn the maximum of four credits a year.) The number of years of work needed for disability benefits depends on how old you are when you become disabled. Generally, you need five years of work in the 10 years before the year you become disabled. Younger workers need fewer years of work. If your application is approved, your first Social Security disability benefit will be paid the sixth full month after the date your disability began.

Federal law requires anyone applying for SSD here in the US to be a US citizen or a legal alien; anyone applying for SSI must be a US citizen or a qualified alien. Contact an SSA representative at 1-800-772-1213 to obtain the most current definition of "qualified alien."

What will I get from Social Security?

The amount of your monthly benefit depends on how much you earned while you were working. You will also qualify for Medicare after you have been getting disability benefits for 24 months. Medicare helps pay for hospital and hospice care, lab tests, home health care and other medical services. For more information on Medicare, contact Social Security and ask for the publication, Medicare (Publication No. 05-10043).

How do I Qualify for SSI Disability Payments?

If you have not worked long enough to get Social Security or your Social Security benefits are low, you may qualify for SSI payments if your total income and resources are low enough.

If you get SSI, you most likely will be eligible for the Supplemental Nutrition Assistance Program (SNAP) and Medicaid. Medicaid takes care of your medical bills while you are in the hospital or receiving outpatient care. In some states, Medicaid pays for hospice care, a private nurse and prescription HIV drugs. For more information about Medicaid, contact your local social services office.

Benefits will be reduced if you receive money from private disability, interest, dividends, friends or relatives. Your living situation can also affect benefits. Unless replaced by higher SSD payments, SSI continues for as long as SSA determines that you are disabled.

¿Cómo Tengo Derecho a Beneficios del Seguro Social por Incapacidad?

Cuando usted trabaja y paga impuestos del Seguro Social, gana créditos de Seguro Social. (La mayoría de las personas ganan un máximo de cuatro créditos al año.) El número de años de trabajo necesario para tener derecho a beneficios por incapacidad depende de su edad cuándo usted se incapacitó. Por lo general, usted necesita haber trabajado cinco años en los 10 años precedentes al año en el que se incapacitó. Trabajadores más jóvenes necesitan haber trabajado menos años. Si su solicitud es aprobada, su primer beneficio de Seguro Social por incapacidad se pagará para el sexto mes completo después de la fecha en que su incapacidad comenzó.

La ley federal requiere que cualquier persona quien esté solicitando para el SSD aquí en los Estados Unidos sea un ciudadano estadounidense o inmigrante legal; cualquier persona solicitando el SSI debe ser un ciudadano estadounidense o inmigrante calificado. Llame a un representante de la SSA al 1-800-772-1213 para obtener la definición más reciente de "inmigrante calificado."

¿Qué recibiré del Seguro Social?

La cantidad de su beneficio mensual depende de cuánto usted ganó mientras estuvo trabajando. Usted también tendrá derecho a Medicare después de haber recibido beneficios por incapacidad durante 24 meses. Medicare le ayuda a pagar sus gastos de hospital y cuidado de hospicio, análisis de laboratorio, servicio de cuidado de la salud en el hogar y otros gastos de servicios médicos. Para informarse mejor sobre Medicare, comuníquese con Seguro Social y pida la publicación Medicare (publicación número 05-10943).

¿Cómo Tengo Derecho a Recibir Beneficios de SSI por Incapacidad?

Si usted no ha trabajado suficiente tiempo para recibir Seguro Social o sus beneficios de Seguro Social son bajos, usted podría tener derecho a recibir pagos de SSI si sus ingresos y recursos totales son suficientemente bajos.

Si obtiene SSI, lo más probable es que sea elegible para el Programa de Asistencia de Nutrición Suplementaria (SNAP) y Medicaid. Medicaid se encarga de sus cuentas médicas mientras está en el hospital o recibe atención ambulatoria. En algunos estados, Medicaid paga por cuidados paliativos, una enfermera privada y medicamentos recetados contra el VIH. Para obtener más información sobre Medicaid, comuníquese con la oficina local de servicios sociales.

Se reducirán sus beneficios si Ud. recibe dinero de un fondo privado de incapacidad, interés bancario, amigos o parientes. A no ser que sea reemplazado por los pagos del SSD, el SSI continúa mientras que la SSA le considere incapacitado.

How do I File for Benefits?

It is generally a good idea to apply for SSI/SSD as soon as you decide, in consultation with your doctor, that you are too ill to continue.

If you file for benefits while you are still working, SSA must determine if the work you are doing is “substantial gainful activity” (SGA). SGA means physical or mental work that you are paid to do. Even part-time work can be “substantial.” SSA does consider impairment related work expenses, subsidy by the employer and unsuccessful work attempts. If SSA determines that you are performing SGA, a medical decision will not be made and your claim will be denied. Only an SSA representative can determine if your work is SGA.

You are encouraged to apply for benefits online at www.socialsecurity.gov, or you can call the toll-free number, 1-800-772-1213 (for the deaf or hard of hearing, call the TTY number, 1-800-325-0778), to make an appointment to file a disability claim at your local Social Security office or to set up an appointment for someone to take your claim over the telephone. The disability claims interview lasts about one hour. All calls are treated confidentially, and a second Social Security representative monitors some telephone calls because we also want to make sure you receive accurate and courteous service.

Most hospitals and clinics have social workers on staff who can help you apply for SSI/SSD while you are hospitalized or visiting the clinic. And in very rare instances, SSA field representatives can conduct the interview and complete the application in your home.

How do you Decide my Claim?

Applications received from people with HIV are processed as quickly as possible. Social Security works with an agency in each state called the Disability Determination Services. The state agency will look at the information you and your doctor have provided and decide if you qualify for benefits.

You could receive SSI benefits right away for up to six months before a final decision is made on your claim if:

- ✓ You are not working;
- ✓ You meet the SSI rules about income and resources; and
- ✓ Your doctor or other medical source certifies that your HIV is severe enough to meet our medical eligibility rules.

¿Cómo Solicito Beneficios?

general es buena idea solicitar el SSD/SSI en el momento en que uno decide, consultando con su doctor, que está demasiado enfermo para trabajar.

Si solicita beneficios mientras está trabajando, la SSA deberá determinar si el trabajo que hace Ud. es una “actividad gananciosa sustancial” (SGA). SGA se refiere al trabajo físico o mental al cual se le paga a Ud. El trabajo de medio tiempo puede ser “sustancial.” SSA considera costos relacionados con la incapacidad del trabajo, subsidio del empleador y fracasos tentativos de trabajo. Si la SSA determina que está llevando a cabo la SGA, una decisión médica no será necesaria y su solicitud será rechazada.

Se le invita a solicitar beneficios en línea en www.socialsecurity.gov o puede llamar al número gratuito 1-800-772-1213 (para personas sordas o con dificultades auditivas, llame al número de TTY, 1-800- 325-0778), para hacer una cita para presentar una reclamación por incapacidad en su oficina local del Seguro Social o para establecer una cita para que alguien tome su reclamo por teléfono. La entrevista de reclamaciones de discapacidad dura aproximadamente una hora. Todas las llamadas son tratadas confidencialmente y un segundo representante del Seguro Social vigila algunas llamadas telefónicas porque también queremos asegurarnos que reciba un servicio preciso y cortés.

La mayoría de los hospitales y clínicas tienen trabajadores sociales disponibles para ayudarlo con su solicitud del SSD/SSI mientras que esté hospitalizado o visitando la clínica. También, en algunos casos excepcionales, la SSA tiene representantes que pueden entrevistarlos y llenar la solicitud en su casa.

¿Cómo Decide el Seguro Social Sobre mi Reclamación?

Todas las solicitudes recibidas de personas con VIH son tramitadas lo más pronto posible. El Seguro Social trabaja junto a la Agencia de Determinación de Incapacidad (en inglés, Disability Determination Services) en cada estado. La agencia estatal revisará la información que usted y su doctor nos facilitó y decide si usted tiene derecho a recibir beneficios.

Usted podría recibir beneficios de SSI inmediatamente por hasta seis meses antes de tomar una decisión final en su caso si:

- ✓ Usted no está trabajando;
- ✓ Usted cumple con las reglas de SSI sobre ingresos y recursos; y
- ✓ Su doctor u otra fuente médica certifica que su VIH es bastante grave para cumplir con nuestras reglas de elegibilidad médica.

SOCIAL SECURITY PROGRAMS / PROGRAMAS DEL SEGURO SOCIAL

Required Documents

Use the following checklist to get ready for your appointment or when filing online. SSA will need this information to complete your application for SSD or SSI. You should have as much of the following information as possible ready for your interview.

Keep your appointment, even if you do not have all of the information. They will help you get any missing information.

Documentos Requeridos

Utilice la siguiente lista de verificación para prepararse para su cita o para presentar su solicitud en línea. La oficina de la SSA necesita esta información para completar su solicitud del SSD o SSI. Usted debe reunir tanta información como sea posible para su entrevista. Use la lista a continuación para llevar cuenta de la información que necesita.

Cumpla con su cita. No demore en solicitar, aunque no tenga toda la información. Ellos le ayudarán a obtener cualquier información que falta.

CHECKLIST Adult Disability Interview	LISTA DE VERIFICACIÓN Entrevista de incapacidad adulto
<ul style="list-style-type: none"> <input type="checkbox"/> Medical records already in your possession. (They will help you get the rest of your medical records. Please bring whatever medical records you have to the interview). <input type="checkbox"/> Workers' compensation information, including the settlement agreement, date of injury, claim number, and proof of other disability awarded payment amounts. <input type="checkbox"/> Names and dates of birth of your minor children and your spouse. <input type="checkbox"/> Dates of all marriages and divorces. <input type="checkbox"/> Checking or savings account number, including the bank's 9-digit routing number, if you want Direct Deposit for your benefit checks. <input type="checkbox"/> Name, address, and phone number of a person we can contact if we are unable to get in touch with you. <input type="checkbox"/> Complete Medical release Form SSA-827 (<i>Authorization to Disclose Information to the Social Security Administration</i>), sign and date with witness signature and return it as directed. <input type="checkbox"/> If unable to file online, complete the "Medical and Job Worksheet – Adult" and bring to your interview. <p>Bring the Checklist items and information to your appointment or have them with you if your appointment is by telephone.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Expedientes médicos en su posesión. (Nosotros le ayudaremos a conseguir sus otros expedientes médicos. Por favor traiga consigo cualquier expediente médico en su posesión.) <input type="checkbox"/> Información sobre su compensación de trabajo, incluso el acuerdo de establecimiento, la fecha de la lesión, el número de reclamación y comprobante de las cantidades de otros pagos adjudicados por incapacidad. <input type="checkbox"/> Los nombres y fechas de nacimiento de sus niños menores y de su cónyuge. <input type="checkbox"/> Fechas de todos los matrimonios y divorcios. <input type="checkbox"/> Su número de cuenta de cheques o ahorros, incluso el número de ruta del banco de 9 dígitos, si desea que su cheque de beneficios se deposite por depósito directo. <input type="checkbox"/> El nombre, la dirección, y el número de teléfono de una persona con la que nos podamos comunicar si no podemos comunicarnos con usted. <input type="checkbox"/> Completar el formulario para divulgar información médica SSA-827 (<i>Autorización para divulgar información a la Administración del Seguro Social</i>), signo y fecha con la firma de los testigo y devuélvalo tal como indicado. <input type="checkbox"/> Si usted no puede solicitar a través del Internet, llene la «Hoja para recopilar información médica y del trabajo - adulto» y tráigala consigo a su entrevista. <p>Para su entrevista traiga los artículos e información en esta lista, o téngalos consigo si su entrevista se realizará por teléfono.</p>
<p>Work closely with your physician as he or she keeps records about your medical condition and completes the medical form required for SSI.</p> <p>Thorough and detailed records and answers to medical questions increase your chances for a quick approval. This is especially important if your doctor has limited experience treating HIV.</p>	<p>Es importante colaborar con su médico ya que él/ella mantiene al día su archivo médico y llena el formulario requerido para el SSI.</p> <p>Estando los documentos completos y detallados se aumentará la posibilidad que su solicitud sea aprobada rápidamente. Esto es aún más importante si su doctor no tiene mucha experiencia tratando a personas con el VIH.</p>

How can I Help Speed up my Claim?

You can help speed up the processing of your claim by having certain information when you apply. This includes:

- ✓ Your Social Security number and birth certificate and the Social Security numbers and birth certificates of any family members who may be applying for benefits; and
- ✓ A copy of your most recent W-2 form. (If you are applying for SSI, we also will need information about your income and resources; for example, bank statements, unemployment records, rent receipts and car registration.)

SSA also needs information about:

- ✓ The names and addresses of any doctors, hospitals or clinics you have been to for treatment;
- ✓ How HIV has affected your daily activities, such as cleaning, shopping, cooking, taking the bus, etc.; and
- ✓ The kinds of jobs you have had during the past 15 years.

Additionally, your doctor will be asked to complete a form about how HIV has affected you. You or your doctor can access form "SSA-4814" for adults or "SSA-4815" for children at www.ssa.gov/forms/index.html or you can call the 800 number to ask for the form. You should take the form to your doctor to complete and bring or send the completed form to Social Security.

If you are Denied

If your initial claim for SSI/SSD is denied, you have 60 days to file for "reconsideration." A reconsideration is a complete review of your claim by someone who did not take part in the first decision. SSA will look at everything submitted when the original decision was made, plus anything new. Most reconsiderations involve a review of your files without the need for you to be present.

If you disagree with the reconsideration decision, you may ask for a hearing. The hearing will be conducted by an administrative law judge who had no part in the original decision or the reconsideration. Before the hearing, SSA may ask you to clarify information about your claim. You can look at your file and give new information. At the hearing, the judge will question you and any witnesses you bring. Other witnesses, such as medical or vocational experts, may also give information at the hearing. You or your representative may question the witnesses.

If you are finally approved, you will receive the full amount of SSD/SSI that you would have been receiving monthly had you been approved sooner. If you exhaust all your appeals and are still denied, you can reapply if your medical condition worsens. SSA will send you detailed information about the appeals process if you are denied.

¿Cómo Puedo Ayudar en Acelerar mi Reclamación?

Usted puede ayudar en acelerar el proceso de su reclamación teniendo cierta información cuando solicita. Esto incluye:

- ✓ Su número de Seguro Social y certificado de nacimiento y los números de Seguro Social y certificados de nacimiento de cualquier otro miembro de su familia que podría estar solicitando beneficios; y
- ✓ Una copia de su formulario W-2 más reciente. (Si usted está solicitando SSI, también necesitaremos información sobre sus ingresos y recursos; por ejemplo, estado de cuentas bancarias, expediente del desempleo, recibos de alquiler y el registro de su automóvil.)

SSA también las necesidades de información sobre:

- ✓ Los nombres y las direcciones de cualquier doctor, hospital o clínica que usted haya visitado para obtener tratamiento;
- ✓ Cómo VIH ha afectado sus actividades diarias, así como hacer limpieza, hacer compra, cocinar, coger el autobús, etc.; y
- ✓ Los tipos de trabajo que usted ha desempeñado durante los últimos 15 años.

Además, se le pedirá a su médico que complete un formulario sobre cómo el VIH lo ha afectado. Usted o su médico pueden acceder al formulario "SSA-4814" para adultos o "SSA-4815" para niños en www.ssa.gov/forms/index.html o puede llamar al número 800 para solicitar el formulario. Debe llevar el formulario a su médico para completar y traer o enviar el formulario completado al Seguro Social.

Si es Rechazado

Si su solicitud inicial de SSI/SSD es denegada, tiene 60 días para presentar una "reconsideración". Una reconsideración es una revisión completa de su reclamo por alguien que no participó en la primera decisión. SSA mirará todo lo presentado cuando se tomó la decisión original, además de cualquier cosa nueva. La mayoría de las reconsideraciones implican una revisión de sus archivos sin la necesidad que usted esté presente.

Si no está de acuerdo con la decisión de reconsideración, puede solicitar una audiencia. La audiencia será realizada por un juez de derecho administrativo que no participó en la decisión original o en la reconsideración. Antes de la audiencia, la SSA puede pedirle que aclare la información sobre su reclamo. Usted puede ver su archivo y dar nueva información. En la audiencia, el juez le interrogará a usted y a los testigos que lleve. Otros testigos, como expertos médicos o vocacionales, también pueden dar información en la audiencia. Usted o su representante pueden interrogar a los testigos.

Si es aprobado finalmente, recibirá todo el dinero que hubiera recibido si el SSD/SSI lo hubiera aprobado antes. Si agota todos los procesos de apelación y aún no ha sido aprobado, puede volver a solicitar si su condición médica empeora. SSA le mandará información en detalle sobre el proceso de apelación si recibe una carta de rechazo.

What Happens if I Go Back to Work?

If you return to work, there are special rules that let your benefits continue while you work. These rules are important for people living with HIV who may be able to go back to work when they are feeling better.

If you have SSD and are interested in returning to work, you should contact an SSA representative to find out if you are eligible for a trial work period (TWP) or other work incentive program. Generally, the first nine months of work is considered a TWP and the nine months need not be consecutive. However, you cannot begin a TWP until after the five-month waiting period and after you receive your award letter, or your claim will be denied if the work is SGA. During your TWP, you will continue to receive full benefits. Entitlement to a TWP continues until you are no longer disabled by your medical condition or until you have worked nine months.

If SSA determines after the nine month TWP that your work is substantial gainful activity (SGA), then your benefits will stop.

If you have SSI, there is no TWP, but there are work incentives that can help you achieve a more independent lifestyle. Contact an SSA representative to talk about your options.

For more information on these rules, ask any Social Security office for a copy of the publication, Working While Disabled—How We Can Help (Publication No. 05-10095).

¿Qué sucede si regreso a trabajar?

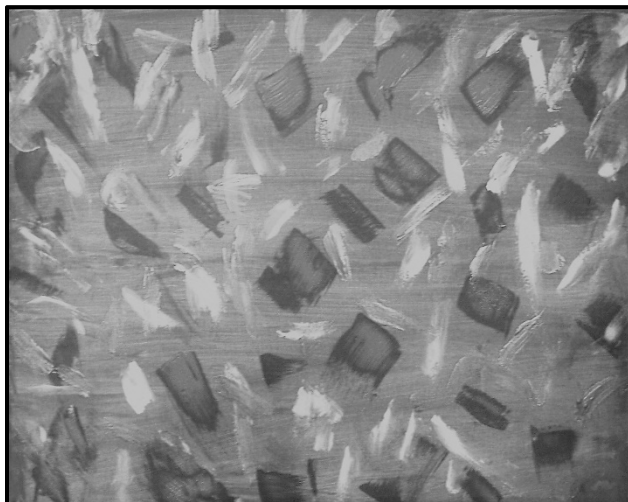
Si usted regresa a trabajar, hay reglas especiales que permiten la continuación de sus beneficios mientras usted trabaja. Estas reglas son importantes para personas que viven con VIH quienes pueden regresar a trabajar cuando se sienten mejor.

Si Ud. tiene el SSD y está interesado en regresar a trabajar, llame a la SSA para averiguar si es elegible para un período de trabajo a prueba (TWP) u otro programa de incentivo para el trabajo. Generalmente, los primeros nueve meses de trabajo se consideran como un TWP y ellos no tienen que ser consecutivos. Sin embargo, no puede comenzar un TWP hasta el quinto mes del período de espera y de haber recibido su carta de aceptación o su petición será rechazada si su trabajo clasifica como SGA. Durante su TWP, Ud. continuará recibiendo todos sus beneficios. Los privilegios a un TWP continúan hasta el momento de no estar más incapacitado debido a su condición médica o hasta que haya trabajado nueve meses. Llame a un representante del SSA para más información.

Si después de los nueve meses de TWP la SSA determina que su trabajo es SGA, entonces sus beneficios serán suspendidos.

Si Ud. tiene el SSI, no hay un TWP, pero sí habrá incentivos de trabajo que lo puedan ayudar a obtener un estilo de vida más independiente. Llame a un representante de la SSA para más información acerca de sus opciones.

Para informarse mejor sobre estas reglas, pida una copia de la publicación, Cómo podemos ayudarle si trabaja mientras está incapacitado (publicación número 05-10995) en cualquier oficina del Seguro Social.



Art by Brenda

Medicare & Medicaid / Medicare y Medicaid

MEDICARE

Medicare Coverage for People with Disabilities

Medicare is available for certain people with disabilities who are under age 65. These individuals must have received Social Security Disability benefits for 24 months or have End Stage Renal Disease (ESRD) or Amyotrophic Lateral Sclerosis (ALS, also known as Lou Gehrig's disease). There is a five month waiting period after a beneficiary is determined to be disabled before a beneficiary begins to collect Social Security Disability benefits. People with ESRD and ALS, in contrast to persons with other causes of disability, do not have to collect benefits for 24 months in order to be eligible for Medicare.

People who meet all the criteria for Social Security Disability are generally automatically enrolled in Parts A (hospital insurance) and B (supplemental medical insurance). People who meet the standards, but do not qualify for Social Security benefits, can purchase Medicare by paying a monthly Part A premium, in addition to the monthly Part B premium.

People who qualify for Social Security Disability benefits should receive a Medicare card in the mail when the required time period has passed. If this does not happen or other questions arise, contact the Social Security office.

Medicare coverage is the same for people who qualify based on disability as for those who qualify based on age. For those who are eligible, the full range of Medicare benefits are available. Coverage includes certain hospital, nursing home, home health, physician, and community-based services. The health care services do not have to be related to the individual's disability in order to be covered.

There are no illnesses or underlying conditions that disqualify people for Medicare coverage. Beneficiaries are entitled to an individualized assessment of whether they meet coverage criteria.

Medicare Special Needs Plans (SNP)

Medicare SNPs are a type of Medicare Advantage Plan (like an HMO or PPO). Premiums vary by company and plan. Medicare SNPs tailor their benefits, provider choices, and drug formularies to best meet the specific needs of the groups they serve. You can join a SNP at any time.

A SNP must limit membership to these groups: 1) people who live in certain institutions (like a nursing home) or who require nursing care at home, or 2) people who are eligible for both Medicare and Medicaid, or 3) people who have specific chronic or disabling conditions such as diabetes, End-Stage

MEDICARE

Cobertura Medicare para Personas con Discapacidades

Medicare está disponible para ciertas personas con discapacidades menores a 65 años. Estas personas deben haber recibido beneficios de Seguro Social por Discapacidad durante 24 meses o tener Enfermedad Renal en Etapa Terminal (ESRD) o Esclerosis Lateral Amiotrópica (ALS, también conocida como enfermedad de Lou Gehrig). Hay un período de espera de cinco meses después de que se determine que un beneficiario está discapacitado antes de que un beneficiario comience a cobrar beneficios de Seguro Social por Discapacidad. Las personas con ESRD y ALS, en contraste con las personas con otras causas de discapacidad, no tienen que cobrar beneficios por 24 meses para ser elegibles para Medicare.

Las personas que cumplen con todos los criterios de discapacidad del Seguro Social generalmente se inscriben automáticamente en las Partes A (seguro de hospital) y B (seguro médico adicional). Las personas que cumplan con los estándares, pero no califican para los beneficios del Seguro Social, pueden comprar Medicare pagando una prima mensual de la Parte A, además de la prima mensual de la Parte B.

Las personas que califican para los beneficios de Seguro Social por discapacidad deben recibir una tarjeta de Medicare por correo cuando haya transcurrido el periodo de tiempo requerido. Si esto no ocurre o si surgen otras preguntas, comuníquese con la oficina del Seguro Social.

La cobertura de Medicare es la misma para las personas que califican en base a la discapacidad como para aquellos que califican en función de la edad. Para aquellos que son elegibles, la gama completa de beneficios de Medicare está disponible. La cobertura incluye ciertos servicios hospitalarios, de ancianos, de salud en el hogar, médicos y comunitarios. Los servicios de salud no tienen que estar relacionados con la discapacidad del individuo para poder tener cobertura.

No hay enfermedades o condiciones subyacentes que descalifican a las personas para la cobertura de Medicare. Los beneficiarios tienen derecho a una evaluación individualizada sobre si cumplen los criterios de cobertura.

Planes de Necesidades Especiales (SNP) de Medicare

Los SNPs de Medicare son un tipo de Plan de Ventaja de Medicare (como un HMO o PPO). Las primas varían por compañía y plan. Los SNP de Medicare adaptan sus beneficios, las elecciones de proveedores y los formularios de medicamentos para satisfacer mejor las necesidades específicas de los grupos a los que atienden. Puede unirse a un SNP en cualquier momento.

Renal Disease (ESRD), HIV/AIDS, chronic heart failure, or dementia. Some plans may further limit membership.

Generally, you must get your care and services from doctors or hospitals in the Medicare SNP network, except for emergency or urgent care for a sudden illness or injury that needs medical care right away, or if you have ESRD and need out-of-area dialysis. Medicare SNPs typically have specialists in the diseases or conditions that affect their members and all SNPs must provide Medicare prescription drug coverage.

In most cases, SNPs may require you to have a primary care doctor, or the plan may require you to have a care coordinator to help with your health care. In most cases, you have to get a referral to see a specialist. Certain services, like yearly mammograms or an in-network pap test and pelvic exam (covered every other year), do not require a referral.

Plans should coordinate the services and providers you need to help you stay healthy and follow doctor's or other health care provider's orders. If you have Medicare and Medicaid, your plan should make sure that all of the plan doctors or other health care providers you use accept Medicaid.

Medicare Coverage for Working People with Disabilities

People who receive Social Security disability benefits are entitled to continue receiving Medicare as well as Social Security income during a maximum 9 month "trial work" period during any 5 year time period. To qualify, you must have gross earnings of at least \$940/month in 2021, or work more than 80 hours of self-employment per month. The nine months of the trial work period do not necessarily have to be consecutive. During the trial work period, the ability to perform such work will not disqualify you from being considered disabled and receiving Social Security and Medicare benefits. However, independent evidence that you are no longer disabled could end benefits during the trial work period. After the nine month trial work period has ended, the work performed during it may be considered in determining whether you are no longer disabled, and thus no longer eligible for Social Security income and Medicare benefits.

People who still have a disabling impairment but have earned income that meets or exceeds the "Substantial Gainful Activity" level can continue to receive Medicare health insurance after successfully completing a trial work period. The Substantial Gainful Activity level for 2021 is \$1,310/month, or \$2,190 for the blind. You will not pay a premium for the hospital insurance portion of Medicare (Part A) but will pay a premium for the supplemental medical insurance portion (Part B). If your employer has more than 100 employees, it is required to offer health insurance to individuals and

Un SNP debe limitar la membresía a estos grupos: 1) personas que viven en ciertas instituciones (como un asilo de ancianos) o que requieren cuidados de enfermería en el hogar, o 2) personas que son elegibles para Medicare y Medicaid, o 3) personas que tienen condiciones crónicas o discapacitantes específicas como diabetes, Enfermedad Renal en Etapa Terminal (ESRD), VIH/SIDA, insuficiencia cardíaca crónica o demencia. Algunos planes pueden limitar adicionalmente la membresía.

Por lo general, debe obtener atención y servicios de los médicos u hospitales de la red de SNP de Medicare, a excepción de la atención de emergencia o urgente para una enfermedad o lesión repentina que necesite atención médica de inmediato o si tiene ESRD y necesita diálisis fuera del área. Los SNP de Medicare por lo general tienen especialistas en las enfermedades o condiciones que afectan a sus afiliados y todos los SNP deben proporcionar cobertura de medicamentos recetados de Medicare.

En la mayoría de los casos, los SNP pueden requerir que usted tenga un médico de atención primaria, o el plan puede requerir que usted tenga un coordinador de cuidados para ayudar con su cuidado de la salud. En la mayoría de los casos, usted tiene que obtener una referencia para ver a un especialista. Ciertos servicios, como mamografías anuales o una prueba de Papanicolaou y examen pélvico en la red (cubiertos por lo menos cada tercer año), no requieren una referencia.

Los planes deben coordinar los servicios y los proveedores que necesita para ayudarlo a mantenerse saludable y seguir las órdenes del médico u otro proveedor de atención médica. Si usted tiene Medicare y Medicaid, su plan debe asegurar que todos los médicos del plan u otros proveedores de salud que use acepten Medicaid.

Cobertura de Medicare para Personas con Discapacidades que Trabajan

Las personas que reciben beneficios por incapacidad del Seguro Social tienen derecho a seguir recibiendo Medicare, así como los ingresos del Seguro Social durante un período máximo de "trabajo de prueba" de 9 meses durante cualquier período de tiempo de 5 años. Para calificar, debe tener ganancias brutas de por lo menos \$ 940 al mes en 2021, o trabajar más de 80 horas de empleo por cuenta propia al mes. Los nueve meses del período de trabajo de prueba no necesariamente tienen que ser consecutivos. Durante el período de trabajo de prueba, la capacidad de realizar tal trabajo no le descalificará de ser considerado discapacitado y recibir beneficios del Seguro Social y Medicare. Sin embargo, la evidencia independiente de que ya no es discapacitado podría terminar los beneficios durante el período de trabajo de prueba. Después de que el período de nueve meses de trabajo de prueba haya terminado, el trabajo realizado durante éste puede ser considerado para determinar si usted ya no es discapacitado y, por lo tanto, ya no califica para beneficios de Seguro Social y beneficios de Medicare.

Las personas que aún tienen un impedimento discapacitantes,

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spouses with disabilities, and Medicare will be the secondary payer. For smaller employers who offer health insurance to persons with disabilities, Medicare will remain the primary payer.

Working people with disabilities can continue to receive benefits as long as they remain medically disabled. At this point the individual – who must be under age 65 – will have to pay the premium for Part A as well as the premium for Part B. The amount of the Part A premium will depend on the number of quarters of work in which the individual or his spouse have paid into Social Security. People whose income is low, and who have resources under \$4,000 (\$6,000 for a couple), can get help with payment of these premiums under a state run buy-in program for Qualified Disabled and Working Individuals (QDWI).

pero que han obtenido ingresos que cumplan o exceden el nivel de "Actividad remunerada substancial", pueden continuar recibiendo seguro médico de Medicare después de completar satisfactoriamente un período de trabajo de prueba. El nivel substancial de actividad remunerada para 2021 es \$ 1,310 al mes, o \$ 2,190 para invidentes. No pagará una prima por la porción de seguro médico de Medicare (Parte A) pero pagará una prima por la porción de seguro médico adicional (Parte B). Si su empleador tiene más de 100 empleados, se requiere que ofrezca seguro de salud a individuos y cónyuges con discapacidades, y Medicare será el contribuyente secundario. Para los empleadores más pequeños que ofrecen seguro médico a las personas con discapacidades, Medicare seguirá siendo el principal contribuyente.

Las personas con discapacidades pueden seguir recibiendo beneficios mientras permanezcan con discapacidad médica. En este punto, el individuo - que debe ser menor a 65 años de edad - tendrá que pagar la prima de la Parte A, así como la prima de la Parte B. El importe de la prima de la Parte A dependerá del número de trimestres de trabajo en que la persona o su cónyuge han contribuido en el Seguro Social. Las personas cuyo ingreso es bajo y que tienen recursos por debajo de \$ 4,000 (\$ 6,000 por pareja), pueden obtener ayuda con el pago de estas primas bajo un programa estatal de participación para Personas Discapacitadas Calificadas y que Trabajan (QDWI).

MEDICAID

Medicaid is a state program administered by the Texas Department of Health and Human Services. Texas Medicaid covers many children, but coverage for adults is much more limited. Most low-income uninsured adults will not qualify for Medicaid. Those who can get Medicaid as an adult in Texas are low-income pregnant women, low-income women with breast or cervical cancer, very low-income adults caring for a child, former foster care children (ends at age 26), people age 65+ and people with disabilities who are below or near poverty, including people who need long-term care and people who get Supplemental Security Income (SSI). Medicaid pays some costs for low-income Medicare beneficiaries through the "Medicare Savings Program" and some working adults with disabilities can "Buy-In" to Medicaid.

Medicaid benefits include coverage for hospital and doctor's visits, prescription drugs, lab and x-ray charges, vision and hearing care, dental care, and much more. There are five Medicaid programs in Texas: STAR, STAR+PLUS, STAR Kids, STAR Health and Traditional Medicaid. The type of Medicaid coverage a person gets depends on where the person lives and what kind of health issues the person has.

MEDICAID

Medicaid es un programa estatal administrado por el Departamento de Salud y Servicios Humanos de Texas. Texas Medicaid cubre a muchos niños, pero la cobertura para adultos es mucho más limitada. La mayoría de los adultos no asegurados de bajos ingresos no califican para Medicaid. Aquellos que pueden obtener Medicaid como adulto en Texas son mujeres embarazadas de bajos ingresos, mujeres de bajos ingresos con cáncer de mama o de cuello uterino, adultos de muy bajos ingresos que cuidan a un niño, niños que estuvieron en un hogar temporal (termina a los 26 años) personas de 65 años y mayores con discapacidades que están por debajo o cerca de la pobreza, incluyendo personas que necesitan cuidado a largo plazo y personas que reciben Ingreso Suplementario de Seguridad [Supplemental Security Income (SSI)]. Medicaid paga algunos costos para los beneficiarios de Medicare de bajos ingresos a través del "Programa de Ahorros de Medicare" y algunos adultos que trabajan con discapacidades pueden "Participar" en Medicaid.

Los beneficios de Medicaid incluyen cobertura para visitas a hospitales y médicos, medicamentos recetados, cargos de laboratorio y rayos X, atención de la vista y la audición, atención dental y mucho más. Existen cinco programas de Medicaid en Texas: STAR, STAR+PLUS, STAR Kids, STAR Health y Medicaid Tradicional. El tipo de cobertura de Medicaid que recibe una persona depende de dónde vive la persona y qué tipo de problemas de salud tiene.

Traditional Medicaid

Traditional Medicaid is for those who can't be in managed care. Traditional Medicaid is also called fee for service. Access the member handbook here: www.tmhp.com/sites/default/files/file-library/medicaid/Your-Health-Care-Guide-2020-en.pdf

STAR

STAR is Medicaid for children, newborns, pregnant women and families. People in STAR get their services through health plans, also called managed care plans.

STAR Kids

STAR Kids is a new Medicaid program for children and adults 20 or younger who have disabilities. Under STAR Kids, you will get basic medical and long-term services and supports through the health plan's provider network. You also will get Medically Dependent Children Program (MDCP) waiver services through the health plan's provider network, if you are eligible.

STAR+PLUS

STAR+PLUS is a Medicaid program for people who have disabilities or are age 65 or older. People in STAR+PLUS get Medicaid basic medical services and long-term services through a health plan, also called a managed care plan.

STAR Health

STAR Health is Medicaid for children who get Medicaid coverage through the Texas Department of Family and Protective Services. STAR Health also is for young adults who were previously in foster care and have either: Former Foster Care Children's Medicaid or Medicaid for Transitioning Youth. Young adults who are in the Former Foster Care in Higher Education program also get services through STAR Health.

Medicare-Medicaid Plans

In six Texas counties (Bexar, Dallas, El Paso, Harris, Hidalgo, and Tarrant), HHSC and the federal Centers for Medicare and Medicaid Services (CMS) have set up combined Medicare-Medicaid health plans for people in those counties who have both Medicare and Medicaid coverage, known as dual eligibles. By having one Medicare-Medicaid Plan (MMP), Medicare and Medicaid benefits work together to better meet the member's health care needs by offering basic health care and long term services and supports.

If you are approved for STAR+PLUS you will get a packet in the mail. It will tell you about the program and the medical plans in your area. You need to pick one of the medical plans. If you don't get Medicare, you also will need to pick a main doctor. You have 15 days pick a medical plan. The 15 days start once you get the packet in the mail. If you don't pick a medical plan, HHSC will pick a medical plan

Medicaid Tradicional

Medicaid Tradicional es para aquellos que no pueden estar bajo cuidado de administración. Medicaid Tradicional también se llama tarifa por servicio. Acceder al manual de miembros aquí: www.tmhp.com/sites/default/files/file-library/medicaid/Your-Health-Care-Guide-2020-es.pdf

STAR

STAR es Medicaid para niños, recién nacidos, mujeres embarazadas y familias. Las personas en STAR obtienen sus servicios a través de planes de salud, también llamados planes de atención administrada.

STAR Kids

STAR Kids es un nuevo programa de Medicaid para niños y adultos de 20 años o menos que tienen discapacidades. Bajo STAR Kids, obtendrá servicios médicos básicos y a largo plazo y apoyos a través de la red de proveedores del plan de salud. También obtendrá los servicios de exención del Programa de Niños Dependientes Médicamente [Medically Dependent Children Program (MDCP)] por medio de la red de proveedores del plan de salud, si es elegible.

STAR+PLUS

STAR+PLUS es un programa de Medicaid para personas con discapacidades o de 65 años y mayores. Las personas de STAR+PLUS reciben los servicios médicos básicos de Medicaid y los servicios a largo plazo a través de un plan de salud, también llamado plan de atención médica administrada.

STAR Health

STAR Health es Medicaid para niños que reciben cobertura de Medicaid a través del Departamento de Servicios Familiares y de Protección de Texas. STAR Health también es para adultos jóvenes que anteriormente estaban en un hogar temporal y tienen: Medicaid para Niños que estuvieron en Hogar Temporal o Medicaid para Jóvenes en Transición. Los adultos jóvenes que se encuentran en el programa de Cuidado de Hogar Temporal en Educación Superior también reciben servicios a través de STAR Health.

Planes Medicare-Medicaid

En seis condados de Texas (Bexar, Dallas, El Paso, Harris, Hidalgo y Tarrant), el HHSC y los Centros de Servicios de Medicare y Medicaid (CMS) federales han establecido planes combinados de salud de Medicare-Medicaid para las personas en tales condados que tienen cobertura de Medicare y Medicaid, conocida como elegibles duales. Al tener un Plan Medicare-Medicaid (MMP), los beneficios de Medicare y Medicaid trabajan juntos para satisfacer mejor las necesidades de atención médica del afiliado ofreciendo servicios básicos de salud y servicios y apoyos a largo plazo.

Si está aprobado para STAR+PLUS recibirá un paquete por correo. Le informará sobre el programa y los planes médicos en su área. Usted necesita escoger uno de los planes médicos. Si no obtiene Medicare, también tendrá que elegir un médico principal. Tiene 15 días para elegir un plan médico. Los 15 días comienzan una vez que usted

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and main doctor for you.

You can tell Medicaid your choices by phone, mail or by filling out a form at an enrollment event or presentation. Or, you can call the enrollment broker, Maximus, and enroll over the phone. The number to call is listed below.

You can change your medical plan or main doctor as often as once a month. If you ask to change your plan or doctor, you must wait until we tell you the change is made before you go to your new doctor. Medical plans must have a service coordinator visit with the member within 30 days of enrolling in the program. The coordinator must find out the member's needs and develop a plan of care. If you are covered by both Medicare and Medicaid and you join STAR+PLUS, you will keep getting regular health care services through your Medicare doctor. STAR+PLUS does not change the way you get Medicare services.

For get more information, check your eligibility and apply for or renew Texas Medicaid and other state benefits, go to YourTexasBenefits.com.

To learn more about Medicaid services, or to find a Medicaid doctor call the Medicaid Help Line: 1-800-335-8957, Monday-Friday, 7 am to 7 pm.

consigue el paquete en el correo. Si usted no elige un plan médico, HHSC escogerá un plan médico y un médico principal para usted.

Usted puede decirle a Medicaid sus elecciones por teléfono, correo o llenando un formulario en un evento de inscripción o presentación. O, puede llamar al agente de inscripción, Maximus, e inscribirse por teléfono. El número telefónico se indica a continuación.

Puede cambiar su plan médico o médico principal tan a menudo como una vez al mes. Si usted pide que cambie su plan o médico, debe esperar hasta que le digamos que el cambio se realizó antes de ir a su nuevo médico. Los planes médicos deben tener una visita del coordinador del servicio con el afiliado dentro de 30 días de inscribirse en el programa. El coordinador debe conocer las necesidades del afiliado y desarrollar un plan de atención. Si está cubierto por Medicare y Medicaid y se une a STAR+PLUS, continuará recibiendo servicios de atención médica regulares a través de su médico de Medicare. STAR+PLUS no cambia la forma en que obtiene los servicios de Medicare.

Para revisar su elegibilidad y solicitar Medicaid de Texas y otros programas estatales, visite YourTexasBenefits.com.

Para obtener más información sobre los servicios de Medicaid o para encontrar un médico de Medicaid, llame a la Línea de Ayuda de Medicaid: 1-800-335-8957, de Lunes a Viernes, 7 am a 7 pm.



Art by Kenneth

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Important Phone Numbers / Números telefónicos importantes

Call to enroll or ask questions / Llame para inscribirse o si tiene preguntas:

Texas Medicaid Enrollment Broker / Agente de Inscripción de Medicaid de Texas

Maximus 1-800-964-2777 1-800-735-2989 TTY

Medicaid Managed Care Helpline

1-866-566-8989

The Medicaid Managed Care Helpline helps people who are already on Medicaid but need help accessing health care services. A priority is placed on individuals with urgent or complex health care needs.

Help includes:

- Information about coverage.
- Guidance on how to access services.
- Referrals to the right place to get help.
- Direct assistance from staff to resolve a problem.

La línea de ayuda de Medicaid

1-866-566-8989

La línea de ayuda de Medicaid ayuda a las personas que ya están en Medicaid pero que necesitan ayuda para acceder a los servicios de atención médica. Se da prioridad a las personas con necesidades de salud urgentes o complejas.

La ayuda incluye:

- Información sobre la cobertura.
- Orientación sobre cómo tener acceso a los servicios.
- Referencias al lugar correcto para obtener ayuda.
- Asistencia directa a partir del personal para resolver un problema.

HARRIS SERVICE AREA / ÁREA DE SERVICIO:

Austin, Brazoria, Fort Bend, Galveston, Harris, Matagorda, Montgomery, Waller & Wharton Counties.

JEFFERSON SERVICE AREA / ÁREA DE SERVICIO:

Chambers, Hardin, Jasper, Jefferson, Liberty, Newton, Orange, Polk, San Jacinto, Tyler & Walker Counties.

Managed Care Plan Providers for the Harris & Jefferson service areas







*Proveedores de Plan de Cuidados Administrados
para las áreas de servicio Harris & Jefferson*

Phone / Website

Telefono / Sitio

AmeriGroup	STAR Star Kids, CHIP STAR+PLUS Medicare-Medicaid	1-866-805-4589 7-1-1 TTY www.amerigroup.com
Community Health Choice	STAR CHIP	713-295-2294 or 1-888-760-2600 7-1-1 TTY www.chchealth.org
Molina Healthcare of Texas	STAR STAR+PLUS CHIP Medicare-Medicaid	1-866-449-6849 7-1-1 TTY www.molinahealthcare.com
Texas Children's Health Plan	STAR STAR Kids, CHIP	1-866-959-6555 1-800-735-2989 TDD www.texaschildrenshealthplan.org
United Healthcare Community Plan	STAR STAR Kids, CHIP STAR+PLUS Medicare-Medicaid	1-888-887-9003 7-1-1 TTY www.uhcommunityplan.com

Publications / Publicaciones

Name <i>Nombre</i>	Phone & Website <i>Teléfono y Sitio Web</i>	Description <i>Descripción</i>	Legend <i>Tabla</i>
A&U America's AIDS Magazine 	25 Monroe St., Suite 205 Albany, NY 12210 (518) 992-2232 www.aumag.org mailbox@aumag.org	Monthly magazine covering cultural, medical and community-based responses to the HIV pandemic, it offers advocacy reporting, op-eds, literary and visual arts features, and treatment and wellness articles.	\$24.95/yr, free online
amfAR Publications and E-newsletters 	120 Wall Street, 13th Floor New York, NY 10005-3908 (212) 806-1600 www.amfar.org/amfar-publications/	amfAR is dedicated to ending the global AIDS epidemic through innovative research and produces a variety of publications. Most are available online (pdf), or you can order a hard copy.	Free
theBody.com The HIV/AIDS Resource 	www.thebody.com www.thebody.com/espanol.html	Weekly email/online newsletter provides news on HIV prevention, treatment and quality-of-life issues. <i>El boletín informativo semanal por correo electrónico / en línea ofrece noticias sobre la prevención del VIH, el tratamiento y los problemas de calidad de vida.</i>	Free, Esp
CDC National Prevention Information Network (NPIN) 	https://npin.cdc.gov/ NPIN-info@cdc.gov	Current information about organizations that provide HIV, Viral Hepatitis, STD, and TB services, educational materials, and funding resources.	Free
HIV Positive! Magazine	PO Box 2587 Glenwood Springs, CO 81602 (770) 891-7879 www.hivpositivemagazine.com	Bi-monthly magazine providing the inspiration, information, moral support and encouragement a person living with HIV needs to live a long, productive and happy life.	\$18.95 for 1 yr; \$24.95 for 2 yrs, free online
Positively Aware 	5537 N. Broadway St. Chicago, IL 60640 (773) 989-9400 www.positivelyaware.com	The HIV Treatment Journal of TPAN in Chicago. Published bimonthly, it is available in print and online.	Free for PLWH
POZ Magazine 	1001 Avenue of the Americas, FL 12 New York, NY 10018-5460 Attention: Circulation Dept www.poz.com www.poz.com/magazine/poz-espanol-otono-2020	Daily news, treatment updates, personal profiles, investigative features, videos, blogs and an online social network that includes POZ Personals and community forums. <i>Noticias diarias, actualizaciones de tratamientos, perfiles personales, funciones de investigación, vídeos, blogs y una red social en línea que incluye POZ Personals y foros comunitarios.</i>	\$19.97/yr (8 issues), Free online, Esp

Publications / Publicaciones

Name <i>Nombre</i>	Phone & Website <i>Teléfono y Sitio Web</i>	Description <i>Descripción</i>	Legend <i>Tabla</i>
San Francisco AIDS Foundation - BETA 	1035 Market St., Suite 400 San Francisco, CA 94103 (415) 487-3000 http://sfaf.org www.betablog.org	Online publication providing info on new developments in HIV treatment and prevention and strategies for living well. Contributing writers include well known HIV researchers, clinicians, and community advocates-presented in a way that everyone can understand and use.	Free
Texas Department of State Health Services - HIV/STD Community Resource Directory	www.dshs.texas.gov/hivstd/services	Online directory of agencies providing HIV/STD services such as medical care, testing, treatment, and education. Services are grouped by city.	Free
United Way of Greater Houston Community Resources 	2-1-1 referral.unitedwayhouston.org help@unitedwayhouston.org	Online database and helpline of Houston area resources in a variety of categories, available in multiple languages.	Free
Harris County Resources for Children and Adults - Community Youth Services Resource Guide 	(713) 394-4000 https://resources.harriscountytexas.gov/News-Events/Publications	Downloadable directory of the most commonly used nonprofit, United Way, church and government resources.	Free

Please visit our website: www.rwpchouston.org/HIV_AIDS_Resources.htm for additional resources.



Art by Gary

Houston Ryan White Planning Council

Timeline of Annual Activities

Consumers, providers and the general public are encouraged to attend and provide public comment at any of the meetings described below. ***Please verify if the meeting you wish to attend is being conducted in person or virtually before coming to the office.*** For more information on Council processes or to receive monthly calendars and/or meeting packets, contact the Office of Support at 832 927-7926 or visit us on the web: www.rwpcHouston.org.

JANUARY	<ul style="list-style-type: none"> – Develop the annual Council calendar.
FEBRUARY	<ul style="list-style-type: none"> – Deadline for submitting New Idea Forms. Call the Office of Support (832 927-7926) for info and to request the required forms. There are two additional deadlines in June and September. – The Council and all committees hold their first meeting of the year. – The Priority & Allocations (P&A) Committee meets to approve the policy for allocating unspent funds, priority setting and more.
MARCH	<ul style="list-style-type: none"> – The Council approves the Joint Epidemiological Report. – The Office of Support notifies the public about the Subcategory Allocation review process. – The EIIHA Workgroup meets. – Consumer Training for the <i>How to Best Meet the Need</i> (HTBMN) process.
MARCH / APRIL	<ul style="list-style-type: none"> – Project LEAP class begins*. Project LEAP is a free 17-week training course for persons living with and/or affected by HIV to gain the knowledge and skills needed to help plan HIV prevention and care services in the Houston Area. See the following page for more info.
APRIL	<ul style="list-style-type: none"> – The Council and community training for the Quality Improvement (QI) Committee’s HTBMN process; HTBMN Workgroups convene. – P&A allocates Ryan White (RW) Part A unspent funds.
MAY	<ul style="list-style-type: none"> – HTBMN Workgroup for the Blue Book. The Operations Committee reviews the Council Support budget. – QI meets to approve the HTBMN results and review subcategory allocation requests. – P&A meets to recommend service priorities for RW Part A/B and State Services funding. – Public Hearing on the HTBMN results.
JUNE	<ul style="list-style-type: none"> – Deadline for submitting New Idea Forms. See February (above) for more info. – The Steering Committee and Council each meet to approve the HTBMN results. – Special P&A meetings to draft the funding allocations for RW Part A/B and State Services. – QI meets to review the assessment of the administrative mechanism. – P&A meets to approve the funding allocations for RW Part A/B and State Services. – Public Hearing on the recommended service priorities and funding allocations.
JULY	<ul style="list-style-type: none"> – The Steering Committee and Council approve the service priorities and funding allocations.
JULY / AUGUST	<ul style="list-style-type: none"> – EIIHA Workgroup meets to make recommendations for the EIIHA Plan.
SEPTEMBER	<ul style="list-style-type: none"> – Deadline for submitting New Idea Forms. See February (above) for more info. – Consumer Training on Standards of Care and Performance Measures.
OCTOBER	<ul style="list-style-type: none"> – Consumer Workgroup to review Standards of Care and Performance Measures. – Community Workgroup to review Standards of Care and Performance Measures.
NOVEMBER	<ul style="list-style-type: none"> – Council recognizes external committee members. – Joint meeting of all Committees to review data reports and suggest changes. – Commissioners Court to receive the World AIDS Day Resolution.
DECEMBER	<ul style="list-style-type: none"> – World AIDS Day (December 1st) – Council meeting to elect officers for next year. – Project LEAP evaluation.

****Due COVID restrictions, Project LEAP may be held virtually and the schedule may be different than stated above. Please contact the Office of Support for more information: 832 927-7926, or FeedbackRWPC@hctx.net.***

Consejo de Planificación del Programa Ryan White de Houston Cronograma de Actividades Anuales

Se invita a los consumidores, los proveedores y al público en general a asistir y proporcionar comentarios públicos en cualquiera de las reuniones que se describen a continuación. *Verifique si la reunión a la que desea asistir se lleva a cabo en persona o virtualmente antes de venir a la oficina.* Para obtener más información sobre los procesos del Consejo o para recibir calendarios mensuales y/o paquetes de reuniones, comuníquese con la Oficina de Soporte al 832 927-7926 o visítenos en Internet en www.rwpcHouston.org.

ENERO	– Desarrollar el calendario anual del Consejo.
FEBRERO	– Fecha límite para enviar los formularios de nuevas ideas. Llame a la Oficina de Soporte (832 927-7926) para obtener información y para solicitar los formularios requeridos. Hay dos fechas límite adicionales en junio y septiembre. – El Consejo y todos los comités celebran su primera reunión del año. – El Comité de Prioridad y Asignaciones (P&A) se reúne para aprobar la política de asignación de fondos sin gastar, establecimiento de prioridades y más.
MARZO	– El Consejo aprueba el Informe epidemiológico conjunto. – La Oficina de Apoyo notifica al público sobre el proceso de revisión de la asignación de subcategorías. – Se reúne el Grupo de Trabajo EIIHA. – Capacitación de consumidor sobre el proceso <i>How to Best Meet the Need</i> (HTBMN) [Cómo cumplir mejor las necesidades].
MARZO / ABRIL	– Comienza la clase del Proyecto LEAP*. El Proyecto LEAP es un curso de capacitación gratuito de 17 semanas para personas que viven con o están afectadas por el VIH a fin de obtener los conocimientos y las habilidades necesarias para ayudar a planificar los servicios de atención y prevención del VIH en el área de Houston. Consulte la página siguiente para obtener más información.
ABRIL	– Capacitación del Consejo y de la comunidad para el proceso HTBMN del Comité de Mejoramiento de la Calidad (QI); se reúnen los grupos de trabajo HTBMN. – P&A asigna fondos sin gastar de la Parte A de Ryan White (RW).
MAYO	– Grupo de trabajo HTBMN para el Libro Azul. El Comité de Operaciones revisa el presupuesto de Apoyo del Consejo. – QI se reúne para aprobar los resultados de HTBMN y revisar las solicitudes de asignación de subcategoría. – P&A se reúne para recomendar las prioridades de servicio para la Parte A/B de RW y el financiamiento de Servicios Estatales. – Audiencia Pública sobre los resultados de HTBMN.
JUNIO	– Fecha límite para enviar los formularios de nuevas ideas. Ver el mes de febrero (anteriormente) para obtener información adicional. – El Comité de Dirección y el Consejo se reúnen por separado para aprobar los resultados de HTBMN. – Reuniones especiales de P&A para redactar las asignaciones de financiamiento para la Parte A/B de RW y Servicios Estatales. – QI se reúne para revisar la evaluación del mecanismo administrativo. – P&A se reúne para aprobar las asignaciones de financiamiento para la Parte A/B de RW y Servicios Estatales. – Audiencia Pública sobre las prioridades de servicio recomendadas y asignaciones de financiamiento.
JULIO	– El Comité de Dirección y el Consejo aprueban las prioridades de servicio y las asignaciones de financiamiento.
JULIO / AGOSTO	– El Grupo de trabajo EIIHA se reúne para realizar recomendaciones para el Plan EIIHA.
SEPTIEMBRE	– Fecha límite para enviar los formularios de nuevas ideas. Ver el mes de febrero (anteriormente) para obtener información adicional. – Capacitación de Consumidor sobre Normas de Cuidado y Medidas de Desempeño.
OCTUBRE	– Grupo de trabajo de Consumidor para revisar las Normas de Cuidado y Medidas de Desempeño. – Grupo de trabajo de Comunidad para revisar las Normas de Cuidado y Medidas de Desempeño.
NOVIEMBRE	– El Consejo reconoce a los miembros externos del comité. – Reunión conjunta de todos los Comités para revisar los informes de datos y sugerir cambios. – Tribunal de Comisionados recibe la Resolución del Día Mundial del SIDA.
DICIEMBRE	– Día Mundial del SIDA (1.º de diciembre) – Reunión del Consejo para elegir funcionarios para el siguiente año. – Evaluación del Proyecto LEAP.

* Debido a las restricciones por la COVID, el Proyecto LEAP se puede realizar de forma virtual y el cronograma puede ser diferente al mencionado anteriormente. Póngase en contacto con la Oficina de Apoyo para obtener información adicional: 832 927-7926 o en FeedbackRWPC@hctx.net.

Project L.E.A.P. Learning, Empowerment, Advocacy and Participation

What is Project L.E.A.P.?

Project L.E.A.P. is a free, 17-week comprehensive advocacy training course for individuals living with and/or affected by HIV in the Greater Houston Area. The goal is to train people living with HIV so that they become active participants in local HIV planning activities by serving on a planning body, such as the Ryan White Planning Council or the City of Houston HIV Prevention Community Planning Group (CPG).

What will I Learn?

Some of the topics covered in class include:

- Parliamentary Procedure (Robert's Rules of Order)
- HIV 101
- The History of HIV in the Houston Area
- HIV trends in the Houston area for populations such as African Americans, Hispanics, Women, Youth, Aging, Transgender, etc.
- HIV trends in the Houston area and available services for people with mental health issues, substance abuse issues, the homeless and the incarcerated/recently released
- HIV and co-infections, chronic diseases, and stigma
- Designing services for people living with HIV
- The Ryan White Program service prioritization and funding allocation process
- HIV prevention and related services in the Houston Area

Additional class activities may include:

- Attend a Ryan White Planning Council and Committee meeting.
- Attend a CPG meeting.
- Attend a community meeting of your choice.
- Leadership skills and team building.
- Introduction to National, State, and Local HIV plans.
- Class project and presentation to the Planning Council.

When Does the Class Meet?

Wednesdays beginning in March or April*

****Due COVID restrictions, the schedule for Project LEAP may differ and the class may be held virtually. Contact the Office of Support for more information.***

Students can join one of two Project L.E.A.P. classes:

Day class: 10:00 am – 2:00 pm

Evening class: 5:30 pm – 9:30 pm

Lunch or dinner will be provided.

Assistance with transportation and child care is also available.

How Do I Apply?

A brief application and interview are required. Applications are available by mail, fax, email, and can also be completed online.

If you have questions about Project LE.A.P. or the application process, please contact the Ryan White Planning Council Office of Support at 832 927-7926 or visit us on the web: www.rwpcHouston.org.

Proyecto L.E.A.P.

Aprendizaje, Empoderamiento, Defensa y Participación

¿Qué es el Proyecto L.E.A.P.?

El Proyecto L.E.A.P. es un curso gratuito de capacitación en defensa integral de 17 semanas de duración para personas portadoras del VIH o afectadas por este virus en el Área Metropolitana de Houston. El objetivo es capacitar a personas portadoras del VIH para que participen activamente en actividades locales de planificación contra el VIH al formar parte de un organismo de planificación, tal como el Consejo de Planificación del Programa Ryan White o el Grupo de Planificación Comunitaria (CPG) de Prevención del VIH de la Ciudad de Houston.

¿Que voy a aprender?

Algunos de los temas cubiertos en clase incluyen los siguientes:

- Procedimiento parlamentario (reglas del orden de Robert)
- Fundamentos del VIH
- La historia del VIH en el área de Houston
- Tendencias del VIH en el área de Houston para poblaciones tales como afro estadounidenses, hispanos, mujeres, jóvenes, adultos mayores, transgeneristas, etc.
- Tendencias del VIH en el área de Houston y servicios disponibles para personas con problemas de salud mental, problemas de abuso de sustancias, personas sin hogar y personas encarceladas/liberadas recientemente
- VIH y coinfecciones, enfermedades crónicas y estigma
- Diseño de servicios para personas portadoras del VIH
- El proceso de asignación de fondos y priorización de servicios del Programa Ryan White
- Prevención del VIH y servicios relacionados en el área de Houston

Las actividades adicionales de clase pueden incluir las siguientes:

- Asistir a una reunión del Comité y del Consejo de Planificación del Programa Ryan White.
- Asistir a una reunión del CPG.
- Asistir a una reunión comunitaria de su elección.
- Habilidades de liderazgo y creación de equipos.
- Introducción a los planes nacionales, estatales y locales contra el VIH.
- Proyecto de clase y presentación al Consejo de Planificación.

¿Cuándo se reúne la clase?

**Debido a las restricciones de COVID, el horario del Proyecto L.E.A.P. puede diferir y la clase puede realizarse virtualmente. Comuníquese con la Oficina de Apoyo para obtener más información.*

Miércoles a partir de marzo o abril*

Los estudiantes pueden unirse a una de las dos clases del Proyecto L.E.A.P.:

Clase diurna: 10am a 2pm o Clase nocturna: 5:30pm a 9:30pm

Se ofrecerá almuerzo o cena.

También se ofrece asistencia con el transporte y el cuidado infantil.

¿Qué debo hacer para postularme?

Se requiere una breve solicitud y entrevista. Las solicitudes están disponibles por correspondencia, fax, correo electrónico y también se pueden completar en línea.

Si tiene preguntas sobre el Proyecto L.E.A.P. o el proceso de postulación, comuníquese con la Oficina de Apoyo del Consejo de Planificación del Programa Ryan White al 832-927-7926 o visítenos en el sitio web: www.rwpcHouston.org.

Pull-Out Phone Directory / Guía Telefónica Portátil

1 Stop Recovery Methadone Treatment.....	(713) 842-7129	City of Houston COVID-19 Test / Vaccine.....	(832) 393-4220
211 Texas/United Way Helpline.....	2-1-1	Cocaine Anonymous.....	(713) 668-6822
3 "A" Bereavement Foundation.....	(713) 649-3232	Colby D Healthcare.....	(832) 563-4970
A Caring Safe Place.....	(713) 225-5441	Corder Place Apartments.....	(713) 741-4070
Access Care of Coastal Texas.....	(409) 763-2437	The Council on Recovery.....	(888) 628-1798
Accesshealth - Brookshire Center.....	(281) 342-4530	Covenant House Texas.....	(713) 523-2231
Adult Rehabilitation Services.....	(713) 541-4422	Crisis Intervention of Houston (24 hours).....	(832) 416-1177
AIDS Drug Assistance Program (ADAP).....	(800) 255-1090	Teen (call).....	(832) 416-1199
AIDS Foundation Houston.....	(713) 623-6796	Teen (text).....	(832) 201-4430
AIDS Healthcare Foundation		Cypress Assistance Ministries.....	(281) 955-7440
Binz Street.....	(713) 524-8700	Operation Jobs.....	(281) 955-5895
Fannin Street.....	(713) 520-6360	Disability Rights Texas.....	(713) 974-7691
Alcoholics Anonymous.....	(713) 686-6300	Dispute Resolution Center of Harris County.....	(713) 274-7100
Alzheimer's Association.....	(713) 314-1313	East Ft. Bend Human Needs Ministry, Inc.....	(281) 261-1006
Ambassadors for Christ Youth Ministry.....	(281) 536-5475	Fair Haven Food Pantry.....	(713) 468-3276
AAMA (Clifton).....	(713) 926-9491	FamilyTime Crisis and Counseling Center.....	(281) 446-2615
AAMA (Gulf Fwy).....	(713) 967-6700	Fort Bend Center for Independent Living.....	(281) 980-2219
AVDA Aid to Victims of Domestic Abuse.....	(713) 224-9911	Fort Bend County Clinical Health Services.....	(281) 403-8090
Avenue 360 Health & Wellness.....	(713) 426-0027	Fort Bend Women's Center (24 hours).....	(281) 342-4357
Adult Day Activity/Health Services Program.....	(713) 341-3750	F.L.A.S., Inc.....	(713) 772-2366
Dental Clinic.....	(713) 341-3790	God's Lovely Butterflies Maternity Home.....	(832) 264-7491
Humble Health Center.....	(281) 570-2525	Good Shepherd Mission.....	(936) 291-8156
Omega House Hospice & Medical Respite.....	(713) 341-3780	Goodwill - HOPWA Project Good Hope.....	(713) 590-3123
South Central Health Center.....	(832) 962-4111	Gulf Coast Community Services Association.....	(713) 393-4700
Southwest Health Center.....	(832) 830-8345	H&A Support Services.....	(832) 804-6011
Spring Cypress Health Center.....	(281) 537-8627	Harmony Health Recovery Center.....	(713) 221-6200
Bay Area Council on Drugs and Alcohol.....	(281) 212-2900	Harris Center for Mental Health and IDD.....	(713) 970-7000
Bay Area Homeless Services.....	(281) 837-1654	Harris County Burial Assistance.....	(713) 696-1952
Bay Area Turning Point Crisis Shelter.....	(281) 286-2525	Harris County Housing Resource Center.....	(832) 927-4955
Baylor International Pediatric AIDS Initiative.....	(832) 822-1038	Harris County Public Health.....	(713) 439-6000
Baylor Teen Health Clinics.....	(713) 873-3601	COVID-19 Test.....	(832) 927-7575
Ben Taub Teen Health Clinic.....	(713) 873-3601	COVID-19 Vaccine.....	(832) 927-8787
Cavalcade Teen Health Clinic.....	(713) 673-1655	Humble Health Clinic.....	(281) 446-4222
Cullen Teen Health Clinic.....	(713) 440-7313	Southeast Health Clinic.....	(713) 740-5000
Lawn Teen Health Clinic.....	(281) 847-9970	WIC Appointment Line.....	(713) 407-5800
LBJ Teen Clinic.....	(713) 566-5612	Harris County RIDES.....	(713) 368-7433
Milby High School Teen Health Clinic.....	(713) 556-5766	Harris County Sheriff's Office (non-emergency).....	(713) 221-6000
Tejano Center for Community Concerns.....	(713) 640-3730	Infectious Disease Clinic.....	(346) 286-2665
Wisdom High School Teen Health Clinic.....	(713) 556-5705	Inmate Information.....	(713) 755-5300
Worthing High School Teen Clinic.....	(281) 556-5348	Harris Health System.....	(713) 566-6400
Bee Busy, Inc.....	(713) 774-8800	Eligibility Line.....	(713) 566-6509
Bee Busy Wellness Center.....	(713) 771-2292	Dental Center.....	(713) 757-0572
Ben Taub Hospital.....	(713) 873-2000	NW Community Health Center.....	(713) 867-8257
Brazoria Co. Center for Independent Living.....	(979) 849-7060	Thomas Street Health Center.....	(713) 873-4000
Brazos Place.....	(979) 233-3826	HATCH.....	(713) 529-3590
Brentwood Project WAITT.....	(713) 852-2551	Healthcare for the Homeless-Houston.....	(713) 286-6000
Bridge Over Troubled Waters Emergency Shelter.....	(713) 473-2801	Caroline Clinic.....	(713) 286-6050
Career and Recovery Resources.....	(713) 754-7000	Cathedral Clinic.....	(713) 220-9730
Employment Services.....	(713) 754-7095	Dental Services.....	(713) 286-6140
Veteran Services.....	(713) 754-7059	Social Services/Counseling.....	(713) 286-6114
Casa de Esperanza de los Ninos.....	(713) 529-0639	Healthways Services.....	(713) 996-9200
Catholic Charities.....	(713) 526-4611	HIVinfo.....	(800) HIV-0440
CEF - Swehla House.....	(713) 528-0037	Hope and Healing Institute.....	(713) 871-1004
Centikor Foundation.....	(888) 236-4567	Houston Hope Line.....	(832) 831-7337
Change Happens!.....	(713) 374-1200	Houston Area Women's Center (24 hours).....	(713) 528-2121
Christ Clinic.....	(281) 391-0190	Houston Center for Independent Living.....	(713) 974-4621
Christian Community Service Center.....	(713) 961-3993	Houston Compass.....	(713) 229-8319
City of Houston HOPWA Program.....	(713) 868-8328	Houston Lawyer Referral Service.....	(713) 237-9429
City of Houston Community Re-Entry Program.....	(832) 393-5467	Houston Volunteer Lawyer Program.....	(713) 228-0735

Pull-Out Phone Directory / Guía Telefónica Portátil

Humble Area Assistance Ministries	(281) 446-3663	Ryan White Complaint Line (Part A)	(832) 927-7560
Jewish Family Service.....	(713) 667-9336	Ryan White Complaint Line (Part B/State Services).....	(713) 526-1016
Lazarus House: A Center for Wellness.....	(713) 526-5071	Saint Mary Magdalene	(281) 540-1907
LBJ Hospital.....	(713) 566-5100	St Hope Foundation.....	(713) 778-1300
Legacy Community Health (administration)	(832) 548-5000	Bellaire Community Health Center	(713) 839-7111
Baker-Ripley Clinic	(713) 351-7350	Conroe Community Health Center.....	(936) 441-2440
Bissonnet Clinic	(281) 498-6100	Greenspoint Community Health Center.....	(832) 300-8040
Central Beaumont Clinic.....	(409) 242-2577	Dickinson Community Health Center.....	(832) 431-5162
Lyons Campus.....	(832) 548-5400	Sugar Land Community Health Center.....	(281) 277-8571
Lyons Pharmacy.....	(713) 366-7400	Transportation.....	(713) 778-0358
Mapleridge Clinic	(713) 779-7200	St. Luke's Center for Liver Disease	(877) 64-LIVER
Montrose Campus	(832) 548-5100	San Jacinto Apartments.....	(713) 650-0306
Montrose Pharmacy.....	(713) 665-8800	Santa Maria Hostel.....	(713) 691-0900
San Jacinto Campus.....	(281) 420-8400	SEARCH Homeless Services	(713) 739-7752
Sharpstown Campus	(713) 548-5300	House of Tiny Treasures Childcare Center	(713) 923-7938
Sharpstown Pharmacy.....	(713) 814-3499	Second Chance Consulting & Outreach	(713) 623-1811
LGBT Switchboard Houston (24 hours)	(713) 529-3211	SERjobs.....	(713) 773-6000
L-H Transitional Center.....	(713) 239-3866	Sickle Cell Association of Texas	(713) 534-1712
Living without Limits Living Large Inc.	(832) 545-5689	Sign Shares.....	(713) 869-4373
Love Network of Baytown	(281) 422-5683	Social Security Administration	(800) 772-1213
Magnificent Houses.....	(713) 529-4231	Southeast Area Ministries	(713) 944-0093
Loaves and Fishes.....	(713) 224-1373	Thrift Store	(713) 944-7405
St. Joseph House	(713) 523-5958	Star of Hope.....	(713) 748-0700
Medicaid.....	(800) 252-8263	Men's Development Center	(713) 227-8900
Medicare	(800) 633-4227	Women and Family Development Center.....	(713) 222-2220
Memorial Assistance Ministries.....	(713) 468-4516	Texas Children's Hospital	(832) 824-1000
Memorial Hermann Call Center	(713) 222-CARE	Appointment Line.....	(832) 824-9322
Metro Health Services.....	(713) 777-9600	Baylor International Pediatric AIDS Initiative	(832) 822-1038
METRO (route & schedule information).....	(713) 635-4000	Retrovirology Clinic.....	(832) 822-1038
Michael E. DeBakey VA Medical Center.....	(713) 791-1414	Texas Dept of Family & Protective Services.....	(800) 252-5400
Montgomery County Women's Center (24 hours).....	(936) 441-7273	Report Abuse, Neglect & Exploitation.....	(800) 252-5400
Montrose Center	(713) 529-0037	Youth and Runaway Helpline	(800) 989-6884
Narcotics Anonymous	(713) 661-4200	Texas Dept of State Health Services.....	(888) 963-7111
National Alliance on Mental Illness (NAMI).....	(713) 970-4419	Children with Special Health Care Needs.....	(800) 252-8023
NestQuest Houston.....	(832) 232-8715	HIV Medication Program (ADAP)	(800) 255-1090
NeuroPsychiatric Center	(713) 970-7070	Texas Prevention Network.....	(713) 981-6063
Northshore Counseling Center	(713) 637-6000	Thomas Street Health Center	(713) 873-4000
Northwest Assistance Ministries	(281) 885-4555	Triangle Area Network	(409) 832-8338
Children's Clinic	(281) 885-4630	TX Attorney General Child Support Division.....	(800) 252-8014
Emergency Basic Needs	(281) 583-5600	U of H Healthy Start Program	(713) 743-5500
Family Violence Center (24 hours)	(281) 885-4673	University Speech, Language & Hearing Clinic	(713) 743-0915
Fifty Plus Program	(281) 885-4616	University Eye Institute.....	(713) 743-2020
Housing Services.....	(281) 885-4531	Unlimited Visions Aftercare	(713) 921-2276
Meals on Wheels Program	(281) 885-4623	Adolescent Residential and Outpatient.....	(713) 534-8191
Open Door Mission	(713) 921-7520	Baytown Outpatient	(281) 427-8786
Operation I.D.....	(281) 833-3508	Houston Outpatient.....	(713) 921-9185
Palmer Drug Abuse Program.....	(281) 573-7274	Support Services/Recovery Center	(713) 923-1786
PAWS Houston	(713) 840-7297	UT Health-Houston CNRA	(713) 486-2800
Paws with Helping Hands Charity.....	(832) 573-7274	UT Health Science Center Houston.....	(832) 325-6516
PFLAG Houston.....	(713) 46P-FLAG	West Houston Assistance Ministries	(713) 780-2727
Planned Parenthood Gulf Coast	(800) 230-PLAN	Employment Services	(832) 252-7748
Reach Healthcare Services	(713) 500-0000	WoodsEdge Community Church.....	(281) 364-0415
Recenter Houston	(832) 649-6696	Workfaith Connection – Dacoma	(713) 984-9611
re:mind Depression & Bipolar Support	(713) 600-1131	Workfaith Connection – Main St.	(281) 833-3435
Rosenberg-Richmond Helping Hands, Inc.....	(281) 232-4904	Workfaith Connection – Star of Hope	(281) 674-7383
Ryan White Planning Council Office of Support	(832) 927-7926	Workforce Solutions.....	(888) 469-JOBS

United Way Helpline

Línea Telefónica de Ayuda de United Way

2-1-1 Texas/United Way Helpline provides free information and referral assistance using the most comprehensive database of social services in our community. Individuals seeking assistance find that calm, reassuring call specialists are there for them, 24 hours a day, every day of the year, offering help in more than 150 languages.

With extensive knowledge of available community resources, the call specialists can connect people with social services that meet their needs in their community. Call specialists have expertise in areas such as basic needs, physical and mental health, child care, counseling, and disaster recovery.

When life's little problems are suddenly too big to manage alone, 2-1-1 Texas/United Way Helpline is the number.

You can also search the Helpline database online:

<http://referral.unitedwayhouston.org>

or email your inquiry the helpline:

help@unitedwayhouston.org



There are many community programs that can provide help during the COVID-19 pandemic. These may be found in the resource database or you can search programs established specifically for the COVID-19 response.

La Línea de Ayuda 2-1-1 Texas/United Way proporciona asistencia de información y referencia gratuita, utilizando la base de datos más comprensivo de servicios sociales en nuestra comunidad. Los especialistas que contestan sus llamadas están disponibles las 24 horas del día, cada día del año, ofreciendo ayuda en más de 150 idiomas y en una manera atenta y alentadora.

Con el conocimiento extenso de recursos disponibles en la comunidad, los especialistas del 2-1-1 pueden conectar a personas con servicios sociales y de salud en su propia comunidad. Los especialistas del 2-1-1 tienen conocimiento en áreas tal como necesidades básicas, la salud física y mental, guardería de niños, asesoramiento, y recuperación después de un desastre.

Cuando de repente los problemas de la vida son demasiado grandes para ser manejados solos, la Línea de Ayuda Texas/United Way 2-1-1 es el número para llamar.

Asimismo, puede buscar la base de datos de la línea de ayuda en la red <http://referral.unitedwayhouston.org> o escriba su pregunta a través del correo electrónico al help@unitedwayhouston.org



Hay muchos programas comunitarios que pueden brindar ayuda durante la pandemia de COVID-19. Estos se pueden encontrar en la base de datos de recursos o usted puede buscar programas establecidos específicamente para la respuesta ante el COVID-19.

If you have any comments about this resource guide or your agency would like to be listed in the next edition, please contact:

Si tiene algún comentario sobre esta guía de recursos o si su agencia desea estar incluida en la próxima edición, por favor póngase en contacto con:

Ryan White Planning Council Office of Support

2223 West Loop South, Suite 240; Houston, TX 77027

Ph: 832 927-7926

Fax: 713 572-3740

Web: www.rwpchouston.org

Email: FeedbackRWPC@hctx.net

HOUSTON RESOURCE GUIDE

HOUSTON GUIA DE RECURSOS



The "Blue Book"

El "Libro Azul"